Baby gown, worked from the top down

0-3 months, to fit chest 16 in (40.5 cm) · US terms



Finished size

About 18¾ in (47.5 cm) at the chest and about 11 in (28 cm) at the neck

To fit a chest of 16 in (40.5 cm), head 15 in (38 cm)

Skill

Easy

Basic stitches and puffs, in one piece from the neck down

Yarn

Fine (2), 2 colors

Hook

4 mm (US G-6)

Gauge

18 stitches and 15 rows to 4 in (10 cm)

In half double crochet (UK half treble).

What you need

Yarn A: pale green, main color — **about 675 yd (617 m), an estimate**

Yarn B: white, contrast — **about 95 yd (87 m), an estimate**

By weight: about 220 g in all, an estimate, where 100 g is 350 yd (320 m).

Hook: 4 mm (US G-6), or the size that gives you the gauge. Also: yarn needle, scissors, tape measure, 3 buttons, ½ in (12 mm) across and sewing thread and a sewing needle.

To find how many balls: divide by the length on your yarn's label and round up. Buy them from one dye lot. The estimate is from the stitches of this size at this gauge.

Sizes

Size	To fit chest	Yarn, an estimate	Chest (buttoned)	Neck	Length from the neck edge	Yoke depth	Upper sleeve around	Sleeve from the underarm	Cuff around	Hem around	Cap around	Cap from crown to tips of shells
Newborn	14 in (35.5 cm)	about 640 yd (585 m)	17 in (43 cm)	10 in (25.5 cm)	18¾ in (47.5 cm)	3¼ in (8.5 cm)	6¼ in (16 cm)	5½ in (14 cm)	5¼ in (13.5 cm)	26¾ in (68 cm)	12½ in (32 cm)	5½ in (14 cm)
0-3 months (this file)	**16 in (40.5 cm)**	**about 770 yd (704 m)**	**18¾ in (47.5 cm)**	**11 in (28 cm)**	**21 in (53.5 cm)**	**3¾ in (9.5 cm)**	**7 in (18 cm)**	**6 in (15 cm)**	**5¼ in (13.5 cm)**	**29¼ in (74.5 cm)**	**14¼ in (36 cm)**	**6¼ in (16 cm)**
3-6 months	17 in (43 cm)	about 875 yd (800 m)	19½ in (49.5 cm)	11¾ in (30 cm)	22¾ in (58 cm)	4¼ in (11 cm)	7½ in (19 cm)	6½ in (16.5 cm)	5¼ in (13.5 cm)	30¾ in (78 cm)	15 in (38 cm)	6¾ in (17 cm)

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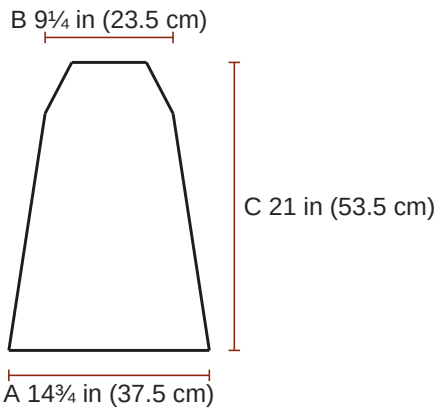
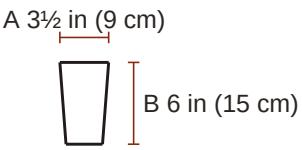
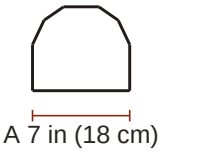
Schematic



Gown, buttoned, laid flat
A half the hem
B half the chest (buttoned)
C the length from the neck edge



Sleeve, laid flat
A half the top of the sleeve
B the sleeve



Cap, laid flat
A the upper sleeve around

Gauge

18 stitches and 15 rows to 4 in (10 cm) in half double crochet.

