Foot cast toe cover

Medium · US terms



Finished size
About 6¾ × 7¼ in (17 × 18 cm)
About 13½ in (34.5 cm) round and 7¼ in (18.5 cm) from the toe to the edge of the band. To fit a cast 13 in (33 cm) to 14½ in (37 cm) round just behind the toes

Skill
Easy
It is single crochet in joined rounds from the toe, with a band of post stitch ribbing and a round of eyelets.

Yarn
Medium (4), 4 colors

Hook
4.5 mm (US 7)

Gauge
16 stitches and 18 rounds to 4 in (10 cm)
In single crochet.

You will need

Yarn A: teal, the ribbed band	**about 45 yd (41 m), an estimate**
Yarn B: mustard, the toe and a stripe	**about 50 yd (46 m), an estimate**
Yarn C: coral, a stripe and the drawstring	**about 20 yd (18 m), an estimate**
Yarn D: cream, the narrow stripes	**about 25 yd (23 m), an estimate**

Fiber: soft acrylic or wool

Hook: 4.5 mm (US 7), or the size that gives you the gauge. Also: a safety pin, a yarn needle and scissors.

To find how many balls: divide by the length on your yarn's label and round up. Buy them from one dye lot. The estimate is from the stitches of this size at this gauge, with 30 percent added.

Sizes

Size	Fits	Finished size, about	Yarn, an estimate
Small	a cast 11½ in (29 cm) to 13 in (33 cm) round just behind the toes	6 × 6¾ in (15 × 17 cm)	about 130 yd (119 m)
Medium (this file)	**a cast 13 in (33 cm) to 14½ in (37 cm) round just behind the toes**	**6¾ × 7¼ in (17 × 18 cm)**	**about 140 yd (128 m)**
Large	a cast 14½ in (37 cm) to 16 in (40.5 cm) round just behind the toes	7½ × 7½ in (19 × 19 cm)	about 165 yd (151 m)
Extra large	a cast 16 in (40.5 cm) to 17½ in (44.5 cm) round just behind the toes	8¼ × 7¾ in (21 × 20 cm)	about 180 yd (165 m)

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Abbreviations

Written in US terms. Where the UK name differs it is given beside the US one.

ch	chain stitch
sl st	slip stitch (UK ss, slip stitch)
sc	single crochet (UK dc, double crochet)
hdc	half double crochet (UK htr, half treble)
FPhdc	front post half double crochet (UK front post half treble)
BPhdc	back post half double crochet (UK back post half treble)
MR	magic ring
st	stitch
sp	space
sk	skip (UK miss)
rnd	round
RS	right side

Gauge

16 stitches and 18 rounds to 4 in (10 cm) in single crochet.

16 stitches and 13 rounds to 4 in (10 cm) in half double crochet and in the ribbing, worked in the round. Measure the ribbing lightly stretched.

The pattern also stops you to measure after round 28.

The swatch. A test piece to measure and pull out. It is not the start of the pattern. Lay it flat and count the stitches over 4 in (10 cm) in its middle. There should be 16 stitches; rows worked back and forth are not quite as tall as rounds, so go by the stitches. If you count more stitches than that, change to a larger hook; if you count fewer, change to a smaller hook. The swatch can be pulled out and its yarn used again.

Swatch foundation	Ch 25.	
Swatch row 1 (RS)	Sc in 2nd ch from hook and in each ch across	**(24 sc)**
Swatch rows 2 to 27	Ch 1, turn; sc in each st across	**(24 sc)**

