Cat sleep mask

Adult · US terms



Finished size
About 8½ in (22 cm) wide and 5½ in (14 cm) tall with the ears and the edging; strap about 12 in (30 cm) long between its ends, gathered
To fit a head of 22 to 23½ in (56 to 60 cm)

Skill
Intermediate
Increases and decreases at both edges, and small parts to sew on

Yarn
Light (3), 3 colors

Hook
3.25 mm (US D-3)

Gauge
20 stitches and 23 rows to 4 in (10 cm)
In single crochet.

You will need

Yarn A: charcoal, main	**about 50 yd (46 m), an estimate**
Yarn B: pink, stripe	**about 80 yd (73 m), an estimate**
Yarn C: cream, stripe	**about 4 yd (4 m), an estimate**

Fiber: cotton

Hook: 3.25 mm (US D-3), or the size that gives you the gauge. Also: a yarn needle, scissors, a tape measure and a safety pin and flat elastic 3/8 in (1 cm) wide: 13 in (33 cm) for Adult, 11 in (28 cm) for Child.

To find how many balls: divide by the length on your yarn's label and round up. Buy them from one dye lot. The estimate is from the stitches of this size at this gauge, with 15 percent added.

Sizes

Size	Head	Finished size, about	Yarn, an estimate
Child	a head of 19 to 20½ in (48 to 52 cm)	7¼ in (18 cm) wide, 4¾ in (12 cm) tall	about 109 yd (100 m)
Adult (this file)	**a head of 22 to 23½ in (56 to 60 cm)**	**8½ in (22 cm) wide, 5½ in (14 cm) tall**	**about 134 yd (123 m)**

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Abbreviations

Written in US terms. Where the UK name differs it is given beside the US one.

ch	chain stitch
sl st	slip stitch: insert hook in the place named, yo, pull through it and the loop on hook (UK ss, slip stitch)
sc	single crochet (UK dc, double crochet)
sc2tog	single crochet 2 together: [insert hook in next st, yo, pull up a loop] 2 times, yo, pull through all 3 loops (UK dc2tog, dc
sc3tog	single crochet 3 together: [insert hook in next st, yo, pull up a loop] 3 times, yo, pull through all 4 loops (UK dc3tog, dc
Rnd	round
RS	right side
st	stitch
yo	yarn over (UK yrh, yarn round hook)

Gauge

20 stitches and 23 rows to 4 in (10 cm) in single crochet.

Check it on the lining, laid flat and not stretched, when 12 rows are done: the 26 stitches of row 12 in Adult are about 5¼ in (13.2 cm) long and the 19 in Child are about 3¾ in (9.7 cm) long, and the 12 rows are about 2 1/8 in (5.3 cm) wide, from the foundation chain to row 12. If they measure more, start again with a smaller hook; if they measure less, with a larger one. The cloth should be close, so that little light comes through.

Before you start

- The front and the lining are worked sideways: row 1 and the foundation chain are at one temple, the last row is at the other, and one row is as tall as the mask. The right-side (odd) rows begin at the lower edge and end at the upper edge. The lower edge is the one that rises in the middle, to make room for the nose. The wrong-side (even) rows begin at the upper edge.
- The ch 1 at the start of a row does not count as a stitch. The first stitch goes into the first stitch of the row below, which is the last one you worked.
- 2 sc (or 3 sc) in first st or in last st: both (or all three) stitches go in that one stitch. Sc2tog at the start of a row takes the first 2 stitches, at the end of a row the last 2; sc3tog takes 3 in the same way.
- The second half of the mask mirrors the first, so that the front and the lining, held with their wrong sides together, have the same outline: the last row of one lies on the foundation chain of the other.
- Leave a tail of about 6 in (15 cm) when you begin and when you fasten off, unless another length is given. The ends that are not sewn with are woven in.
- To join a yarn with a sl st, make a slip knot of it on the hook, put the hook in the place named, yo, and pull through the place and the loop on the hook.
- Backstitch: bring the needle up one place ahead, go down at the place where the last stitch ended, and come up again one place farther on. The stitches then touch end to end, and each goes from one place to the next. Straight stitch: up at the first place, down at the second.
- Whip stitch: with the yarn on a yarn needle, pass the needle under both loops of a stitch of the last row and under the strands of the chain below the stitch of row 1 that lies against it, and pull the yarn through. Do the same in the next pair.
- The sizes are by the head, measured round over the closed eyes and the fullest part of the back.
- Use a smooth, soft cotton: it lies against the face and is washed often.

