Peppermint swirl scrubby

US terms



Finished size
About 4¼ in (11 cm) wide without the twists

Skill
Easy
Worked in rounds, with the stitches named

Yarn
Medium (4), 2 colors

Hook
5 mm (US H-8)

Gauge
14 stitches to 4 in (10 cm)
In single crochet.

You will need

Yarn A: red net and cotton, main color	**about 15 yd (14 m), an estimate**
Yarn B: white net and cotton, color B	**about 25 yd (23 m), an estimate**

Fiber: cotton

Hook: 5 mm (US H-8), or the size that gives you the gauge. Also: a yarn needle and scissors.

To find how many balls: divide by the length on your yarn's label and round up. Buy them from one dye lot. The estimate is from the stitches of this size at this gauge.

Abbreviations

Written in US terms. Where the UK name differs it is given beside the US one.

ch	chain
sl st	slip stitch (UK ss, slip stitch)
sc	single crochet (UK dc, double crochet)
dc	double crochet (UK tr, treble)
st	stitch
rnd	round

Gauge

14 stitches to 4 in (10 cm) in single crochet.

Use any hook that gives you this. If you count more stitches than this in 4 in (10 cm), change to a larger hook; if you count fewer, to a smaller one.

Check your gauge on the piece. Begin the pattern and measure the piece itself as you go. After rnd 4 the piece measures about 2¼ in (5.5 cm) across.

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Before you start

- Magic ring: wrap the yarn round two fingers, work the first round into the loop, then pull the tail to close it. Ch 4 joined into a ring with a sl st does as well.
- Every round is worked with the right side facing; do not turn.
- A beginning chain counts as the stitch in brackets after it. A ch 1 at the start of a round does not count as a stitch.
- The sl sts at the start of a round carry the yarn to where the round begins; they are not counted.
- Strips: nylon net comes about 72 in (183 cm) wide. Fold it so that its two side edges meet and then once more the same way, so that it lies in four layers about 18 in (46 cm) wide. Cut straight across, from fold to fold, through all four layers, into strips ½ in (1.3 cm) wide. Opened out, each strip is about 72 in (183 cm) long. Stiff tulle of the same width does as well.
- To join strips: when about 4 in (10 cm) of a strip is left, tie the next strip to its end with a square knot (right over left, then left over right). Pull it tight, cut the ends to ½ in (1.5 cm), and leave the knot on the wrong side as you come to it. Gather a strip between the fingers and work it like a thick yarn.
- A and B are each two as one: a strip of net and a strand of cotton are held side by side and worked as one yarn; each time the hook draws up a loop it takes both. Leave the loops easy, so that the net stays springy.
- To change color: work the stitch before the change until two loops are left on the hook, drop the old color, then catch the new one with the hook and draw it through the two loops. "With B" or "with A" inside a round names the color of the stitches after it, so the change is made at the end of the stitch before.
- Lay the color you are not using along the top of the round below and work the stitches over it, so that it is hidden and ready where it is needed. A comes in with the joining sl st of rnd 1 and is not cut until the circle is done; at the end of rnd 7 of the back and of rnd 8 of the front fasten off both.
- Rnds 2 and 3 begin in the stitch where the joining sl st lies. From rnd 4 on every round begins one stitch farther on: the sl st at its start is worked in the 2nd sc of the round below and "same st" is that same stitch. The last stitch of the round then goes in the stitch where the joining sl st lies, the first sc of the round below. This is what turns the stripes into a swirl.
- In rnd 2 "same st" after "with B" is the stitch the red sc just went into: every sc of rnd 1 holds one red and one white sc.
- In row 2 of a twist the last 2 dc go in the top of the ch 3 that began row 1, and in row 3 the last dc goes in the top of the ch 3 that began row 2.

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Instructions

Square brackets [ ] hold a repeat: work what is inside as many times as it says. The count in round brackets at the end of a line is what that line leaves. Tick the box when a round is done. In UK terms sl st is slip stitch, sc is double crochet and dc is treble.

Candy

Yarns in order of use: B, white net and cotton; A, red net and cotton.

Make the back first: work rnds 1 to 7, fasten off A and B and set it aside.

Then work rnds 1 to 7 again for the front and go on to rnd 8.

