Slip-ons with flip flop soles

Women's medium, foot · US terms



Finished size
About 1¼ in (3 cm) high and 2 in (5 cm) high and 19½ in (49.5 cm) round
To fit a foot of 9½ in (24 cm)

Skill
Intermediate

Yarn
Medium (4), 2 colors

Hook
4 mm (US G-6)

Gauge
16 stitches and 18 rounds to 4 in (10 cm)
In single crochet.

You will need

Yarn A: oatmeal, the blanket stitch, the sides and the toe **about 75 yd (69 m), an estimate**

Yarn B: rust, the stripes and the edge **about 65 yd (59 m), an estimate**

Hook: 4 mm (US G-6), or the size that gives you the gauge. Also: an awl, a pen, a measuring tape, a pin, a stitch marker, a yarn needle, scissors and a pair of flip flops with foam soles about 10 in (25.5 cm) long, about 3½ in (9 cm) wide and at least ½ in (1.5 cm) thick.

To find how many balls: divide by the length on your yarn's label and round up. Buy them from one dye lot. The estimate is from the stitches of this size at this gauge.

Sizes

Size	Foot	Finished size, about	Yarn, an estimate
Kids' small	7 in (18 cm)	1¼ in (3 cm) high, 2 in (5 cm) high	about 105 yd (96 m)
Kids' large	8 in (20.5 cm)	1¼ in (3 cm) high, 2 in (5 cm) high	about 115 yd (105 m)
Women's small	9 in (23 cm)	1¼ in (3 cm) high, 2 in (5 cm) high	about 135 yd (123 m)
Women's medium (this file)	**9½ in (24 cm)**	**1¼ in (3 cm) high, 2 in (5 cm) high**	**about 140 yd (128 m)**
Women's large	10 in (25.5 cm)	1¼ in (3 cm) high, 2 in (5 cm) high	about 150 yd (137 m)

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Abbreviations

Written in US terms. Where the UK name differs it is given beside the US one.

BLO	back loop only: of the two loops at the top of the stitch, work under the one farther from you
sl st	slip stitch (UK ss, slip stitch)
sc	single crochet (UK dc, double crochet)
ch	chain stitch
RS	right side
Rnd	round
st	stitch
dc	double crochet (UK tr, treble)

Special stitches

dc2tog (Double crochet 2 together (UK tr2tog)): Yarn over, insert the hook in the next st, draw up a loop, yarn over, draw through 2 loops; do the same in the st after it; yarn over and draw through all 3 loops on the hook. It makes 1 st of 2.

blanket stitch: A sewing stitch over an edge, worked with the yarn needle; how it goes is told under Soles.

Gauge

16 stitches and 18 rounds to 4 in (10 cm) in single crochet.

In Rnd 3, 16 stitches measure about 4 in (10 cm).

Use any hook that gives you this. If you count more stitches than this in 4 in (10 cm), change to a larger hook; if you count fewer, to a smaller one.

Before you start

- Choose flip flops about ½ in (1.5 cm) longer than the foot and the size of this pattern that is nearest to the length of their soles. The number of holes is what counts: if your soles are a little longer or shorter, make the same number and space them evenly.
- The sides are worked from the sole up in one spiral: the rounds are not joined. The right side is the outside and always faces you in the rounds; the toe is worked in rows, and there the work is turned at the end of every row. The ch 1 at the start of a row does not count as a stitch: the first sc goes into the first st.
- To change color, work the last stitch before the change until its last loops are on the hook, then draw the new color through them. A color that rests for 4 rounds or fewer can wait on the inside and be drawn up again; cut one that rests longer, leaving a tail of 6 in (15 cm).
- A smooth cotton yarn wears best. The crochet stays above the ground and the bought sole keeps its own grip.
- The figures in brackets at the end of a line are the stitches it has.
- A crocheted sole slips on a smooth floor: wear the slippers on carpet, or sew bought soles under them.

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Instructions

Chosen: Women's medium, foot. Square brackets [ ] hold a repeat: work what is inside as many times as it says. The count in round brackets at the end of a line is what that line leaves. Tick the box when a round is done. In UK terms sl st is slip stitch and sc is double crochet.

Shoe: make 2

Yarns in order of use: A, oatmeal; B, rust.

Soles: Cut the straps of the flip flops off close to the soles and pull the plugs out from underneath.

On top of each sole draw a line all the way round, ¼ in (0.5 cm) in from the edge. Mark the middle of the heel on this line. Measure round the line from there and mark the middle of the toe, halfway round. Between these two marks make 21 more marks on each side, evenly spaced: 44 marks in all, about ½ in (1.5 cm) apart.

At each mark push the awl in from the top, slanting outward, so that it comes out in the side of the sole, halfway between the top and the ground. A needle can then go in at the side and come out on the line.

Blanket stitch: thread the yarn needle with 3 yd (3 m) of A. Hold a sole with its top up and its heel toward you. Push the needle in at the side of the heel hole and out on top, leaving a tail of 8 in (20.5 cm) at the side. Work to the left round the sole, hole by hole: *lay the yarn on the top of the sole in a curve that passes round the far side of the next hole and comes down over the edge beyond it, and hold it there with your thumb. Push the needle in at the side of that hole and out on top, so that it comes up inside the curve. Draw the yarn tight over the curve: it now lies on the line from the hole before to this hole and goes from here over the edge to the side. Repeat from * in every hole; the last one is the heel hole, which gets its leg now. No stitch follows there that would hold the curve, so tie it down: take the needle over the curve to the left, under the first bar (the one that runs from the heel hole to the hole on its left) and back, over the curve again, down through the heel hole to the side, and draw tight. The yarn now lies over the last curve and round the first bar and holds both. Tie it to the tail at the side. Thread both ends together, push the needle in at the side of the heel hole and out on top, and pull until the knot slips into the hole. Both tails now lie on the top of the sole, toward its middle, and are woven in at the end. Do the same on the second sole.

