One piece swimsuit with cut outs

M, to fit bust 37 in (94 cm) · US terms



Finished size
About 21¼ in (54 cm) at the top across at the bust and about 18¼ in (46.5 cm) at the top across its lower edge
To fit a bust of 37 in (94 cm)

Skill
Intermediate
Basic stitches in rows and rounds, simple shaping, a lace panel

Yarn
Light (3), 2 colors

Hook
4.5 mm (US 7)

Gauge
16 stitches and 18½ rows to 4 in (10 cm)
In single crochet (UK double crochet).

What you need

Yarn A: terracotta, main color **about 525 yd (480 m), an estimate**
Yarn B: cream, contrast **about 250 yd (229 m), an estimate**
By weight: about 310 g in all, an estimate, where 100 g is 250 yd (229 m).

Hook: 4.5 mm (US 7), or the size that gives you the gauge. Also: yarn needle, scissors, tape measure, about 1 yd (0.9 m) of stretch swimsuit lining at least 56 in (142 cm) wide (enough for every size), sewing thread and a sewing needle, pins, about 1¼ yd (1.2 m) of elastic ¾ in (2 cm) wide (enough for every size) and a safety pin.

To find how many balls: divide by the length on your yarn's label and round up. Buy them from one dye lot. The estimate is from the stitches of this size at this gauge.

Sizes

Size	Bust	Yarn, an estimate	Top across at the bust, with the edgings	Top across its lower edge	Top high, with the edgings	Front panel high	Front panel across at its foot and at it	Front panel across at its middle	Around the hips	Side seam, with the waist casing	Front from waist to middle of crotch	Back from waist to middle of crotch	Crotch across, with the edgings	Around each leg opening
XS	29 in (73.5 cm)	about 650 yd (594 m)	17 in (43 cm)	14 in (35.5 cm)	7 in (18 cm)	5½ in (14 cm)	5¾ in (14.5 cm)	2¾ in (7 cm)	31½ in (80 cm)	6 in (15 cm)	12¾ in (32.5 cm)	15 in (38 cm)	4 in (10 cm)	20½ in (52 cm)
S	33 in (84 cm)	about 725 yd (663 m)	19 in (48.5 cm)	16½ in (42 cm)	7¼ in (18.5 cm)	5½ in (14 cm)	5¾ in (14.5 cm)	2¾ in (7 cm)	33½ in (85 cm)	6¼ in (16 cm)	13 in (33 cm)	15¼ in (38.5 cm)	4 in (10 cm)	21¼ in (54 cm)

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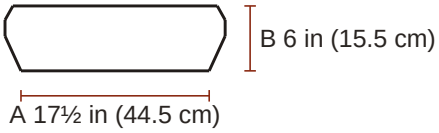
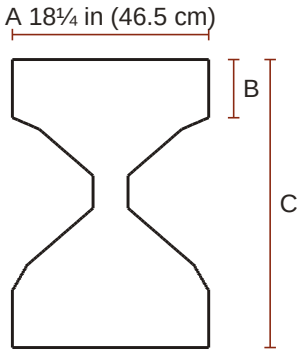
M (this file)	37 in (94 cm)	about 775 yd (709 m)	21¼ in (54 cm)	18¼ in (46.5 cm)	7¼ in (18.5 cm)	5½ in (14 cm)	7½ in (19 cm)	3½ in (9 cm)	36½ in (92.5 cm)	6½ in (16.5 cm)	13½ in (34.5 cm)	15½ in (39.5 cm)	4 in (10 cm)	22¼ in (56.5 cm)
L	41 in (104 cm)	about 850 yd (777 m)	23¾ in (60.5 cm)	20¾ in (52.5 cm)	7¾ in (19.5 cm)	5½ in (14 cm)	7½ in (19 cm)	3½ in (9 cm)	40½ in (103 cm)	6¾ in (17 cm)	13½ in (34.5 cm)	15¾ in (40 cm)	4 in (10 cm)	23½ in (59.5 cm)
1X	45 in (114.5 cm)	about 950 yd (869 m)	25¾ in (65.5 cm)	22¾ in (58 cm)	7¾ in (19.5 cm)	5½ in (14 cm)	7½ in (19 cm)	3½ in (9 cm)	44½ in (113 cm)	7 in (18 cm)	14 in (35.5 cm)	16¼ in (41.5 cm)	4½ in (11.5 cm)	24¾ in (63 cm)
2X	49 in (124.5 cm)	about 1,075 yd (983 m)	28 in (71 cm)	25 in (63.5 cm)	8¼ in (21 cm)	5½ in (14 cm)	9¼ in (23.5 cm)	4¼ in (11 cm)	49½ in (125.5 cm)	7¼ in (18.5 cm)	14½ in (37 cm)	16¾ in (42.5 cm)	4½ in (11.5 cm)	27 in (68.5 cm)
3X	53 in (134.5 cm)	about 1,125 yd (1,029 m)	30½ in (77.5 cm)	27 in (68.5 cm)	8¼ in (21 cm)	5½ in (14 cm)	9¼ in (23.5 cm)	4¼ in (11 cm)	51½ in (131 cm)	7¼ in (18.5 cm)	14¾ in (37.5 cm)	16¾ in (42.5 cm)	4½ in (11.5 cm)	27¾ in (70.5 cm)

