Baby flip flops with heel strap

6 to 12 months, foot 4½ in (11.5 cm) · US terms



Finished size

The double sole is about 4¾ in (12 cm) long and about 2 in (5 cm) wide at the toe, with its ridge; the strap is about 5½ in (14 cm) from one end over the tip to the other, and the heel strap is about 5½ in (14 cm) long (27 stitches), without its loop

To fit a foot of 4½ in (11.5 cm)

Skill

Easy

Yarn

Light (3), 3 colors

Hook

3.5 mm (US E-4)

Gauge

20 stitches and 23 rounds to 4 in (10 cm)

In single crochet (UK double crochet).

What you need

Yarn A: sand, the soles	**about 40 yd (37 m), an estimate**
Yarn B: sky, the ridge, the straps and the post	**about 25 yd (23 m), an estimate**
Yarn C: white, the starfish and the buttons	**about 10 yd (9 m), an estimate**

By weight: about 30 g in all, an estimate, where 100 g is 250 yd (229 m).

Hook: 3.5 mm (US E-4), or the size that gives you the gauge. Also: a stitch marker, a yarn needle and scissors.

To find how many balls: divide by the length on your yarn's label and round up. Buy them from one dye lot. The estimate is from the stitches of this size at this gauge.

Sizes

Size	Foot	Finished size, about	Yarn, an estimate
Newborn to 3 months	3½ in (9 cm)	3¾ in (9.5 cm) long, 1½ in (4 cm) wide	about 55 yd (50 m)
3 to 6 months	4 in (10 cm)	4¼ in (11 cm) long, 2 in (5 cm) wide	about 65 yd (59 m)
6 to 12 months (this file)	**4½ in (11.5 cm)**	**4¾ in (12 cm) long, 2 in (5 cm) wide**	**about 75 yd (69 m)**
12 to 18 months	5 in (12.5 cm)	5¼ in (13.5 cm) long, 2 in (5 cm) wide	about 80 yd (73 m)
18 to 24 months	5½ in (14 cm)	5¾ in (14.5 cm) long, 2¼ in (5.5 cm) wide	about 100 yd (91 m)

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Gauge

20 stitches and 23 rounds to 4 in (10 cm) in single crochet.

After the last round of a sole, it is about 4½ in (11.5 cm) long.

Use any hook that gives you this. If you count more stitches than this in 4 in (10 cm), change to a larger hook; if you count fewer, to a smaller one.

Notes

- Measure the foot from the back of the heel to the tip of the longest toe and choose the size with the nearest foot length; halfway between two sizes, take the larger.
- The pattern makes a pair. The finished double sole, with its ridge, is a little longer than the foot.
- Each sole and each button is worked in one spiral: the rounds are not joined. Put a marker in the first stitch of each round and move it up every round. The right side always faces you. The ridge is one joined round and the starfish is two; they are not turned.
- The straps, the posts and the heel straps are worked in rows, and the work is turned where a line says so. The ch 1 at the start of a row does not count as a stitch: the first sc goes into the first st.
- A smooth cotton yarn holds the shape and can be washed. A crocheted sole slips on smooth floors: for a baby who stands or walks, sew patches of suede under the soles.
- For a baby the buttons are crocheted, not bought. Sew them on firmly and look at them before each wear.
- The figures in brackets at the end of a line are the stitches it has.
- Magic ring (MR): wrap the yarn round two fingers to form a loop, work the first round into the loop, then pull the tail to close it.

Instructions

6 to 12 months, foot 4½ in (11.5 cm). US terms.

ch chain, **sl st** slip stitch, **sc** single crochet (UK double crochet), **hdc** half double crochet (UK half treble), **MR** magic ring, **Rnd** round, **st** stitch.
RS right side, the one that shows.
2 sc in next st: both in one stitch. **sc in next 7 sts**: one in each.
[ ] 2 times: work what is inside 2 times in all.
(34 sc): the stitches you have when the round is done. **How to read a pattern**.

