Newborn dress and headband set

0-3 months, to fit chest 16 in (40.5 cm) · US terms



Finished size

About 18¼ in (46.5 cm) round the dress's chest and about 12 in (30.5 cm) at the dress neck

To fit a chest of 16 in (40.5 cm), head 15 in (38 cm)

Skill

Intermediate

One piece from the neck down, shell stitch in rounds, simple increases

Yarn

Fine (2), 2 colors

Hook

4 mm (US G-6)

Gauge

18 stitches and 15 rows to 4 in (10 cm)

In half double crochet (UK half treble).

What you need

Yarn A: peach, main color — **about 450 yd (411 m), an estimate**

Yarn B: cream, contrast — **about 60 yd (55 m), an estimate**

By weight: about 150 g in all, an estimate, where 100 g is 350 yd (320 m).

Hook: 4 mm (US G-6), or the size that gives you the gauge. Also: yarn needle, scissors, tape measure, 3 buttons, 3/8 in (10 mm) across and sewing thread and a sewing needle.

To find how many balls: divide by the length on your yarn's label and round up. Buy them from one dye lot. The estimate is from the stitches of this size at this gauge.

Sizes

Size	Chest	Yarn, an estimate	Dress chest (buttoned)	Dress neck around (buttoned)	Yoke depth	Dress length from the neck	Around the sleeve at the underarm	Around the hem	Headband around, unstretched
Newborn	14 in (35.5 cm)	about 405 yd (370 m)	16½ in (42 cm)	11 in (28 cm)	3½ in (9 cm)	11¾ in (30 cm)	6¼ in (16 cm)	24 in (61 cm)	12 in (30.5 cm)
0-3 months (this file)	**16 in (40.5 cm)**	**about 510 yd (466 m)**	**18¼ in (46.5 cm)**	**12 in (30.5 cm)**	**3¾ in (9.5 cm)**	**13¼ in (33.5 cm)**	**7 in (18 cm)**	**26¾ in (68 cm)**	**13½ in (34.5 cm)**
3-6 months	17 in (43 cm)	about 560 yd (512 m)	19 in (48.5 cm)	12¾ in (32.5 cm)	4¼ in (11 cm)	14¾ in (37.5 cm)	7½ in (19 cm)	28 in (71 cm)	14¾ in (37.5 cm)

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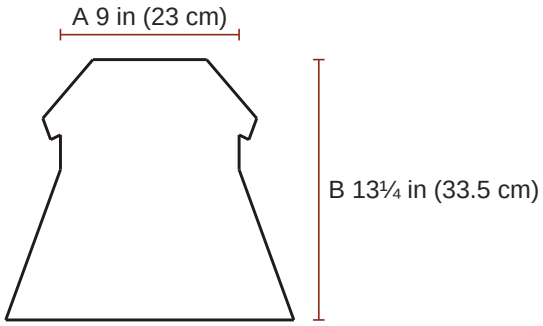
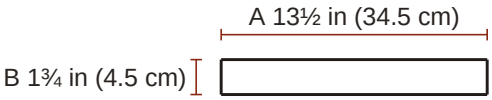
Schematic



Dress, laid flat
A half the dress chest (buttoned)
B the dress length from the neck



Headband
A the headband around, unstretched
B from top to bottom

Gauge

18 stitches and 15 rows to 4 in (10 cm) in half double crochet.

> **The swatch.** A test piece to measure and pull out. It is not the start of the pattern. Ch 28; begin in the 2nd ch from the hook and work 22 rows of half double crochet on 27 sts, about 6 in (15 cm) wide and 5¾ in (14.5 cm) high, and measure 4 in (10 cm) in the middle. Use a larger hook if your swatch is small, a smaller one if it is large. Single crochet (UK: double crochet): about 21 rows to 4 in (10 cm). Shell stitch: 3 repeats of 1 sc and 1 shell of 5 dc (each repeat worked over 6 sts) are about 4 in (10 cm) wide; 13 rounds to 4 in (10 cm). Headband (single crochet in back loops): 18 sts and 19.5 rows to 4 in (10 cm).