Schematic



Band of the top, without the edgings
A across the bottom
B from top to bottom



Bottom
A the top across its lower edge
B 5½ in (14 cm), the front panel high
C 26¾ in (68 cm), from top to bottom

Gauge

16 stitches and 18½ rows to 4 in (10 cm) in single crochet.

> **The swatch.** A test piece to measure and pull out. It is not the start of the pattern. Ch 25; begin in the 2nd ch from the hook and work 28 rows of single crochet on 24 sts, about 6 in (15 cm) wide and 6 in (15 cm) high, and measure 4 in (10 cm) in the middle. Use a larger hook if your swatch is small, a smaller one if it is large. Edgings and casing: a row or a round of single crochet is as high as a row of the fabric. Front panel: 11 rows of fans are about 5 1/8 in (13 cm) high.

Notes

- Women's sizes, by bust, waist and hip.
- Around the hips the bottom is from 2 in (5 cm) to 3 in (7.5 cm) smaller than the body, by the size, and the fabric stretches to it. The bottom is pulled on over the hips: its casing is as wide as the hips of the bottom, and the elastic draws it in at the waist. The band of the top goes a little more than halfway around, and the ties take up the rest. No fit is promised beyond the measurements given.

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- The turning chain (ch 1 for single crochet, ch 2 for double crochet) never counts as a stitch. Work the first stitch of every row into the first stitch, at the base of the turning chain.
- The chain at the start of a round never counts as a stitch. Work the first stitch of the round into the stitch at its base, where the round was joined.
- A decrease counts as one stitch. Left and right are always as worn.
- Fan rows: a fan is worked into the ch-1 space at the middle of the fan below. The fans of the panel grow smaller toward the middle of the panel and larger again above it, so that its two sides curve in and the cut-outs are round. The first dc of a row goes in the first st and the last dc in the last st.
- The top is shaped for a bust that measures 4 in (10 cm) more around than the ribs under it. In each half of the band a line of increases makes room for the cup, and decreases near the top draw the edge in again.
- Lining: when the bottom is worked and before its side seams are sewn, lay it flat with the wrong side up on stretch swimsuit lining, the greater stretch of the lining from side to side, and cut the lining ½ in (1.5 cm) larger all around. Turn ¾ in (2 cm) of it under all around and pin it to the wrong side, so that the fold lies about ¼ in (0.5 cm), which is one st or one row, in from every edge. Where an edge curves inward, snip the part that is turned under so that it lies flat. Sew the fold down with small slanting stitches of sewing thread that do not show on the right side, and stretch the piece a little as you sew. Without a lining the fabric shows what is under it.
- Lining of the top: lay the band of the top flat with the wrong side up, the greater stretch of the lining from end to end, and cut the lining ½ in (1.5 cm) larger all around than the part in yarn A, which is the band without its edgings. Turn ½ in (1.5 cm) of it under all around and pin it to the wrong side, so that the fold lies on all four sides along the line where the edgings in yarn B begin. Sew it down in the same way as the lining of the bottom. The edgings and the front panel are not lined.
- Cotton takes up water: wet, it grows heavier and longer and it dries slowly. A cotton with some elastic in it, whose label says that it is fit for swimwear, keeps its length better. Rinse out salt or chlorine and dry the piece flat, not hanging.
- In back loop only: insert the hook under the loop of the stitch that is farther from you, and leave the nearer loop free.
- Mattress stitch: lay the two edges side by side with the right sides up, and with the needle pick up one strand of an edge stitch on one side and then on the other, drawing the yarn up every few stitches.
- To fit waist 29 in (73.5 cm) and hip 39 in (99 cm).

