Long arm warmers

Women's medium, palm 7½ in (19 cm) round · US terms



Finished size

About 7½ in (19 cm) round the palm and 9¼ in (23.5 cm) long: a cuff of 1½ in (4 cm) and an arm and hand of 7¾ in (19.5 cm)

To fit a palm of 7½ in (19 cm)

Skill

Intermediate

Yarn

Medium (4), 3 colors

Hook

4 mm (US G-6)

Gauge

16 stitches and 18 rounds to 4 in (10 cm)

In single crochet.

You will need

Yarn A: plum, main color	**about 45 yd (41 m), an estimate**
Yarn B: black, contrast	**about 95 yd (87 m), an estimate**
Yarn C: violet, contrast	**about 35 yd (32 m), an estimate**

Hook: 4 mm (US G-6), or the size that gives you the gauge. Also: a stitch marker, a yarn needle and scissors.

To find how many balls: divide by the length on your yarn's label and round up. Buy them from one dye lot. The estimate is from the stitches of this size at this gauge.

Sizes

Size	Palm	Finished size, about	Yarn, an estimate
Women's small	7 in (18 cm)	7 in (18 cm) round, 9 in (23 cm) long	about 155 yd (142 m)
Women's medium (this file)	**7½ in (19 cm)**	**7½ in (19 cm) round, 9¼ in (23.5 cm) long**	**about 175 yd (160 m)**
Women's large	8 in (20.5 cm)	8 in (20.5 cm) round, 9¼ in (23.5 cm) long	about 185 yd (169 m)

For your own crochet, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Abbreviations

Written in US terms. Where the UK name differs it is given beside the US one.

sl st	slip stitch (UK ss, slip stitch)
dc	double crochet (UK tr, treble)
sc	single crochet (UK dc, double crochet)
ch	chain stitch
RS	right side
Rnd	round
st	stitch
sp	space
sk	skip

Special stitches

FPdc (Front post double crochet (UK raised treble at the front)): Yarn over, insert the hook from the front to the back and to the front again round the post (the upright part) of the st, yarn over and draw up a loop, [yarn over, draw through 2 loops] 2 times. Leave the top of that st unworked. It leaves 1 FPdc for the next round.

BPdc (Back post double crochet (UK raised treble at the back)): Yarn over, insert the hook from the back to the front and to the back again round the post of the st, yarn over and draw up a loop, [yarn over, draw through 2 loops] 2 times. Leave the top of that st unworked. It leaves 1 BPdc for the next round.

Gauge

16 stitches and 18 rounds to 4 in (10 cm) in single crochet.

After Rnd 7, when there are 30 stitches, the piece is about 7½ in (19 cm) round.

Use any hook that gives you this. If you count more stitches than this in 4 in (10 cm), change to a larger hook; if you count fewer, to a smaller one.

Before you start

- Measure round the palm just above the thumb, without the thumb, and choose the size nearest to it.
- The pattern makes a pair. It is worked from the cuff up.
- In a joined round, the ch at the start does not count as a stitch: the first stitch goes into the stitch the ch stands on (a post stitch goes round its post), and the sl st that closes the round goes into the top of that first stitch.
- In a spiral the rounds are not joined: put a marker in the first stitch of each round and move it up every round.
- The right side faces you in every round.
- To change color, work the last stitch before the change until its last loops are on the hook, then draw the new color through them. A color that rests for 4 rounds or fewer can wait on the inside and be drawn up again; cut one that rests longer, leaving a tail of 6 in (15 cm). After a joined round, draw the new color through with the sl st that closes it.
- The figures in brackets at the end of a line are the stitches it has.

For your own crochet, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Instructions

Chosen: Women's medium, palm 7½ in (19 cm) round. Square brackets [ ] hold a repeat: work what is inside as many times as it says. The count in round brackets at the end of a line is what that line leaves. Tick the box when a round is done. In UK terms sl st is slip stitch, dc is treble and sc is double crochet.

Warmer: make 2

Yarns in order of use: B, black; A, plum; C, violet.

☐ **Foundation**	With B, ch 30, taking care not to twist it, and sl st in the first ch to make a ring.	