Before you start

- Begin with a magic ring: wind the yarn once round two fingers, put the hook through the ring and draw up a loop. Work round 1 into the ring, then pull the tail to draw the ring closed.
- Each round is joined with a slip stitch in its first stitch. The chain at the start of a round does not count as a stitch; work the first stitch of the round into the stitch the round before was joined in. In the ribbed rounds the first stitch is worked around the post of that stitch.
- The right side, the outside, faces you in every round.
- FPhdc and BPhdc, front and back post half double crochet: work a half double crochet around the post of the stitch below instead of into its top. For FPhdc put the hook in from the front to the back at the right of the post and out to the front again at its left; for BPhdc, in from the back to the front at the right of the post and out to the back at its left. If you work with your left hand, read left for right. In the first ribbed round the posts are those of half double crochet; from then on a front post stitch goes around a front post stitch and a back post stitch around a back post stitch.
- In the round of eyelets each chain 1 is worked above a back post stitch, which is passed over.
- To change color where a joined round begins, draw the new yarn through as the last yarn over of the slip stitch that ends the round before. Cut the old yarn at each change, leaving a tail of 6 in (15 cm).

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- Measure round the cast just behind the open toes, over its thickest place there. The fabric stretches by about a tenth and the band a little more. At the limit between two sizes take the larger one for swollen toes. To see how far the cover will reach, measure from the toes back along the top of the cast.
- For a longer cover work 9 more rounds of B in the last stripe of B; they add about 2 in (5 cm) and take about 39 yd (36 m) of B in the extra large size, and the numbers of all the rounds after them go up by 9.
- The band and the drawstring lie loosely and must not press: the cord only keeps the cover from slipping off. The cover is for sitting and lying down. It is slippery on a floor, so take it off before you stand or walk. Put it on and take it off with the person awake and the cast dry.
- Colors of the cover, round by round. Rounds 1 to 14: B. Rounds 15 to 16: D. Rounds 17 to 20: C. Rounds 21 to 22: D. Rounds 23 to 26: B. Rounds 27 to 28: D. Rounds 29 to 36: A.

Instructions

Chosen: Medium. Square brackets [ ] hold a repeat: work what is inside as many times as it says. The count in round brackets at the end of a line is what that line leaves. Tick the box when a round is done. In UK terms sl st is slip stitch, sc is double crochet, hdc is half treble, FPhdc is front post half treble, BPhdc is back post half treble and sk is miss.

Yarns in order of use: B, mustard; D, cream; C, coral; A, teal.

☐ **Foundation**	Make a magic ring.	
Toe		
☐ **Rnd 1 (RS)**	Ch 1, 6 sc in MR, sl st in first sc to join	**(6 sc)**
☐ **Rnd 2**	Ch 1, 2 sc in each st around, sl st in first sc to join	**(12 sc)**
☐ **Rnd 3**	Ch 1, **[**2 sc in next st, sc in next st**] 6 times**, sl st in first sc to join	**(18 sc)**
☐ **Rnd 4**	Ch 1, **[**sc in next 2 sts, 2 sc in next st**] 6 times**, sl st in first sc to join	**(24 sc)**
☐ **Rnd 5**	Ch 1, sc in next st, 2 sc in next st, **[**sc in next 3 sts, 2 sc in next st**] 5 times**, sc in next 2 sts, sl st in first sc to join	**(30 sc)**
☐ **Rnd 6**	Ch 1, sc in each st around, sl st in first sc to join	**(30 sc)**
☐ **Rnd 7**	Ch 1, **[**sc in next 4 sts, 2 sc in next st**] 6 times**, sl st in first sc to join	**(36 sc)**
☐ **Rnd 8**	Ch 1, sc in each st around, sl st in first sc to join	**(36 sc)**
☐ **Rnd 9**	Ch 1, sc in next 2 sts, 2 sc in next st, **[**sc in next 5 sts, 2 sc in next st**] 5 times**, sc in next 3 sts, sl st in first sc to join	**(42 sc)**
☐ **Rnd 10**	Ch 1, sc in each st around, sl st in first sc to join	**(42 sc)**
☐ **Rnd 11**	Ch 1, **[**sc in next 6 sts, 2 sc in next st**] 6 times**, sl st in first sc to join	**(48 sc)**
☐ **Rnd 12**	Ch 1, sc in each st around, sl st in first sc to join	**(48 sc)**
☐ **Rnd 13**	Ch 1, sc in next 3 sts, 2 sc in next st, **[**sc in next 7 sts, 2 sc in next st**] 5 times**, sc in next 4 sts, sl st in first sc to join	**(54 sc)**
☐ **Rnd 14**	Ch 1, sc in each st around, sl st in first sc to join	**(54 sc)**
Stripes		
☐ **Rnd 15**	With D, ch 1, sc in each st around, sl st in first sc to join	**(54 sc)**
☐ **Rnd 16**	Ch 1, sc in each st around, sl st in first sc to join	**(54 sc)**
☐ **Rnd 17**	With C, ch 1, sc in each st around, sl st in first sc to join	**(54 sc)**