Notes

- Three sizes, chosen by the chest and the head.
- No fit is promised beyond the measurements given. The finished chest of the dress is 2 to 2½ in (5 to 6.5 cm) wider than the chest it is for, and the back opens down to the waist. The headband is about 1½ to 2 in (4 to 5 cm) smaller around than the head, and stretches.
- Dress: worked from the neck down. The yoke and the body are worked back and forth in rows, open down the back; row 1 is a right side row. The skirt and the sleeves are worked in rounds with the right side facing; the rounds are not turned. The rounds of the skirt begin and end at the middle of the back.
- The chain at the start of a row or round (ch 1 for single and half double crochet, ch 2 for double crochet) never counts as a stitch. Work the first stitch into the stitch at its base.
- At the underarms, work into each of the new chains as into a stitch on the next row. The sleeves are worked into the free side of these chains.
- Shell stitch: a shell is 5 dc in one stitch. Rnd 2 of the skirt, and the shell rnd at the end of a sleeve, are worked into a plain round of hdc. From rnd 3 of the skirt on, the shells are worked in the sc of the round before, and the sc in the middle (the 3rd dc) of its shells.
- Sew the buttons and the flowers on firmly, weave the ends in well, and look at them before each wear. The headband is for a baby who is awake and watched; take it off for sleep. It should lie loosely on the head: do not make it tighter than the size given.

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- Color changes in rows: work the last yarn over of the last stitch of the row before with the new yarn. Cut the old yarn, leaving an end of about 6 in (15 cm), or, if it is needed again at the same edge within 6 rows and that edge is straight, carry it loosely up the edge.
- Color changes in rounds: work the sl st that joins the round before with the new yarn. Cut the old yarn, leaving an end of about 6 in (15 cm), or, if it is needed again within 6 rnds, carry it loosely up the inside at the join.
- In back loop only: insert the hook under the loop of the stitch that is farther from you, and leave the nearer loop free.
- Dress length from the neck to the hem, without the neck edging 13¼ in (33.5 cm).

Instructions

0-3 months, to fit chest 16 in (40.5 cm). US terms.

ch chain, **sl st** slip stitch, **sc** single crochet (UK double crochet), **hdc** half double crochet (UK half treble), **dc** double crochet (UK treble), **Rnd** round, **st** stitch, **sp** space.
RS right side, the one that shows, **WS** wrong side, the back.
2 hdc in next st: both in one stitch. **hdc in next 4 sts**: one in each.
[ ] 8 times: work what is inside 8 times in all.
(52 hdc): the stitches you have when the row is done. **How to read a pattern**.

Dress yoke

Yarn A, peach.

☐ **Foundation**	With yarn A, ch 53.	
☐ **Row 1 (RS)**	Hdc in 2nd ch from hook and in each ch across	(52 hdc)
☐ **Row 2 (WS)**	Ch 1, turn; **[**hdc in next 4 sts, 2 hdc in next st**] 8 times**, [hdc in next 5 sts, 2 hdc in next st] twice	(62 hdc)
☐ **Row 3**	Ch 1, turn; hdc in each st across	(62 hdc)
☐ **Row 4**	Ch 1, turn; hdc in next 3 sts, **[**2 hdc in next st, hdc in next 5 sts**] 8 times**, 2 hdc in next st, hdc in next 6 sts, 2 hdc in next st, hdc in next 3 sts	(72 hdc)
☐ **Row 5**	Ch 1, turn; hdc in next 2 sts, **[**2 hdc in next st, hdc in next 8 sts**] 7 times**, 2 hdc in next st, hdc in next 6 sts	(80 hdc)
☐ **Row 6**	Ch 1, turn; hdc in each st across	(80 hdc)
☐ **Row 7**	Ch 1, turn; hdc in next 6 sts, **[**2 hdc in next st, hdc in next 7 sts**] 9 times**, 2 hdc in next st, hdc in next st	(90 hdc)
☐ **Row 8**	Ch 1, turn; **[**hdc in next 8 sts, 2 hdc in next st**] 10 times**	(100 hdc)
☐ **Row 9**	Ch 1, turn; hdc in each st across	(100 hdc)
☐ **Row 10**	Ch 1, turn; hdc in next 6 sts, **[**2 hdc in next st, hdc in next 11 sts**] 4 times**, **[**2 hdc in next st, hdc in next 12 sts**] 3 times**, 2 hdc in next st, hdc in next 6 sts	(108 hdc)
☐ **Row 11**	Ch 1, turn; hdc in next 2 sts, [2 hdc in next st, hdc in next 9 sts] twice, **[**2 hdc in next st, hdc in next 10 sts**] 7 times**, 2 hdc in next st, hdc in next 8 sts	(118 hdc)
☐ **Row 12**	Ch 1, turn; hdc in each st across	(118 hdc)

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☐ **Row 13**	Ch 1, turn; hdc in next 8 sts, [2 hdc in next st, hdc in next 10 sts] twice, **[**2 hdc in next st, hdc in next 11 sts**] 7 times**, 2 hdc in next st, hdc in next 3 sts	(128 hdc)
☐ **Row 14**	Ch 1, turn; hdc in each st across	(128 hdc)
☐ **End**	Do not fasten off.	

