Navy ballet flats

Medium regular, foot 9 to 9½ in (23 to 24 cm), ball of the foot 3¼ to 3¾ in (8.5 to 9.5 cm) across · US terms



Finished size

The sole is about 9½ in (24 cm) long and about 2¾ in (7 cm) wide, without its rim; round the edge of the opening it measures about 18½ in (47 cm) round (92 stitches) before the elastic draws it in to about 15½ in (39.5 cm)

Skill

Intermediate

Yarn

Light (3), 2 colors

Hook

3.5 mm (US E-4)

Gauge

20 stitches and 23 rounds to 4 in (10 cm)

In single crochet (UK double crochet).

What you need

Yarn A: ink navy, the outer sole, the sides and the edge **about 180 yd (165 m), an estimate**

Yarn B: soft cream, the inner sole, the bow and its knot **about 90 yd (82 m), an estimate**

By weight: about 110 g in all, an estimate, where 100 g is 250 yd (229 m).

Hook: 3.5 mm (US E-4), or the size that gives you the gauge. Also: 4 stitch markers, pins, a yarn needle, scissors and round elastic cord, about 1 mm thick: 2 pieces of 18½ in (47 cm), each tied into a ring that measures 15½ in (39.5 cm) round, the ends trimmed to ½ in (1.5 cm).

To find how many balls: divide by the length on your yarn's label and round up. Buy them from one dye lot. The estimate is from the stitches of this size at this gauge.

Sizes

Size	Finished size, about	Yarn, an estimate
Small regular, foot 8½ to 9 in (21.5 to 23 cm), ball of the foot 3¼ to 3¾ in (8.5 to 9.5 cm) across	9 in (23 cm) long, 2¾ in (7 cm) wide	about 255 yd (233 m)
Small wide, foot 8½ to 9 in (21.5 to 23 cm), ball of the foot 3¾ to 4¼ in (9.5 to 11 cm) across	9 in (23 cm) long, 3¼ in (8.5 cm) wide	about 275 yd (251 m)

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Medium regular, foot 9 to 9½ in (23 to 24 cm), ball of the foot 3¼ to 3¾ in (8.5 to 9.5 cm) across (this file)	**9½ in (24 cm) long, 2¾ in (7 cm) wide**	**about 270 yd (247 m)**
Medium wide, foot 9 to 9½ in (23 to 24 cm), ball of the foot 3¾ to 4¼ in (9.5 to 11 cm) across	9½ in (24 cm) long, 3¼ in (8.5 cm) wide	about 290 yd (265 m)
Large regular, foot 9½ to 10 in (24 to 25.5 cm), ball of the foot 3¼ to 3¾ in (8.5 to 9.5 cm) across	10 in (25.5 cm) long, 2¾ in (7 cm) wide	about 280 yd (256 m)
Large wide, foot 9½ to 10 in (24 to 25.5 cm), ball of the foot 3¾ to 4¼ in (9.5 to 11 cm) across	10 in (25.5 cm) long, 3¼ in (8.5 cm) wide	about 300 yd (274 m)

Gauge

20 stitches and 23 rounds to 4 in (10 cm) in single crochet.

After the last round of a sole, it is about 9½ in (24 cm) long and about 2¾ in (7 cm) wide.

Use any hook that gives you this. If you count more stitches than this in 4 in (10 cm), change to a larger hook; if you count fewer, to a smaller one.

Notes

- Measure the foot from the back of the heel to the tip of the longest toe, and straight across the ball of the foot with the foot flat on the floor. Take the length whose range holds the first measure and, in that length, the width whose range holds the second one. Where a measure lies on the line between two sizes, or between two of them, take the larger. The sole is about as long as the longest foot of its range and narrower than the ball of the foot: the sides stand up round it.
- The pattern makes a pair. Each flat is a sole of A, a sole of B and an upper that is worked onto both. You never have to change color inside a piece: each is worked with one yarn.
- The soles and the upper are each worked in one spiral: the rounds are not joined, and the first stitch of a round goes into the first stitch of the round before. Put a marker in the first stitch of each round and move it up every round. The right side always faces you and the work is not turned, unless a line says otherwise.
- Use a smooth cotton. For a wedding work A in white and B in ivory.
- A crocheted sole slips on smooth floors. Sew a leather or suede sole under it for wear on them.
- The figures in brackets at the end of a line are the stitches it has.