> **The swatch.** A test piece to measure and pull out. It is not the start of the pattern. Ch 28; begin in the 2nd ch from the hook and work 22 rows of half double crochet on 27 sts, about 6 in (15 cm) wide and 5¾ in (14.5 cm) high, and measure 4 in (10 cm) in the middle. Use a larger hook if your swatch is small, a smaller one if it is large. Double crochet (UK: treble): 9.5 rounds to 4 in (10 cm). Single crochet (UK: double crochet): about 21 rounds. A round of puffs is as high as a round of half double crochet. All have 18 sts to 4 in (10 cm); 1 puff with the sc after it is 2 sts. Shells: a shell of 5 dc with its sc is worked over 6 sts at the hem, about 1 3/8 in (3.5 cm), and over 4 sts at the collar and the cap, about 7/8 in (2.2 cm); a round of shells is as high as a round of double crochet.

Notes

- Three sizes, chosen by the chest and the head.
- The chest of the finished gown is from 2½ in (6.5 cm) to 3 in (7.5 cm) wider than the body measurement, by the size. No fit is promised beyond the measurements given. The cap is a little smaller around than the head, and stretches.
- The gown is worked from the neck down in one piece. The yoke is worked back and forth in rows; row 1 is a right side row and begins at the left front edge, as worn. The first 4 and the last 4 sts of every row are the two front bands: no edge is added to them later.
- From the body on, the gown is worked in rounds, and so are the sleeves and the cap. The rounds are not turned; the right side always faces you. The rounds of the body begin at the left underarm, as worn.
- The chain at the start of a row or round (ch 1 for single and half double crochet, ch 2 for double crochet) never counts as a stitch. Work the first stitch into the stitch at its base.
- In rows, the last stitch goes into the last stitch of the row below, never into the turning chain.
- At the underarms, work into each of the new chains as into a stitch on the next round. The sleeves are worked into the free side of these chains.
- A decrease counts as one stitch.
- To work into a chain space, put the hook under the whole chain.

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- In a round of puffs, work each puff and each sc into the top of an sc; in the next round, work 1 sc into the top of each puff and of each sc.
- The gown and its cap are for day wear. The hem is open all the way around. Nothing on the gown ties or hangs loose; sew every part on firmly, through the fabric several times, weave the ends in well, and look at them before each wear.
- Color changes in rounds: work the sl st that joins the round before with the new yarn. Cut the old yarn, leaving an end of about 6 in (15 cm), or, if it is needed again within 6 rnds, carry it loosely up the inside at the join.
- Neck around (buttoned), without the collar 11 in (28 cm).
- Length from the neck edge, without the collar 21 in (53.5 cm).

Instructions

0-3 months, to fit chest 16 in (40.5 cm). US terms.

ch chain, **sl st** slip stitch, **sc** single crochet (UK double crochet), **hdc** half double crochet (UK half treble), **dc** double crochet (UK treble), **Rnd** round, **st** stitch, **sp** space.

RS right side, the one that shows, **WS** wrong side, the back.

2 hdc in next st: both in one stitch. **hdc in next 4 sts**: one in each. **ch-1 sp**: the gap under the one chain; the hook goes in the gap.

[ ] 3 times: work what is inside 3 times in all.

(53 hdc): the stitches you have when the row is done. **How to read a pattern**.

Special stitches

hdc2tog (half double crochet 2 stitches together (UK half treble 2 together)): [yarn over, insert the hook in the next stitch and pull up a loop] twice (5 loops on the hook); yarn over and pull through all 5 loops.

puff (puff stitch): Yarn over, insert the hook in the stitch or space named, yarn over and pull up a tall loop; do this 3 times in the same place (7 loops on the hook); yarn over and pull through all 7 loops.

Yoke

Yarn A, pale green.

