Plarn outdoor mat

Sleeping mat · US terms



Finished size
About 30 in (76 cm) wide and 72 in (183 cm) long

Skill
Easy
Rows of half double crochet, slip stitch for the ties of the Sleeping mat, and color changes

Yarn
Super bulky (6), 4 colors

Hook
9 mm (US M/N-13)

Gauge
8 stitches and 6½ rows to 4 in (10 cm)
In half double crochet (UK half treble).

What you need

Yarn A: white	**about 490 yd (448 m), an estimate**
Yarn B: denim, stripes of the mat and the tie	**about 200 yd (183 m), an estimate**
Yarn C: sky, stripe	**about 280 yd (256 m), an estimate**
Yarn D: sunny yellow, stripe	**about 70 yd (64 m), an estimate**

Fiber: plastic bag

Hook: 9 mm (US M/N-13), or the size that gives you the gauge. Also: scissors, a tape measure and a large yarn needle and plastic bags, clean and dry, sorted by color. A thin plastic grocery bag of about 12 by 20 in (30 by 50 cm) gives about 2 yd (1.8 m) of plarn. An estimate of the bags: Sleeping mat 245 white, 100 denim, 140 sky, 35 sunny yellow; Door mat 40 white, 35 denim, 35 sky, 20 sunny yellow. Other colors will do: plan the stripes by the bags you have.

Sizes

Size	Finished size, about	Yarn, an estimate
Door mat	28 in (71 cm) wide, 18 in (46 cm) long	about 245 yd (224 m)
Sleeping mat (this file)	**30 in (76 cm) wide, 72 in (183 cm) long**	**about 1,040 yd (951 m)**

Gauge

8 stitches and 6½ rows to 4 in (10 cm) in half double crochet. Along a row, count every stitch and every chain between stitches as one.

Check it on the mat itself when 7 rows are done: the 60 stitches of a row in Sleeping mat are about 30 in (76 cm) wide and the 56 in Door mat about 28 in (71 cm), and the 7 rows are about 4¼ in (11 cm) tall. If they measure more, start again with a smaller hook or cut narrower loops; if they measure less, with a larger hook or wider loops.

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Instructions

Sleeping mat. US terms.

hdc half double crochet (UK htr), **ch** chain, **sl st** slip stitch, **st** stitch.
The ch 1 is not a stitch. Work in the **very first stitch**.
(60 hdc): the row now has 60; a check, not a step. Not 60? **Pull it back**.
Also: RS right side, yo yarn over.
Every stitch, drawn: flossfield.com/crochet/stitches.

Mat

☐ **Start**	With B, make a slip knot and ch 61.	
☐ **Row 1 (RS)**	Hdc in 2nd ch from hook and in each ch across	(60 hdc)
☐ **Rows 2 to 6**	Ch 1, turn; hdc in each st across	(60 hdc)
	2 3 4 5 6	
☐ **Row 7**	With D, ch 1, turn; hdc in each st across	(60 hdc)
☐ **Row 8**	Ch 1, turn; hdc in each st across	(60 hdc)
☐ **Row 9**	With C, ch 1, turn; hdc in each st across	(60 hdc)
☐ **Rows 10 to 14**	Ch 1, turn; hdc in each st across	(60 hdc)
	10 11 12 13 14	
☐ **Row 15**	With A, ch 1, turn; hdc in each st across	(60 hdc)
☐ **Rows 16 to 24**	Ch 1, turn; hdc in each st across	(60 hdc)
	16 17 18 19 20 21 22 23 24	
☐ **Row 25**	With B, ch 1, turn; hdc in each st across	(60 hdc)
☐ **Row 26**	Ch 1, turn; hdc in each st across	(60 hdc)
☐ **Row 27**	With C, ch 1, turn; hdc in each st across	(60 hdc)
☐ **Row 28**	Ch 1, turn; hdc in each st across	(60 hdc)
☐ **Row 29**	With B, ch 1, turn; hdc in each st across	(60 hdc)
☐ **Row 30**	Ch 1, turn; hdc in each st across	(60 hdc)
☐ **Row 31**	With A, ch 1, turn; hdc in each st across	(60 hdc)
☐ **Rows 32 to 42**	Ch 1, turn; hdc in each st across	(60 hdc)
	32 33 34 35 36 37 38 39 40 41 42	
☐ **Row 43**	With C, ch 1, turn; hdc in each st across	(60 hdc)
☐ **Rows 44 to 46**	Ch 1, turn; hdc in each st across	(60 hdc)
	44 45 46	
☐ **Row 47**	With D, ch 1, turn; hdc in each st across	(60 hdc)
☐ **Row 48**	Ch 1, turn; hdc in each st across	(60 hdc)
☐ **Row 49**	With C, ch 1, turn; hdc in each st across	(60 hdc)

