Baby sleep sack with button shoulders

Newborn · US terms



Finished size
About 22 × 22¾ in (56 × 58 cm)
About 20¼ in (51.5 cm) round the chest, 22 in (56 cm) round at the feet and 22¾ in (58 cm) long from the shoulder to the feet, for a baby up to 16¾ in (42.5 cm) round the chest. To fit a chest of 22 in (56 cm)

Skill
Intermediate
It is worked in rounds and then in rows, with puffs in a second color that is carried inside the stitches, and an edging all round.

Yarn
Light (3), 2 colors

Hook
4 mm (US G-6)

Gauge
19 stitches and 14 rounds to 4 in (10 cm)
In half double crochet.

You will need

Yarn A: muted teal, the sack **about 625 yd (572 m), an estimate**
Yarn B: cream, the puffs and the edging **about 50 yd (46 m), an estimate**
Fiber: soft cotton or cotton blend
Hook: 4 mm (US G-6), or the size that gives you the gauge. Also: a stitch marker, two buttons, ¾ in (19 mm) across, sewing thread in the color of the teal yarn, and a needle for it, a yarn needle and scissors.

To find how many balls: divide by the length on your yarn's label and round up. Buy them from one dye lot. The estimate is from the stitches of this size at this gauge, with 30 percent added.

Sizes

Size	Chest	Finished size, about	Yarn, an estimate
Newborn (this file)	**22 in (56 cm)**	**22 × 22¾ in (56 × 58 cm)**	**about 675 yd (617 m)**
3 to 6 months	23½ in (59.5 cm)	23½ × 25½ in (60 × 65 cm)	about 830 yd (759 m)
6 to 12 months	27 in (68.5 cm)	27 × 29½ in (69 × 75 cm)	about 1,065 yd (974 m)

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Abbreviations

Written in US terms. Where the UK name differs it is given beside the US one.

ch	chain stitch
sl st	slip stitch (UK ss, slip stitch)
sc	single crochet (UK dc, double crochet)
hdc	half double crochet (UK htr, half treble)
hdc2tog	half double crochet 2 stitches together: [yo, insert hook in next st, yo, pull up a loop] 2 times, yo, pull through all 5 loops (UK htr2tog)
MR	magic ring
yo	yarn over (UK yrh, yarn round hook)
st	stitch
sp	space
sk	skip (UK miss)
rnd	round
RS	right side

Special stitches

puff: [yo, insert hook in the place named, yo, pull up a loop] 3 times, yo, pull through all 7 loops on hook. Push it out to the right side. It leaves 1 puff for the next row or round.

Gauge

19 stitches and 14 rounds to 4 in (10 cm) in half double crochet.

Check your gauge on the piece. Begin the pattern and measure the piece itself as you go. The gauge is checked on the piece itself: after round 13 the bottom should measure about 7¼ in (18.5 cm) across, laid flat and not stretched. A range that is near enough is printed after that round. If the piece measures more than that, begin again with a smaller hook; if it measures less, with a larger hook.

Before you start

- Begin with a magic ring: wind the yarn once round two fingers, put the hook through the ring and draw up a loop. Work round 1 into the ring, then pull the tail to draw the ring closed.
- Put the marker in the first stitch of each round, where the round is joined.
- Each round is joined with a slip stitch in its first stitch. The chain at the start of a round does not count as a stitch; work the first stitch of the round into the stitch the round before was joined in. The chain of 2 at the start of a row does not count as a stitch.
- The sack is worked with the right side, the outside, facing you all the way. The front, the back and the straps are worked in rows, turned at every row; row 1 of each has the right side facing. In row 1 the first half double crochet goes into the stitch the yarn is joined in.
- Tapestry crochet: where two or more colors share a round, lay the color or colors of that round not in use along the top of the round before and work over them, all the way round, so that they are carried inside the stitches.
- A round of puffs is worked so: at its start lay the end of B, with a tail of 6 in (15 cm), along the top of the round before, and work over B with the stitches of A. Draw B through as the last yarn over of the stitch before each puff, work the puff with B over A, and draw A through as the last yarn over of the puff. At the end of the round cut B, leaving a tail of 6 in (15 cm). A is not cut; every round begins and ends with A.
- On the front the puffs are in the odd rows, the rows with the right side facing. Here B is not cut after each row: lay it along the top of the row below in every row up to the last row of puffs, the plain rows too, and work over it, so that it is at hand. Cut it at the end of that row. Draw it on gently at the end of each row, so that the fabric lies flat.