☐ **Foundation**	With yarn A, ch 54.	
☐ **Row 1 (RS)**	Hdc in 2nd ch from hook and in each ch across	(53 hdc)
☐ **Row 2**	Ch 1, turn; hdc in next 4 sts, **[**hdc in next 2 sts, 2 hdc in next st**] 3 times**, **[**hdc in next 3 sts, 2 hdc in next st**] 9 times**, hdc in next 4 sts	(65 hdc)
☐ **Row 3**	Ch 1, turn; hdc in each st across to last 3 sts, ch 1, skip next st, hdc in next 2 sts	(64 hdc, 1 ch-1 sp)
☐ **Row 4**	Ch 1, turn; hdc in next 2 sts, hdc in next ch-1 sp, hdc in each st across	(65 hdc)
☐ **Row 5**	Ch 1, turn; hdc in next 4 sts, **[**2 hdc in next st, hdc in next 3 sts**] 3 times**, **[**2 hdc in next st, hdc in next 4 sts**] 9 times**, hdc in next 4 sts	(77 hdc)
☐ **Row 6**	Ch 1, turn; hdc in next 4 sts, **[**hdc in next 4 sts, 2 hdc in next st**] 3 times**, **[**hdc in next 5 sts, 2 hdc in next st**] 9 times**, hdc in next 4 sts	(89 hdc)
☐ **Row 7**	Ch 1, turn; hdc in each st across to last 3 sts, ch 1, skip next st, hdc in next 2 sts	(88 hdc, 1 ch-1 sp)
☐ **Row 8**	Ch 1, turn; hdc in next 2 sts, hdc in next ch-1 sp, hdc in each st across	(89 hdc)
☐ **Row 9**	Ch 1, turn; hdc in next 4 sts, **[**2 hdc in next st, hdc in next 6 sts**] 7 times**, **[**2 hdc in next st, hdc in next 7 sts**] 4 times**, hdc in next 4 sts	(100 hdc)

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☐ **Row 10**	Ch 1, turn; hdc in next 4 sts, **[**hdc in next 6 sts, 2 hdc in next st**] 4 times**, **[**hdc in next 7 sts, 2 hdc in next st**] 8 times**, hdc in next 4 sts	(112 hdc)
☐ **Row 11**	Ch 1, turn; hdc in each st across to last 3 sts, ch 1, skip next st, hdc in next 2 sts	(111 hdc, 1 ch-1 sp)
☐ **Row 12**	Ch 1, turn; hdc in next 2 sts, hdc in next ch-1 sp, hdc in each st across	(112 hdc)
☐ **Row 13**	Ch 1, turn; hdc in next 4 sts, **[**2 hdc in next st, hdc in next 7 sts**] 4 times**, **[**2 hdc in next st, hdc in next 8 sts**] 8 times**, hdc in next 4 sts	(124 hdc)
☐ **Row 14**	Ch 1, turn; hdc in next 4 sts, **[**hdc in next 8 sts, 2 hdc in next st**] 4 times**, **[**hdc in next 9 sts, 2 hdc in next st**] 8 times**, hdc in next 4 sts	(136 hdc)
☐ **End**	Fasten off.	

Body and skirt

Yarn A, pale green.

☐ **Foundation**	Colors: rnds 1 and 2 yarn A; rnds 3 to 5 yarn B; rnds 6 to 38 yarn A; rnds 39 to 41 yarn B; rnds 42 and 43 yarn A; rnds 44 and 45 yarn B. Row 14 of the yoke has 136 sts. With the right side facing, they are, from the left front edge (as worn) on: the first 4 sts are the left band, 17 sts the left front, 28 sts the left sleeve, 38 sts the back, 28 sts the right sleeve, 17 sts the right front, and the last 4 sts the right band, which has the buttonholes. With the right side facing, join yarn A in the first of the 38 sts of the back. Ch 1, hdc in that st and in each of the next 37 sts of the back, ch 4 (underarm), skip the 28 sts of the right sleeve, hdc in each of the 17 sts of the right front. Lay the right band in front of the left band, so that the outer edge of each band lies on the inner edge of the other and the 4 pairs of sts lie one on the other, and work hdc through both layers in each of these 4 pairs, the hook put first through the st of the right band and then through the st of the left band behind it; hdc in each of the 17 sts of the left front, ch 4 (underarm), skip the 28 sts of the left sleeve (76 hdc, 8 chs); join with sl st in first hdc. This is rnd 1 of the body.	
☐ **Rnd 2**	Ch 1; hdc in each st around; join with sl st in first hdc	(84 hdc)
☐ **Rnd 3**	Ch 1; sc in each st around; join with sl st in first sc	(84 sc)
☐ **Rnd 4**	Ch 1; **[**puff in next st, sc in next st**] 42 times**; join with sl st in first puff	(42 puffs, 42 sc)
☐ **Rnd 5**	Ch 1; sc in each st around; join with sl st in first sc	(84 sc)
☐ **Rnd 6**	Ch 2; **[**dc in next 2 sts, 2 dc in next st**] 12 times**, **[**dc in next 3 sts, 2 dc in next st**] 12 times**; join with sl st in first dc	(108 dc)
☐ **Rnds 7 to 16**	Ch 2; dc in each st around; join with sl st in first dc	(108 dc)
7 8 9 10 11 12 13 14 15 16		
☐ **Rnd 17**	Ch 2; dc in next 4 sts, **[**2 dc in next st, dc in next 8 sts**] 11 times**, 2 dc in next st, dc in next 4 sts; join with sl st in first dc	(120 dc)
☐ **Rnds 18 to 27**	Ch 2; dc in each st around; join with sl st in first dc	(120 dc)
18 19 20 21 22 23 24 25 26 27		
☐ **Rnd 28**	Ch 2; dc in next 2 sts, **[**2 dc in next st, dc in next 9 sts**] 11 times**, 2 dc in next st, dc in next 7 sts; join with sl st in first dc	(132 dc)
☐ **Rnds 29 to 38**	Ch 2; dc in each st around; join with sl st in first dc	(132 dc)
29 30 31 32 33 34 35 36 37 38		