Instructions

M, to fit bust 37 in (94 cm). US terms.

ch chain, **sl st** slip stitch, **sc** single crochet (UK double crochet), **dc** double crochet (UK treble), **Rnd** round, **st** stitch, **sp** space.

RS right side, the one that shows, **WS** wrong side, the back.

2 sc in next st: both in one stitch. **sc in next 3 sts**: one in each. **ch-1 sp**: the gap under the one chain; the hook goes in the gap.

[ ] 4 times: work what is inside 4 times in all. **( )**: all of it goes into the one place.

(73 sc): the stitches you have when the row is done. **How to read a pattern**.

Special stitches

sc2tog (single crochet 2 stitches together (UK double crochet 2 together)): Insert the hook in the next stitch and pull up a loop, insert the hook in the following stitch and pull up a loop (3 loops on the hook); yarn over and pull through all 3 loops.

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Bottom

Yarn A, terracotta.

☐ **Foundation**	With yarn A, ch 74.	
☐ **Row 1 (RS)**	Sc in 2nd ch from hook and in each ch across	(73 sc)
☐ **Rows 2 to 25**	Ch 1, turn; sc in each st across	(73 sc)
	2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25	
☐ **Rows 26 to 30**	Ch 1, turn; sc2tog twice, sc in each st across to last 4 sts, sc2tog twice	(53 sc)
	26 27 28 29 30	
☐ **Rows 31 to 50**	Ch 1, turn; sc2tog, sc in each st across to last 2 sts, sc2tog	(13 sc)
	31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50	
☐ **Rows 51 to 64**	Ch 1, turn; sc in each st across	(13 sc)
	51 52 53 54 55 56 57 58 59 60 61 62 63 64	
☐ **Rows 65 to 89**	Ch 1, turn; 2 sc in first st, sc in each st across to last st, 2 sc in last st	(63 sc)
	65 66 67 68 69 70 71 72 73 74 75 76 77 78 79 80 81 82 83 84 85 86 87 88 89	
☐ **Row 90**	Ch 1, turn; sc in each st across	(63 sc)
☐ **Rows 91 to 100**	Repeat Rows 89 and 90, 5 more times (65, 67, 69, 71, 73 sc at the ends of the repeats)	(73 sc)
	91 92 93 94 95 96 97 98 99 100	
☐ **Rows 101 to 124**	Ch 1, turn; sc in each st across	(73 sc)
	101 102 103 104 105 106 107 108 109 110 111 112 113 114 115 116 117 118 119 120 121 122 123 124	
☐ **End**	Fasten off. Line the bottom now (see NOTES), while it is flat: the lining as it is cut is about 19¼ in (49 cm) wide and 27¾ in (70.5 cm) long, measured at its widest and at its longest. Then the side seams: fold the bottom at the crotch with the right side outward, so that row 124 lies behind the foundation chain. At each side, with a new length of yarn A of about 16 in (40 cm), sew the ends of rows 1 to 25 to the ends of rows 124 to 100 with mattress stitch, row 1 to row 124, row 2 to row 123 and so on (25 row ends to 25). Rows 26 to 99 stay open for the legs.	

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Edging of the right leg, as worn

Yarn B, cream.

☐ **Foundation**	Hold the bottom with the right side facing and the right leg opening, as worn, uppermost. Join yarn B in the end of row 26, the first row of the front past the side seam; ch 1 and go around the opening: along rows 26 to 30, 2 sc in the end of each of the next 5 rows (10 sc); along rows 31 to 50, [sc in the end of each of the next 3 rows, 2 sc in the end of the next row] 5 times (25 sc); along rows 51 to 64, sc in the end of each of the next 3 rows, skip the end of the next row, sc in the end of each of the next 6 rows, skip the end of the next row, sc in the end of each of the next 3 rows (12 sc); along rows 65 to 99, [sc in the end of each of the next 4 rows, 2 sc in the end of the next row] 7 times (42 sc). There are 89 sc in all; join with sl st in first sc. This is rnd 1.	
☐ **Rnd 2**	Ch 1; sc in each st around; join with sl st in first sc	(89 sc)
☐ **End**	Fasten off.	

