Gladiator sandals

Women's medium, foot 9½ in (24 cm) · US terms



Finished size

The double sole is about 10 in (25.5 cm) long and about 3½ in (9 cm) wide, with its edge; the first strap is 6 in (15 cm) long (24 stitches), the fourth 7½ in (19 cm) long (30 stitches); the upper ankle strap is 11 in (28 cm) long (44 stitches) before its ends are folded; the heel piece stands 5¾ in (14.5 cm) high (23 stitches)

To fit a foot of 9½ in (24 cm)

Skill

Intermediate

Yarn

Medium (4), 3 colors

Hook

4 mm (US G-6)

Gauge

16 stitches and 18 rounds to 4 in (10 cm)

In single crochet (UK double crochet).

What you need

Yarn A: russet chestnut, the straps, the spine and the heel piece	**about 160 yd (146 m), an estimate**
Yarn B: warm sand, the soles, the edge and the laces	**about 160 yd (146 m), an estimate**
Yarn C: brass gold, the studs	**about 10 yd (9 m), an estimate**

By weight: about 170 g in all, an estimate, where 100 g is 200 yd (183 m).

Hook: 4 mm (US G-6), or the size that gives you the gauge. Also: a stitch marker, pins, a yarn needle, scissors and a soft cotton cord about ¼ in (0.5 cm) thick, two pieces each about 26½ in (67.5 cm) long.

To find how many balls: divide by the length on your yarn's label and round up. Buy them from one dye lot. The estimate is from the stitches of this size at this gauge.

Sizes

Size	Foot	Finished size, about	Yarn, an estimate
Women's small	9 in (23 cm)	9½ in (24 cm) long, 3½ in (9 cm) wide	about 320 yd (293 m)
Women's medium (this file)	**9½ in (24 cm)**	**10 in (25.5 cm) long, 3½ in (9 cm) wide**	**about 330 yd (302 m)**
Women's large	10 in (25.5 cm)	10½ in (26.5 cm) long, 4 in (10 cm) wide	about 360 yd (329 m)

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Women's extra large	10½ in (26.5 cm)	11 in (28 cm) long, 4 in (10 cm) wide	about 375 yd (343 m)

Gauge

16 stitches and 18 rounds to 4 in (10 cm) in single crochet.

After the last round of a sole, it is about 9½ in (24 cm) long and about 3 in (7.5 cm) wide.

Use any hook that gives you this. If you count more stitches than this in 4 in (10 cm), change to a larger hook; if you count fewer, to a smaller one.

Notes

- Measure the foot from the back of the heel to the tip of the longest toe and choose the size with the nearest foot length; halfway between two sizes, take the larger.
- The pattern makes a pair; left and right are alike but for the place of three studs. Four soles are worked, two for each sandal.
- The straps, the spine and the heel piece are worked in rows, and the work is turned at the end of every row. The ch 1 at the start of a row does not count as a stitch: the first sc goes into the first st.
- Each yarn is joined anew where a part begins; no color is changed inside a part.
- A smooth, firm cotton holds the straps in shape. A crocheted sole slips on smooth floors and is for dry days: sew thin leather or rubber soles under the sandals for wear outdoors.
- The figures in brackets at the end of a line are the stitches it has.

Instructions

Women's medium, foot 9½ in (24 cm). US terms.

ch chain, **sl st** slip stitch, **sc** single crochet (UK double crochet), **Rnd** round, **st** stitch.
RS right side, the one that shows.
2 sc in next st: both in one stitch. **sc in next 25 sts**: one in each.
(58 sc): the stitches you have when the round is done. **How to read a pattern**.

Special stitches

nub: Raised knot (UK the same), worked into one chain: [yarn over, insert the hook in the ch, yarn over and draw up a loop about 3/8 in (1 cm) long] 5 times in the same ch, yarn over and draw through all 11 loops on the hook.

Sole: make 4

Yarn B, warm sand.