Special stitches

arm: A point of the starfish: ch 4, sl st in the 2nd ch from the hook, sc in the next ch, hdc in the next ch. It is not counted among the stitches and is not worked into.

Sole: make 4

Yarn A, sand.

☐ **Foundation**	With A, ch 17.	
☐ **Rnd 1 (RS)**	Sc in 2nd ch from hook, sc in next 14 chs, 3 sc in last ch, working along the other side of the foundation ch, sc in next 14 chs, 2 sc in last ch	(34 sc)
☐ **Rnd 2**	2 sc in next st, sc in next 7 sts, hdc in next 7 sts, 2 hdc in each of next 3 sts, hdc in next 7 sts, sc in next 7 sts, 2 sc in each of next 2 sts	(20 sc, 20 hdc)

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☐ **Rnd 3**	2 sc in next st, sc in next 15 sts, **[**2 sc in next st, sc in next st**] 2 times**, 2 sc in next st, sc in next 15 sts, **[**2 sc in next st, sc in next st**] 2 times**	(46 sc)
☐ **Rnd 4**	2 sc in next st, sc in next 9 sts, hdc in next 7 sts, **[**2 hdc in next st, hdc in next 2 sts**] 2 times**, 2 hdc in next st, hdc in next 9 sts, sc in next 7 sts, **[**2 sc in next st, sc in next 2 sts**] 2 times**	(26 sc, 26 hdc)
☐ **End**	Laid flat, the sole is now about 4½ in (11.5 cm) long and about 1½ in (4 cm) wide at the toe, which is a little wider than the heel. The end where the rounds begin is the heel. Sl st in the next st to level the edge. Fasten off.	

Ridge: make 2

Yarn B, sky.

☐ **Foundation**	Weave in the tails of the soles on their wrong sides. The middle of the heel lies between the last 2 stitches of Rnd 4. Lay two soles together with the wrong sides inside and heel to heel, so that the last stitch of each lies against the stitch before the last of the other. With the right side of one sole facing you, join B with a sl st in its last stitch. Every stitch of the ridge goes through both loops of both soles. The sl st that leveled the edge is not a stitch: work through it and the stitch under it as one. Where a stitch of one sole lies against a stitch of another height, work into their tops as they lie.	
☐ **Rnd 1 (RS)**	Sc in same st as the join, sc in next 51 sts, sl st in first sc to join	(52 sc)
☐ **End**	Fasten off. The side of the double sole that faced you is its top. Number the stitches of the ridge from the middle of the heel: the first stitch of the ridge is 1, the last is 52, and the middle of the toe lies between 26 and 27. With the toe pointing away from you and the top up, numbers 1 to 26 are the right-hand side and numbers 27 to 52 the left-hand side.	

Strap: make 2

Yarn B, sky.

☐ **Foundation**	With B, ch 28, leaving a tail of 10 in (25.5 cm) at the start to sew with.	
☐ **Row 1**	Sc in 2nd ch from hook, sc in next 12 chs, 3 sc in next ch, sc in next 13 chs	(29 sc)

The 2nd of the 3 sc in one chain is the tip of the V.

☐ **Row 2**	Ch 1, turn, sc in next 14 sts, 3 sc in next st, sc in next 14 sts	(31 sc)
☐ **End**	Fasten off, leaving a tail of 10 in (25.5 cm) to sew with. The strap now bends like a V: the edge of Row 2 is the outer edge, and the foundation chain is the inner edge. There is a tail at each short end. Either side of the strap may lie outward.	

Post: make 2

Yarn B, sky.

☐ **Foundation**	With B, ch 4, leaving a tail of 8 in (20.5 cm) at the start to sew with.	
☐ **Row 1**	Sl st in 2nd ch from hook, sl st in each ch across	(3 sl sts)
☐ **End**	Fasten off, leaving a tail of 8 in (20.5 cm). Both tails are now at the same end of the post, its lower end.	

