Fair isle yoke sweater, Icelandic style

M, to fit bust 37 in (94 cm) · US terms



Finished size
About 41¼ in (105 cm) at the bust and about 23½ in (59.5 cm) long
To fit a bust of 37 in (94 cm)

Skill
Intermediate
Two yarns in a round, increases spread around, worked in one piece from the neck down

Yarn
Medium (4), 4 colors

Hook
6 mm (US J-10)

Gauge
14 stitches and 17 rows to 4 in (10 cm)
In center single crochet.

What you need

Yarn A: oat	**about 1,175 yd (1,074 m), an estimate**
Yarn B: forest	**about 110 yd (101 m), an estimate**
Yarn C: rust	**about 45 yd (41 m), an estimate**
Yarn D: cream	**about 15 yd (14 m), an estimate**

By weight: about 670 g in all, an estimate, where 100 g is 200 yd (183 m).

Hook: 6 mm (US J-10), or the size that gives you the gauge. Also: yarn needle, scissors and tape measure.

Before you start

- Worked from the neck down in one piece, in rounds. The rounds are joined and not turned; the right side always faces you.
- The chain at the start of a round (ch 1, and ch 2 before double crochet) never counts as a stitch. Work the first stitch of the round into the stitch at the base of that chain, which is the stitch where the round was joined.
- To change the yarn within a round, work the last yarn over of the stitch before with the new yarn. Where the next round begins with another yarn, join the round with a sl st in that yarn and work the ch 1 with it.

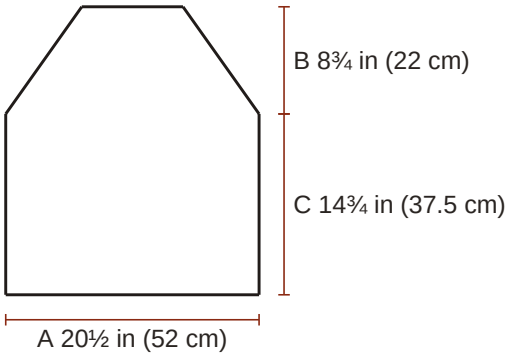
Sizes

Size	To fit bust	Yarn, an estimate	Bust	Length, without the neckband	Yoke depth	Sleeve from the underarm, with the cuff	Upper sleeve	Cuff around	Neck around

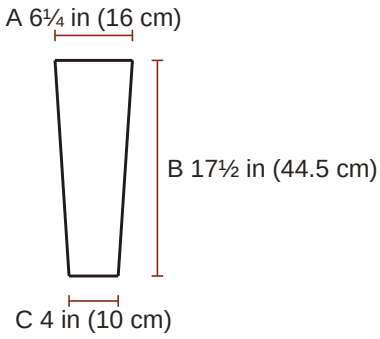
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XS	29 in (73.5 cm)	about 1,145 yd (1,047 m)	33¼ in (84.5 cm)	23 in (58.5 cm)	7¾ in (19.5 cm)	17 in (43 cm)	12 in (30.5 cm)	8 in (20.5 cm)	20 in (51 cm)
S	33 in (84 cm)	about 1,240 yd (1,134 m)	36½ in (92.5 cm)	23¼ in (59 cm)	8¼ in (21 cm)	17½ in (44.5 cm)	12 in (30.5 cm)	8 in (20.5 cm)	20 in (51 cm)
M (this file)	**37 in (94 cm)**	**about 1,345 yd (1,230 m)**	**41¼ in (105 cm)**	**23½ in (59.5 cm)**	**8¾ in (22 cm)**	**17½ in (44.5 cm)**	**12½ in (32 cm)**	**8 in (20.5 cm)**	**20½ in (52 cm)**
L	41 in (104 cm)	about 1,490 yd (1,362 m)	44½ in (113 cm)	23¾ in (60.5 cm)	9¼ in (23.5 cm)	18 in (45.5 cm)	14¼ in (36 cm)	9¼ in (23.5 cm)	20½ in (52 cm)
1X	45 in (114.5 cm)	about 1,625 yd (1,486 m)	49¼ in (125 cm)	24 in (61 cm)	9¾ in (25 cm)	18 in (45.5 cm)	14¾ in (37.5 cm)	9¼ in (23.5 cm)	21¼ in (54 cm)
2X	49 in (124.5 cm)	about 1,780 yd (1,628 m)	52½ in (133.5 cm)	24¼ in (61.5 cm)	10 in (25.5 cm)	18½ in (47 cm)	18¼ in (46.5 cm)	9¼ in (23.5 cm)	21¼ in (54 cm)
3X	53 in (134.5 cm)	about 1,940 yd (1,774 m)	57¼ in (145.5 cm)	24½ in (62 cm)	10½ in (26.5 cm)	18½ in (47 cm)	18¾ in (47.5 cm)	10¼ in (26 cm)	21¾ in (55 cm)

Schematic



Body, laid flat
A the neck around
B the yoke depth
C below the yoke



Sleeve, laid flat
A half the top of the sleeve
B the sleeve
C half the cuff

Gauge

14 stitches and 17 rows to 4 in (10 cm) in center single crochet.