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Instructions

Chosen: Adult. The count in round brackets at the end of a line is what that line leaves. Tick the box when a row is done. In UK terms sl st is slip stitch, sc is double crochet, sc2tog is double crochet 2 together, sc3tog is double crochet 3 together and yo is yarn round hook.

Inner ear: make 2

Yarn B, pink.

☐ **Foundation**	With B, ch 7.	
☐ **Row 1 (RS)**	Sc in 2nd ch from hook and in each ch across	**(6 sc)**
☐ **Row 2**	Ch 1, turn; sc2tog, sc in next 4 sts	**(4 sc, 1 sc2tog)**
☐ **Row 3**	Ch 1, turn; sc2tog, sc in next 3 sts	**(3 sc, 1 sc2tog)**
☐ **Row 4**	Ch 1, turn; sc2tog, sc in next 2 sts	**(2 sc, 1 sc2tog)**
☐ **Row 5**	Ch 1, turn; sc2tog, sc in next st	**(1 sc, 1 sc2tog)**
☐ **Row 6**	Ch 1, turn; sc2tog	**(1 sc2tog)**
☐ **End**	Fasten off, leaving a tail of about 14 in (36 cm) to sew with.	

Nose

Yarn B, pink.

☐ **Foundation**	With B, ch 6.	
☐ **Row 1 (RS)**	Sc in 2nd ch from hook and in each ch across	**(5 sc)**
☐ **Row 2**	Ch 1, turn; sc2tog, sc in next st, sc2tog	**(1 sc, 2 sc2tog)**
☐ **Row 3**	Ch 1, turn; sc3tog	**(1 sc3tog)**
☐ **End**	Fasten off, leaving a tail of about 14 in (36 cm) to sew with.	

Lining

Yarn B, pink.

☐ **Foundation**	With B, ch 8.	
☐ **Row 1 (RS)**	Sc in 2nd ch from hook and in each ch across	**(7 sc)**
☐ **Row 2**	Ch 1, turn; 3 sc in first st, sc in next 5 sts, 3 sc in last st	**(11 sc)**
☐ **Row 3**	Ch 1, turn; 2 sc in first st, sc in next 9 sts, 2 sc in last st	**(13 sc)**
☐ **Row 4**	Ch 1, turn; sc in next 12 sts, 2 sc in last st	**(14 sc)**
☐ **Row 5**	Ch 1, turn; 2 sc in first st, sc in next 12 sts, 2 sc in last st	**(16 sc)**
☐ **Row 6**	Ch 1, turn; sc in next 15 sts, 2 sc in last st	**(17 sc)**
☐ **Row 7**	Ch 1, turn; sc in each st across	**(17 sc)**
☐ **Row 8**	Ch 1, turn; 3 sc in first st, sc in next 15 sts, 2 sc in last st	**(20 sc)**
☐ **Row 9**	Ch 1, turn; sc in next 19 sts, 3 sc in last st	**(22 sc)**

