Mandala cowl

Cowl · US terms



Finished size
About 25½ in (65 cm) around and 8 in (20 cm) deep, with the shells; it sits once round the neck

Skill
Intermediate
A different stitch in every round, popcorns and crossed stitches, and many colors

Yarn
Light (3), 7 colors

Hook
4 mm (US G-6)

Gauge
17 stitches to 4 in (10 cm)
In single crochet and in double crochet, in rounds.

What you need

Yarn A: deep plum, color A	**about 25 yd (23 m), an estimate**
Yarn B: mulberry red, the cowl, rounds 9 to 10 and 14 to 15	**about 35 yd (32 m), an estimate**
Yarn C: rosewood pink, main color	**about 55 yd (50 m), an estimate**
Yarn D: salmon, the cowl, rounds 4 to 5 and 19 to 20	**about 35 yd (32 m), an estimate**
Yarn E: marigold, the cowl, rounds 2 to 3 and 21 to 22	**about 35 yd (32 m), an estimate**
Yarn F: honey yellow, the cowl, rounds 1 and 23 to 24 and the lower edge	**about 35 yd (32 m), an estimate**
Yarn G: sage green, the cowl, rounds 7 and 17	**about 15 yd (14 m), an estimate**

By weight: about 95 g in all, an estimate, where 100 g is 250 yd (229 m).

Hook: 4 mm (US G-6), or the size that gives you the gauge. Also: a yarn needle, scissors, a tape measure and a stitch marker.

To find how many balls: divide by the length on your yarn's label and round up. Buy them from one dye lot. The estimate is from the stitches of this size at this gauge, with 15 percent added.

Sizes

Size	Finished size, about	Yarn, an estimate
Cowl (this file)	**25½ in (65 cm) around, 8 in (20 cm) deep**	**about 235 yd (215 m)**
Long loop	56½ in (144 cm) around, 8 in (20 cm) deep	about 505 yd (462 m)

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Gauge

17 stitches to 4 in (10 cm) in single crochet and in double crochet, in rounds.

Check it on the cowl itself, laid flat as a doubled tube and not stretched, when round 3 is done: in Cowl it is about 12¾ in (32 cm) across; in Long loop it is about 28¼ in (72 cm) across; and the 3 rounds are about ¾ in (2 cm) deep. If they measure more, start again with a smaller hook; if they measure less, with a larger one.

Notes

- The cowl is worked from one edge to the other, in joined rounds. Do not turn: the side that faces you is the right side, and it is the outside.
- Round 12 is the middle. From there the stitches and the colors of the rounds before it come back in the opposite order, so that both edges look alike.
- The ch 1, ch 2 or ch 3 at the start of a round does not count as a stitch.
- Work the foundation chain loosely: it has to pass over the head.
- The first stitch of a round goes into the stitch that the joining sl st went into (in round 1, into the same chain). The joining sl st itself is not a stitch and is not worked into.
- Crossed trebles: "sk next st, tr in next st, tr in skipped st". Pass over one stitch, work a tr into the next one, then work a tr back into the stitch passed over, behind the first tr and not round it. At the start of such a round the stitch passed over is the stitch of the join. Join with a sl st in the first tr that you worked. The posts cross, but the tops lie in the order in which you worked them: in the round after it work one sc into the top of each tr, the one worked first coming first.
- Clusters and puffs: each is followed by a ch 1. In the round after them work one sc into the top of the cluster or puff and one into the ch-1 sp.
- Groups of three: 3 dc in one stitch, with the next 2 stitches passed over. In the round after them work one sc into each dc.
- Push the popcorns out toward you: the right side is the side they stand out on.
- To change yarn, make the joining sl st of the round before with the new yarn: put the hook in the first stitch, take the new yarn over the hook and pull it through. Cut the old yarn with a tail of about 6 in (15 cm), and leave a tail of the same length on the new yarn.
- Put the marker into the first stitch of each round and move it up.
- To join a yarn with a sl st, make a slip knot of it on the hook, put the hook in the place named, yo, and pull through the place and the loop on the hook.
- When a ball runs out, work the last yarn over of a stitch with the new ball, and leave a tail of about 6 in (15 cm) on both.
- Leave a tail of about 6 in (15 cm) when you begin and when you fasten off.
- Buy whole balls from one dye lot.

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Instructions

Cowl. US terms.

ch chain, **sl st** slip stitch, **sc** single crochet (UK double crochet), **dc** double crochet (UK treble), **tr** treble crochet (UK double treble), **Rnd** round, **sp** space, **st** stitch.

sk skip, **yo** yarn over the hook.

3 dc in next st: all in one stitch. **dc in next 3 sts**: one in each. **ch-1 sp**: the gap under the one chain; the hook goes in the gap.

[ ] 54 times: work what is inside 54 times in all.

(108 sc): the stitches you have when the round is done. **How to read a pattern**.

Special stitches

pc (Popcorn): 5 dc in the same st, take the hook out of the loop, put it from front to back through the top of the first of these 5 dc and into the dropped loop, pull the loop through, ch 1 to close. The ch 1 is the top of the popcorn: the next round works into it. The popcorn counts as one stitch. In UK terms: a popcorn of 5 trebles.

puff (Puff stitch): [yo, insert hook in the st, yo, pull up a loop to the height of a dc] 4 times in the same st, yo, pull through all 9 loops on hook. In UK terms: a puff stitch to the height of a treble.

