Plus size chunky cardigan

3X, to fit bust 53 in (134.5 cm) · US terms



Finished size

About 60 in (152.5 cm) at the bust and about 31¼ in (79.5 cm) long

To fit a bust of 53 in (134.5 cm)

Skill

Easy

Griddle stitch, simple shaping, a ribbed band worked sideways

Yarn

Bulky (5)

Hook

8 mm (US L-11)

Gauge

10 stitches and 8 rows to 4 in (10 cm)

In griddle stitch.

What you need

Yarn: any one color (deep plum in the picture), bulky (5) **about 1,625 yd (1,486 m), an estimate**

By weight: about 1,250 g, an estimate, where 100 g is 130 yd (119 m).

Hook: 8 mm (US L-11), or the size that gives you the gauge. Also: yarn needle, scissors, tape measure, stitch markers and pins.

To find how many balls: divide by the length on your yarn's label and round up. Buy them from one dye lot. The estimate is from the stitches of this size at this gauge.

Sizes

Size	To fit bust	Yarn, an estimate	Bust	Length	Each front across the bust	Back across the hem, above the rib	Armhole depth	Sleeve	Upper sleeve	Cuff around	Back neck, before the band
1X	45 in (114.5 cm)	about 1,425 yd (1,303 m)	51¼ in (130 cm)	30¼ in (77 cm)	12¾ in (32.5 cm)	28 in (71 cm)	9½ in (24 cm)	17½ in (44.5 cm)	19¼ in (49 cm)	10¾ in (27.5 cm)	8 in (20.5 cm)
2X	49 in (124.5 cm)	about 1,575 yd (1,440 m)	56¾ in (144 cm)	31¼ in (79.5 cm)	14 in (35.5 cm)	31¼ in (79.5 cm)	10 in (25.5 cm)	17½ in (44.5 cm)	20 in (51 cm)	10 in (25.5 cm)	8¾ in (22 cm)
3X (this file)	**53 in (134.5 cm)**	**about 1,625 yd (1,486 m)**	**60 in (152.5 cm)**	**31¼ in (79.5 cm)**	**14¾ in (37.5 cm)**	**32¾ in (83 cm)**	**10½ in (26.5 cm)**	**16½ in (42 cm)**	**20¾ in (52.5 cm)**	**10¾ in (27.5 cm)**	**8¾ in (22 cm)**
4X	57 in (145 cm)	about 1,675 yd (1,532 m)	63¼ in (160.5 cm)	31¼ in (79.5 cm)	15½ in (39.5 cm)	34½ in (87.5 cm)	10½ in (26.5 cm)	16½ in (42 cm)	20¾ in (52.5 cm)	10¾ in (27.5 cm)	8¾ in (22 cm)
5X	61 in (155 cm)	about 1,775 yd (1,623 m)	68 in (172.5 cm)	31¼ in (79.5 cm)	16¾ in (42.5 cm)	36¾ in (93.5 cm)	11½ in (29 cm)	15½ in (39.5 cm)	23¼ in (59 cm)	11½ in (29 cm)	8¾ in (22 cm)

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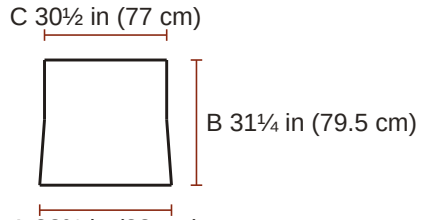
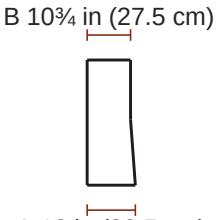
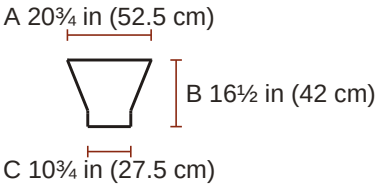
Schematic



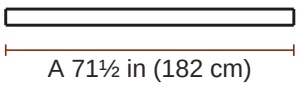
Back
A the width
B the length
C the width



Left front
A the whole width
B the cuff around



Sleeve (make 2)
A the top of the sleeve, opened flat
B the sleeve
C around the cuff



Shawl band
A the whole width

Gauge

10 stitches and 8 rows to 4 in (10 cm) in griddle stitch.

> **The swatch.** A test piece to measure and pull out. It is not the start of the pattern. Ch 17. Row 1 (RS): Sc in 2nd ch from hook and in each ch across. Rows 2 to 12: Ch 1, turn; [sc in next st, dc in next st] 8 times. The swatch of 12 rows is about 6½ in (16.5 cm) wide and 5¾ in (14.5 cm) high. Measure 4 in (10 cm) in the middle. Use a larger hook if your swatch is small, a smaller one if it is large. Ribs: worked sideways, 10.5 rows and 10 sts to 4 in (10 cm), so a rib of 7 sts is about 2¾ in (7 cm) deep and a rib of 8 sts is about 3¼ in (8.5 cm) deep and a rib of 10 sts is about 4 in (10 cm) deep. Single crochet rows: about 11.5 rows to 4 in (10 cm).