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☐ **Rows 50 to 52**	Ch 1, turn; hdc in each st across	(60 hdc)
50 51 52		
☐ **Row 53**	With A, ch 1, turn; hdc in each st across	(60 hdc)
☐ **Rows 54 to 65**	Ch 1, turn; hdc in each st across	(60 hdc)
54 55 56 57 58 59 60 61 62 63 64 65		
☐ **Row 66**	With C, ch 1, turn; hdc in each st across	(60 hdc)
☐ **Rows 67 to 69**	Ch 1, turn; hdc in each st across	(60 hdc)
67 68 69		
☐ **Row 70**	With D, ch 1, turn; hdc in each st across	(60 hdc)
☐ **Row 71**	Ch 1, turn; hdc in each st across	(60 hdc)
☐ **Row 72**	With C, ch 1, turn; hdc in each st across	(60 hdc)
☐ **Rows 73 to 75**	Ch 1, turn; hdc in each st across	(60 hdc)
73 74 75		
☐ **Row 76**	With A, ch 1, turn; hdc in each st across	(60 hdc)
☐ **Rows 77 to 87**	Ch 1, turn; hdc in each st across	(60 hdc)
77 78 79 80 81 82 83 84 85 86 87		
☐ **Row 88**	With B, ch 1, turn; hdc in each st across	(60 hdc)
☐ **Row 89**	Ch 1, turn; hdc in each st across	(60 hdc)
☐ **Row 90**	With C, ch 1, turn; hdc in each st across	(60 hdc)
☐ **Row 91**	Ch 1, turn; hdc in each st across	(60 hdc)
☐ **Row 92**	With B, ch 1, turn; hdc in each st across	(60 hdc)
☐ **Row 93**	Ch 1, turn; hdc in each st across	(60 hdc)
☐ **Row 94**	With A, ch 1, turn; hdc in each st across	(60 hdc)
☐ **Rows 95 to 103**	Ch 1, turn; hdc in each st across	(60 hdc)
95 96 97 98 99 100 101 102 103		
☐ **Row 104**	With C, ch 1, turn; hdc in each st across	(60 hdc)
☐ **Rows 105 to 109**	Ch 1, turn; hdc in each st across	(60 hdc)
105 106 107 108 109		
☐ **Row 110**	With D, ch 1, turn; hdc in each st across	(60 hdc)
☐ **Row 111**	Ch 1, turn; hdc in each st across	(60 hdc)
☐ **Row 112**	With B, ch 1, turn; hdc in each st across	(60 hdc)
☐ **Rows 113 to 117**	Ch 1, turn; hdc in each st across	(60 hdc)
113 114 115 116 117		
☐	Fasten off.	

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Tie: make 2

Yarn B, denim.

☐ **Start**	With B, ch 81.	
☐ **Row 1 (RS)**	Sl st in 2nd ch from hook and in each ch across	(80 sl sts)
☐	Fasten off.	

Assembly

1. Weave in all the ends. The last row of the mat is the outer edge of the roll. Lay the mat flat, wrong side up, with the last row at the top: the wrong side is the side that faces you in row 2.

2. Ties: the middle of a tie is between its 40th and its 41st stitch. Cut two lengths of B, each about 14 in (36 cm) long. Sew the middle of one tie to the stitch of the last row that is the 7th from the right end, and the middle of the other to the 7th from the left end, with 4 stitches through the same place, and fasten each length.

3. To roll the mat up, lay it right side up, begin at row 1 and roll it tightly to the last row. Take the two halves of each tie round the roll and tie them in a bow.

Finishing

- Weave in the tails that are left with the yarn needle and tie each one once round the last strand it passes.
- To clean the mat, rinse it with water and hang it up to drip dry. Do not iron it and do not put it in a dryer.

In all: 3 pieces; 7,180 stitches (7,020 in the mat, 80 in each tie).

To find how many balls: divide by the length on your yarn's label and round up. Buy them from one dye lot. The estimate is from the stitches of this size at this gauge, with 15 percent added.

Notes

- The Sleeping mat has two ties, which are worked apart and sewn on at the end. The Door mat has no ties: when its last row is done and its ends are woven in, it is finished.
- The ch 1 at the start of a row does not count as a stitch.
- To cut a bag: lay it flat and smooth, with the side pleats folded in. Cut off the handles and the bottom seam and throw them away. Fold the tube that is left from side to side, so that its long edges meet, and fold it the same way once more: it is now a long strip a quarter as wide. Cut straight across the strip every 2 in (5 cm): each piece opens out to a loop, a ring of plastic 2 in (5 cm) wide.
- To join the loops: put one end of a new loop up through the end of the last loop, far enough to open it with two fingers. Bring the other end of the new loop through this opening, and pull gently until the two loops lock in a small flat knot. A loop lies double in the plarn, so the plarn is two layers thick. Wind it in a ball as you go, one ball for each color.
- To change color, work the last yarn over of the last stitch of the row before with the new plarn. Cut the old plarn at the end of its stripe, leaving a tail of about 6 in (15 cm), and leave a tail of the same length on the new one. When a ball runs out, lock the next loop into the last one.
- Leave a tail of about 6 in (15 cm) when you begin and when you fasten off. Keep the stitches loose: plarn does not stretch.
- Keep plastic away from fire, from a stove and from a hot grill. The mat is not a toy: keep bags and loops away from small children.
- Plarn is yarn cut from plastic bags. It is knotted loop to loop, as the notes tell.
- Cut and join the bags of a color before its first stripe, and keep a few bags of each color over.

Found a mistake in this pattern? Tell us at flossfield.com, under Make a request.

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