Men's herringbone cowl

Medium · US terms



Finished size
About 24 in (61 cm) around by 7¼ in (18 cm) deep
To fit a head of 22 to 23½ in (56 to 60 cm)

Skill
Easy
One special stitch, a yarn carried up the side, and one seam

Yarn
Medium (4), 2 colors

Hook
5 mm (US H-8)

Gauge
14 stitches and 12 rows to 4 in (10 cm)
In herringbone half double crochet.

You will need

Yarn A: charcoal, main **about 85 yd (78 m), an estimate**
Yarn B: heather gray, stripe **about 70 yd (64 m), an estimate**
Hook: 5 mm (US H-8), or the size that gives you the gauge. Also: a yarn needle, scissors and a tape measure.

To find how many balls: divide by the length on your yarn's label and round up. Buy them from one dye lot. The estimate is from the stitches of this size at this gauge, with 15 percent added.

Sizes

Size	Head	Finished size, about	Yarn, an estimate
Medium (this file)	**a head of 22 to 23½ in (56 to 60 cm)**	**24 in (61 cm) around, 7¼ in (18 cm) deep**	**about 155 yd (142 m)**
Large	a head of 23½ to 25 in (60 to 64 cm)	25¾ in (65 cm) around, 7¼ in (18 cm) deep	about 165 yd (151 m)
Extra large	a head of 25 to 26½ in (64 to 67 cm)	27½ in (70 cm) around, 8¾ in (22 cm) deep	about 210 yd (192 m)

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Abbreviations

Written in US terms. Where the UK name differs it is given beside the US one.

ch	chain stitch
RS	right side
st	stitch
yo	yarn over (UK yrh, yarn round hook)

Special stitches

hhdc (Herringbone half double crochet): Yo, insert hook in the place named, yo, pull the new loop through it and straight on through the first loop on the hook (2 loops are left), yo, pull through both loops. In UK terms: herringbone half treble. It leaves 1 stitch for the next row.

Gauge

14 stitches and 12 rows to 4 in (10 cm) in herringbone half double crochet.

Check it on the cowl itself, laid flat and not stretched, when 8 rows are done: 35 stitches are about 10 in (25 cm) wide and the 8 rows about 2¾ in (7 cm) tall. If they measure more, start again with a smaller hook; if they measure less, with a larger one.

Before you start

- The ch 1 at the start of a row does not count as a stitch. The first stitch of a row goes into the first st, at the edge where you turned.
- Row 1 is the right side.
- The strip is worked the long way: each row runs once round the neck, and the stripes lie level.
- The slanting strand of a herringbone half double crochet leans one way on odd-numbered rows and the other way on even-numbered rows. Two rows together make the herringbone.
- To change yarn, work the last yarn over of the last stitch of the row before with the new yarn. Do not cut the old yarn: leave it hanging at the edge, and bring it loosely up the side when its turn comes two rows later. After the last stripe of B cut B.
- Begin A and B with a tail of about 6 in (15 cm), and leave the same when you cut B and when you fasten off A.
- When a ball runs out, join the next at the end of a row: work the last yarn over of the last stitch with the new yarn, and leave a tail of about 6 in (15 cm) on both.
- The cowl is pulled on over the head and does not stretch much. Measure around the head over the ears and choose the size whose range it falls in; a head that is right between two sizes takes the larger.

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Instructions

Chosen: Medium. The count in round brackets at the end of a line is what that line leaves. Tick the box when a row is done. In UK terms yo is yarn round hook.

Yarns in order of use: A, charcoal; B, heather gray.

☐ **Foundation**	With A, ch 85.	
☐ **Row 1 (RS)**	Hhdc in 2nd ch from hook and in each ch across	**(84 hhdcs)**
☐ **Row 2**	Ch 1, turn; hhdc in each st across	**(84 hhdcs)**
☐ **Row 3**	With B, ch 1, turn; hhdc in each st across	**(84 hhdcs)**
☐ **Row 4**	Ch 1, turn; hhdc in each st across	**(84 hhdcs)**
☐ **Row 5**	With A, ch 1, turn; hhdc in each st across	**(84 hhdcs)**
☐ **Rows 6 to 22**	Repeat rows 2 to 5 in order, over and over. The last row, row 22, is worked as row 2. (84 hhdcs)	

A box for each row, 6 to 22: tick them off as you go.

☐ 6 ☐ 7 ☐ 8 ☐ 9 ☐ 10 ☐ 11 ☐ 12 ☐ 13 ☐ 14 ☐ 15 ☐ 16 ☐ 17 ☐ 18 ☐ 19 ☐ 20 ☐ 21 ☐ 22

☐ **End** Fasten off.

Assembly

1. Weave in all the ends on the wrong side.

2. Lay the strip flat, right side down. Fold its two short ends toward each other, over the top, until they meet edge to edge, not one over the other, with the foundation chain of one end against the foundation chain of the other. The strip is not twisted, and at the join the right side now faces you.

3. Flat seam: with a length of A about 34 in (86 cm) long on the yarn needle, begin at the foundation chain, with a tail of about 6 in (15 cm). Pass the needle under two strands at the end of row 1 on one edge, then under two strands at the end of row 1 on the other edge; go on in the same way from row to row, taking each row end twice, first in its lower half and then in its upper half: 44 stitches on each edge. After every few stitches draw the yarn up until the two edges just meet. The yarns carried up the side lie along one of the two edges: sew over them. The stripes meet stripe to stripe. Fasten off on the wrong side and weave in the two ends.

Finishing

- All the ends are woven in as you put it together.

In all: 22 rows.

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