☐ **Foundation**	With B, ch 28.	
	The sole is worked in a spiral: the rounds are not joined. Put a marker in the first stitch of each round and move it up every round.	
☐ **Rnd 1 (RS)**	2 sc in 2nd ch from hook, sc in next 25 chs, 4 sc in last ch, working along the other side of the foundation ch, sc in next 25 chs, 2 sc in last ch	(58 sc)
☐ **Rnd 2**	Sc in next st, 2 sc in next st, sc in next 25 sts, 2 sc in next st, sc in next 2 sts, 2 sc in next st, sc in next 25 sts, 2 sc in next st, sc in next st	(62 sc)

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☐ **Rnd 3**	2 sc in next st, sc in next st, 2 sc in next st, sc in next 25 sts, 2 sc in next st, sc in next st, 2 sc in each of next 2 sts, sc in next st, 2 sc in next st, sc in next 25 sts, 2 sc in next st, sc in next st, 2 sc in next st	(70 sc)
☐ **Rnd 4**	Sc in next 2 sts, 2 sc in next st, sc in next 29 sts, 2 sc in next st, sc in next 4 sts, 2 sc in next st, sc in next 29 sts, 2 sc in next st, sc in next 2 sts	(74 sc)
☐ **Rnd 5**	Sc in next st, 2 sc in next st, sc in next 2 sts, 2 sc in next st, sc in next 27 sts, 2 sc in next st, sc in next 2 sts, 2 sc in next st, sc in next 2 sts, 2 sc in next st, sc in next 2 sts, 2 sc in next st, sc in next 27 sts, 2 sc in next st, sc in next 2 sts, 2 sc in next st, sc in next st	(82 sc)
☐ **Rnd 6**	Sc in next 3 sts, 2 sc in next st, sc in next 33 sts, 2 sc in next st, sc in next 6 sts, 2 sc in next st, sc in next 33 sts, 2 sc in next st, sc in next 3 sts	(86 sc)
☐ **Rnd 7**	Sc in next st, 2 sc in next st, sc in next 4 sts, 2 sc in next st, sc in next 29 sts, 2 sc in next st, sc in next 4 sts, 2 sc in next st, sc in next 2 sts, 2 sc in next st, sc in next 4 sts, 2 sc in next st, sc in next 29 sts, 2 sc in next st, sc in next 4 sts, 2 sc in next st, sc in next st	(94 sc)
☐ **End**	The sole, laid flat, is now about 9½ in (24 cm) long and about 3 in (7.5 cm) wide. The middle of the heel lies between the last stitch and the first stitch of Rnd 7, the middle of the toe between stitches 47 and 48. Sl st in the next st to level the edge. Fasten off.	

Edge: make 2

Yarn B, warm sand.

☐ **Foundation**	Weave in the tails of the soles on their wrong sides. Lay two soles one on the other with the wrong sides inside, heel to heel, so that the first stitch of Rnd 7 of each lies against the last stitch of Rnd 7 of the other. With the right side of one sole facing you, join B with a sl st in the first stitch of Rnd 7 of that sole; the edge is worked into the 94 stitches of that round. Every stitch of the edge goes through both loops of both soles. The sl st that leveled the edge of a sole is not a stitch: work through it and the stitch under it as one.	

The edge is worked over the cotton cord: lay the cord along the edge of the soles, on top of the stitches, and work every sc through both soles and round the cord, so that it lies inside the stitches. The side that faces you is the top of the sandal.

☐ **Rnd 1 (RS)**	Sc in same st as the join, sc in next 93 sts, sl st in first sc to join	(94 sc)
☐ **End**	Before the last stitches trim the two ends of the cord so that they meet. Fasten off. The middle of the heel lies before the first stitch of the edge, and the middle of the toe between stitches 47 and 48. Hide the tails of the edge on the underside.	

First strap: make 2

Yarn A, russet chestnut.

☐ **Foundation**	With A, ch 25, leaving a tail of 18 in (45.5 cm) at the start to sew with.	
☐ **Row 1 (RS)**	Sc in 2nd ch from hook, sc in each ch across	(24 sc)
☐ **Row 2**	Ch 1, turn, sc in each st across	(24 sc)
☐ **Row 3**	Ch 1, turn, sc in each st across	(24 sc)

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☐ **Row 4**	Ch 1, turn, sc in each st across	(24 sc)
☐ **End**	Fasten off, leaving a tail of 18 in (45.5 cm) to sew with. There is a tail at each short end.	

Second strap: make 2

Yarn A, russet chestnut.

☐ **Foundation**	With A, ch 27, leaving a tail of 18 in (45.5 cm) at the start to sew with.	
☐ **Row 1 (RS)**	Sc in 2nd ch from hook, sc in each ch across	(26 sc)
☐ **Row 2**	Ch 1, turn, sc in each st across	(26 sc)
☐ **Row 3**	Ch 1, turn, sc in each st across	(26 sc)
☐ **Row 4**	Ch 1, turn, sc in each st across	(26 sc)
☐ **End**	Fasten off, leaving a tail of 18 in (45.5 cm) to sew with. There is a tail at each short end.	