Notes

- Women's plus sizes.
- The finished bust is from 6¼ in (16 cm) to 7¾ in (19.5 cm) wider than the body measurement, by the size. Choose by the finished measurement you like; no fit is promised beyond the measurements given.
- The turning chain (ch 1 for single crochet, ch 2 for double crochet) never counts as a stitch. Work the first stitch of every row into the first stitch, at the base of the turning chain.
- Odd-numbered rows are right side rows. Mark the right side of each piece with a stitch marker or a scrap of yarn.
- Left and right are those of the person who wears the cardigan.
- Griddle stitch: each single crochet stands on a double crochet of the row below and each double crochet on a single crochet. The first row over row 1 and the edges beside a decrease are different; the words of each row say which stitch comes first. A row that begins with a double crochet begins with ch 2.
- In an increase row of the sleeve work the 3 sts named in the first st and in the last st: each end grows by 2 sts and the stitch pattern goes on.
- A decrease counts as one stitch.
- The ribs are worked sideways in single crochet in the back loop (UK: double crochet). The pieces are worked up from a long edge of a rib. The rib draws in: it is a little narrower than the piece above it.
- To work into or to sew the end of a row, take two threads at the side of its edge stitch.

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- Sew with the yarn needle and the same yarn: for each seam cut a length about three times as long as the seam.
- In back loop only: insert the hook under the loop of the stitch that is farther from you, and leave the nearer loop free.

Instructions

3X, to fit bust 53 in (134.5 cm). US terms.

ch chain, **sc** single crochet (UK double crochet), **dc** double crochet (UK treble), **st** stitch.
RS right side, the one that shows.
[ ] 41 times: work what is inside 41 times in all. **( )**: all of it goes into the one place.
(7 sc): the stitches you have when the row is done. **How to read a pattern**.

Special stitches

sc2tog (single crochet 2 stitches together (UK double crochet 2 together)): Insert the hook in the next stitch and pull up a loop, insert the hook in the following stitch and pull up a loop (3 loops on the hook); yarn over and pull through all 3 loops.

Back hem rib

☐ **Foundation**	Ch 8.	
☐ **Row 1 (RS)**	Sc in 2nd ch from hook and in each ch across	(7 sc)
☐ **Rows 2 to 82**	Ch 1, turn; sc in back loop only of each st across	(7 sc)

2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29
30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57
58 59 60 61 62 63 64 65 66 67 68 69 70 71 72 73 74 75 76 77 78 79 80 81 82

☐ **End**	Fasten off.	

Back

☐ **Foundation**	The back is shaped a little at both sides: rows 7, 17 and 27 are one st shorter at each end. Hold a back hem rib with one long edge at the top. Join the yarn at the right-hand end of that edge; ch 1, sc in the end of each rib row across (82 sc). This is row 1, and a right side row.	
☐ **Rows 2 to 6**	Ch 1, turn; **[**sc in next st, dc in next st**] 41 times**	(41 sc, 41 dc)

2 3 4 5 6

☐ **Row 7**	Ch 1, turn; sc2tog, **[**sc in next st, dc in next st**] 39 times**, sc2tog	(41 sc, 39 dc)
☐ **Rows 8 to 16**	Ch 2, turn; **[**dc in next st, sc in next st**] 40 times**	(40 dc, 40 sc)

8 9 10 11 12 13 14 15 16

☐ **Row 17**	Ch 1, turn; sc2tog, **[**dc in next st, sc in next st**] 38 times**, sc2tog	(40 sc, 38 dc)
☐ **Rows 18 to 26**	Ch 1, turn; **[**sc in next st, dc in next st**] 39 times**	(39 sc, 39 dc)

18 19 20 21 22 23 24 25 26

☐ **Row 27**	Ch 1, turn; sc2tog, **[**sc in next st, dc in next st**] 37 times**, sc2tog	(39 sc, 37 dc)

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☐ **Rows 28 to 57**	Ch 2, turn; **[**dc in next st, sc in next st**] 38 times**	(38 dc, 38 sc)

28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57

☐ **End**	The back measures about 30½ in (77.5 cm) wide from row 27 up, 32¾ in (83 cm) wide just above the rib and 31¼ in (79.5 cm) long, with the rib. Fasten off.

Front hem rib: make 2, one for each front

☐ **Foundation**	Ch 8.	
☐ **Row 1 (RS)**	Sc in 2nd ch from hook and in each ch across	(7 sc)
☐ **Rows 2 to 30**	Ch 1, turn; sc in back loop only of each st across	(7 sc)

2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30

☐ **End**	Fasten off.