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☐ **Row 10**	Ch 1, turn; 3 sc in first st, sc in next 21 sts	**(24 sc)**
☐ **Row 11**	Ch 1, turn; sc in next 23 sts, 3 sc in last st	**(26 sc)**
☐ **Row 12**	Ch 1, turn; sc in each st across	**(26 sc)**
☐ **Row 13**	Ch 1, turn; sc in next 23 sts, sc3tog	**(23 sc, 1 sc3tog)**
☐ **Row 14**	Ch 1, turn; sc2tog, sc in next 22 sts	**(22 sc, 1 sc2tog)**
☐ **Row 15**	Ch 1, turn; sc in next 20 sts, sc3tog	**(20 sc, 1 sc3tog)**
☐ **Row 16**	Ch 1, turn; sc2tog, sc in next 19 sts	**(19 sc, 1 sc2tog)**
☐ **Row 17**	Ch 1, turn; sc in next 17 sts, sc3tog	**(17 sc, 1 sc3tog)**
☐ **Row 18**	Ch 1, turn; sc in next 16 sts, sc2tog	**(16 sc, 1 sc2tog)**
☐ **Row 19**	Ch 1, turn; sc2tog, sc in next 15 sts	**(15 sc, 1 sc2tog)**
☐ **Row 20**	Ch 1, turn; sc in next 14 sts, sc2tog	**(14 sc, 1 sc2tog)**
☐ **Row 21**	Ch 1, turn; sc3tog, sc in next 12 sts	**(12 sc, 1 sc3tog)**
☐ **Row 22**	Ch 1, turn; sc in each st across	**(13 sc)**
☐ **Row 23**	Ch 1, turn; sc2tog, sc in next 11 sts	**(11 sc, 1 sc2tog)**
☐ **Rows 24 to 25**	Ch 1, turn; sc in each st across	**(12 sc)**

A box for each row, 24 to 25: tick them off as you go.

☐ 24 ☐ 25

☐ **Row 26**	Ch 1, turn; sc in next 11 sts, 2 sc in last st	**(13 sc)**
☐ **Row 27**	Ch 1, turn; sc in each st across	**(13 sc)**
☐ **Row 28**	Ch 1, turn; sc in next 12 sts, 3 sc in last st	**(15 sc)**
☐ **Row 29**	Ch 1, turn; 2 sc in first st, sc in next 14 sts	**(16 sc)**
☐ **Row 30**	Ch 1, turn; sc in next 15 sts, 2 sc in last st	**(17 sc)**
☐ **Row 31**	Ch 1, turn; 2 sc in first st, sc in next 16 sts	**(18 sc)**
☐ **Row 32**	Ch 1, turn; 3 sc in first st, sc in next 17 sts	**(20 sc)**
☐ **Row 33**	Ch 1, turn; sc in next 19 sts, 2 sc in last st	**(21 sc)**
☐ **Row 34**	Ch 1, turn; 3 sc in first st, sc in next 20 sts	**(23 sc)**
☐ **Row 35**	Ch 1, turn; sc in next 22 sts, 2 sc in last st	**(24 sc)**
☐ **Row 36**	Ch 1, turn; 3 sc in first st, sc in next 23 sts	**(26 sc)**
☐ **Row 37**	Ch 1, turn; sc in each st across	**(26 sc)**
☐ **Row 38**	Ch 1, turn; sc3tog, sc in next 23 sts	**(23 sc, 1 sc3tog)**
☐ **Row 39**	Ch 1, turn; sc in next 21 sts, sc3tog	**(21 sc, 1 sc3tog)**
☐ **Row 40**	Ch 1, turn; sc3tog, sc in next 19 sts	**(19 sc, 1 sc3tog)**
☐ **Row 41**	Ch 1, turn; sc2tog, sc in next 15 sts, sc3tog	**(15 sc, 1 sc2tog, 1 sc3tog)**

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☐ **Row 42**	Ch 1, turn; sc in each st across	**(17 sc)**
☐ **Row 43**	Ch 1, turn; sc2tog, sc in next 15 sts	**(15 sc, 1 sc2tog)**
☐ **Row 44**	Ch 1, turn; sc2tog, sc in next 12 sts, sc2tog	**(12 sc, 2 sc2tog)**
☐ **Row 45**	Ch 1, turn; sc2tog, sc in next 12 sts	**(12 sc, 1 sc2tog)**
☐ **Row 46**	Ch 1, turn; sc2tog, sc in next 9 sts, sc2tog	**(9 sc, 2 sc2tog)**
☐ **Row 47**	Ch 1, turn; sc3tog, sc in next 5 sts, sc3tog	**(5 sc, 2 sc3tog)**
☐ **End**	Fasten off.	