☐ **Foundation**	With B, make a magic ring.	
☐ **Rnd 1**	With B, ch 1, 6 sc in ring, with A, join with sl st in first sc	**(6 sc)**
☐ **Rnd 2**	Ch 1, sc in same st, with B, sc in same st, **[**with A, sc in next sc, with B, sc in same st**] 5 times**, with A, join with sl st in first sc	**(12 sc)**
☐ **Rnd 3**	Ch 1, 2 sc in same st, with B, sc in next sc, **[**with A, 2 sc in next sc, with B, sc in next sc**] 5 times**, with A, join with sl st in first sc	**(18 sc)**
☐ **Rnd 4**	Sl st in next sc, ch 1, with A, 2 sc in same st, with B, sc in each of next 2 sc, **[**with A, 2 sc in next sc, with B, sc in each of next 2 sc**] 5 times**, with A, join with sl st in first sc	**(24 sc)**
☐ **Rnd 5**	Sl st in next sc, ch 1, with A, 2 sc in same st, sc in next sc, with B, sc in each of next 2 sc, **[**with A, 2 sc in next sc, sc in next sc, with B, sc in each of next 2 sc**] 5 times**, with A, join with sl st in first sc	**(30 sc)**
☐ **Rnd 6**	Sl st in next sc, ch 1, with A, 2 sc in same st, sc in next sc, with B, sc in each of next 3 sc, **[**with A, 2 sc in next sc, sc in next sc, with B, sc in each of next 3 sc**] 5 times**, with A, join with sl st in first sc	**(36 sc)**
☐ **Rnd 7**	Sl st in next sc, ch 1, with A, 2 sc in same st, sc in each of next 2 sc, with B, sc in each of next 3 sc, **[**with A, 2 sc in next sc, sc in each of next 2 sc, with B, sc in each of next 3 sc**] 5 times**, with A, join with sl st in first sc	**(42 sc)**

Lay the back behind the front, wrong sides together, the front toward you, stitch behind stitch. Work rnd 8 through both at once: put the hook under both loops of the front stitch and of the back stitch behind it. The sl st at its start goes through both as well. The colors follow those of the front; as you go, push every knot and end in between the two circles.

☐ **Rnd 8**	Sl st in next sc, ch 1, with A, 2 sc in same st, sc in each of next 2 sc, with B, sc in each of next 4 sc, **[**with A, 2 sc in next sc, sc in each of next 2 sc, with B, sc in each of next 4 sc**] 5 times**, with A, join with sl st in first sc	**(48 sc)**
☐ **End**	Fasten off.	

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Wrapper twist: make 2

Yarn B, white net and cotton.

Worked with B, the net and the cotton held together, with the same hook.

☐ **Foundation**	With B, make a magic ring.	
☐ **Row 1**	With B, ch 3 (counts as dc), 5 dc in ring	**(6 dc)**
☐ **Row 2**	Ch 3 (counts as dc), turn, dc in same st, **[**2 dc in next dc**] 5 times**	**(12 dc)**
☐ **Row 3**	Ch 3 (counts as dc), turn, dc in same st, dc in next dc, **[**2 dc in next dc, dc in next dc**] 5 times**	**(18 dc)**
☐ **End**	Fasten off. Pull the ring closed. Leave a tail of 16 in (40 cm) of the cotton at the last dc and cut the net to 4 in (10 cm). With the needle draw both down along the straight side of the fan to the ring, on the wrong side. Behind the ring knot this end of net to the two ends that the twist began with, and cut these three to ½ in (1.5 cm). Keep the cotton tail for sewing.	

Assembly

1. Twists: lay the point of a twist, its ring, on the edge of the candy at the first stitch of rnd 8, the fan pointing straight out and row 1 of the fan with its right side up, like the front of the candy. The ring and the lower part of the 6 dc of row 1 lie on the front of the candy, over the five stitches of rnd 8 that are in the middle there: the first stitch and the two on each side of it. With the cotton tail of the twist sew the ring and the lower part of these dc down with ten small stitches, two in each of those five stitches of rnd 8. For each, put the needle down through the twist and then through the foot of the stitch of rnd 8, where the front and the back are joined, so that it comes out at the back of the candy, and bring it up again close by. Fasten off at the back and draw the end in between the circles. Sew the other twist in the same way at the 25th stitch of rnd 8, half way round, with its own tail.

2. Fold each fan between the fingers into three or four soft pleats, from the ring outward, like the paper of a candy, and let it spring open.

Finishing

- Draw every end that is left in between the two circles with the yarn needle.

In all: 3 pieces; 288 stitches (216 in the candy, 36 in each wrapper twist).

Found a mistake in this pattern? Tell us at flossfield.com, under Make a request.

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