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Instructions

Medium regular, foot 9 to 9½ in (23 to 24 cm), ball of the foot 3¼ to 3¾ in (8.5 to 9.5 cm) across. US terms.

ch chain, **sl st** slip stitch, **sc** single crochet (UK double crochet), **hdc** half double crochet (UK half treble), **dc** double crochet (UK treble), **Rnd** round, **st** stitch.

BLO: only the loop away from you. **RS** right side, the one that shows.

2 sc in next st: both in one stitch. **sc in next 33 sts**: one in each.

[ ] 2 times: work what is inside 2 times in all.

(72 sc): the stitches you have when the round is done. **How to read a pattern**.

Special stitches

dc2tog (Double crochet 2 together (UK tr2tog)): Yarn over, insert the hook in the next st, draw up a loop, yarn over, draw through 2 loops; do the same in the st after it; yarn over and draw through all 3 loops on the hook. It makes 1 st of 2.

minipicot: Small picot: ch 2, sl st in the 2nd ch from the hook. It stands on the stitch before it, is not counted among the stitches and is not worked into.

Outer sole: make 2, one for each flat

Yarn A, ink navy.

☐ **Foundation**	With A, ch 36.	
☐ **Rnd 1 (RS)**	Sc in 2nd ch from hook, sc in next 33 chs, 3 sc in last ch, working along the other side of the foundation ch, sc in next 33 chs, 2 sc in last ch	(72 sc)
☐ **Rnd 2**	2 sc in next st, sc in next 33 sts, 2 sc in each of next 3 sts, sc in next 33 sts, 2 sc in each of next 2 sts	(78 sc)
☐ **Rnd 3**	2 sc in next st, sc in next 34 sts, **[**2 sc in next st, sc in next st**] 2 times**, 2 sc in next st, sc in next 34 sts, **[**2 sc in next st, sc in next st**] 2 times**	(84 sc)
☐ **Rnd 4**	2 sc in next st, sc in next 35 sts, **[**2 sc in next st, sc in next 2 sts**] 2 times**, 2 sc in next st, sc in next 35 sts, **[**2 sc in next st, sc in next 2 sts**] 2 times**	(90 sc)
☐ **Rnd 5**	2 sc in next st, sc in next 36 sts, **[**2 sc in next st, sc in next 3 sts**] 2 times**, 2 sc in next st, sc in next 36 sts, **[**2 sc in next st, sc in next 3 sts**] 2 times**	(96 sc)
☐ **Rnd 6**	2 sc in next st, sc in next 37 sts, **[**2 sc in next st, sc in next 4 sts**] 2 times**, 2 sc in next st, sc in next 37 sts, **[**2 sc in next st, sc in next 4 sts**] 2 times**	(102 sc)
☐ **Rnd 7**	2 sc in next st, sc in next 38 sts, **[**2 sc in next st, sc in next 5 sts**] 2 times**, 2 sc in next st, sc in next 38 sts, **[**2 sc in next st, sc in next 5 sts**] 2 times**	(108 sc)
☐ **Rnd 8**	2 sc in next st, sc in next 39 sts, **[**2 sc in next st, sc in next 6 sts**] 2 times**, 2 sc in next st, sc in next 39 sts, **[**2 sc in next st, sc in next 6 sts**] 2 times**	(114 sc)
☐ **End**	The sole, laid flat, is now about 9½ in (24 cm) long and about 2¾ in (7 cm) wide. Sl st in the next st to level the edge. Fasten off. Hide both tails on the wrong side. The rounds begin at the heel. The middle of the heel is the line between stitches 110 and 111 of Rnd 8: put a marker through the sole there.	