> **The swatch.** A test piece to measure and pull out. It is not the start of the pattern. Swatch, worked in rounds as the sweater is: ch 42; join with sl st in first ch to form a ring, taking care not to twist the chain. Round 1: ch 1, sc in each ch around, join with sl st in first sc (42 sc). Work 21 rounds of csc more (42 csc each round). The tube is about 12 in (30.5 cm) around and 5¼ in (13.5 cm) high. Lay it flat and measure 4 in (10 cm) across one side and in height. Use a larger hook if your swatch is small, a smaller one if it is large. Ribs: rounds of front and back post double crochet, 7.5 rounds to 4 in (10 cm). The rib draws in: it is a little narrower than the piece above it, and stretches.

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Instructions

M, to fit bust 37 in (94 cm). US terms.

ch chain, **sc** single crochet (UK dc), **sl st** slip stitch, **dc** double crochet (UK tr), **st** stitch.
[ ] 12 times: 12 times in all. (84 csc): the round now has 84; a check, not a step. **How to read a pattern**
Every stitch, drawn: flossfield.com/crochet/stitches.

Special stitches

fpdc (front post double crochet (UK front post treble)): Yarn over, insert the hook from the front to the back and to the front again around the post of the stitch named, pull up a loop, [yarn over and pull through 2 loops] twice. The front is the side that faces you. A post stitch takes the place of the stitch it is worked around: do not work into the top of that stitch as well.

bpdc (back post double crochet (UK back post treble)): As fpdc, but insert the hook from the back to the front and to the back again around the post.

csc (center single crochet (UK center double crochet)): A single crochet whose hook goes in through the middle of the stitch below, between its two upright legs and under its top, and not under the top loops; pull up a loop, yarn over and pull through both loops. The stitches look like small Vs that stand one in the other.

csc2tog (center single crochet 2 stitches together (UK center double crochet 2 together)): Insert the hook through the middle of the next stitch and pull up a loop, insert it through the middle of the following stitch and pull up a loop (3 loops on the hook); yarn over and pull through all 3 loops.

Yoke

☐ **Start**	The yoke begins at the neck. Round 1 is worked in single crochet into the chain; all the other rounds are in center single crochet (csc). The rounds begin at the middle of the back. Yarns: rounds 8 to 13 are the first band (yarns A, B and D), rounds 17 to 23 the second band (yarns A, C and D) and rounds 28 to 36 the third band (yarns A, B and D). In these rounds a yarn is named before each group of stitches, and no round has more than two yarns. All the other rounds are in yarn A. With yarn A, ch 72; join with sl st in first ch to form a ring, taking care not to twist the chain.	
☐ **Round 1**	Ch 1; sc in each ch around; join with sl st in first sc	(72 sc)
☐ **Rounds 2 to 3** 2 3	Ch 1; csc in each st around; join with sl st in first csc	(72 csc)
☐ **Round 4**	Ch 1; **[**csc in next 5 sts, 2 csc in next st**] 12 times**; join with sl st in first csc	(84 csc)
☐ **Rounds 5 to 6** 5 6	Ch 1; csc in each st around; join with sl st in first csc	(84 csc)
☐ **Round 7**	Ch 1; csc in next 4 sts, **[**2 csc in next st, csc in next 6 sts**] 11 times**, 2 csc in next st, csc in next 2 sts; join with sl st in first csc	(96 csc)
☐ **Round 8**	Ch 1; **[**with A csc in next 3 sts, with B csc in next st, with A csc in next 2 sts**] 16 times**; join with sl st in first csc	(96 csc)
☐ **Round 9**	Ch 1; **[**with A csc in next 2 sts, with B csc in next 3 sts, with A csc in next st**] 16 times**; join with sl st in first csc	(96 csc)