CL (Cluster): [yo, insert hook in the st or sp, yo, pull up a loop, yo, pull through 2 loops] 3 times in the same place, yo, pull through all 4 loops on hook. In UK terms: 3 trebles drawn together in one place.

Cowl

Yarns in order of use: F, honey yellow; E, marigold; D, salmon; C, rosewood pink; G, sage green; B, mulberry red; A, deep plum.

☐ **Foundation**	With F, ch 108, join with sl st in first ch to make a loop, without twisting the chain.	
☐ **Rnd 1**	Ch 1, sc in each ch around; join with sl st in first sc	(108 sc)
☐ **Rnd 2**	With E, ch 2, **[**CL in next st, ch 1, sk next st**] 54 times**; join with sl st in first CL	(54 CL, 54 ch-1 sps)
☐ **Rnd 3**	Ch 1, **[**sc in next st, sc in next ch-1 sp**] 54 times**; join with sl st in first sc	(108 sc)
☐ **Rnd 4**	With D, ch 3, **[**sk next st, tr in next st, tr in skipped st**] 54 times**; join with sl st in first tr	(108 tr)
☐ **Rnd 5**	Ch 1, sc in each st around; join with sl st in first sc	(108 sc)
☐ **Rnd 6**	With C, ch 2, **[**3 dc in next st, sk next 2 sts**] 36 times**; join with sl st in first dc	(108 dc)
☐ **Rnd 7**	With G, ch 1, sc in each st around; join with sl st in first sc	(108 sc)
☐ **Rnd 8**	With C, ch 2, **[**pc in next st, dc in next 3 sts**] 27 times**; join with sl st in first pc	(27 pc, 81 dc)
☐ **Rnd 9**	With B, ch 1, sc in each st around; join with sl st in first sc	(108 sc)
☐ **Rnd 10**	Ch 2, **[**puff in next st, ch 1, sk next st**] 54 times**; join with sl st in first puff	(54 puffs, 54 ch-1 sps)
☐ **Rnd 11**	With A, ch 1, **[**sc in next st, sc in next ch-1 sp**] 54 times**; join with sl st in first sc	(108 sc)
☐ **Rnd 12**	Ch 3, **[**sk next st, tr in next st, tr in skipped st**] 54 times**; join with sl st in first tr	(108 tr)
☐ **Rnd 13**	Ch 1, sc in each st around; join with sl st in first sc	(108 sc)

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☐ **Rnd 14**	With B, ch 2, **[**puff in next st, ch 1, sk next st**] 54 times**; join with sl st in first puff	(54 puffs, 54 ch-1 sps)
☐ **Rnd 15**	Ch 1, **[**sc in next st, sc in next ch-1 sp**] 54 times**; join with sl st in first sc	(108 sc)
☐ **Rnd 16**	With C, ch 2, **[**pc in next st, dc in next 3 sts**] 27 times**; join with sl st in first pc	(27 pc, 81 dc)
☐ **Rnd 17**	With G, ch 1, sc in each st around; join with sl st in first sc	(108 sc)
☐ **Rnd 18**	With C, ch 2, **[**3 dc in next st, sk next 2 sts**] 36 times**; join with sl st in first dc	(108 dc)
☐ **Rnd 19**	With D, ch 1, sc in each st around; join with sl st in first sc	(108 sc)
☐ **Rnd 20**	Ch 3, **[**sk next st, tr in next st, tr in skipped st**] 54 times**; join with sl st in first tr	(108 tr)
☐ **Rnd 21**	With E, ch 1, sc in each st around; join with sl st in first sc	(108 sc)
☐ **Rnd 22**	Ch 2, **[**CL in next st, ch 1, sk next st**] 54 times**; join with sl st in first CL	(54 CL, 54 ch-1 sps)
☐ **Rnd 23**	With F, ch 1, **[**sc in next st, sc in next ch-1 sp**] 54 times**; join with sl st in first sc	(108 sc)
☐ **Rnd 24**	Ch 1, **[**sc in next st, sk next 2 sts, 5 dc in next st, sk next 2 sts**] 18 times**; join with sl st in first sc	(18 sc, 90 dc)
☐ **End**	Fasten off.	

Lower edge

Yarn F, honey yellow.

Turn the cowl the other way up, with the foundation chain at the top and the right side facing you. Work into the strands of the chain that lie free below the stitches of round 1; every ch of the foundation holds one of them. The first ch is the one below the first sc of round 1; from there go on in the direction in which you work every round.

☐ **Foundation**	Work along the foundation chain of the Cowl, right side facing: 108 chs.	
☐ **Rnd 1**	Join F with sl st in first ch, ch 1, **[**sc in next ch, sk next 2 chs, 5 dc in next ch, sk next 2 chs**] 18 times**; join with sl st in first sc	(18 sc, 90 dc)
☐ **End**	Fasten off.	

Putting it together

Weave in the ends on the inside with the yarn needle, each into stitches of its own color.

Finishing

- Dampen the cowl, lay it flat as a doubled tube, pat the shells of both edges out and let it dry.

Found a mistake in this pattern? Tell us at flossfield.com, under Make a request.

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