Dress body

Yarn A, peach.

☐ **Foundation**	Go on from row 14 of the dress yoke. Colors: rows 15 to 19 yarn A; rows 20 and 21 yarn B.	
☐ **Row 15**	Ch 1, turn; hdc in next 18 sts, ch 4 (underarm), skip next 28 sts (one sleeve), hdc in next 36 sts, ch 4 (underarm), skip next 28 sts (one sleeve), hdc in next 18 sts	(72 hdc, 8 ch)
☐ **Rows 16 to 21**	Ch 1, turn; hdc in each st across	(80 hdc)
	16 17 18 19 20 21	
☐ **End**	Work the last yarn over of row 21 with yarn A; it goes on with the skirt. Cut yarn B.	

Dress skirt

Yarn A, peach.

☐ **Foundation**	Go on from row 21 of the dress body, a right side row. Do not turn. With the right side facing, join the row into a ring with a sl st in its first hdc, so that the right side is outward. From here the skirt is worked in rounds. Colors: rnds 1 to 23 yarn A; rnds 24 and 25 yarn B.	
☐ **Rnd 1**	Ch 1; **[**hdc in next st, 2 hdc in next st**] 40 times**; join with sl st in first hdc	(120 hdc)
☐ **Rnd 2**	Ch 1; **[**sc in next st, skip next 2 sts, 5 dc in next st, skip next 2 sts**] 20 times**; join with sl st in first sc	(20 sc, 100 dc)
☐ **Rnd 3**	Ch 2; **[**5 dc in next st, skip next 2 sts, sc in next st, skip next 2 sts**] 20 times**; join with sl st in first dc	(100 dc, 20 sc)
☐ **Rnd 4**	Sl st in each of next 2 dc (the second is the middle of the shell), ch 1; sc in same st, skip next 2 sts, 5 dc in next st, skip next 2 sts, **[**sc in next st, skip next 2 sts, 5 dc in next st, skip next 2 sts**] 19 times**; join with sl st in first sc	(20 sc, 100 dc)
☐ **Rnds 5 to 24**	Repeat Rnds 3 and 4, 10 more times	(20 sc, 100 dc)
	5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24	
☐ **Rnd 25**	Ch 2; **[**5 dc in next st, skip next 2 sts, sc in next st, skip next 2 sts**] 20 times**; join with sl st in first dc	(100 dc, 20 sc)
☐ **End**	Fasten off.	

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Dress sleeve: make 2

Yarn A, peach.

☐ **Foundation**	Colors: rnds 1 to 4 yarn A; rnd 5 yarn B. With the right side facing and the hem downward, join yarn A in the 3rd of the 4 underarm chs, counted from the right, on their free side; ch 1, hdc in that ch and in the underarm ch to its left, hdc in each of the 28 sleeve sts and hdc in each of the 2 underarm chs left (32 hdc); join with sl st in first hdc. This is rnd 1.	
☐ **Rnd 2**	Ch 1; **[**hdc in next 2 sts, 2 hdc in next st**] 8 times**, [hdc in next 3 sts, 2 hdc in next st] twice; join with sl st in first hdc	(42 hdc)
☐ **Rnds 3 to 4** 3 4	Ch 1; hdc in each st around; join with sl st in first hdc	(42 hdc)
☐ **Rnd 5**	Ch 1; **[**sc in next st, skip next 2 sts, 5 dc in next st, skip next 2 sts**] 7 times**; join with sl st in first sc	(7 sc, 35 dc)
☐ **End**	Fasten off.	

Neck and opening edging

Yarn B, cream.

