Back scrubber strap with loops

Regular · US terms



Finished size
About 4¼ × 26 in (11 × 66 cm)
About 26 in (66 cm) long and 4¼ in (11 cm) wide, with a loop about 3½ in (9 cm) long beyond each end

Skill
Intermediate
It is a flat strip of single crochet; the loop stitch in the middle takes some practice.

Yarn
Medium (4), 2 colors

Hook
4.5 mm (US 7)

Gauge
16 stitches and 18 rows to 4 in (10 cm)
In single crochet.

You will need

Yarn A: sand, the strap and its loops **about 120 yd (110 m), an estimate**
Yarn B: forest green, the stripes, the grips and the hanging loops **about 65 yd (59 m), an estimate**
Fiber: cotton
Hook: 4.5 mm (US 7), or the size that gives you the gauge. Also: pins, a yarn needle and scissors.

To find how many balls: divide by the length on your yarn's label and round up. Buy them from one dye lot. The estimate is from the stitches of this size at this gauge, with 30 percent added.

Sizes

Size	Finished size, about	Yarn, an estimate
Regular (this file)	**4¼ × 26 in (11 × 66 cm)**	**about 185 yd (169 m)**
Long	4¼ × 30 in (11 × 76 cm)	about 205 yd (187 m)

Abbreviations

Written in US terms. Where the UK name differs it is given beside the US one.

ch chain stitch
sc single crochet (UK dc, double crochet)
BLO back loop only
yo yarn over (UK yrh, yarn round hook)
st stitch

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RS	right side
WS	wrong side

Special stitches

loop-st (Loop stitch): Insert hook in the place named. Lift a forefinger behind the work so that the yarn lies over it in a loop about ¾ in (2 cm) long, catch both strands of that loop with the hook, the one in front of the finger and the one behind it, and draw both through the stitch, so that 3 loops are on the hook; then yo, pull through all 3 loops, and slip the long loop off the finger. It stands at the back of the work. It leaves 1 loop-st for the next row.

Gauge

16 stitches and 18 rows to 4 in (10 cm) in single crochet. Along a row, count every stitch and every chain between stitches as one.

The loop stitch rows are counted at the same height as single crochet rows, and the ribbed rows of the grips are measured unstretched.

> **The swatch.** A test piece to measure and pull out. It is not the start of the pattern. Lay it flat and count the stitches and rows over 4 in (10 cm) in its middle. There should be 16 stitches and 18 rows. If you count more stitches than that, change to a larger hook; if you count fewer, change to a smaller hook. The swatch can be pulled out and its yarn used again.
>
Swatch foundation	Ch 25.	
Swatch row 1 (RS)	Sc in 2nd ch from hook and in each ch across	**(24 sc)**
Swatch rows 2 to 27	Ch 1, turn; sc in each st across	**(24 sc)**

Before you start

- The chain of 1 at the start of a row does not count as a stitch.
- The loops of loop stitch come out at the back of the work. They are worked on wrong side rows, with the wrong side facing you, so that all of them stand on the right side. The first and the last stitch of those rows are single crochet, which keeps the edges straight. In the row after, work into the tops of the loop stitches as into single crochet, and pull the loops toward you, out of the way.
- The grips are ribbed. Where the pattern says BLO, put the hook under the back loop only. The piece is turned at every row, so the front loops left free make ridges on both sides of it.
- To change color, draw the new yarn through as the last yarn over of the stitch before. Cut the old yarn, leaving a tail of 6 in (15 cm). Where only two rows are worked before the old yarn is used again, do not cut it: carry it loosely up the side.
- Colors of the strap, row by row. Rows 1 to 13: B. Rows 14 to 17: A. Rows 18 to 19: B. Rows 20 to 23: A. Rows 24 to 25: B. Rows 26 to 29: A. Rows 30 to 31: B. Rows 32 to 86: A. Rows 87 to 88: B. Rows 89 to 92: A. Rows 93 to 94: B. Rows 95 to 98: A. Rows 99 to 100: B. Rows 101 to 104: A. Rows 105 to 117: B.
- The panel of loops is rows 36 to 82: 24 rows of loops, all on even rows, with a plain row between each two.

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Instructions

Chosen: Regular. The count in round brackets at the end of a line is what that line leaves. Tick the box when a row is done. In UK terms sc is double crochet and yo is yarn round hook.

Strap

Yarns in order of use: B, forest green; A, sand.

☐ **Foundation**	Ch 18.	

First grip

☐ **Row 1 (RS)**	Sc in 2nd ch from hook and in each ch across	**(17 sc)**
☐ **Rows 2 to 13**	Ch 1, turn; sc in BLO of each st across	**(17 sc)**

A box for each row, 2 to 13: tick them off as you go.

2 3 4 5 6 7 8 9 10 11 12 13

First stripes

☐ **Row 14**	With A, ch 1, turn; sc in each st across	**(17 sc)**
☐ **Rows 15 to 17**	Ch 1, turn; sc in each st across	**(17 sc)**

A box for each row, 15 to 17: tick them off as you go.

15 16 17

☐ **Row 18**	With B, ch 1, turn; sc in each st across	**(17 sc)**
☐ **Row 19**	Ch 1, turn; sc in each st across	**(17 sc)**
☐ **Row 20**	With A, ch 1, turn; sc in each st across	**(17 sc)**
☐ **Rows 21 to 23**	Ch 1, turn; sc in each st across	**(17 sc)**

A box for each row, 21 to 23: tick them off as you go.