Edging of the left leg, as worn

Yarn B, cream.

☐ **Foundation**	Hold the bottom with the right side facing and the left leg opening, as worn, uppermost. Join yarn B in the end of row 99, the first row of the back past the side seam; ch 1 and go around the opening: along rows 65 to 99, met from the last of them, [2 sc in the end of the next row, sc in the end of each of the next 4 rows] 7 times (42 sc); along rows 51 to 64, met from the last of them, sc in the end of each of the next 3 rows, skip the end of the next row, sc in the end of each of the next 6 rows, skip the end of the next row, sc in the end of each of the next 3 rows (12 sc); along rows 31 to 50, met from the last of them, [2 sc in the end of the next row, sc in the end of each of the next 3 rows] 5 times (25 sc); along rows 26 to 30, met from the last of them, 2 sc in the end of each of the next 5 rows (10 sc). There are 89 sc in all; join with sl st in first sc. This is rnd 1.	
☐ **Rnd 2**	Ch 1; sc in each st around; join with sl st in first sc	(89 sc)
☐ **End**	Fasten off.	

Waist casing

Yarn B, cream.

☐ **Foundation**	Hold the bottom with the right side facing and the waist edge uppermost. Join yarn B at the left side seam, as worn, in the first ch of the foundation chain, at the front; ch 1, sc in each of the 73 chs of the foundation chain along their free side, then sc in each of the 73 sts of row 124 (146 sc); join with sl st in first sc. This is rnd 1.	
☐ **Rnds 2 to 5** 2 3 4 5	Ch 1; sc in each st around; join with sl st in first sc	(146 sc)
☐ **Rnd 6**	Ch 1; sc in back loop only of each st around; join with sl st in first sc	(146 sc)
☐ **Rnds 7 to 10** 7 8 9 10	Ch 1; sc in each st around; join with sl st in first sc	(146 sc)
☐ **End**	Fasten off, leaving an end of about 94 in (240 cm) for sewing.	

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Front panel

Yarn B, cream.

☐ **Foundation**	Work this before the casing is turned in. Hold the bottom with the right side facing and the waist casing uppermost. Rnd 6 of the casing was worked in back loops, and the front loops of rnd 5 lie free along its ridge. Join yarn B in the free front loop of st 23 of rnd 5, counted from the left side seam along the front; ch 1, 2 sc in that loop, sc in the free front loop of each of the next 28 sts, to st 51 (30 sc). This is row 1, a right side row. 22 sts of the front are left at each side.
☐ **Row 2 (WS)**	Ch 2, turn; dc in first st, **[**skip next 3 sts, (3 dc, ch 1, 3 dc) in next st, skip next 3 sts**] 4 times**, dc in next st (26 dc, 4 ch-1 sps)
☐ **Row 3**	Ch 2, turn; dc in first st, **[**(3 dc, ch 1, 3 dc) in next ch-1 sp**] 4 times**, dc in last st (26 dc, 4 ch-1 sps)
☐ **Rows 4 to 5** 4 5	Ch 2, turn; dc in first st, **[**(2 dc, ch 1, 2 dc) in next ch-1 sp**] 4 times**, dc in last st (18 dc, 4 ch-1 sps)
☐ **Rows 6 to 8** 6 7 8	Ch 2, turn; dc in first st, **[**(dc, ch 1, dc) in next ch-1 sp**] 4 times**, dc in last st (10 dc, 4 ch-1 sps)
☐ **Rows 9 to 10** 9 10	Ch 2, turn; dc in first st, **[**(2 dc, ch 1, 2 dc) in next ch-1 sp**] 4 times**, dc in last st (18 dc, 4 ch-1 sps)
☐ **Rows 11 to 12** 11 12	Ch 2, turn; dc in first st, **[**(3 dc, ch 1, 3 dc) in next ch-1 sp**] 4 times**, dc in last st (26 dc, 4 ch-1 sps)
☐ **Row 13**	Ch 1, turn; sc in next st, **[**sc in next 3 sts, sc in next ch-1 sp, sc in next 3 sts**] 4 times**, sc in next st (30 sc)
☐ **End**	Fasten off, leaving an end of about 22 in (55 cm) for sewing.