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☐ **Rnd 39**	Ch 1; sc in each st around; join with sl st in first sc	(132 sc)
☐ **Rnd 40**	Ch 2; **[**dc in next st, ch 1, skip next st**] 66 times**; join with sl st in first dc	(66 dc, 66 ch-1 sps)
☐ **Rnd 41**	Ch 1; **[**sc in next st, sc in next ch-1 sp**] 66 times**; join with sl st in first sc	(132 sc)
☐ **Rnds 42 to 43** 42 43	Ch 2; dc in each st around; join with sl st in first dc	(132 dc)
☐ **Rnd 44**	Ch 1; sc in each st around; join with sl st in first sc	(132 sc)
☐ **Rnd 45**	Ch 1; **[**sc in next st, skip next 2 sts, 5 dc in next st, skip next 2 sts**] 22 times**; join with sl st in first sc	(22 sc, 110 dc)
☐ **End**	Fasten off.	

Sleeve: make 2

Yarn A, pale green.

☐ **Foundation**	Colors: rnds 1 to 20 yarn A; rnds 21 to 23 yarn B. With the right side facing and the hem downward, join yarn A in the 3rd of the 4 underarm chs, counted from the right, on their free side; ch 1, hdc in that ch and in the underarm ch to its left, hdc in each of the 28 sleeve sts and hdc in each of the 2 underarm chs left (32 hdc); join with sl st in first hdc. This is rnd 1.	
☐ **Rnd 2**	Ch 1; hdc in each st around; join with sl st in first hdc	(32 hdc)
☐ **Rnd 3**	Ch 1; hdc2tog, hdc in each st around to last 2 sts, hdc2tog; join with sl st in first hdc2tog	(30 hdc)
☐ **Rnds 4 to 6** 4 5 6	Ch 1; hdc in each st around; join with sl st in first hdc	(30 hdc)
☐ **Rnds 7 to 18** 7 8 9 10 11 12 13 14 15 16 17 18	Repeat Rnds 3 to 6, 3 more times (28, 26, 24 hdc at the ends of the repeats)	(24 hdc)
☐ **Rnds 19 to 20** 19 20	Ch 1; hdc in each st around; join with sl st in first hdc	(24 hdc)
☐ **Rnd 21**	Ch 1; sc in each st around; join with sl st in first sc	(24 sc)
☐ **Rnd 22**	Ch 1; **[**puff in next st, sc in next st**] 12 times**; join with sl st in first puff	(12 puffs, 12 sc)
☐ **Rnd 23**	Ch 1; sc in each st around; join with sl st in first sc	(24 sc)
☐ **End**	Fasten off.	

Collar

Yarn B, white.