Front

Yarn A, charcoal.

☐ **Foundation**	With A, ch 8.	
☐ **Row 1 (RS)**	Sc in 2nd ch from hook and in each ch across	**(7 sc)**
☐ **Row 2**	Ch 1, turn; 3 sc in first st, sc in next 5 sts, 3 sc in last st	**(11 sc)**
☐ **Row 3**	Ch 1, turn; 2 sc in first st, sc in next 9 sts, 2 sc in last st	**(13 sc)**
☐ **Row 4**	Ch 1, turn; sc in next 12 sts, 2 sc in last st	**(14 sc)**
☐ **Row 5**	Ch 1, turn; 2 sc in first st, sc in next 12 sts, 2 sc in last st	**(16 sc)**
☐ **Row 6**	Ch 1, turn; sc in next 15 sts, 2 sc in last st	**(17 sc)**
☐ **Row 7**	Ch 1, turn; sc in each st across	**(17 sc)**
☐ **Row 8**	Ch 1, turn; 3 sc in first st, sc in next 15 sts, 2 sc in last st	**(20 sc)**
☐ **Row 9**	Ch 1, turn; sc in next 19 sts, 3 sc in last st	**(22 sc)**
☐ **Row 10**	Ch 1, turn; 3 sc in first st, sc in next 21 sts	**(24 sc)**
☐ **Row 11**	Ch 1, turn; sc in next 23 sts, 3 sc in last st	**(26 sc)**
☐ **Row 12**	Ch 1, turn; sc in each st across	**(26 sc)**
☐ **Row 13**	Ch 1, turn; sc in next 23 sts, sc3tog	**(23 sc, 1 sc3tog)**
☐ **Row 14**	Ch 1, turn; sc2tog, sc in next 22 sts	**(22 sc, 1 sc2tog)**
☐ **Row 15**	Ch 1, turn; sc in next 20 sts, sc3tog	**(20 sc, 1 sc3tog)**
☐ **Row 16**	Ch 1, turn; sc2tog, sc in next 19 sts	**(19 sc, 1 sc2tog)**
☐ **Row 17**	Ch 1, turn; sc in next 17 sts, sc3tog	**(17 sc, 1 sc3tog)**
☐ **Row 18**	Ch 1, turn; sc in next 16 sts, sc2tog	**(16 sc, 1 sc2tog)**
☐ **Row 19**	Ch 1, turn; sc2tog, sc in next 15 sts	**(15 sc, 1 sc2tog)**
☐ **Row 20**	Ch 1, turn; sc in next 14 sts, sc2tog	**(14 sc, 1 sc2tog)**
☐ **Row 21**	Ch 1, turn; sc3tog, sc in next 12 sts	**(12 sc, 1 sc3tog)**
☐ **Row 22**	Ch 1, turn; sc in each st across	**(13 sc)**

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☐ **Row 23**	Ch 1, turn; sc2tog, sc in next 11 sts	**(11 sc, 1 sc2tog)**
☐ **Rows 24 to 25**	Ch 1, turn; sc in each st across	**(12 sc)**

A box for each row, 24 to 25: tick them off as you go.