Third strap: make 2

Yarn A, russet chestnut.

☐ **Foundation**	With A, ch 29, leaving a tail of 18 in (45.5 cm) at the start to sew with.	
☐ **Row 1 (RS)**	Sc in 2nd ch from hook, sc in each ch across	(28 sc)
☐ **Row 2**	Ch 1, turn, sc in each st across	(28 sc)
☐ **Row 3**	Ch 1, turn, sc in each st across	(28 sc)
☐ **Row 4**	Ch 1, turn, sc in each st across	(28 sc)
☐ **End**	Fasten off, leaving a tail of 18 in (45.5 cm) to sew with. There is a tail at each short end.	

Fourth strap: make 2

Yarn A, russet chestnut.

☐ **Foundation**	With A, ch 31, leaving a tail of 18 in (45.5 cm) at the start to sew with.	
☐ **Row 1 (RS)**	Sc in 2nd ch from hook, sc in each ch across	(30 sc)
☐ **Row 2**	Ch 1, turn, sc in each st across	(30 sc)
☐ **Row 3**	Ch 1, turn, sc in each st across	(30 sc)
☐ **Row 4**	Ch 1, turn, sc in each st across	(30 sc)
☐ **End**	Fasten off, leaving a tail of 18 in (45.5 cm) to sew with. There is a tail at each short end.	

Lower ankle strap: make 2

Yarn A, russet chestnut.

☐ **Foundation**	With A, ch 41, leaving a tail of 18 in (45.5 cm) at the start to sew with.	
☐ **Row 1 (RS)**	Sc in 2nd ch from hook, sc in each ch across	(40 sc)
☐ **Row 2**	Ch 1, turn, sc in each st across	(40 sc)
☐ **Row 3**	Ch 1, turn, sc in each st across	(40 sc)

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☐ **Row 4**	Ch 1, turn, sc in each st across	(40 sc)
☐ **End**	Fasten off, leaving a tail of 18 in (45.5 cm) to sew with. There is a tail at each short end.	

Middle ankle strap: make 2

Yarn A, russet chestnut.

☐ **Foundation**	With A, ch 43, leaving a tail of 18 in (45.5 cm) at the start to sew with.	
☐ **Row 1 (RS)**	Sc in 2nd ch from hook, sc in each ch across	(42 sc)
☐ **Row 2**	Ch 1, turn, sc in each st across	(42 sc)
☐ **Row 3**	Ch 1, turn, sc in each st across	(42 sc)
☐ **Row 4**	Ch 1, turn, sc in each st across	(42 sc)
☐ **End**	Fasten off, leaving a tail of 18 in (45.5 cm) to sew with. There is a tail at each short end.	

Upper ankle strap: make 2

Yarn A, russet chestnut.

☐ **Foundation**	With A, ch 45, leaving a tail of 18 in (45.5 cm) at the start to sew with.	
☐ **Row 1 (RS)**	Sc in 2nd ch from hook, sc in each ch across	(44 sc)
☐ **Row 2**	Ch 1, turn, sc in each st across	(44 sc)
☐ **Row 3**	Ch 1, turn, sc in each st across	(44 sc)
☐ **Row 4**	Ch 1, turn, sc in each st across	(44 sc)
☐ **End**	Fasten off, leaving a tail of 18 in (45.5 cm) to sew with. There is a tail at each short end.	

Spine: make 2

Yarn A, russet chestnut.

☐ **Foundation**	With A, ch 52, leaving a tail of 12 in (30.5 cm) at the start to sew with.	
☐ **Row 1 (RS)**	Sc in 2nd ch from hook, sc in each ch across	(51 sc)
☐ **Row 2**	Ch 1, turn, sc in each st across	(51 sc)
☐ **End**	Fasten off, leaving a tail of 54 in (137 cm) to sew with. There is a tail at each short end. The short end with the longer tail is the toe end of the spine; the other is its upper end.	

Heel piece: make 2

Yarn A, russet chestnut.

☐ **Foundation**	With A, ch 24.	
☐ **Row 1 (RS)**	Sc in 2nd ch from hook, sc in each ch across	(23 sc)
☐ **Row 2**	Ch 1, turn, sc in each st across	(23 sc)
☐ **Row 3**	Ch 1, turn, sc in each st across	(23 sc)

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☐ **Row 4**	Ch 1, turn, sc in each st across	(23 sc)
☐ **End**	Fasten off, leaving a tail of 30 in (76 cm) to sew with. It hangs at the lower end of the heel piece. Hide the other tail, at the upper end.	