Band of the top

Yarn A, terracotta.

☐ **Foundation**	With yarn A, ch 71.
☐ **Row 1 (RS)**	Sc in 2nd ch from hook and in each ch across (70 sc)
☐ **Rows 2 to 3** 2 3	Ch 1, turn; sc in each st across (70 sc)
☐ **Row 4**	Ch 1, turn; sc in next 19 sts, 2 sc in next st, sc in next 30 sts, 2 sc in next st, sc in next 19 sts (72 sc)
☐ **Row 5**	Ch 1, turn; sc in each st across (72 sc)

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☐ **Row 6**	Ch 1, turn; sc in next 19 sts, 2 sc in next st, sc in next 32 sts, 2 sc in next st, sc in next 19 sts	(74 sc)
☐ **Row 7**	Ch 1, turn; sc in each st across	(74 sc)
☐ **Row 8**	Ch 1, turn; sc in next 19 sts, 2 sc in next st, sc in next 34 sts, 2 sc in next st, sc in next 19 sts	(76 sc)
☐ **Row 9**	Ch 1, turn; sc in each st across	(76 sc)
☐ **Row 10**	Ch 1, turn; sc in next 19 sts, 2 sc in next st, sc in next 36 sts, 2 sc in next st, sc in next 19 sts	(78 sc)
☐ **Row 11**	Ch 1, turn; sc in each st across	(78 sc)
☐ **Row 12**	Ch 1, turn; sc in next 19 sts, 2 sc in next st, sc in next 38 sts, 2 sc in next st, sc in next 19 sts	(80 sc)
☐ **Row 13**	Ch 1, turn; sc in each st across	(80 sc)
☐ **Row 14**	Ch 1, turn; sc in next 19 sts, 2 sc in next st, sc in next 40 sts, 2 sc in next st, sc in next 19 sts	(82 sc)
☐ **Rows 15 to 22** 15 16 17 18 19 20 21 22	Ch 1, turn; sc in each st across	(82 sc)
☐ **Row 23**	Ch 1, turn; sc in next 19 sts, sc2tog, sc in next 40 sts, sc2tog, sc in next 19 sts	(80 sc)
☐ **Row 24**	Ch 1, turn; sc in each st across	(80 sc)
☐ **Row 25**	Ch 1, turn; sc in next 19 sts, sc2tog, sc in next 38 sts, sc2tog, sc in next 19 sts	(78 sc)
☐ **Row 26**	Ch 1, turn; sc in each st across	(78 sc)
☐ **Row 27**	Ch 1, turn; sc in next 19 sts, sc2tog, sc in next 36 sts, sc2tog, sc in next 19 sts	(76 sc)
☐ **Row 28**	Ch 1, turn; sc in each st across	(76 sc)
☐ **End**	Fasten off.	

Lower edging of the top

Yarn B, cream.

☐ **Foundation**	Hold the band of the top with the right side facing and the foundation chain uppermost. Join yarn B in the first ch at the right-hand end of this edge; ch 1, sc in each of the 70 chs of the foundation chain along their free side (70 sc). This is row 1, a right side row.	
☐ **Rows 2 to 3** 2 3	Ch 1, turn; sc in each st across	(70 sc)
☐ **End**	Fasten off.	

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Upper edging of the top

Yarn B, cream.

☐ **Foundation**	Hold the band of the top with the right side facing and row 28 uppermost. Join yarn B in the first st at the right-hand end of this edge; ch 1, then in order: sc in each of the 76 sts of row 28 of the band of the top (76 sc). There are 76 sc in all. This is row 1, a right side row.	
☐ **Rows 2 to 3** 2 3	Ch 1, turn; sc in each st across	(76 sc)
☐ **End**	Fasten off.	

Edging of the right end, as worn

Yarn B, cream.

☐ **Foundation**	Hold the band of the top with the right side facing and its right end, as worn, uppermost: the upper edging is at the right-hand end. Join yarn B in the end of row 3 of the upper edging of the top; ch 1, then in order: along rows 1 to 3 of the upper edging of the top, met from the last of them, sc in the end of each of the next 3 rows (3 sc); along rows 1 to 28 of the band of the top, met from the last of them, sc in the end of each of the next 3 rows, [skip the end of the next row, sc in the end of each of the next 4 rows] 4 times, skip the end of the next row, sc in the end of each of the next 4 rows (23 sc); along rows 1 to 3 of the lower edging of the top, sc in the end of each of the next 3 rows (3 sc). There are 29 sc in all. This is row 1, a right side row.	
☐ **Row 2**	Ch 1, turn; sc in each st across	(29 sc)
☐ **End**	Fasten off.	

