Poncho with long sleeves

M, to fit bust 37 in (94 cm) · US terms



Finished size
About 64½ in (164 cm) round the body and about 26½ in (67.5 cm) long
To fit a bust of 37 in (94 cm)

Skill
Easy
Moss stitch, a square neck, simple sleeves, seams and ribs in rounds

Yarn
Medium (4), 2 colors

Hook
5.5 mm (US I-9)

Gauge
13 stitches and 15 rows to 4 in (10 cm)
In moss stitch.

What you need

Yarn A: pearl gray **about 1,200 yd (1,097 m), an estimate**
Yarn B: cream **about 250 yd (229 m), an estimate**

By weight: about 730 g in all, an estimate, where 100 g is 200 yd (183 m).

Hook: 5.5 mm (US I-9), or the size that gives you the gauge. Also: yarn needle, scissors, tape measure and stitch markers.

Sizes

Size	Bust	Yarn, an estimate	Around the body	Length, with the hem edging	Armhole depth	Sleeve from the side edge, with the cuff	Upper edge of the sleeve	Sleeve above the cuff	Neck across	Neck	Turtleneck, folded
S	33 in (84 cm)	about 1,350 yd (1,234 m)	61 in (155 cm)	25¾ in (65.5 cm)	5¾ in (14.5 cm)	14½ in (37 cm)	11¾ in (30 cm)	8 in (20.5 cm)	9 in (23 cm)	22¼ in (56.5 cm)	4 in (10 cm)
M (this file)	**37 in (94 cm)**	**about 1,450 yd (1,326 m)**	**64½ in (164 cm)**	**26½ in (67.5 cm)**	**6¼ in (16 cm)**	**14½ in (37 cm)**	**12¼ in (31 cm)**	**8 in (20.5 cm)**	**9½ in (24 cm)**	**23½ in (59.5 cm)**	**4 in (10 cm)**
L	41 in (104 cm)	about 1,525 yd (1,394 m)	68¼ in (173.5 cm)	27 in (68.5 cm)	6½ in (16.5 cm)	14½ in (37 cm)	13 in (33 cm)	8½ in (21.5 cm)	9 in (23 cm)	22¼ in (56.5 cm)	4 in (10 cm)
1X	45 in (114.5 cm)	about 1,650 yd (1,509 m)	72 in (183 cm)	27½ in (70 cm)	7½ in (19 cm)	14½ in (37 cm)	14¾ in (37.5 cm)	9¼ in (23.5 cm)	9½ in (24 cm)	23½ in (59.5 cm)	4 in (10 cm)
2X	49 in (124.5 cm)	about 1,750 yd (1,600 m)	75¾ in (192.5 cm)	28 in (71 cm)	8¼ in (21 cm)	14½ in (37 cm)	16½ in (42 cm)	9¼ in (23.5 cm)	10¼ in (26 cm)	24½ in (62 cm)	4 in (10 cm)

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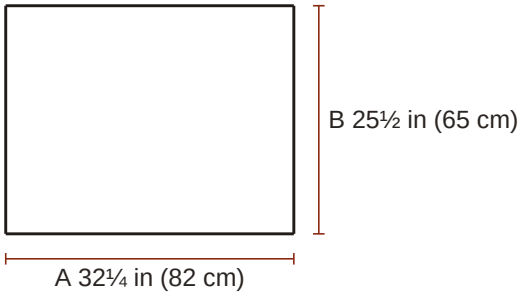
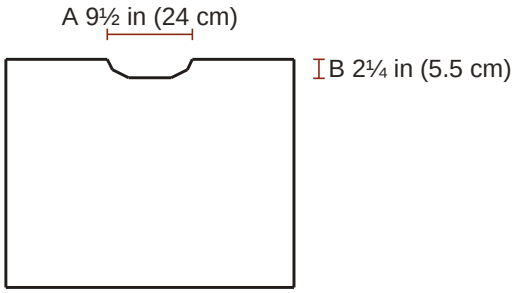
3X	53 in (134.5 cm)	about 1,850 yd (1,692 m)	80½ in (204.5 cm)	28½ in (72.5 cm)	9 in (23 cm)	14 in (35.5 cm)	17¾ in (45 cm)	9¼ in (23.5 cm)	10¼ in (26 cm)	24½ in (62 cm)	4 in (10 cm)

