Easy ribbed headband

Woman, head 22 in (56 cm) · US terms



Finished size
About 19¼ in (49 cm) round and about 2¾ in (7 cm) wide
To fit a head of 22 in (56 cm)

Skill
Beginner
One stitch in rows, two colors, one seam

Yarn
Medium (4), 2 colors

Hook
5.5 mm (US I-9)

Gauge
13 stitches and 10 rows to 4 in (10 cm)
In half double crochet in back loops, worked in rows.

You will need

Yarn A: teal, the first stripes **about 35 yd (32 m), an estimate**
Yarn B: cream, the second stripes **about 35 yd (32 m), an estimate**
Hook: 5.5 mm (US I-9), or the size that gives you the gauge. Also: a soft tape measure, a yarn needle and scissors.

To find how many balls: divide by the length on your yarn's label and round up. Buy them from one dye lot. The estimate is from the stitches and chains of this size at this gauge, with 30 percent added.

Sizes

Size	Head	Finished size, about	Yarn, an estimate
Baby, 3 to 6 months	15 in (38 cm)	12¾ in (32 cm) round, 1½ in (4 cm) wide	about 30 yd (27 m)
Baby, 6 to 12 months	16½ in (42 cm)	14½ in (37 cm) round, 1½ in (4 cm) wide	about 30 yd (27 m)
Toddler	18 in (46 cm)	16 in (41 cm) round, 1¾ in (4 cm) wide	about 40 yd (37 m)
Child	19½ in (50 cm)	17½ in (44 cm) round, 2¼ in (6 cm) wide	about 50 yd (46 m)
Woman (this file)	**22 in (56 cm)**	**19¼ in (49 cm) round, 2¾ in (7 cm) wide**	**about 70 yd (64 m)**
Man	23 in (58 cm)	20¾ in (53 cm) round, 2¾ in (7 cm) wide	about 70 yd (64 m)
Man, large	24 in (61 cm)	22½ in (57 cm) round, 3 in (8 cm) wide	about 80 yd (73 m)

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Abbreviations

Written in US terms. Where the UK name differs it is given beside the US one.

ch	chain
hdc	half double crochet (UK htr, half treble)
BLO	back loop only
st	stitch
RS	right side

Gauge

13 stitches and 10 rows to 4 in (10 cm) in half double crochet in back loops, worked in rows.

The gauge is measured on the band itself, laid flat and not stretched, when its first 10 rows are worked: along a row, which checks the stitches, and then across the 10 rows, which sets the size round. The lines printed under row 10 say how much each should measure. Below, "round" is measured across the rows in the same way, not stretched.

Use any hook that gives you this. If you count more stitches than this in 4 in (10 cm), change to a larger hook; if you count fewer, to a smaller one.

Check your gauge on the piece. Begin the pattern and measure the piece itself as you go. After row 10, lay the band flat without stretching it and measure it along a row: it should be about 2¾ in (7 cm) long.

Before you start

- Measure the head if you can: put a soft tape round its widest part, across the middle of the forehead and just above the ears, and choose the size whose head measurement is nearest. The ribs stretch, so each size is made smaller round than the head it is for, measured flat and not stretched. The table of sizes gives both measures of each.
- The pattern is written in United States terms; the United Kingdom term stands beside each stitch in the list of abbreviations.
- The chain at the start of a row does not count as a stitch. After the turn the first stitch of the row goes into the stitch nearest the hook, which is the last stitch of the row before, and the last goes into the first stitch of the row before, so that every row has the same number of stitches; the chains skipped at the start of row 1 do not count either.
- Back loop only: of the two loops at the top of a stitch work under the one that lies farther from you as you work, on the right side and on the wrong side alike.
- The number at the end of each line is the number of stitches it has when it is finished. The chain at the start of a row is not in the number.
- Whip stitch: hold the two edges together and sew them over and over, the needle always going in from the same side, through one stitch of each edge at a time.
- The yarn changes every 2 rows, always at the same long edge: the edge at which row 1 began, where every odd row starts and every even row ends. Work the last half double crochet of the even row until 3 loops are on the hook, drop the old yarn, and make the last yarn over, through all 3 loops, with the new yarn; it makes the ch 2 of the next row. The first time yarn B is used, leave a tail of 6 in (15 cm) before it. Do not cut the yarn that is dropped: it hangs at that edge for 2 rows and is then brought up along the edge in one loose strand, so that the edge can stretch.
- Row 46 is the last row of yarn A: when yarn B has taken over at its end, cut yarn A, leaving a tail of 6 in (15 cm). Row 48 is the last row of all and is in yarn B, so the seam is sewn with yarn B; row 1 and the beginning chain are in yarn A, and the stripes go on over the seam without a break.

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Instructions

Chosen: Woman, head 22 in (56 cm). The count in round brackets at the end of a line is what that line leaves. Tick the box when a row is done. In UK terms hdc is half treble.

Yarns in order of use: A, teal; B, cream.

☐ **Foundation**	Ch 11.	
☐ **Row 1 (RS)**	Hdc in 3rd ch from hook and in each ch across	**(9 hdc)**
☐ **Row 2**	Ch 2, turn; hdc in BLO of each st across	**(9 hdc)**
☐ **Row 3**	With B, ch 2, turn; hdc in BLO of each st across	**(9 hdc)**
☐ **Row 4**	Ch 2, turn; hdc in BLO of each st across	**(9 hdc)**
☐ **Row 5**	With A, ch 2, turn; hdc in BLO of each st across	**(9 hdc)**
☐ **Rows 6 to 10**	Repeat rows 2 to 5 in order, over and over. The last row before you stop, row 10, is worked as row 2. (9 hdc)	

A box for each row, 6 to 10: tick them off as you go. The heavy box is where you stop and measure.

6 7 8 9 **10**

> **Stop and measure now, after row 10.** Lay the band flat without stretching it and measure it along a row: it should be about 2¾ in (7 cm) long. Then measure across the rows: the 10 rows, not stretched, should measure about 4 in (10 cm) from the outer side of row 1 to the outer side of row 10. This sets the size round: if they measure more, begin again with a smaller hook; if less, with a larger one. If the 10 rows measure right and the row is longer or shorter than it should be, keep the hook: the band only comes out that much wider or narrower.

☐ **Rows 11 to 48**	Go on repeating rows 2 to 5 in order, over and over. Row 11 is worked as row 3. The last row, row 48, is worked as row 4. (9 hdc)	

A box for each row, 11 to 48: tick them off as you go.

11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48

☐ **End**	Fasten off, leaving a tail of 15 in (38 cm) for the seam.	

Putting it together

Seam: fold the band in half with the right side in, so that the last row lies against the beginning chain. With the long tail whip stitch them together from end to end, one stitch of the last row to one chain. Fasten off and turn the band right side out.

Finishing

- Weave in every end on the inside of the headband.

In all: 48 rows; 432 stitches.

Found a mistake in this pattern? Tell us at flossfield.com, under Make a request.

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