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- Measure the baby round the chest, and from the shoulder down to the heel with the leg held straight. The sack is 3½ in (9 cm) more round at the chest than the widest baby it is for, and it should be at least 2 in (5 cm) longer than the second measure.
- For a longer sack work more rounds of A after the round with decreases and before the heading Stars, 10 at the most; 4 rounds are about 1¼ in (3 cm). With 30 percent over counted in they take about 36 yd (33 m) of A in the Newborn, 40 yd (37 m) in 3 to 6 months and 45 yd (41 m) in 6 to 12 months. The number of every later round of the sack then goes up by as many.
- Colors of the sack, round by round. Rounds 1 to 16: A. Round 17: A and B. Rounds 18 to 23: A. Round 24: A and B. Rounds 25 to 32: A. Round 33: A and B. Rounds 34 to 38: A. Round 39: A and B. Rounds 40 to 44: A. Round 45: A and B. Rounds 46 to 48: A. Round 49: A and B. Rounds 50 to 52: A. Round 53: A and B. Rounds 54 to 56: A. Round 57: A and B. Rounds 58 to 60: A.

Instructions

Chosen: Newborn. Square brackets [ ] hold a repeat: work what is inside as many times as it says. The count in round brackets at the end of a line is what that line leaves. Tick the box when a round is done. In UK terms sl st is slip stitch, sc is double crochet, hdc is half treble, hdc2tog is htr2tog, yo is yarn round hook and sk is miss.

Sack

Yarns in order of use: A, muted teal; B, cream.

☐ **Foundation**	Make a magic ring.	
☐ **Rnd 1 (RS)**	Ch 2, 8 hdc in MR, sl st in first hdc to join	**(8 hdc)**
☐ **Rnd 2**	Ch 2, 2 hdc in each st around, sl st in first hdc to join	**(16 hdc)**
☐ **Rnd 3**	Ch 2, **[**2 hdc in next st, hdc in next st**] 8 times**, sl st in first hdc to join	**(24 hdc)**
☐ **Rnd 4**	Ch 2, **[**hdc in next 2 sts, 2 hdc in next st**] 8 times**, sl st in first hdc to join	**(32 hdc)**
☐ **Rnd 5**	Ch 2, hdc in next st, 2 hdc in next st, **[**hdc in next 3 sts, 2 hdc in next st**] 7 times**, hdc in next 2 sts, sl st in first hdc to join	**(40 hdc)**
☐ **Rnd 6**	Ch 2, **[**hdc in next 4 sts, 2 hdc in next st**] 8 times**, sl st in first hdc to join	**(48 hdc)**
☐ **Rnd 7**	Ch 2, hdc in next 2 sts, 2 hdc in next st, **[**hdc in next 5 sts, 2 hdc in next st**] 7 times**, hdc in next 3 sts, sl st in first hdc to join	**(56 hdc)**
☐ **Rnd 8**	Ch 2, **[**hdc in next 6 sts, 2 hdc in next st**] 8 times**, sl st in first hdc to join	**(64 hdc)**
☐ **Rnd 9**	Ch 2, hdc in next 3 sts, 2 hdc in next st, **[**hdc in next 7 sts, 2 hdc in next st**] 7 times**, hdc in next 4 sts, sl st in first hdc to join	**(72 hdc)**
☐ **Rnd 10**	Ch 2, **[**hdc in next 8 sts, 2 hdc in next st**] 8 times**, sl st in first hdc to join	**(80 hdc)**
☐ **Rnd 11**	Ch 2, hdc in next 4 sts, 2 hdc in next st, **[**hdc in next 9 sts, 2 hdc in next st**] 7 times**, hdc in next 5 sts, sl st in first hdc to join	**(88 hdc)**
☐ **Rnd 12**	Ch 2, **[**hdc in next 10 sts, 2 hdc in next st**] 8 times**, sl st in first hdc to join	**(96 hdc)**
☐ **Rnd 13**	Ch 2, hdc in next 5 sts, 2 hdc in next st, **[**hdc in next 11 sts, 2 hdc in next st**] 7 times**, hdc in next 6 sts, sl st in first hdc to join	**(104 hdc)**

> **Stop and measure now, after round 13.** The bottom should measure about 7¼ in (18.5 cm) across. Anything from 7 in (18 cm) to 7½ in (19 cm) is near enough.