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Inner sole: make 2, one for each flat

Yarn B, soft cream.

☐ **Foundation**	With B, ch 36.	
☐ **Rnd 1 (RS)**	Sc in 2nd ch from hook, sc in next 33 chs, 3 sc in last ch, working along the other side of the foundation ch, sc in next 33 chs, 2 sc in last ch	(72 sc)
☐ **Rnd 2**	2 sc in next st, sc in next 33 sts, 2 sc in each of next 3 sts, sc in next 33 sts, 2 sc in each of next 2 sts	(78 sc)
☐ **Rnd 3**	2 sc in next st, sc in next 34 sts, **[**2 sc in next st, sc in next st**] 2 times**, 2 sc in next st, sc in next 34 sts, **[**2 sc in next st, sc in next st**] 2 times**	(84 sc)
☐ **Rnd 4**	2 sc in next st, sc in next 35 sts, **[**2 sc in next st, sc in next 2 sts**] 2 times**, 2 sc in next st, sc in next 35 sts, **[**2 sc in next st, sc in next 2 sts**] 2 times**	(90 sc)
☐ **Rnd 5**	2 sc in next st, sc in next 36 sts, **[**2 sc in next st, sc in next 3 sts**] 2 times**, 2 sc in next st, sc in next 36 sts, **[**2 sc in next st, sc in next 3 sts**] 2 times**	(96 sc)
☐ **Rnd 6**	2 sc in next st, sc in next 37 sts, **[**2 sc in next st, sc in next 4 sts**] 2 times**, 2 sc in next st, sc in next 37 sts, **[**2 sc in next st, sc in next 4 sts**] 2 times**	(102 sc)
☐ **Rnd 7**	2 sc in next st, sc in next 38 sts, **[**2 sc in next st, sc in next 5 sts**] 2 times**, 2 sc in next st, sc in next 38 sts, **[**2 sc in next st, sc in next 5 sts**] 2 times**	(108 sc)
☐ **Rnd 8**	2 sc in next st, sc in next 39 sts, **[**2 sc in next st, sc in next 6 sts**] 2 times**, 2 sc in next st, sc in next 39 sts, **[**2 sc in next st, sc in next 6 sts**] 2 times**	(114 sc)
☐ **End**	Sl st in the next st to level the edge. Fasten off. Hide both tails on the wrong side. The rounds begin at the heel. The middle of the heel is the line between stitches 110 and 111 of Rnd 8: put a marker through the sole there.	

Upper: make 2, one for each flat

Yarn A, ink navy.

☐ **Foundation**	Lay an inner sole on an outer sole with the wrong sides inside, heel to heel, so that stitch 111 of Rnd 8 of the outer sole lies against stitch 110 of Rnd 8 of the inner sole, and hold them with the outer sole toward you; join A with a sl st in the first of 114 places, the first being stitch 111 of Rnd 8: 114 stitches of the outer sole. Go on to the end of that round and then to its first 110 stitches. Work every stitch of Rnd 1 through both loops of both soles: the places of the inner sole are taken in the opposite direction, 110, 109 and so on. The sl st that leveled an edge is not a stitch: work through it and the stitch under it as one. Take the marker of the inner sole out; the one of the outer sole stays at the heel until the toe is done.	

Rim

☐ **Rnd 1**	Sc in same st as the join, sc in next 113 sts	(114 sc)

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Sides

Rnd 1 is not joined: the first stitch of Rnd 2 goes into the first sc of Rnd 1, and from here the work is a spiral with the outer sole still toward you, so that the side which faces you is the outside. Put a marker in the first stitch of each round; it is at the middle of the heel, just past it. Rnd 2 goes into the back loops only, the loops nearer the inner sole; the free front loops stand as a line round the sole.

☐ **Rnd 2**	Sc in BLO of each st around	(114 sc)

Toe

By count the middle of the toe lies between stitches 57 and 58 of Rnd 2. A spiral leans, so before you go on, fold the flat in half along its length, with the marker of the heel at one end: the fold at the toe should come between those two stitches. If it comes 1 or more stitches later in the round, work that many more stitches before the first hdc of every toe round and that many fewer after the last hdc of it; if it comes earlier, do the opposite.