21 22 23

☐ **Row 24**	With B, ch 1, turn; sc in each st across	**(17 sc)**
☐ **Row 25**	Ch 1, turn; sc in each st across	**(17 sc)**
☐ **Row 26**	With A, ch 1, turn; sc in each st across	**(17 sc)**
☐ **Rows 27 to 29**	Ch 1, turn; sc in each st across	**(17 sc)**

A box for each row, 27 to 29: tick them off as you go.

27 28 29

☐ **Row 30**	With B, ch 1, turn; sc in each st across	**(17 sc)**
☐ **Row 31**	Ch 1, turn; sc in each st across	**(17 sc)**
☐ **Row 32**	With A, ch 1, turn; sc in each st across	**(17 sc)**
☐ **Rows 33 to 35**	Ch 1, turn; sc in each st across	**(17 sc)**

A box for each row, 33 to 35: tick them off as you go.

33 34 35

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Panel of loops

☐ **Row 36 (WS)**	Ch 1, turn; sc in next st, loop-st in next 15 sts, sc in next st	**(2 sc, 15 loop-sts)**
☐ **Row 37**	Ch 1, turn; sc in each st across	**(17 sc)**
☐ **Rows 38 to 82**	Repeat rows 36 and 37 in turn: every even-numbered row is worked as row 36, every odd-numbered row as row 37.	

A box for each row, 38 to 82: tick them off as you go.

38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66
67 68 69 70 71 72 73 74 75 76 77 78 79 80 81 82

Second stripes

☐ **Rows 83 to 86**	Ch 1, turn; sc in each st across	**(17 sc)**

A box for each row, 83 to 86: tick them off as you go.

83 84 85 86

☐ **Row 87**	With B, ch 1, turn; sc in each st across	**(17 sc)**
☐ **Row 88**	Ch 1, turn; sc in each st across	**(17 sc)**
☐ **Row 89**	With A, ch 1, turn; sc in each st across	**(17 sc)**
☐ **Rows 90 to 92**	Ch 1, turn; sc in each st across	**(17 sc)**

A box for each row, 90 to 92: tick them off as you go.

90 91 92

☐ **Row 93**	With B, ch 1, turn; sc in each st across	**(17 sc)**
☐ **Row 94**	Ch 1, turn; sc in each st across	**(17 sc)**
☐ **Row 95**	With A, ch 1, turn; sc in each st across	**(17 sc)**
☐ **Rows 96 to 98**	Ch 1, turn; sc in each st across	**(17 sc)**

A box for each row, 96 to 98: tick them off as you go.

96 97 98

☐ **Row 99**	With B, ch 1, turn; sc in each st across	**(17 sc)**
☐ **Row 100**	Ch 1, turn; sc in each st across	**(17 sc)**
☐ **Row 101**	With A, ch 1, turn; sc in each st across	**(17 sc)**
☐ **Rows 102 to 104**	Ch 1, turn; sc in each st across	**(17 sc)**

A box for each row, 102 to 104: tick them off as you go.

102 103 104

Second grip

☐ **Row 105**	With B, ch 1, turn; sc in each st across	**(17 sc)**
☐ **Rows 106 to 117**	Ch 1, turn; sc in BLO of each st across	**(17 sc)**

A box for each row, 106 to 117: tick them off as you go.

106 107 108 109 110 111 112 113 114 115 116 117

☐ **End**	Fasten off, leaving a tail of 6 in (15 cm).	

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Hanging loop: make 2

Yarn B, forest green.

☐ **Foundation**	Ch 37.	
☐ **Row 1 (RS)**	Sc in 2nd ch from hook and in each ch across	**(36 sc)**
☐ **Row 2**	Ch 1, turn; sc in each st across	**(36 sc)**
☐ **End**	Fasten off, leaving a tail of 54 in (137 cm) for sewing.	

Assembly

1. Weave in all the tails on the wrong side, the side without the loops, but the long tail of each hanging loop.

2. Lay the strap wrong side up. Fold a hanging loop in half, so that its two short ends lie side by side, their long edges touching and the wrong side of the loop up at both ends; the fold stands up a little. Slide the two ends onto one grip, over its middle: the line where they touch lies on the 9th of the 17 stitches, the short ends lie 4 rows, about 7/8 in (2.2 cm), in from the end of the strap, and the fold points away from the strap. Pin them.

3. The two ends of the loop that lie on the strap make a square of about 7/8 in (2.2 cm) each way. Sew it down with backstitch, with the long tail of the loop, through the loop and the strap beneath it at once. Backstitch: bring the needle up through both layers one stitch length ahead on the line, put it down through both layers where the last stitch ended, and go on in the same way. The line of the sewing is a smaller square, about 1/8 in (0.3 cm) inside the edge of the part that lies on the strap; each side of it is about 5/8 in (1.6 cm) long. The long tail hangs at the short end of one end of the loop: run the needle through the stitches of that short end to its outer corner and begin there. Side 1: along the outer long edge of that end, toward the end of the strap. Side 2: straight across both ends of the loop, beside the end of the strap; the loop has no edge here, it runs on past the line. Side 3: back along the outer long edge of the other end. Side 4: along both short ends, to the corner where you began. Work 4 backstitches on each side, each of them a quarter of the side, a little more than 1/8 in (0.4 cm) long, 16 in all; then go round once more in the same holes. Fasten off and weave the end in between the two layers.

4. Sew the second hanging loop to the other grip in the same way. Both hanging loops are on the wrong side, and their folds stand out beyond both ends of the strap.

Finishing

- After each use squeeze the water out and hang the strap up by both loops to dry. The loops of the panel stay closed: do not cut them.

In all: 3 pieces.

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