☐ **Foundation**	With the right side facing, join yarn B at the neck end of the right back edge (as worn), in the end of row 1. Ch 1; down this edge to the skirt, [sc in the end of each of the next 4 rows, 2 sc in the end of the next row] 4 times, sc in the end of the next row (25 sc); up the left back edge to the neck, [sc in the end of each of the next 4 rows, 2 sc in the end of the next row] 4 times, sc in the end of the next row (25 sc); along the neck, in the free side of the 52 chs that row 1 is worked in (the ch skipped at the start of row 1 is left out), 2 sc in the first of them you come to, sc in each of the next 50 chs, 2 sc in the last of them (54 sc; 104 sc in all); join with sl st in first sc. This is rnd 1.	
☐ **Rnd 2**	Ch 1; sc in next st, [ch 3, skip next 2 sts, sc in next 8 sts] twice, ch 3, skip next 2 sts, sc in next 81 sts; join with sl st in first sc	(98 sc, 3 ch-3 sps)
☐ **End**	The 3 loops lie on the right back edge, over sts 1 to 25 of rnd 1; sts 24 and 25, below the lowest loop, are worked in sc. Fasten off.	

Headband

Yarn A, peach.

☐ **Foundation**	With yarn A, ch 9.	
☐ **Row 1 (RS)**	Sc in 2nd ch from hook and in each ch across	(8 sc)
☐ **Rows 2 to 66**	Ch 1, turn; sc in back loop only of each st across	(8 sc)

2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29
30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57
58 59 60 61 62 63 64 65 66

☐ **End**	The headband is about 1¾ in (4.5 cm) wide and 13½ in (34.5 cm) long, unstretched. Fasten off, leaving an end of about 6 in (15 cm) for sewing. Sew the last row to the foundation chain, 8 sts to 8 chs, without a twist.	

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Under flower

Yarn A, peach.

☐ **Foundation**	With yarn A, ch 3; join with sl st in first ch to form a ring.	
☐ **Rnd 1**	Ch 1; 6 sc in ring; join with sl st in first sc	(6 sc)
☐ **Rnd 2**	Ch 1; 2 sc in each of next 6 sts; join with sl st in first sc	(12 sc)
☐ **Rnd 3**	Ch 1; **[**sc in next st, 2 sc in next st**] 6 times**; join with sl st in first sc	(18 sc)
☐ **Rnd 4**	Ch 1; **[**sc in next 2 sts, 2 sc in next st**] 6 times**; join with sl st in first sc	(24 sc)
☐ **Rnd 5**	Ch 1; **[**sc in next st, skip next st, 7 dc in next st, skip next st**] 6 times**; join with sl st in first sc	(6 sc, 42 dc)
☐ **End**	Fasten off, leaving an end of about 12 in (30 cm) for sewing.	

Flower: make 2

Yarn A, peach.

☐ **Foundation**	With yarn A, ch 3; join with sl st in first ch to form a ring. Colors: rnd 1 yarn A; rnds 2 and 3 yarn B.	
☐ **Rnd 1**	Ch 1; 6 sc in ring; join with sl st in first sc	(6 sc)
☐ **Rnd 2**	Ch 1; 2 sc in each of next 6 sts; join with sl st in first sc	(12 sc)
☐ **Rnd 3**	Ch 1; **[**sc in next st, 5 dc in next st**] 6 times**; join with sl st in first sc	(6 sc, 30 dc)
☐ **End**	Fasten off, leaving an end of about 12 in (30 cm) for sewing.	

Assembly

1. Dress. Close any small gaps at the underarms with the yarn ends there.

2. Dress buttons: lay the edging of the right back over the edging of the left back. The last 2 sts of the right back edge, below the lowest loop, are at the foot of the opening: sew them down on the edging of the left back with a few stitches of the sewing thread, and leave the loop itself free. Mark the place under each of the 3 loops, on rnd 1 of the edging of the left back, and sew a button there with the sewing thread. Sew through each button a second time with a new thread; see that it is firm before every wear.

3. Dress flower: sew one flower with its own end to the front of the dress, all round, over the two cream rows at the waist: its middle lies between rows 20 and 21 of the body, over st 50 of row 21 (counted from the first st of that row, at the right back edge as worn).

4. Headband: lay the other flower on the under flower, right sides up, middle on middle, and sew them together. Sew them to the headband, opposite its seam, with the end of the under flower, over the middle and behind each of the 6 petals, so that nothing hangs loose.

Finishing

- Weave in all the ends. Wash as the yarn label says and lay flat to the measurements to dry.

In all: 5 pieces; 6,036 stitches (1,298 in the dress yoke, 560 in the dress body, 3,000 in the dress skirt, 168 in each dress sleeve, 98 in the neck and opening edging, 528 in the headband, 108 in the under flower, 54 in each flower).

Found a mistake in this pattern? Tell us at flossfield.com, under Make a request.

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