Moss stitch headband

Adult · US terms



Finished size
About 20½ in (52 cm) around by 2½ in (6.3 cm) wide
To fit for a head of 21½ to 23 in (55 to 58 cm)

Skill
Easy
Skipped stitches, chain spaces

Yarn
Medium (4), 2 colors

Hook
5.5 mm (US I-9)

Gauge
13 stitches and 17½ rows to 4 in (10 cm)
In moss stitch.

You will need

Yarn A: lavender, main — **about 35 yd (32 m), an estimate**
Yarn B: cream, stripe — **about 15 yd (14 m), an estimate**
Hook: 5.5 mm (US I-9). Also: a yarn needle, scissors and a tape measure.

To find how many balls: divide by the length on your yarn's label and round up. The estimate is from the stitches of this size at this gauge, with 15 percent added.

Sizes

Size	Head	Finished size, about	Yarn, an estimate
Adult (this file)	**for a head of 21½ to 23 in (55 to 58 cm)**	**20½ in (52 cm) around, 2½ in (6.3 cm) wide**	**about 50 yd (46 m)**
Adult large	for a head of 22½ to 24 in (57 to 61 cm)	21½ in (55 cm) around, 2½ in (6.3 cm) wide	about 45 yd (41 m)
Teen	for a head of 20½ to 22 in (52 to 56 cm)	19½ in (50 cm) around, 2½ in (6.3 cm) wide	about 38 yd (34 m)
Child	for a head of 18½ to 20 in (47 to 51 cm)	17½ in (44 cm) around, 2½ in (6.3 cm) wide	about 38 yd (34 m)
Toddler	for a head of 16½ to 18 in (42 to 46 cm)	15½ in (39 cm) around, 8 in (4.7 cm) wide	about 25 yd (23 m)

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Abbreviations

Written in US terms. Where the UK name differs it is given beside the US one.

ch	chain stitch
sc	single crochet (UK dc, double crochet)
RS	right side
sk	skip (UK miss)
sp	space

Gauge

13 stitches and 17½ rows to 4 in (10 cm) in moss stitch.

Work a piece a little more than 4 in (10 cm) square, lay it flat and count. If you count more stitches than this, use a larger hook; if fewer, a smaller one.

Before you start

- The three chains skipped at the start of row 1 make the first turning ch sp, which row 2 works into.
- The ch 2 at the start of a row does not count as a stitch. It makes the turning ch sp, and the last stitch of the next row is worked into that space.
- Row 1 is the right side.
- A stitch worked into a chain space passes over any stitches that lie before the space; they are left unworked.
- Leave a tail of about 6 in (15 cm) when you begin, and weave it in at the end with the others.
- Whip stitch: with the yarn on a yarn needle, pass the needle under both loops of a stitch on one edge and under both loops of the stitch that lies against it on the other edge, and pull the yarn through. Do the same in the next stitch of each edge. On a foundation chain edge, pass the needle under the strands of each chain that lie below row 1, whether or not a stitch was worked into that chain. A chain between two stitches of the last row is sewn as a stitch: pass the needle under the whole chain. The turning ch sp at the edge of the last row is sewn as one stitch too, and so is the skipped chain next to the first sc of row 1.
- To change yarn, work the last yarn over of the last stitch of the row before with the new yarn. Cut the old yarn at the end of its stripe, leaving a tail of about 6 in (15 cm), and leave a tail of the same length on the new yarn.
- For another width, add or take away 2 chains at a time: each 2 chains adds one more repeat of each bracketed group. Measure your own gauge first.
- Measure the head and choose the size whose range it falls in. If it falls between two sizes, or in two of them, make the larger. Each headband is smaller around than the heads it is for, because it stretches.

Instructions

Chosen: Adult. Square brackets [ ] hold a repeat: work what is inside as many times as it says. The count in round brackets at the end of a line is what that line leaves. Tick the box when a row is done. In UK terms sc is double crochet and sk is miss.

Yarns in order of use: A, lavender; B, cream.

The 90 rows below make this size. For another length, work fewer or more rows in the same order, with the stripes in the same order, and stop after the row that brings the band, laid flat and not stretched, nearest to 1½ in (4 cm) shorter than the head.

☐ **Foundation**	With A, ch 10.
☐ **Row 1 (RS)**	Sc in 4th ch from hook, **[**ch 1, sk next ch, sc in next ch**] 3 times** **(4 sc, 3 ch-1 sps, 1 turning ch sp)**

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☐ **Rows 2 to 14** Ch 2, turn; **[**sc in next ch-1 sp, ch 1**] 3 times**, sc in turning ch sp
(4 sc, 3 ch-1 sps, 1 turning ch sp)

A box for each row, 2 to 14: tick them off as you go.

2 3 4 5 6 7 8 9 10 11 12 13 14

Stripe in B, cream

☐ **Row 15** With B, ch 2, turn; **[**sc in next ch-1 sp, ch 1**] 3 times**, sc in turning ch sp
(4 sc, 3 ch-1 sps, 1 turning ch sp)

☐ **Rows 16 to 18** Ch 2, turn; **[**sc in next ch-1 sp, ch 1**] 3 times**, sc in turning ch sp
(4 sc, 3 ch-1 sps, 1 turning ch sp)

A box for each row, 16 to 18: tick them off as you go.