☐ **Rnd 3**	Sc in next 49 sts, hdc in next st, dc in next st, **[**dc2tog**] 6 times**, dc in next st, hdc in next st, sc in next 49 sts	(98 sc, 2 hdc, 8 dc)
☐ **Rnd 4**	Sc in next 48 sts, hdc in next st, dc in next st, **[**dc2tog**] 4 times**, dc in next st, hdc in next st, sc in next 48 sts	(96 sc, 2 hdc, 6 dc)
☐ **Rnd 5**	Sc in next 46 sts, hdc in next st, dc in next st, **[**dc2tog**] 4 times**, dc in next st, hdc in next st, sc in next 46 sts	(92 sc, 2 hdc, 6 dc)
☐ **Rnd 6**	Sc in next 44 sts, hdc in next st, dc in next st, **[**dc2tog**] 4 times**, dc in next st, hdc in next st, sc in next 44 sts	(88 sc, 2 hdc, 6 dc)
☐ **Rnd 7**	Sc in next 42 sts, hdc in next st, dc in next st, **[**dc2tog**] 4 times**, dc in next st, hdc in next st, sc in next 42 sts	(84 sc, 2 hdc, 6 dc)

Edge

Take the marker of the heel out.

The next round is worked over the elastic. Lay the ring of elastic along the top of Rnd 7 and work every sc in its stitch as usual and round the elastic too, so that it lies inside the round. Spread the stitches on it when the round is done.

☐ **Rnd 8**	Sc in each st around	(92 sc)
☐ **Rnd 9**	**[**Sc in next 2 sts, minipicot**] 46 times**	(92 sc, 46 minipicots)
☐ **End**	Sl st in the next st, take the marker out and fasten off.	

Bow: make 2, one for each flat

Yarn B, soft cream.

☐ **Foundation**	With B, ch 14.	
☐ **Row 1 (RS)**	Sc in 2nd ch from hook, sc in each ch across	(13 sc)
☐ **Row 2**	Ch 1, turn, sc in each st across	(13 sc)
☐ **Rows 3 to 6**	Repeat row 2. (13 sc)	

3 4 5 6

☐ **End**	Fasten off. Hide both tails on the wrong side. The side that faced you in Row 1 is the right side.	

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Knot: make 2, one for each flat

Yarn B, soft cream.

☐ **Foundation**	With B, ch 4, leaving a tail of 10 in (25.5 cm) at the start to sew with.	
☐ **Row 1**	Sc in 2nd ch from hook, sc in each ch across	(3 sc)
☐ **Row 2**	Ch 1, turn, sc in each st across	(3 sc)
☐ **Rows 3 to 9**	Repeat row 2. (3 sc) 3 4 5 6 7 8 9	
☐ **End**	Fasten off, leaving a tail of 14 in (35.5 cm) to sew with.	

Finishing

- Lay a bow across the toe of each flat, right side up, with its length from side to side: the knot lies over the line between the two middle dc2tog of Rnd 6, one round below the last round of the toe, and the edge of the opening is free above the bow. Sew the underside of the knot to the flat with the longer tail. Then sew each end of the bow down with 2 small stitches at its 2 corners, with a piece of B 16 in (40.5 cm) long for each flat.
- Make the second flat the same; left and right are alike.
- Bow: lay a bow flat, right side up, and wind a knot once round its middle, so that the 9 rows of the knot go round the bow and its 3 stitches lie along it. Draw it close, so that the strip gathers under it from 6 rows to about half its width. Behind the bow sew the last row of the knot to its foundation chain, 3 stitches to 3 chains, with the shorter tail, and take one stitch through the bow.
- Weave in the other tails on the inside, between the stitches of the sides.

In all: 10 pieces.

Found a mistake in this pattern? Tell us at flossfield.com, under Make a request.

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