There is now a leg of yarn over the edge at each hole, and on top a bar of yarn from each hole to the next: 44 bars.

☐ **Foundation**	Hold a sole with its top up and its heel toward you, and join A with a sl st in the first of 44 places, one bar for each hole: 44 holes of the sole. The first is the bar to the left of the heel hole; go on to the left. Insert the hook under the bar, from the edge toward the middle of the sole, not into the foam. In Rnd 1 each bar counts as a st.	

Sides

☐ **Rnd 1 (RS)**	2 sc in same st as the join, 2 sc in each of next 43 sts	**(88 sc)**

Put a marker in the first stitch of Rnd 2 and move it up every round.

☐ **Rnd 2**	Sc in each st around	**(88 sc)**
☐ **Rnd 3**	With B, sc in each st around	**(88 sc)**
☐ **Rnd 4**	With A, sc in each st around	**(88 sc)**
☐ **Rnd 5**	With B, sc in each st around	**(88 sc)**
☐ **Rnd 6**	Sc in each st around	**(88 sc)**
☐ **End**	Sl st in the next st to level the edge. Fasten off. This sl st is not a stitch of the round: work through it and the stitch under it as one.	

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Toe: make 2

Yarn A, oatmeal.

☐ **Foundation**	With the outside of the shoe facing, join A with a sl st in the first of 38 places, stitches 26 to 63 of Rnd 6: 38 stitches of the shoe. They lie over the toe end of the sole. Counted from the heel, 25 stitches of Rnd 6 stay free before them and 25 after them. Before you join the yarn: find the middle of the toe: it lies straight above the hole at the toe mark of the sole, hole 22 to the left of the heel hole, where the first 44 stitches of Rnd 1 end. Hold the measuring tape upright at this hole and mark with a pin the place between two stitches of Rnd 6 that is straight above it. Count the stitches of Rnd 6 from its first stitch to the pin. With 44 stitches, work as it is printed. A spiral leans a little: for every stitch more than 44, begin the toe, and later the edge, 1 stitch later.	
☐ **Row 1 (RS)**	Sc in same st as the join, sc in next 37 sts	**(38 sc)**
☐ **Row 2**	Ch 1, turn, sc in next 15 sts, **[**dc2tog**] 4 times**, sc in next 15 sts	**(30 sc, 4 dc)**
☐ **Row 3**	Ch 1, turn, sc in next 13 sts, **[**dc2tog**] 4 times**, sc in next 13 sts	**(26 sc, 4 dc)**
☐ **Row 4**	Ch 1, turn, sc in next 11 sts, **[**dc2tog**] 4 times**, sc in next 11 sts	**(22 sc, 4 dc)**
☐ **Row 5**	Ch 1, turn, sc in next 9 sts, **[**dc2tog**] 4 times**, sc in next 9 sts	**(18 sc, 4 dc)**
☐ **Row 6**	Ch 1, turn, sc in next 7 sts, **[**dc2tog**] 4 times**, sc in next 7 sts	**(14 sc, 4 dc)**
☐ **Row 7**	Ch 1, turn, sc in next 6 sts, **[**dc2tog**] 3 times**, sc in next 6 sts	**(12 sc, 3 dc)**
☐ **Row 8**	Ch 1, turn, sc in next 4 sts, **[**dc2tog**] 3 times**, sc in next 5 sts	**(9 sc, 3 dc)**
☐ **End**	Fasten off.	

Edge: make 2

Yarn B, rust.

☐ **Foundation**	With the outside of the shoe facing, join B with a sl st in the first of 78 places, beginning at the middle of the heel: 25 stitches of the shoe, then 8 row ends of the toe, then 12 stitches of the toe, then 8 row ends of the toe, then 25 stitches of the shoe. The first is the first stitch of Rnd 6, to the left of the heel. Go along the side to the toe, up the side of the toe, across its last row, down its other side and back to the heel. The edge is worked in a spiral.	
☐ **Rnd 1**	Sc in same st as the join, sc in next 24 sts, sc in end of each of next 8 rows, sc in next 12 sts, sc in end of each of next 8 rows, sc in next 25 sts	**(78 sc)**

The next 2 rounds go into the back loops only, so that each leaves a ridge on the outside. Put a marker in the first stitch of each round.

☐ **Rnd 2**	Sc in BLO of each st around	**(78 sc)**
☐ **Rnd 3**	Sc in BLO of each st around	**(78 sc)**
☐ **End**	Sl st in the next st to level the edge. Fasten off.	

Finishing

- Make the second shoe the same on the other sole. The two are alike.
- Weave in the tails of the blanket stitch, which lie on the top of the sole, under the bars on each side of the heel, and every tail of the shoe on the inside.

In all: 4 pieces; 1,914 stitches (528 in each shoe, 195 in each toe, 234 in each edge).

Found a mistake in this pattern? Tell us at flossfield.com, under Make a request.

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