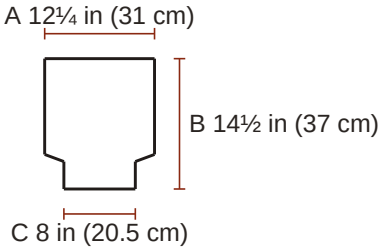
Schematic



Back
A the width
B from top to bottom



Front
A across the top
B how deep the neck is



Sleeve (make 2)
A the top of the sleeve, opened flat
B the sleeve
C around the cuff

Gauge

13 stitches and 15 rows to 4 in (10 cm) in moss stitch.

Count every stitch and every chain as 1; the skipped stitches under the chains are not counted again.

> **The swatch.** A test piece to measure and pull out. It is not the start of the pattern. Ch 20. Row 1 (RS): Sc in 2nd ch from hook and in each ch across. Row 2: Ch 1, turn; sc in first st, [ch 1, skip next st, sc in next st] 9 times. Row 3: Ch 1, turn; sc in first st, sc in next ch-1 sp, [ch 1, sc in next ch-1 sp] 8 times, sc in last st. Row 4: Ch 1, turn; sc in first st, [ch 1, sc in next ch-1 sp] 8 times, ch 1, sc in last st. Rows 5 to 22: Repeat Rows 3 and 4, 9 more times. The swatch of 22 rows is about 5¾ in (14.5 cm) wide and 5¾ in (14.5 cm) high. Measure 4 in (10 cm) in the middle. Use a larger hook if your swatch is small, a smaller one if it is large. Sleeves: 13 sts and 11 rows to 4 in (10 cm) in half double crochet (UK: half treble). Cuff ribs: worked sideways, 14 rows and 13 sts to 4 in (10 cm), so a rib of 10 sts is about 3 in (7.5 cm) deep. Turtleneck: rounds of front and back post double crochet, 7.5 rounds to 4 in (10 cm). The rib draws in: it is a little narrower than the piece above it, and stretches. Edgings: rounds of single crochet (UK: double crochet), 15 rounds to 4 in (10 cm).

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Instructions

M, to fit bust 37 in (94 cm). US terms.

sc single crochet (UK dc), **ch** chain, **hdc** half double crochet (UK htr), **dc** double crochet (UK tr), **sl st** slip stitch, **st** stitch.

2 hdc in first st: **both in one stitch**. **ch-1 sp**: the hole under the chain. The hook goes in the hole, never into a chain. The ch 1 is not a stitch. Work in the **very first stitch**.

[ ] 52 times: 52 times in all. (53 sc, 52 ch-1 sps): the row now has that many; a check, not a step.

Also: RS right side, sp space.

Every stitch, drawn: flossfield.com/crochet/stitches.

Special stitches

fpdc (front post double crochet (UK front post treble)): Yarn over, insert the hook from the front to the back and to the front again around the post of the stitch named, pull up a loop, [yarn over and pull through 2 loops] twice. The front is the side that faces you. A post stitch takes the place of the stitch it is worked around: do not work into the top of that stitch as well.

bpdc (back post double crochet (UK back post treble)): As fpdc, but insert the hook from the back to the front and to the back again around the post.

Back

Yarn A, pearl gray.

☐ **Start**	With yarn A, ch 106. Colors: rows 1 to 8 yarn A; rows 9 and 10 yarn B; rows 11 and 12 yarn A; rows 13 and 14 yarn B; rows 15 and 16 yarn A; rows 17 to 26 yarn B; rows 27 and 28 yarn A; rows 29 and 30 yarn B; rows 31 and 32 yarn A; rows 33 and 34 yarn B; rows 35 to 96 yarn A.	
☐ **Row 1 (RS)**	Sc in 2nd ch from hook and in each ch across	(105 sc)
☐ **Row 2**	Ch 1, turn; sc in first st, **[**ch 1, skip next st, sc in next st**] 52 times**	(53 sc, 52 ch-1 sps)
☐ **Row 3**	Ch 1, turn; sc in first st, sc in next ch-1 sp, **[**ch 1, sc in next ch-1 sp**] 51 times**, sc in last st	(54 sc, 51 ch-1 sps)
☐ **Row 4**	Ch 1, turn; sc in first st, **[**ch 1, sc in next ch-1 sp**] 51 times**, ch 1, sc in last st	(53 sc, 52 ch-1 sps)
☐ **Rows 5 to 96**	Repeat Rows 3 and 4, 46 more times	(53 sc, 52 ch-1 sps)