24 25

☐ **Row 26**	Ch 1, turn; sc in next 11 sts, 2 sc in last st	**(13 sc)**
☐ **Row 27**	Ch 1, turn; sc in each st across	**(13 sc)**
☐ **Row 28**	Ch 1, turn; sc in next 12 sts, 3 sc in last st	**(15 sc)**
☐ **Row 29**	Ch 1, turn; 2 sc in first st, sc in next 14 sts	**(16 sc)**
☐ **Row 30**	Ch 1, turn; sc in next 15 sts, 2 sc in last st	**(17 sc)**
☐ **Row 31**	Ch 1, turn; 2 sc in first st, sc in next 16 sts	**(18 sc)**
☐ **Row 32**	Ch 1, turn; 3 sc in first st, sc in next 17 sts	**(20 sc)**
☐ **Row 33**	Ch 1, turn; sc in next 19 sts, 2 sc in last st	**(21 sc)**
☐ **Row 34**	Ch 1, turn; 3 sc in first st, sc in next 20 sts	**(23 sc)**
☐ **Row 35**	Ch 1, turn; sc in next 22 sts, 2 sc in last st	**(24 sc)**
☐ **Row 36**	Ch 1, turn; 3 sc in first st, sc in next 23 sts	**(26 sc)**
☐ **Row 37**	Ch 1, turn; sc in each st across	**(26 sc)**
☐ **Row 38**	Ch 1, turn; sc3tog, sc in next 23 sts	**(23 sc, 1 sc3tog)**
☐ **Row 39**	Ch 1, turn; sc in next 21 sts, sc3tog	**(21 sc, 1 sc3tog)**
☐ **Row 40**	Ch 1, turn; sc3tog, sc in next 19 sts	**(19 sc, 1 sc3tog)**
☐ **Row 41**	Ch 1, turn; sc2tog, sc in next 15 sts, sc3tog	**(15 sc, 1 sc2tog, 1 sc3tog)**
☐ **Row 42**	Ch 1, turn; sc in each st across	**(17 sc)**
☐ **Row 43**	Ch 1, turn; sc2tog, sc in next 15 sts	**(15 sc, 1 sc2tog)**
☐ **Row 44**	Ch 1, turn; sc2tog, sc in next 12 sts, sc2tog	**(12 sc, 2 sc2tog)**
☐ **Row 45**	Ch 1, turn; sc2tog, sc in next 12 sts	**(12 sc, 1 sc2tog)**
☐ **Row 46**	Ch 1, turn; sc2tog, sc in next 9 sts, sc2tog	**(9 sc, 2 sc2tog)**
☐ **Row 47**	Ch 1, turn; sc3tog, sc in next 5 sts, sc3tog	**(5 sc, 2 sc3tog)**
☐ **End**	Fasten off.	

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Face and edging

Yarn A, charcoal.

Weave in the ends of the front and the lining, and the first end of each inner ear and of the nose.

Lay the front right side up, its upper edge with the ears at the top and row 1 at your left. Lay the small parts on it by these counts and sew each down all round with its long tail, about 18 stitches for an inner ear and 10 for the nose, right side up.

Inner ears: the foundation edge of one lies 17 stitches above the lower edge, its middle on the line between rows 11 and 12; it reaches about 3½ rows to each side of that line. The foundation edge of the other lies 17 stitches above the lower edge, its middle on the line between rows 36 and 37, about 3½ rows to each side of it. The last rows point up into the ears. Keep the foundation edges level and flat.

Nose: its foundation edge lies 7 stitches below the upper edge, its middle on row 24, the middle row of the mask. Its last row points to the lower edge.

Eyes and whiskers: all in backstitch. A place is a hole between two rows: 8/9:10 is the hole between rows 8 and 9 that has 10 stitches between it and the lower edge. For each half of the face cut two lengths of C, one of about 32 in (81 cm) for the eye and one of about 30 in (76 cm) for the whiskers. The eye is sewn with the yarn double: thread its length through the needle to the middle and bring the two ends together. The whiskers are sewn with the yarn single. Leave a tail of 4 in (10 cm) at the back each time.

Half on the left. Eye: from 8/9:12 to 9/10:10 to 11/12:9 to 13/14:9 to 15/16:10 to 16/17:12. Whiskers, two long backstitches each: the upper from 16/17:5 to 12/13:6 to 8/9:7; the middle from 16/17:4 to 11/12:4 to 6/7:3; the lower from 16/17:3 to 12/13:2 to 8/9:1. Carry the yarn from one whisker to the next at the back.

Half on the right, with the second two lengths. Eye: from 39/40:12 to 38/39:10 to 36/37:9 to 34/35:9 to 32/33:10 to 31/32:12. Whiskers: the upper from 31/32:5 to 35/36:6 to 39/40:7; the middle from 31/32:4 to 36/37:4 to 41/42:3; the lower from 31/32:3 to 35/36:2 to 39/40:1. Weave in the ends at the back.