Lace: make 2

Yarn B, warm sand.

☐ **Foundation**	With B, make a slip knot.	
☐ **Row 1**	Ch 210	(210 ch)
☐ **End**	Fasten off and weave both tails back into the chain.	

Stud: make 14

Yarn C, brass gold.

☐ **Foundation**	With C, ch 2, leaving a tail of 6 in (15 cm) at the start to sew with.	
☐ **Row 1**	Nub in 2nd ch from hook	(1 nub)
☐ **End**	Ch 1 to close the nub, and fasten off, leaving a tail of 6 in (15 cm).	

Finishing

- Count the stitches of the edge from the middle of the heel, in the direction in which it was worked: its first stitch is 1, its last stitch is 94. The four foot straps go over the sole from side to side, right side up: the first strap, at the toe, from stitches 38 to 41 to stitches 54 to 57; the second strap from stitches 32 to 35 to stitches 60 to 63; the third strap from stitches 25 to 28 to stitches 67 to 70; the fourth strap from stitches 18 to 21 to stitches 74 to 77.
- Heel piece: sew its lower end in the same way at the heel, beside stitches 93, 94, 1 and 2 of the edge, with its right side against the edge. It stands straight up behind the heel.
- Spine: lay it right side up along the middle of the four foot straps, with its toe end toward the toe. Fold the last 4 stitches of the toe end round the front edge of the first strap to the wrong side of that strap, and with the long tail sew the short end of the spine down there. Count the stitches of the spine from this fold, the 4 folded stitches left out, and pin each strap under the spine: the first strap under stitches 1 to 4, with its front edge in the fold, the second under stitches 7 to 10, the third under stitches 15 to 18, the fourth under stitches 22 to 25; a strap is 4 rows wide and takes up about 3 stitches and a half. Then bring the needle up and sew one long edge of the spine to the top of each strap where they cross, passing the needle along the wrong side of the spine from strap to strap. At the fourth strap cross to the other long edge on the wrong side and sew it in the same way, strap by strap, back to the first strap; fasten off there on the wrong side. The last 22 stitches of the spine, behind the fourth strap, are free: they stand up in front of the ankle, behind the lace.
- Ankle straps: fold the last 5 stitches of each short end of the three ankle straps to the wrong side and, with the tail there, sew the short end down across the wrong side, so that the fold makes a short tunnel for the lace. Then lay the middle of each strap across the right side of the heel piece, right side out: the lower ankle strap over its stitches 7 to 10, the middle one over its stitches 13 to 16, the upper one over its stitches 19 to 22, counted from the lower end of the heel piece; each strap is 4 rows wide and covers about 3 stitches and a half. The two halves of a strap are equally long. Each of the two tails of a strap sews one of its long edges to the heel piece: run the tail through the backs of the stitches on the wrong side of the strap as far as the heel piece, and sew that edge down where it crosses.

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- How a short end is sewn: it is 4 rows wide, one row to a stitch of the edge. Stand it on the top of the sole, close inside the edge, with its right side against the edge. With the tail there take 1 stitch beside each of the 4 stitches: from the right side through the strip just above its short end, down through both soles, and up again between the edge and the strip. Go along a second time, back to the first corner, and fasten off on the wrong side of the strip. Sew the other short end across the sole in the same way with its own tail. The strap stands up in an arch between them.
- Loop at the top of the spine: fold the last 5 stitches of its upper end to the wrong side and, with the tail there, sew the short end down across the wrong side of the spine, so that the fold makes a loop.
- Studs: each sandal has 7. Thread both tails of a stud, take them through to the wrong side 1 stitch apart, knot them there and weave them in. Sew one to the middle of the spine on each of the four foot straps, and one to each ankle strap, on the outer side of the sandal, which is its left side on the left sandal and its right side on the right sandal as you look from the heel to the toe: 8 stitches from the fold at its end and between its 2nd and its 3rd row.
- Lace: the folded ends of the ankle straps are short upright tunnels. Lay the middle of a lace across the front of the spine, just below the lower ankle strap. On each side take the end up through the tunnel of the lower ankle strap, from below to above. Cross the two ends over the spine, and take each up through the tunnel of the middle ankle strap on the other side; cross them again, and take each up through the tunnel of the upper ankle strap on the other side. Take both ends through the loop at the top of the spine, one from each side, and tie them in a bow in front.
- Weave in the tails that are left on the wrong side.

In all: 38 pieces.

Found a mistake in this pattern? Tell us at flossfield.com, under Make a request.

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