☐ **Foundation**	With the right side facing and the foundation chain uppermost, join yarn B at the right front edge (as worn) in the first ch made, under the last hdc of row 1 of the yoke; ch 1, sc in the free side of each of the 53 chs under row 1, to the left front edge (53 sc); the ch skipped at the start of row 1 is left out. This is row 1.	
☐ **Row 2 (WS)**	Ch 1, turn; sc in first st, **[**skip next st, 5 dc in next st, skip next st, sc in next st**] 13 times**	(14 sc, 65 dc)
☐ **End**	Fasten off. Row 2 is worked on the wrong side of the gown. Turn the shells down over row 1 to the outside: they lie on the yoke with their right side outward.	

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Cap

Yarn A, pale green.

☐ **Foundation**	With yarn A, ch 3; join with sl st in first ch to form a ring. Colors: rnds 1 to 19 yarn A; rnds 20 to 23 yarn B.	
☐ **Rnd 1**	Ch 1; 8 hdc in ring; join with sl st in first hdc	(8 hdc)
☐ **Rnd 2**	Ch 1; 2 hdc in each of next 8 sts; join with sl st in first hdc	(16 hdc)
☐ **Rnd 3**	Ch 1; **[**hdc in next st, 2 hdc in next st**] 8 times**; join with sl st in first hdc	(24 hdc)
☐ **Rnd 4**	Ch 1; **[**hdc in next 2 sts, 2 hdc in next st**] 8 times**; join with sl st in first hdc	(32 hdc)
☐ **Rnd 5**	Ch 1; **[**hdc in next 3 sts, 2 hdc in next st**] 8 times**; join with sl st in first hdc	(40 hdc)
☐ **Rnd 6**	Ch 1; hdc in each st around; join with sl st in first hdc	(40 hdc)
☐ **Rnd 7**	Ch 1; hdc in next 2 sts, **[**2 hdc in next st, hdc in next 4 sts**] 7 times**, 2 hdc in next st, hdc in next 2 sts; join with sl st in first hdc	(48 hdc)
☐ **Rnd 8**	Ch 1; hdc in each st around; join with sl st in first hdc	(48 hdc)
☐ **Rnd 9**	Ch 1; **[**hdc in next 5 sts, 2 hdc in next st**] 8 times**; join with sl st in first hdc	(56 hdc)
☐ **Rnd 10**	Ch 1; hdc in each st around; join with sl st in first hdc	(56 hdc)
☐ **Rnd 11**	Ch 1; hdc in next 4 sts, **[**2 hdc in next st, hdc in next 6 sts**] 7 times**, 2 hdc in next st, hdc in next 2 sts; join with sl st in first hdc	(64 hdc)
☐ **Rnds 12 to 19** 12 13 14 15 16 17 18 19	Ch 1; hdc in each st around; join with sl st in first hdc	(64 hdc)
☐ **Rnd 20**	Ch 1; sc in each st around; join with sl st in first sc	(64 sc)
☐ **Rnd 21**	Ch 1; **[**puff in next st, sc in next st**] 32 times**; join with sl st in first puff	(32 puffs, 32 sc)
☐ **Rnd 22**	Ch 1; sc in each st around; join with sl st in first sc	(64 sc)
☐ **Rnd 23**	Ch 1; **[**sc in next st, skip next st, 5 dc in next st, skip next st**] 16 times**; join with sl st in first sc	(16 sc, 80 dc)
☐ **End**	Fasten off.	

Assembly

1. Underarms: close any small gaps at the two ends of the underarm chains with the yarn ends there.

2. Buttons: sew the 3 buttons to the outside of the left band, one over each of rows 3, 7 and 11 of the yoke, on the 2nd st from the front edge: with the bands lapped this st lies under the buttonhole of the same row. Sew each button on with the sewing thread, fasten the thread off, and sew through it a second time with a new thread: it must hold a baby's pull. See that each one is firm before every wear.

Finishing

- Weave in all the ends. Wash as the yarn label says and lay flat to the measurements to dry.

In all: 2 pieces.

Found a mistake in this pattern? Tell us at flossfield.com, under Make a request.

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