Easy hand warmers

Women's, palm 7 to 8½ in (18 to 21.5 cm) round · US terms



Finished size
About 7 in (18 cm) round (28 stitches) and about 7½ in (19 cm) long: 2 in (5 cm) of ribbing and 5½ in (14 cm) of hand. The gap for the thumb is about 2 in (5 cm) long

Skill
Beginner

Yarn
Medium (4), 2 colors

Hook
4 mm (US G-6)

Gauge
16 stitches and 18 rows to 4 in (10 cm)
In single crochet.

You will need

Yarn A: teal, the hands **about 80 yd (73 m), an estimate**
Yarn B: duck egg, the ribbing and the upper edges **about 40 yd (37 m), an estimate**
Hook: 4 mm (US G-6), or the size that gives you the gauge. Also: a yarn needle and scissors.

To find how many balls: divide by the length on your yarn's label and round up. Buy them from one dye lot. The estimate is from the stitches of this size at this gauge.

Sizes

Size	Finished size, about	Yarn, an estimate
Child, 5 to 8 years, palm 6 to 7 in (15 to 18 cm) round	6 in (15 cm) round, 5¾ in (14.5 cm) long	about 85 yd (78 m)
Women's, palm 7 to 8½ in (18 to 21.5 cm) round (this file)	**7 in (18 cm) round, 7½ in (19 cm) long**	**about 120 yd (110 m)**
Men's, palm 8½ to 9½ in (21.5 to 24 cm) round	8½ in (21.5 cm) round, 8½ in (21.5 cm) long	about 165 yd (151 m)

For your own crochet, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Abbreviations

Written in US terms. Where the UK name differs it is given beside the US one.

BLO	back loop only: of the two loops at the top of the stitch, work under the one farther from you
sc	single crochet (UK dc, double crochet)
sl st	slip stitch (UK ss, slip stitch)
dc	double crochet (UK tr, treble)
ch	chain stitch
RS	right side
st	stitch

Gauge

16 stitches and 18 rows to 4 in (10 cm) in single crochet.

In the pattern of sc and dc in turn: 16 stitches and 12½ rows to 4 in (10 cm). When Rows 2 to 5 of the hand piece are done, these four rows are about 1¼ in (3 cm) deep together.

Use any hook that gives you this. If you count more stitches than this in 4 in (10 cm), change to a larger hook; if you count fewer, to a smaller one.

Before you start

- Measure round the palm just above the thumb, without the thumb, and choose the size whose range holds that measure. Round, the finished tube measures as much as the smallest palm of the range, and the fabric stretches to the larger ones.
- Every piece is worked flat in rows and turned after each. The ch 1 at the start of a row does not count as a stitch: the first stitch goes into the first stitch of the row below, and the last into its last. Where a line says end of a row, insert the hook under the two strands that lie along the edge there, once in each row.
- To change color, work the last stitch of the row before the change until its last loops are on the hook, then draw the new color through them. Cut the old color, leaving a tail of 6 in (15 cm), unless it comes back within 2 rows: then let it wait at that edge.
- The figures in brackets at the end of a line are the stitches it has.

Instructions

Chosen: Women's, palm 7 to 8½ in (18 to 21.5 cm) round. Square brackets [ ] hold a repeat: work what is inside as many times as it says. The count in round brackets at the end of a line is what that line leaves. Tick the box when a row is done. In UK terms sc is double crochet, sl st is slip stitch and dc is treble.

Ribbing: make 2

Yarn B, duck egg.

☐ **Foundation**	With B, ch 9, leaving a tail of 10 in (25.5 cm) at the start to sew with.	
☐ **Row 1**	Sc in 2nd ch from hook, sc in each ch across	**(8 sc)**
☐ **Row 2**	Ch 1, turn, sc in BLO of each st across	**(8 sc)**
☐ **Rows 3 to 28**	Repeat row 2. (8 sc)	

A box for each row, 3 to 28: tick them off as you go.

3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28

☐ **End**	Fasten off. The ridges look alike on both sides. The ends of the rows along one long edge are worked into next: take the edge that ends with the tail of the foundation ch to be the lower one, so that this tail can sew the ribbing at the end.

For your own crochet, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Hand piece: make 2

Yarns in order of use: A, teal; B, duck egg.

☐ **Foundation**	Hold the ribbing with its upper edge away from you. With this side facing, which is the right side, join A with a sl st in the first of 28 places, along the upper edge, from its right end to its left end: 28 row ends of the ribbing. Leave a tail of 14 in (35.5 cm) at the start to sew with.	
☐ **Row 1 (RS)**	Sc in same st as the join, sc in end of each of next 27 rows	**(28 sc)**

In the first of the next rows the stitches go into the sc of Row 1. After it each sc goes into a dc and each dc into a sc, because a row ends with a dc and the next one, after the turn, begins with a sc.

☐ **Row 2**	Ch 1, turn, **[**sc in next st, dc in next st**] 14 times**	**(14 sc, 14 dc)**
☐ **Rows 3 to 16**	Repeat row 2. (14 sc, 14 dc)	

A box for each row, 3 to 16: tick them off as you go.

☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☐ 8 ☐ 9 ☐ 10 ☐ 11 ☐ 12 ☐ 13 ☐ 14 ☐ 15 ☐ 16

Upper edge

☐ **Row 17**	With B, ch 1, turn, sc in each st across	**(28 sc)**
☐ **Row 18**	Ch 1, turn, sc in each st across	**(28 sc)**
☐ **End**	Fasten off, leaving a tail of 10 in (25.5 cm) to sew with.	

Finishing

- Ribbing: with the tail of the foundation ch, sew the last row to the foundation ch, 8 stitches to 8 chains, one to one, from the lower edge up.
- Lower part of the hand: with the tail of A at the start of Row 1, sew the ends of Rows 1 to 6 of one side edge to the ends of the same rows of the other, row to row. Fasten off.
- Thumb gap: leave the ends of Rows 7 to 12 open (6 rows).
- Upper part of the hand: with the tail of B, sew the ends of Rows 18 and 17, the two rows of B, downward from the top. Then, with a piece of A 20 in (51 cm) long, sew the ends of Rows 16 to 13 in the same way. Go over the place above and below the gap twice, so that it does not open further.
- Make the two pieces alike, left and right.
- Fold the piece in half with the right side inside, so that its two side edges lie together. The fold is the little finger side and the seam is the thumb side.
- Turn the piece right side out and weave in every tail on the inside.

In all: 2 pieces; 1,456 stitches (224 in each ribbing, 504 in each hand piece).

Found a mistake in this pattern? Tell us at flossfield.com, under Make a request.

For your own crochet, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.