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☐ **Round 10**	Ch 1; with B csc in next 96 sts; join with sl st in first csc	(96 csc)
☐ **Round 11**	Ch 1; **[**with D csc in next st, with B csc in next 5 sts**] 16 times**; join with sl st in first csc	(96 csc)
☐ **Round 12**	Ch 1; with B csc in next 96 sts; join with sl st in first csc	(96 csc)
☐ **Round 13**	Ch 1; **[**with B csc in next st, with A csc in next 2 sts**] 32 times**; join with sl st in first csc	(96 csc)
☐ **Round 14**	Ch 1; csc in each st around; join with sl st in first csc	(96 csc)
☐ **Round 15**	Ch 1; **[**csc in next 2 sts, 2 csc in next st**] 32 times**; join with sl st in first csc	(128 csc)
☐ **Round 16**	Ch 1; csc in each st around; join with sl st in first csc	(128 csc)
☐ **Round 17**	Ch 1; **[**with A csc in next 4 sts, with C csc in next st, with A csc in next 3 sts**] 16 times**; join with sl st in first csc	(128 csc)
☐ **Round 18**	Ch 1; **[**with A csc in next 3 sts, with C csc in next 3 sts, with A csc in next 2 sts**] 16 times**; join with sl st in first csc	(128 csc)
☐ **Round 19**	Ch 1; **[**with A csc in next 2 sts, with C csc in next 5 sts, with A csc in next st**] 16 times**; join with sl st in first csc	(128 csc)
☐ **Round 20**	Ch 1; with C csc in next 128 sts; join with sl st in first csc	(128 csc)
☐ **Round 21**	Ch 1; **[**with D csc in next st, with C csc in next 3 sts**] 32 times**; join with sl st in first csc	(128 csc)
☐ **Round 22**	Ch 1; with C csc in next 128 sts; join with sl st in first csc	(128 csc)
☐ **Round 23**	Ch 1; **[**with C csc in next st, with A csc in next 3 sts**] 32 times**; join with sl st in first csc	(128 csc)
☐ **Round 24**	Ch 1; csc in each st around; join with sl st in first csc	(128 csc)
☐ **Round 25**	Ch 1; **[**csc in next 3 sts, 2 csc in next st**] 32 times**; join with sl st in first csc	(160 csc)
☐ **Round 26**	Ch 1; csc in each st around; join with sl st in first csc	(160 csc)
☐ **Round 27**	Ch 1; **[**csc in next 4 sts, 2 csc in next st**] 32 times**; join with sl st in first csc	(192 csc)
☐ **Round 28**	Ch 1; **[**with A csc in next 6 sts, with B csc in next st, with A csc in next 5 sts**] 16 times**; join with sl st in first csc	(192 csc)
☐ **Round 29**	Ch 1; **[**with A csc in next 5 sts, with B csc in next 3 sts, with A csc in next 4 sts**] 16 times**; join with sl st in first csc	(192 csc)
☐ **Round 30**	Ch 1; **[**with A csc in next 4 sts, with B csc in next 5 sts, with A csc in next 3 sts**] 16 times**; join with sl st in first csc	(192 csc)

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☐ **Round 31**	Ch 1; **[**with A csc in next 3 sts, with B csc in next 7 sts, with A csc in next 2 sts**] 16 times**; join with sl st in first csc	(192 csc)
☐ **Round 32**	Ch 1; **[**with A csc in next 2 sts, with B csc in next 9 sts, with A csc in next st**] 16 times**; join with sl st in first csc	(192 csc)
☐ **Round 33**	Ch 1; with B csc in next 192 sts; join with sl st in first csc	(192 csc)
☐ **Round 34**	Ch 1; **[**with D csc in next st, with B csc in next 3 sts**] 48 times**; join with sl st in first csc	(192 csc)
☐ **Round 35**	Ch 1; with B csc in next 192 sts; join with sl st in first csc	(192 csc)
☐ **Round 36**	Ch 1; **[**with B csc in next st, with A csc in next 3 sts**] 48 times**; join with sl st in first csc	(192 csc)
☐ **Round 37**	Ch 1; csc in each st around; join with sl st in first csc	(192 csc)
☐	There are 192 sts: 31 for half of the back, 34 for a sleeve, 62 for the front, 34 for the other sleeve and 31 for the other half of the back. Do not fasten off.	

Body

Begin with yarn A, oat.

☐ **Start**	Go on from round 37 of the yoke.	
☐ **Round 38**	Ch 1; csc in next 31 sts, ch 10 for the underarm, skip the next 34 sts, one sleeve, csc in next 62 sts, ch 10 for the underarm, skip the next 34 sts, one sleeve, csc in next 31 sts; join with sl st in first csc	(124 csc, 20 ch)
☐ **Rounds 39 to 86**	Ch 1; csc in each st around; join with sl st in first csc	(144 csc)

39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66
67 68 69 70 71 72 73 74 75 76 77 78 79 80 81 82 83 84 85 86

☐ **Round 87**	Ch 1; **[**with B csc in next st, with A csc in next 3 sts**] 36 times**; join with sl st in first csc	(144 csc)
☐ **Round 88**	Ch 1; csc in each st around; join with sl st in first csc	(144 csc)
☐ **Round 89**	Ch 2; dc in each st around; join with sl st in first dc	(144 dc)
☐ **Rounds 90 to 93**	Ch 2; **[**fpdc around next st, bpdc around next st**] 72 times**; join with sl st in first fpdc	(72 fpdcs, 72 bpdcs)

90 91 92 93

☐	Round 87 is a line of seeds in yarns B and A; all the other rounds of the body are in yarn A. Fasten off.	