5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32
33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60
61 62 63 64 65 66 67 68 69 70 71 72 73 74 75 76 77 78 79 80 81 82 83 84 85 86 87 88
89 90 91 92 93 94 95 96

☐	The back measures about 32¼ in (82 cm) wide and 25½ in (65 cm) long, without the hem edging. Its foundation chain is the lower edge and row 96 is the top edge. Fasten off.	

Front

Yarn A, pearl gray.

☐ **Start**	With yarn A, ch 106. Colors: rows 1 to 8 yarn A; rows 9 and 10 yarn B; rows 11 and 12 yarn A; rows 13 and 14 yarn B; rows 15 and 16 yarn A; rows 17 to 26 yarn B; rows 27 and 28 yarn A; rows 29 and 30 yarn B; rows 31 and 32 yarn A; rows 33 and 34 yarn B; rows 35 to 88 yarn A.	
☐ **Row 1 (RS)**	Sc in 2nd ch from hook and in each ch across	(105 sc)

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☐ **Row 2**	Ch 1, turn; sc in first st, **[**ch 1, skip next st, sc in next st**] 52 times**	(53 sc, 52 ch-1 sps)
☐ **Row 3**	Ch 1, turn; sc in first st, sc in next ch-1 sp, **[**ch 1, sc in next ch-1 sp**] 51 times**, sc in last st	(54 sc, 51 ch-1 sps)
☐ **Row 4**	Ch 1, turn; sc in first st, **[**ch 1, sc in next ch-1 sp**] 51 times**, ch 1, sc in last st	(53 sc, 52 ch-1 sps)
☐ **Rows 5 to 88**	Repeat Rows 3 and 4, 42 more times	(53 sc, 52 ch-1 sps)

5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32
33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60
61 62 63 64 65 66 67 68 69 70 71 72 73 74 75 76 77 78 79 80 81 82 83 84 85 86 87 88

☐ Do not fasten off.

Front, first side of the neck

Yarn A, pearl gray.

☐ **Start**	Go on from row 88 of the front. This is the left side as worn. The neck edge is at the end of the next row.	
☐ **Row 89**	Ch 1, turn; sc in first st, sc in next ch-1 sp, **[**ch 1, sc in next ch-1 sp**] 17 times**, sc in next st, leave the last 68 sts unworked	(20 sc, 17 ch-1 sps)
☐ **Row 90**	Ch 1, turn; sc in first st, **[**ch 1, sc in next ch-1 sp**] 17 times**, ch 1, sc in last st	(19 sc, 18 ch-1 sps)
☐ **Row 91**	Ch 1, turn; sc in first st, sc in next ch-1 sp, **[**ch 1, sc in next ch-1 sp**] 17 times**, sc in last st	(20 sc, 17 ch-1 sps)
☐ **Rows 92 to 95**	Repeat Rows 90 and 91, 2 more times	(20 sc, 17 ch-1 sps)

92 93 94 95

☐ **Row 96**	Ch 1, turn; sc in first st, **[**ch 1, sc in next ch-1 sp**] 17 times**, ch 1, sc in last st	(19 sc, 18 ch-1 sps)
☐	The 37 sts left are the shoulder. Fasten off.	

Front, second side of the neck

Yarn A, pearl gray.

☐ **Start**	Go back to row 88 of the front, with the same side facing you as for row 89 of the first side. Skip the next 31 unworked sts of row 88 for the neck and join yarn A in the next st, which is a sc. This is the right side as worn. The first st of row 89 goes in the joining st. The neck edge is at the beginning of that row.	
☐ **Row 89**	Ch 1; sc in first st, sc in next ch-1 sp, **[**ch 1, sc in next ch-1 sp**] 17 times**, sc in last st	(20 sc, 17 ch-1 sps)
☐ **Row 90**	Ch 1, turn; sc in first st, **[**ch 1, sc in next ch-1 sp**] 17 times**, ch 1, sc in last st	(19 sc, 18 ch-1 sps)
☐ **Row 91**	Ch 1, turn; sc in first st, sc in next ch-1 sp, **[**ch 1, sc in next ch-1 sp**] 17 times**, sc in last st	(20 sc, 17 ch-1 sps)
☐ **Rows 92 to 95**	Repeat Rows 90 and 91, 2 more times	(20 sc, 17 ch-1 sps)

92 93 94 95

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☐ **Row 96**	Ch 1, turn; sc in first st, **[**ch 1, sc in next ch-1 sp**] 17 times**, ch 1, sc in last st	(19 sc, 18 ch-1 sps)
☐	The 37 sts left are the shoulder. Fasten off.	