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Sides

☐ **Rnds 14 to 16** Ch 2, hdc in each st around, sl st in first hdc to join **(104 hdc)**

A box for each round, 14 to 16: tick them off as you go.

14 15 16

☐ **Rnd 17** Ch 2,
[with A, hdc in next 11 sts, with B, puff in next st, with A, hdc in next st**] 8 times**,
sl st in first hdc to join **(96 hdc, 8 puffs)**

☐ **Rnds 18 to 21** Ch 2, hdc in each st around, sl st in first hdc to join **(104 hdc)**

A box for each round, 18 to 21: tick them off as you go.

18 19 20 21

☐ **Rnd 22** Ch 2, **[**hdc in next 11 sts, hdc2tog**] 8 times**, sl st in first hdc to join **(96 hdc)**

☐ **Rnd 23** Ch 2, hdc in each st around, sl st in first hdc to join **(96 hdc)**

☐ **Rnd 24** Ch 2,
[with A, hdc in next 6 sts, with B, puff in next st, with A, hdc in next 5 sts**] 8 times**,
sl st in first hdc to join **(88 hdc, 8 puffs)**

☐ **Rnds 25 to 32** Ch 2, hdc in each st around, sl st in first hdc to join **(96 hdc)**

A box for each round, 25 to 32: tick them off as you go.

25 26 27 28 29 30 31 32

Stars

☐ **Rnd 33** Ch 2,
[with A, hdc in next 10 sts, with B, puff in next st, with A, hdc in next st**] 8 times**,
sl st in first hdc to join **(88 hdc, 8 puffs)**

☐ **Rnds 34 to 38** Ch 2, hdc in each st around, sl st in first hdc to join **(96 hdc)**

A box for each round, 34 to 38: tick them off as you go.

34 35 36 37 38

☐ **Rnd 39** Ch 2,
[with A, hdc in next 4 sts, with B, puff in next st, with A, hdc in next 7 sts**] 8 times**,
sl st in first hdc to join **(88 hdc, 8 puffs)**

☐ **Rnds 40 to 44** Ch 2, hdc in each st around, sl st in first hdc to join **(96 hdc)**

A box for each round, 40 to 44: tick them off as you go.

40 41 42 43 44

☐ **Rnd 45** Ch 2,
[with A, hdc in next 10 sts, with B, puff in next st, with A, hdc in next st**] 8 times**,
sl st in first hdc to join **(88 hdc, 8 puffs)**

☐ **Rnds 46 to 48** Ch 2, hdc in each st around, sl st in first hdc to join **(96 hdc)**

A box for each round, 46 to 48: tick them off as you go.

46 47 48

☐ **Rnd 49** Ch 2,
[with A, hdc in next 4 sts, with B, puff in next st, with A, hdc in next 7 sts**] 8 times**,
sl st in first hdc to join **(88 hdc, 8 puffs)**

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☐ **Rnds 50 to 52**	Ch 2, hdc in each st around, sl st in first hdc to join	**(96 hdc)**

A box for each round, 50 to 52: tick them off as you go.

50 51 52

☐ **Rnd 53**	Ch 2, **[**with A, hdc in next st, with B, puff in next st, with A, hdc in next 4 sts**] 16 times**, sl st in first hdc to join	**(80 hdc, 16 puffs)**
☐ **Rnds 54 to 56**	Ch 2, hdc in each st around, sl st in first hdc to join	**(96 hdc)**

A box for each round, 54 to 56: tick them off as you go.