16 17 18

Stripe in A, lavender

☐ **Row 19** With A, ch 2, turn; **[**sc in next ch-1 sp, ch 1**] 3 times**, sc in turning ch sp
(4 sc, 3 ch-1 sps, 1 turning ch sp)

☐ **Rows 20 to 32** Ch 2, turn; **[**sc in next ch-1 sp, ch 1**] 3 times**, sc in turning ch sp
(4 sc, 3 ch-1 sps, 1 turning ch sp)

A box for each row, 20 to 32: tick them off as you go.

20 21 22 23 24 25 26 27 28 29 30 31 32

Stripe in B, cream

☐ **Row 33** With B, ch 2, turn; **[**sc in next ch-1 sp, ch 1**] 3 times**, sc in turning ch sp
(4 sc, 3 ch-1 sps, 1 turning ch sp)

☐ **Rows 34 to 36** Ch 2, turn; **[**sc in next ch-1 sp, ch 1**] 3 times**, sc in turning ch sp
(4 sc, 3 ch-1 sps, 1 turning ch sp)

A box for each row, 34 to 36: tick them off as you go.

34 35 36

Stripe in A, lavender

☐ **Row 37** With A, ch 2, turn; **[**sc in next ch-1 sp, ch 1**] 3 times**, sc in turning ch sp
(4 sc, 3 ch-1 sps, 1 turning ch sp)

☐ **Rows 38 to 50** Ch 2, turn; **[**sc in next ch-1 sp, ch 1**] 3 times**, sc in turning ch sp
(4 sc, 3 ch-1 sps, 1 turning ch sp)

A box for each row, 38 to 50: tick them off as you go.

38 39 40 41 42 43 44 45 46 47 48 49 50

Stripe in B, cream

☐ **Row 51** With B, ch 2, turn; **[**sc in next ch-1 sp, ch 1**] 3 times**, sc in turning ch sp
(4 sc, 3 ch-1 sps, 1 turning ch sp)

☐ **Rows 52 to 54** Ch 2, turn; **[**sc in next ch-1 sp, ch 1**] 3 times**, sc in turning ch sp
(4 sc, 3 ch-1 sps, 1 turning ch sp)

A box for each row, 52 to 54: tick them off as you go.

52 53 54

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Stripe in A, lavender

☐ **Row 55** With A, ch 2, turn; **[**sc in next ch-1 sp, ch 1**] 3 times**, sc in turning ch sp
(4 sc, 3 ch-1 sps, 1 turning ch sp)

☐ **Rows 56 to 68** Ch 2, turn; **[**sc in next ch-1 sp, ch 1**] 3 times**, sc in turning ch sp
(4 sc, 3 ch-1 sps, 1 turning ch sp)

A box for each row, 56 to 68: tick them off as you go.

56 57 58 59 60 61 62 63 64 65 66 67 68

Stripe in B, cream

☐ **Row 69** With B, ch 2, turn; **[**sc in next ch-1 sp, ch 1**] 3 times**, sc in turning ch sp
(4 sc, 3 ch-1 sps, 1 turning ch sp)

☐ **Rows 70 to 72** Ch 2, turn; **[**sc in next ch-1 sp, ch 1**] 3 times**, sc in turning ch sp
(4 sc, 3 ch-1 sps, 1 turning ch sp)

A box for each row, 70 to 72: tick them off as you go.

70 71 72

Stripe in A, lavender

☐ **Row 73** With A, ch 2, turn; **[**sc in next ch-1 sp, ch 1**] 3 times**, sc in turning ch sp
(4 sc, 3 ch-1 sps, 1 turning ch sp)

☐ **Rows 74 to 86** Ch 2, turn; **[**sc in next ch-1 sp, ch 1**] 3 times**, sc in turning ch sp
(4 sc, 3 ch-1 sps, 1 turning ch sp)

A box for each row, 74 to 86: tick them off as you go.

74 75 76 77 78 79 80 81 82 83 84 85 86

Stripe in B, cream

☐ **Row 87** With B, ch 2, turn; **[**sc in next ch-1 sp, ch 1**] 3 times**, sc in turning ch sp
(4 sc, 3 ch-1 sps, 1 turning ch sp)

☐ **Rows 88 to 90** Ch 2, turn; **[**sc in next ch-1 sp, ch 1**] 3 times**, sc in turning ch sp
(4 sc, 3 ch-1 sps, 1 turning ch sp)

A box for each row, 88 to 90: tick them off as you go.

88 89 90

☐ **End** Fasten off, leaving a tail of about 14 in (36 cm) to sew the seam with.

Assembly

1. Lay the strip flat with its right side down. Bring the last row round to lie against the foundation chain, without twisting the strip. The right side is on the outside of the ring.

2. With the long tail, whip stitch the last row to the foundation chain, stitch for stitch: 8 stitches.

Finishing

- Weave in the ends with the yarn needle, changing direction once or twice.

In all: 90 rows; 360 stitches; 20 ends to weave in.

Found a mistake in this pattern? Tell us at flossfield.com, under Make a request.

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