Cuff rib: make 2

Yarn A, pearl gray.

☐ **Start**	With yarn A, ch 11.	
☐ **Row 1 (RS)**	Sc in 2nd ch from hook and in each ch across	(10 sc)
☐ **Rows 2 to 26**	Ch 1, turn; sc in back loop only of each st across	(10 sc)
	2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26	
☐	Fasten off.	

Sleeve: make 2

Yarn A, pearl gray.

☐ **Start**	Colors: rows 1 to 3 yarn A; rows 4 and 5 yarn B; rows 6 and 7 yarn A; rows 8 to 11 yarn B; rows 12 and 13 yarn A; rows 14 and 15 yarn B; rows 16 to 32 yarn A. Hold a cuff rib with one long edge at the top. Join yarn A at the right-hand end of that edge; ch 1, sc in the end of each rib row across (26 sc). This is row 1, and a right side row.	
☐ **Row 2**	Ch 1, turn; hdc in each st across	(26 hdc)
☐ **Row 3**	Ch 1, turn; 2 hdc in first st, hdc in each st across to last st, 2 hdc in last st	(28 hdc)
☐ **Rows 4 to 6**	Ch 1, turn; hdc in each st across	(28 hdc)
	4 5 6	
☐ **Rows 7 to 30**	Repeat Rows 3 to 6, 6 more times (30, 32, 34, 36, 38, 40 hdc at the ends of the repeats)	(40 hdc)
	7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	
☐ **Rows 31 to 32**	Ch 1, turn; hdc in each st across	(40 hdc)
	31 32	
☐	The sleeve measures about 12¼ in (31 cm) across the top and 14½ in (37 cm) long, with the cuff. Fasten off.	

Turtleneck

Yarn A, pearl gray.

☐ **Start**	Work this at step 2 of Assembly. With the right side facing, join yarn A in the first open st of the back neck, at the right shoulder seam (as worn); ch 1, sc in each of the 31 open sts of the back neck; down the left side of the neck, sc in the end of each of the next 3 rows, skip the end of the next row, sc in the end of each of the next 4 rows (7 sc); sc in each of the 31 sts left at the front; up the right side of the neck, sc in the end of each of the next 4 rows, skip the end of the next row, sc in the end of each of the next 3 rows (7 sc); 76 sc in all; join with sl st in first sc. This is round 1.	
☐ **Round 2**	Ch 2; dc in each st around; join with sl st in first dc	(76 dc)

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☐ **Rounds 3 to 15** 3 4 5 6 7 8 9 10 11 12 13 14 15	Ch 2; **[**fpdc around next st, bpdc around next st**] 38 times**; join with sl st in first fpdc	(38 fpdcs, 38 bpdcs)
☐	The turtleneck is about 7¾ in (19.5 cm) deep. Fold it in half to the outside when it is worn. Fasten off.	

Hem edging

Yarn A, pearl gray.

☐ **Start**	Work this at step 7 of Assembly. With the right side facing and the foundation chains of the body uppermost, join yarn A in the first ch of the front after the right side seam (as worn); ch 1, sc in each of the 105 chs of the front and in each of the 105 chs of the back, along their free side (210 sc; the ch that was skipped at the start of row 1 of each piece lies in a seam and is not worked); join with sl st in first sc. This is round 1.	
☐ **Rounds 2 to 3** 2 3	Ch 1; sc in each st around; join with sl st in first sc	(210 sc)
☐	Fasten off.	

Arm slit edging: make 2, only for a poncho without sleeves

Yarn A, pearl gray.