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Sleeve: make 2

☐ **Start**	Neck up, right side facing: join yarn A in the free side of the underarm chain just left of the middle, 8 in (20 cm) hanging; ch 1, csc in that ch and in each of the next 4 underarm chs, csc in each of the 34 sleeve sts and csc in each of the 5 underarm chs left (44 csc); join with sl st in first csc. This is round 1.	
☐ **Rounds 2 to 4**	Ch 1; csc in each st around; join with sl st in first csc	(44 csc)
☐ **Round 5**	Ch 1; csc2tog, csc in each st around to last 2 sts, csc2tog; join with sl st in first csc2tog	(42 csc)
☐ **Rounds 6 to 11**	Ch 1; csc in each st around; join with sl st in first csc	(42 csc)
☐ **Rounds 12 to 60**	Repeat Rounds 5 to 11, 7 more times (40, 38, 36, 34, 32, 30, 28 csc at the ends of the repeats)	(28 csc)
☐ **Round 61**	Ch 1; csc in each st around; join with sl st in first csc	(28 csc)
☐ **Round 62**	Ch 1; **[**with B csc in next st, with A csc in next 3 sts**] 7 times**; join with sl st in first csc	(28 csc)
☐ **Round 63**	Ch 1; csc in each st around; join with sl st in first csc	(28 csc)
☐ **Round 64**	Ch 2; dc in each st around; join with sl st in first dc	(28 dc)
☐ **Rounds 65 to 68**	Ch 2; **[**fpdc around next st, bpdc around next st**] 14 times**; join with sl st in first fpdc	(14 fpdcs, 14 bpdcs)
☐	Round 62 is a line of seeds in yarns B and A, as on the body. The sleeve is about 17½ in (44.5 cm) long from the underarm. Fasten off.	

2 3 4 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 65 66 67 68

Neckband

Yarn A, oat.

☐ **Start**	With the right side facing and the foundation chain uppermost, join yarn A in the ch under the first sc of round 1, at the middle of the back; ch 2, dc in each ch around, along its free side (72 dc); join with sl st in first dc. This is round 1.	
☐ **Rounds 2 to 3**	Ch 2; **[**fpdc around next st, bpdc around next st**] 36 times**; join with sl st in first fpdc	(36 fpdcs, 36 bpdcs)
☐	The neckband is about 1¾ in (4.5 cm) high. Fasten off.	

2 3

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Putting it together

Underarms: close any small gaps at the two ends of the underarms with the yarn ends there.

Finishing

- Weave in all the ends. Wash as the yarn label says and lay flat to the measurements to dry.

To find how many balls: divide by the length on your yarn's label and round up. Buy them from one dye lot. The estimate is from the stitches of this size at this gauge.

Notes

- The finished bust is from 3½ in (9 cm) to 4¼ in (11 cm) wider than the body measurement, by the size. Choose by the finished measurement you like; no fit is promised beyond the measurements given.
- Work csc loosely: pull each loop up as high as the stitch beside it, so that the hook finds the middle of the stitch in the next round. A chain has no middle: in the round after the underarm chs are made, work one csc into each ch with the hook under its upper loop, and from the next round on through the middle of the stitch again. In round 1 of a sleeve work under the loops of the underarm chs that are still free.
- Two yarns in a round: work over the yarn that is not in use. Lay it along the back of the stitches of the round below, behind the hook, so that each stitch closes over it, and pull it straight after every group of stitches, but not tight. In a round of one yarn nothing is worked over; a yarn that is needed again in the same band waits on the inside at the join and is carried loosely up. Cut a yarn when its band or its line of seeds is done, with an end of about 6 in (15 cm); yarn A is never cut.
- An increase is 2 csc in the same stitch, both through its middle. A decrease (csc2tog) counts as one stitch.
- For the ribs, work around the post (the upright part) of the stitch below, not into its top. In the round of double crochet before a rib the hook goes under both top loops of the stitch.

Found a mistake in this pattern? Tell us at flossfield.com, under Make a request.

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