Edging of the left end, as worn

Yarn B, cream.

☐ **Foundation**	Hold the band of the top with the right side facing and its left end, as worn, uppermost: the lower edging is at the right-hand end. Join yarn B in the end of row 3 of the lower edging of the top; ch 1, then in order: along rows 1 to 3 of the lower edging of the top, met from the last of them, sc in the end of each of the next 3 rows (3 sc); along rows 1 to 28 of the band of the top, sc in the end of each of the next 4 rows, [skip the end of the next row, sc in the end of each of the next 4 rows] 4 times, skip the end of the next row, sc in the end of each of the next 3 rows (23 sc); along rows 1 to 3 of the upper edging of the top, sc in the end of each of the next 3 rows (3 sc). There are 29 sc in all. This is row 1, a right side row.	
☐ **Row 2**	Ch 1, turn; sc in each st across	(29 sc)
☐ **End**	Fasten off. Line the band of the top now (see NOTES): the lining as it is cut is about 21½ in (54.5 cm) wide and 7 in (18 cm) long, measured at its widest and at its longest.	

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Halter strap: make 2

Yarn B, cream.

☐ **Foundation**	With yarn B, ch 6.	
☐ **Row 1 (RS)**	Sc in 2nd ch from hook and in each ch across	(5 sc)
☐ **Rows 2 to 73**	Ch 1, turn; sc in each st across	(5 sc)

2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29
30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57
58 59 60 61 62 63 64 65 66 67 68 69 70 71 72 73

☐ **End**	Each halter strap comes to about 1¼ in (3.2 cm) wide and 15¾ in (40 cm) long (5 sts, 73 rows). Fasten off, leaving an end of about 10 in (25 cm) for sewing.	

Back tie: make 4

Yarn B, cream.

☐ **Foundation**	With yarn B, ch 111.	
☐ **Row 1**	Sl st in 2nd ch from hook and in each ch across	(110 sl sts)
☐ **End**	Each back tie is about 24 in (61 cm) long (the slip stitches draw the chain in). Fasten off, leaving an end of about 8 in (20 cm) for sewing.	

Assembly

1. Waist: turn rnds 6 to 10 of the casing to the inside along the ridge of rnd 6, and sew the top of rnd 10 to the back of rnd 1, 146 sts to 146 sts, with the end of the casing; leave about 2 in (5 cm) open at the middle of the back. Cut a piece of elastic ¾ in (2 cm) wide and 28 in (71 cm) long, draw it through with a safety pin, lap its two ends 1 in (2.5 cm) and sew them together firmly with sewing thread. Sew the rest of the casing shut. The elastic is 27 in (68.5 cm) around, 2 in (5 cm) less than the waist: try it on before you sew its ends and take it in or let it out as you like.

2. Panel to top: lay the suit flat with the right side up and the front on top, the band of the top above the front panel with its lower edging toward the panel. Sew the 30 sts of row 13 of the panel to the middle 30 sts of row 3 of the lower edging, sts 21 to 50 of its 70 sts, st to st, with the end of the panel.

3. Halter straps: the upper edging has 76 sts. Sew the last row of one strap to the back of row 3 of the upper edging, its 5 sts behind sts 18 to 22, and the last row of the other behind sts 55 to 59, with the ends of the straps. The free ends are knotted behind the neck.

4. Back ties: on the wrong side of each end edging, which has 29 sts, sew one tie behind the 2nd st from its upper end and another tie behind the 2nd st from its lower end, each by the end that has the long yarn end and with that yarn end.

5. To wear it, step into the bottom and draw it up. Bring the top to the front, knot the halter straps behind the neck, and tie the two upper back ties and the two lower back ties in bows behind the back.

Finishing

- Weave in all the ends. Wash as the yarn label says and lay flat to the measurements to dry.

In all: 8 pieces; 12,076 stitches.

Found a mistake in this pattern? Tell us at flossfield.com, under Make a request.

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