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☐ **Rnds 18 to 20**	Ch 1, sc in each st around, sl st in first sc to join	**(54 sc)**

A box for each round, 18 to 20: tick them off as you go.

18 19 20

☐ **Rnd 21**	With D, ch 1, sc in each st around, sl st in first sc to join	**(54 sc)**
☐ **Rnd 22**	Ch 1, sc in each st around, sl st in first sc to join	**(54 sc)**
☐ **Rnd 23**	With B, ch 1, sc in each st around, sl st in first sc to join	**(54 sc)**
☐ **Rnds 24 to 26**	Ch 1, sc in each st around, sl st in first sc to join	**(54 sc)**

A box for each round, 24 to 26: tick them off as you go.

24 25 26

☐ **Rnd 27**	With D, ch 1, sc in each st around, sl st in first sc to join	**(54 sc)**
☐ **Rnd 28**	Ch 1, sc in each st around, sl st in first sc to join	**(54 sc)**

> **Stop and measure now, after round 28.** The cover should be about 13½ in (34.5 cm) round, which is 6¾ in (17 cm) across when it is laid flat.

Ribbed band

☐ **Rnd 29**	With A, ch 2, hdc in each st around, sl st in first hdc to join	**(54 hdc)**
☐ **Rnds 30 to 34**	Ch 2, **[**FPhdc around next 2 sts, BPhdc around next st**] 18 times**, sl st in first FPhdc to join	**(36 FPhdc, 18 BPhdc)**

A box for each round, 30 to 34: tick them off as you go.

30 31 32 33 34

☐ **Rnd 35**	Ch 1, **[**sc in next 2 sts, ch 1, sk next st**] 18 times**, sl st in first sc to join	**(36 sc, 18 ch-1 sps)**
☐ **Rnd 36**	Ch 1, **[**sc in next 2 sts, sc in next ch-1 sp**] 18 times**, sl st in first sc to join	**(54 sc)**
☐ **End**	Fasten off, leaving a tail of 6 in (15 cm).	

Assembly

1. Weave in all the tails on the inside, the starting tail of the magic ring round the middle of the toe.

2. The drawstring. With C, leaving a tail of 4 in (10 cm), ch 148, about 29½ in (75 cm) long, and fasten off with a tail of 4 in (10 cm). Knot each end close to the last chain and trim the tails to ½ in (1.5 cm).

3. Find the top of the foot. The joins of the rounds run along the sole. Round 35 has 18 eyelets, the ch-1 spaces. Number them from the join, in the direction you worked: eyelets 9 and 10 are the two at the top, one on each side of its middle.

4. Put a safety pin in one end of the cord. Go in from the outside through eyelet 10 and out through eyelet 11, and so on, in and out by turns, over the join and all the way round, in the direction you worked; the last eyelet is number 9, where the cord comes out. Draw the two ends even. Take off the pin.

5. To put the cover on, loosen the drawstring, stretch the ribbed band with both hands and draw it over the toes and the edge of the cast, the two ends of the cord on top, until the band lies on the cast. Draw the cord just close enough to hold, and tie it in a bow.

Finishing

- Weave in on the inside all the tails that are left.

In all: 36 rounds; 1,650 stitches.

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