Cuff

☐ **Rnd 1**	Ch 2, dc in each ch around, sl st in first dc to join	**(30 dc)**
☐ **Rnd 2**	Ch 2, **[**FPdc around next st, BPdc around next st**] 15 times**, sl st in first FPdc to join	**(15 FPdc, 15 BPdc)**
☐ **Rnd 3**	Ch 2, **[**FPdc around next st, BPdc around next st**] 15 times**, sl st in first FPdc to join	**(15 FPdc, 15 BPdc)**
☐ **Rnd 4**	Ch 2, **[**FPdc around next st, BPdc around next st**] 15 times**, sl st in first FPdc to join	**(15 FPdc, 15 BPdc)**

From here the piece is worked in a spiral: the first stitch of the next round goes into the first stitch of the last one.

Hand

☐ **Rnd 5**	With A, sc in each st around	**(30 sc)**
☐ **Rnd 6**	Sc in each st around	**(30 sc)**
☐ **Rnd 7**	With B, sc in each st around	**(30 sc)**
☐ **Rnd 8**	Sc in each st around	**(30 sc)**
☐ **Rnd 9**	With C, sc in each st around	**(30 sc)**
☐ **Rnd 10**	Sc in each st around	**(30 sc)**
☐ **Rnd 11**	With B, sc in each st around	**(30 sc)**
☐ **Rnd 12**	Sc in each st around	**(30 sc)**
☐ **Rnd 13**	With A, sc in each st around	**(30 sc)**
☐ **Rnd 14**	Sc in each st around	**(30 sc)**
☐ **Rnd 15**	With B, sc in each st around	**(30 sc)**
☐ **Rnd 16**	Sc in each st around	**(30 sc)**
☐ **Rnd 17**	With C, sc in each st around	**(30 sc)**
☐ **Rnd 18**	Sc in each st around	**(30 sc)**
☐ **Rnd 19**	With B, sc in each st around	**(30 sc)**
☐ **Rnd 20**	Sc in each st around	**(30 sc)**
☐ **Rnd 21**	With A, sc in each st around	**(30 sc)**
☐ **Rnd 22**	Sc in each st around	**(30 sc)**

For your own crochet, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

☐ **Rnd 23**	With B, sc in each st around	**(30 sc)**
☐ **Rnd 24**	Sc in each st around	**(30 sc)**
☐ **Rnd 25**	With C, sc in each st around	**(30 sc)**
☐ **Rnd 26**	Sc in each st around	**(30 sc)**
☐ **Rnd 27**	With B, sc in each st around	**(30 sc)**

The next round leaves the thumb opening.

☐ **Rnd 28**	Ch 6, sk next 6 sts, sc in next 24 sts	**(1 ch-6 sp, 24 sc)**
☐ **Rnd 29**	With A, sc in next 6 chs, sc in next 24 sts	**(30 sc)**
☐ **Rnd 30**	Sc in each st around	**(30 sc)**
☐ **Rnd 31**	With B, sc in each st around	**(30 sc)**
☐ **Rnd 32**	Sc in each st around	**(30 sc)**
☐ **Rnd 33**	With C, sc in each st around	**(30 sc)**
☐ **Rnd 34**	Sc in each st around	**(30 sc)**
☐ **Rnd 35**	With B, sc in each st around	**(30 sc)**
☐ **Rnd 36**	Sc in each st around	**(30 sc)**
☐ **Rnd 37**	With A, sc in each st around	**(30 sc)**
☐ **Rnd 38**	Sc in each st around	**(30 sc)**
☐ **Rnd 39**	With B, sc in each st around	**(30 sc)**
☐ **End**	Sl st in the next st to level the edge. Fasten off.	

Thumb: make 2

Yarn A, plum.

☐ **Foundation**	With the right side facing, join A with a sl st in the first of the 6 stitches left for the thumb, leaving a tail of 8 in (20.5 cm). The thumb is worked in a spiral.

In the next round the last 6 stitches go into the free edge of the 6 chains over the opening.

☐ **Rnd 1 (RS)**	Sc in same st as the join, sc in next 5 sts, sc in next 6 chs	**(12 sc)**
☐ **Rnd 2**	Sc in each st around	**(12 sc)**
☐ **End**	Sl st in the next st to level the edge. Fasten off.	

Finishing

- Make the second piece the same; left and right are alike.
- If there is a small gap where the thumb joins the hand, close it with the tail left there.
- Weave in every tail on the inside.

In all: 2 pieces.

Found a mistake in this pattern? Tell us at flossfield.com, under Make a request.

For your own crochet, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.