Edging: hold the front and the lining with their wrong sides together, the front facing you and its last row at the top; its first stitch is then at the right. Round 1 goes through both layers: put the hook through the stitch, the row end or the chain of the front and through what lies behind it of the lining. The last row of the front lies on the foundation chain of the lining, so that the ends of row 1 of the one lie on the ends of the last row of the other. The first row ends you come to are those of the upper edge. The 7 chains of the foundation are those that row 1 was worked into.

Hold the piece with the right side facing you and the last row at the top; the first st is the one at the right-hand corner.

☐ **Foundation**	Work around the edge of the piece, right side facing: the 7 sts of the last row, the ends of the 47 rows, the 7 chs of the foundation, the ends of the 47 rows.
☐ **Rnd 1**	Join A with sl st in first st, ch 1, 2 sc in first st, sc in next 5 sts, 2 sc in next st, sc in end of next row, 2 sc in end of next row, sc in end of each of next 5 rows, 2 sc in end of each of next 6 rows, sc in end of next row, 2 sc in end of next row, sc in end of next row, 2 sc in end of next row, sc in end of each of next 13 rows, 2 sc in end of next row, sc in end of next row, 2 sc in end of next row, sc in end of next row, 2 sc in end of each of next 6 rows, sc in end of each of next 5 rows, 2 sc in end of next row, sc in end of next row, 2 sc in next ch, sc in next 5 chs, 2 sc in next ch, sc in end of each of next 47 rows; join with sl st in first sc **(130 sc)**
☐ **End**	Fasten off.

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Strap cover

Yarn B, pink.

☐ **Foundation**	With B, ch 89.	
☐ **Row 1 (RS)**	Sc in 2nd ch from hook and in each ch across	**(88 sc)**
☐ **Rows 2 to 6**	Ch 1, turn; sc in each st across	**(88 sc)**

A box for each row, 2 to 6: tick them off as you go.

2 3 4 5 6

☐ **End**	Fasten off, leaving a tail of about 56 in (142 cm) to sew with.	

Assembly

1. Strap: fold the strap cover in half along its length with the right side out, so that the last row lies on the foundation chain. With the long tail, whip stitch the last row to the foundation chain, stitch to stitch: 88 stitches. Both short ends stay open. Fasten off. Weave in the end that is left at the beginning.

2. Elastic: cut 13 in (33 cm) of elastic and two lengths of B, each about 10 in (25 cm), one for each end of it. Fasten the safety pin to one end and push it through the strap cover. When the other end is level with the open end of the cover, sew through cover and elastic there with 4 stitches. Pull the elastic until its first end is level with the other end of the cover, take off the pin and sew that end in the same way with the second length. The cover now lies in small gathers, about 13 in (33 cm) long. Spread them along the elastic.

3. Lay the mask with the lining up and the upper edge at the top. At one short end is the last row of the lining, 7 stitches; at the other is its foundation chain, 7 chains. Lay one end of the strap over stitches 3, 4 and 5 of the last row, so that it reaches ½ in (1 cm) past that row, in over the lining. The edging is not counted in the ½ in (1.5 cm): from the last row outward the strap lies across the edging and points away from the mask. The seam of the strap is toward the lower edge. Without twisting the strap, lay its second end in the same way over chains 3, 4 and 5 of the foundation, ½ in (1 cm) in from the chain.

4. Cut two lengths of B, each about 18 in (46 cm), one for each end. Sew down the ½ in that lies on the lining: along one long edge of the strap, across its short end, and back along the other long edge, about 10 stitches, through the lining only. Go round once more. Where the strap crosses the edging it is not sewn to it. Weave in all the ends that are left.

Finishing

- All the ends are woven in as you put it together.

In all: 6 pieces; 2,353 stitches (21 in each inner ear, 9 in the nose, 822 in the lining, 822 in the front, 130 in the face and edging, 528 in the strap cover).

Found a mistake in this pattern? Tell us at flossfield.com, under Make a request.

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