☐ **Start**	Only for a poncho without sleeves. Work this at step 6 of Assembly. With the right side facing, join yarn A in the first row end above a side seam; ch 1; up the first edge of the slit to the shoulder seam, sc in the end of each of the next 4 rows, [skip the end of the next row, sc in the end of each of the next 6 rows] twice, skip the end of the next row, sc in the end of each of the next 4 rows (20 sc); down the other edge to the side seam, sc in the end of each of the next 4 rows, [skip the end of the next row, sc in the end of each of the next 6 rows] twice, skip the end of the next row, sc in the end of each of the next 4 rows (20 sc); 40 sc in all; join with sl st in first sc. This is round 1.	
☐ **Round 2**	Ch 1; sc in each st around; join with sl st in first sc	(40 sc)
☐	Fasten off.	

Assembly

1. Shoulders: lay the front on the back with right sides together. Sew the 37 sts of each shoulder of the front to the 37 sts at that end of the top edge of the back. The middle 31 sts of the back stay open for the neck. In the seam sc meets sc and ch-1 sp meets ch-1 sp.

2. Turtleneck: work it now, as written above.

3. Markers: at each side edge of the back and of the front, place a marker in the end of row 74. The 23 rows from the marker to the shoulder seam, about 6¼ in (16 cm), are half of the armhole.

4. Sleeves: with right sides together, put the middle of the top edge of a sleeve at a shoulder seam and its two ends at the markers. Sew the top edge on: 20 sts of the sleeve to the 23 row ends of the front, and the other 20 sts to the 23 row ends of the back, about 5 sts to every 6 row ends.

5. Sides and sleeves: fold the poncho at the shoulders, right sides together. Sew each sleeve seam from the cuff edge to the underarm: at the cuff 10 chs of the foundation chain to the 10 sts of the last row, then row end to row end. Go on down the side seam, row end to row end, to the foundation chains. Turn the poncho right side out.

6. Arm slits, only for a poncho without sleeves: leave out steps 4 and 5. Fold the poncho at the shoulders, right sides together, and sew the ends of rows 1 to 73 of the front to the ends of rows 1 to 73 of the back at each side; the 23

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row ends above stay open on the front and on the back. Turn the poncho right side out. Arm slit edging: work it now, as written above, round each opening.

7. Hem edging: work it now, as written above.

Finishing

- Weave in all the ends. Wash as the yarn label says and lay flat to the measurements to dry.

In all: 3 pieces.

To find how many balls: divide by the length on your yarn's label and round up. Buy them from one dye lot. The estimate is from the stitches of this size at this gauge.

Notes

- A poncho hangs free. Around the body it is from 26¾ in (68 cm) to 28 in (71 cm) wider than the bust, by the size. Choose by the width you like; no fit is promised beyond the measurements given.
- The turning chain (ch 1 for single and half double crochet, ch 2 for double crochet) never counts as a stitch. Work the first stitch of every row into the first stitch, at the base of the turning chain.
- The chain at the start of a round never counts as a stitch. Work the first stitch of the round into the stitch at its base, where the round was joined.
- Odd-numbered rows are right side rows. Mark the right side of each piece with a stitch marker or a scrap of yarn.
- Moss stitch: from row 3 on, every sc between the first and the last of a row is worked in a ch-1 space of the row below, and a ch 1 lies over each sc of the row below. To work into a chain space, insert the hook under the whole chain.
- In the numbers of sts at the neck and the shoulders every sc and every ch-1 sp of the moss stitch counts as one st.
- Sleeves or arm slits: the poncho has sleeves. If you would rather have open slits for the arms, do not make the cuff ribs and the sleeves, and work the arm slit edging in their place; step 6 of the finishing says how.
- The cuff ribs are worked sideways in single crochet in the back loop (UK: double crochet). The sleeves are worked up from a long edge of a rib. The rib draws in: it is a little narrower than the piece above it.
- Sew every seam with the yarn needle and yarn A: cut a length about three times as long as the seam.
- Color changes in rows: work the last yarn over of the last stitch of the row before with the new yarn. Cut the old yarn, leaving an end of about 6 in (15 cm), or, if it is needed again at the same edge within 6 rows and that edge is straight, carry it loosely up the edge.
- In back loop only: insert the hook under the loop of the stitch that is farther from you, and leave the nearer loop free.

Found a mistake in this pattern? Tell us at flossfield.com, under Make a request.

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