54 55 56

☐ **Rnd 57**	Ch 2, **[**with A, hdc in next 4 sts, with B, puff in next st, with A, hdc in next st**] 16 times**, sl st in first hdc to join	**(80 hdc, 16 puffs)**
☐ **Rnds 58 to 60**	Ch 2, hdc in each st around, sl st in first hdc to join	**(96 hdc)**

A box for each round, 58 to 60: tick them off as you go.

58 59 60

☐ **End**	Fasten off, leaving a tail of 6 in (15 cm).	

Front

Yarns in order of use: A, muted teal; B, cream.

☐ **Foundation**	Round 60 of the sack, RS facing: 43 stitches, stitches 6 to 48 of the round, counted from its first stitch.	
☐ **Row 1 (RS)**	Join A with sl st in first st, ch 2, hdc in same st, with A, hdc in next 4 sts, **[**with B, puff in next st, with A, hdc in next 3 sts**] 8 times**, with B, puff in next st, with A, hdc in next 5 sts	**(34 hdc, 9 puffs)**
☐ **Row 2**	Ch 2, turn; hdc2tog, hdc in next 39 sts, hdc2tog	**(41 hdc)**
☐ **Row 3**	Ch 2, turn; with A, hdc in next 6 sts, **[**with B, puff in next st, with A, hdc in next 3 sts**] 7 times**, with B, puff in next st, with A, hdc in next 6 sts	**(33 hdc, 8 puffs)**
☐ **Row 4**	Ch 2, turn; hdc2tog, hdc in next 37 sts, hdc2tog	**(39 hdc)**
☐ **Row 5**	Ch 2, turn; with A, hdc in next 3 sts, **[**with B, puff in next st, with A, hdc in next 3 sts**] 8 times**, with B, puff in next st, with A, hdc in next 3 sts	**(30 hdc, 9 puffs)**
☐ **Row 6**	Ch 2, turn; hdc2tog, hdc in next 35 sts, hdc2tog	**(37 hdc)**
☐ **Row 7**	Ch 2, turn; with A, hdc in next 4 sts, **[**with B, puff in next st, with A, hdc in next 3 sts**] 7 times**, with B, puff in next st, with A, hdc in next 4 sts	**(29 hdc, 8 puffs)**
☐ **Row 8**	Ch 2, turn; hdc2tog, hdc in next 33 sts, hdc2tog	**(35 hdc)**
☐ **Row 9**	Ch 2, turn; with A, hdc in next 5 sts, **[**with B, puff in next st, with A, hdc in next 3 sts**] 6 times**, with B, puff in next st, with A, hdc in next 5 sts	**(28 hdc, 7 puffs)**

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☐ **Row 10**	Ch 2, turn; hdc2tog, hdc in next 31 sts, hdc2tog	**(33 hdc)**
☐ **End**	Fasten off, leaving a tail of 6 in (15 cm).	

Front strap: make 2

Yarn A, muted teal.

☐ **Foundation**	Row 10 of the front, RS facing: 7 stitches, for one strap the first 7 stitches of the row at your right, for the other the last 7 at your left.	
☐ **Row 1 (RS)**	Join A with sl st in first st, ch 2, hdc in same st, hdc in each st across	**(7 hdc)**
☐ **Rows 2 to 5**	Ch 2, turn; hdc in each st across	**(7 hdc)**

A box for each row, 2 to 5: tick them off as you go.

☐ 2 ☐ 3 ☐ 4 ☐ 5

☐ **Row 6**	Ch 2, turn; hdc2tog, hdc in next 3 sts, hdc2tog	**(5 hdc)**
☐ **End**	Fasten off, leaving a tail of 6 in (15 cm).	

Back

Yarn A, muted teal.