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Heel strap: make 2

Yarn B, sky.

☐ **Foundation**	With B, ch 28, leaving a tail of 10 in (25.5 cm) at the start to sew with.	
☐ **Row 1**	Sc in 2nd ch from hook, sc in each ch across	(27 sc)
☐ **Row 2**	Ch 1, turn, sc in each st across	(27 sc)
☐ **End**	Do not fasten off. The short end where Row 2 ends is the loop end. Button loop: ch 6, sl st in the end of Row 1 at this short end. Fasten off.	

Starfish: make 2

Yarn C, white.

☐ **Foundation**	With C, make a magic ring.	
☐ **Rnd 1 (RS)**	5 sc in MR, pull the tail to close the ring, sl st in first sc to join	(5 sc)
	Rnd 2 begins in the first sc of Rnd 1, the one that the round was joined to.	
☐ **Rnd 2**	**[**Sl st in next st, arm**] 5 times**, sl st in first sl st to join	(5 sl sts, 5 arm)
☐ **End**	Fasten off, leaving a tail of 12 in (30.5 cm) to sew with. Pull the ring closed. Hide the first tail on the wrong side.	

Button: make 2

Yarn C, white.

☐ **Foundation**	With C, make a magic ring.	
☐ **Rnd 1 (RS)**	6 sc in MR. Pull the tail to close the ring.	(6 sc)
☐ **Rnd 2**	Sc in each st around	(6 sc)
☐ **End**	Fasten off, leaving a tail of 12 in (30.5 cm). Pull the ring closed and push the starting tail inside for a filling. Run the long tail through the front loops of the 6 stitches of the last round, draw it up tightly and knot it: the button is a small ball. Keep the rest of the tail to sew with.	

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Finishing

- Strap: hold it with the tip of the V toward the toe, so that the edge of Row 2 lies outward. Stand the short ends on the ridge: the right-hand one at numbers 11 and 12 and the left-hand one at numbers 41 and 42, the end of Row 1 nearer to the heel. Sew each short end with its tail, the end of 1 row to the front loop of 1 stitch of the ridge.
- Make the second sandal the same. Left and right differ only in the place of the post and in the side of the button, and both are given.
- Post: it stands on the top of the double sole at the toe end of the foundation chain, where Rnd 1 of the sole has 3 sc in the last ch. Hold the sole with the toe pointing away from you and the top up, and count these 3 sc from right to left. On the right sandal the post stands on the top of the 3rd sc, on the left sandal on the top of the 1st sc, so that it is a little nearer to the big toe. Take one tail of the post down through both soles there and the other tail down through both soles one stitch farther toward the toe, pull them until the lower end of the post touches the sole, tie them together underneath in a firm knot, and take the ends up into the space between the two soles and weave them in there.
- Lay the tip of the V on the upper end of the post, so that the post lies under the stitch that has the 3 sc of Row 2, and sew the post to the inside of the strap, the side toward the sole, with a piece of B 10 in (25.5 cm) long: 3 or 4 firm stitches.
- Heel strap: its end without a loop goes on the inner side, the side of the big toe. Lay that end against the inside of the arm of the V there, behind stitches 4 and 5 counted from the short end on the ridge, with its short end level with the outer edge of the arm, and sew it down along three sides with its tail. The strap goes from there round the back of the heel to the outer side.
- Button: sew a button to the outside of the arm on the outer side of the foot, over the 4th stitch from the short end on the ridge, in the middle of the width of the arm. The free end of the heel strap lies on the outside of this arm, and its loop goes over the button.
- Starfish: lay it with the right side up on the tip of the V, its middle over the post, one arm pointing forward over the edge of the strap. Sew its center down with its tail, all round the 5 sc, and leave the arms free.
- Weave in every tail that is left.

In all: 14 pieces.

Found a mistake in this pattern? Tell us at flossfield.com, under Make a request.

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