☐ **Foundation**	Round 60 of the sack, RS facing: 43 stitches, stitches 54 to 96 of the round, counted from its first stitch.	
☐ **Row 1 (RS)**	Join A with sl st in first st, ch 2, hdc in same st, hdc in each st across	**(43 hdc)**
☐ **Row 2**	Ch 2, turn; hdc2tog, hdc in next 39 sts, hdc2tog	**(41 hdc)**
☐ **Row 3**	Ch 2, turn; hdc in each st across	**(41 hdc)**
☐ **Row 4**	Ch 2, turn; hdc2tog, hdc in next 37 sts, hdc2tog	**(39 hdc)**
☐ **Row 5**	Ch 2, turn; hdc in each st across	**(39 hdc)**
☐ **Row 6**	Ch 2, turn; hdc2tog, hdc in next 35 sts, hdc2tog	**(37 hdc)**
☐ **Row 7**	Ch 2, turn; hdc in each st across	**(37 hdc)**
☐ **Row 8**	Ch 2, turn; hdc2tog, hdc in next 33 sts, hdc2tog	**(35 hdc)**
☐ **Row 9**	Ch 2, turn; hdc in each st across	**(35 hdc)**
☐ **Row 10**	Ch 2, turn; hdc2tog, hdc in next 31 sts, hdc2tog	**(33 hdc)**
☐ **Rows 11 to 16**	Ch 2, turn; hdc in each st across	**(33 hdc)**

A box for each row, 11 to 16: tick them off as you go.

☐ 11 ☐ 12 ☐ 13 ☐ 14 ☐ 15 ☐ 16

☐ **End**	Fasten off, leaving a tail of 6 in (15 cm).	

Back strap: make 2

Yarn A, muted teal.

☐ **Foundation**	Row 16 of the back, RS facing: 7 stitches, for one strap the first 7 stitches of the row at your right, for the other the last 7 at your left.	
☐ **Row 1 (RS)**	Join A with sl st in first st, ch 2, hdc in same st, hdc in each st across	**(7 hdc)**

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☐ **Rows 2 to 11**	Ch 2, turn; hdc in each st across	**(7 hdc)**

A box for each row, 2 to 11: tick them off as you go.

2 3 4 5 6 7 8 9 10 11

☐ **Row 12**	Ch 2, turn; hdc in next 2 sts, ch 3, sk next 3 sts, hdc in next 2 sts	**(4 hdc, 1 ch-3 sp)**
☐ **Row 13**	Ch 2, turn; hdc in next 2 sts, 3 hdc in next ch-3 sp, hdc in next 2 sts	**(7 hdc)**
☐ **Row 14**	Ch 2, turn; hdc2tog, hdc in next 3 sts, hdc2tog	**(5 hdc)**
☐ **End**	Fasten off, leaving a tail of 6 in (15 cm).	

Edging

Yarn B, cream.

Work to your left, so that the front comes first. Begin in the first of the 5 free stitches of the last round of the sack at one underarm, just before the front. The places are, in this order: 5 in the free stitches of the underarm; 24 up the side of the front and of its strap, 16 rows; 5 across the end of the strap; 9 down the inner side of the strap, 6 rows; 19 in the free stitches of row 10 at the neck; 9 up the inner side of the second strap; 5 across its end; 24 down its outer side and the side of the front; 5 in the free stitches of the other underarm; then the back in the same order, with 45 for the 30 rows of each outer side, 5 across the end of each strap, 21 for the 14 rows of each inner side and 19 at the neck. Along the rows there are 3 places for every 2 rows: 1 in the end of one row, 2 in the end of the next. The strap that is first on your way round is the one at the underarm where you begin.

☐ **Foundation**	The whole top edge of the sack, RS facing; 266 places.	
☐ **Rnd 1 (RS)**	Join B with sl st in first st, ch 1, sc in same st, sc in each st around, sl st in first sc to join	**(266 sc)**
☐ **End**	Fasten off, leaving a tail of 6 in (15 cm).	

Assembly

1. Weave in all the tails on the wrong side, the inside, each under stitches of its own color; the tail of the magic ring goes round the middle of the bottom.

2. The buttons. Sew a button on the right side of each front strap with the thread, in the middle of its width and between rows 1 and 2 of the strap, four times through the holes. Fasten off on the wrong side.

3. Lay each back strap forward over the top of the front strap at the same side, its right side out, and put the button through the hole from below. The end of the back strap then lies over row 10 of the front.

Finishing

- Wash the sack in the way the yarn bands say and dry it flat. The buttons are small parts: see that they sit fast before every use, and use the sack only while a grown-up holds or watches the baby.

Found a mistake in this pattern? Tell us at flossfield.com, under Make a request.

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