Left front

☐ **Foundation**	As worn. On right side rows the side edge is at the beginning of the row and the front edge at its end. Rows 7, 17 and 27 are one st shorter at the side edge; the front edge is straight. Hold a front hem rib with one long edge at the top. Join the yarn at the right-hand end of that edge; ch 1, sc in the end of each rib row across (30 sc). This is row 1, and a right side row.	
☐ **Rows 2 to 6**	Ch 1, turn; **[**sc in next st, dc in next st**] 15 times**	(15 sc, 15 dc)

2 3 4 5 6

☐ **Row 7**	Ch 1, turn; sc2tog, **[**sc in next st, dc in next st**] 14 times**	(15 sc, 14 dc)
☐ **Row 8**	Ch 1, turn; **[**sc in next st, dc in next st**] 14 times**, sc in next st	(15 sc, 14 dc)
☐ **Row 9**	Ch 2, turn; **[**dc in next st, sc in next st**] 14 times**, dc in next st	(15 dc, 14 sc)
☐ **Rows 10 to 15**	Repeat Rows 8 and 9, 3 more times	(15 dc, 14 sc)

10 11 12 13 14 15

☐ **Row 16**	Ch 1, turn; **[**sc in next st, dc in next st**] 14 times**, sc in next st	(15 sc, 14 dc)
☐ **Row 17**	Ch 1, turn; sc2tog, **[**dc in next st, sc in next st**] 13 times**, dc in next st	(14 sc, 14 dc)
☐ **Rows 18 to 26**	Ch 1, turn; **[**sc in next st, dc in next st**] 14 times**	(14 sc, 14 dc)

18 19 20 21 22 23 24 25 26

☐ **Row 27**	Ch 1, turn; sc2tog, **[**sc in next st, dc in next st**] 13 times**	(14 sc, 13 dc)
☐ **Row 28**	Ch 1, turn; **[**sc in next st, dc in next st**] 13 times**, sc in next st	(14 sc, 13 dc)
☐ **Row 29**	Ch 2, turn; **[**dc in next st, sc in next st**] 13 times**, dc in next st	(14 dc, 13 sc)
☐ **Rows 30 to 57**	Repeat Rows 28 and 29, 14 more times	(14 dc, 13 sc)

30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57

☐ **End**	The front measures about 10¾ in (27.5 cm) wide; the band adds about 4 in (10 cm) to it later. This is its width from row 27 up; just above the rib it is 12 in (30.5 cm) wide. The 27 sts left are the shoulder. Fasten off.

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Right front

☐ **Foundation**	As worn. On right side rows the front edge is at the beginning of the row and the side edge at its end. Rows 7, 17 and 27 are one st shorter at the side edge; the front edge is straight. Hold a front hem rib with one long edge at the top. Join the yarn at the right-hand end of that edge; ch 1, sc in the end of each rib row across (30 sc). This is row 1, and a right side row.	
☐ **Rows 2 to 6**	Ch 1, turn; **[**sc in next st, dc in next st**] 15 times**	(15 sc, 15 dc)
	2 3 4 5 6	
☐ **Row 7**	Ch 1, turn; **[**sc in next st, dc in next st**] 14 times**, sc2tog	(15 sc, 14 dc)
☐ **Row 8**	Ch 2, turn; **[**dc in next st, sc in next st**] 14 times**, dc in next st	(15 dc, 14 sc)
☐ **Row 9**	Ch 1, turn; **[**sc in next st, dc in next st**] 14 times**, sc in next st	(15 sc, 14 dc)
☐ **Rows 10 to 15**	Repeat Rows 8 and 9, 3 more times	(15 sc, 14 dc)
	10 11 12 13 14 15	
☐ **Row 16**	Ch 2, turn; **[**dc in next st, sc in next st**] 14 times**, dc in next st	(15 dc, 14 sc)
☐ **Row 17**	Ch 1, turn; **[**sc in next st, dc in next st**] 13 times**, sc in next st, sc2tog	(15 sc, 13 dc)
☐ **Rows 18 to 26**	Ch 1, turn; **[**sc in next st, dc in next st**] 14 times**	(14 sc, 14 dc)
	18 19 20 21 22 23 24 25 26	
☐ **Row 27**	Ch 1, turn; **[**sc in next st, dc in next st**] 13 times**, sc2tog	(14 sc, 13 dc)
☐ **Row 28**	Ch 2, turn; **[**dc in next st, sc in next st**] 13 times**, dc in next st	(14 dc, 13 sc)
☐ **Row 29**	Ch 1, turn; **[**sc in next st, dc in next st**] 13 times**, sc in next st	(14 sc, 13 dc)
☐ **Rows 30 to 57**	Repeat Rows 28 and 29, 14 more times	(14 sc, 13 dc)
	30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57	
☐ **End**	The front measures about 10¾ in (27.5 cm) wide; the band adds about 4 in (10 cm) to it later. This is its width from row 27 up; just above the rib it is 12 in (30.5 cm) wide. The 27 sts left are the shoulder. Fasten off.	

Cuff rib: make 2

☐ **Foundation**	Ch 9.	
☐ **Row 1 (RS)**	Sc in 2nd ch from hook and in each ch across	(8 sc)
☐ **Rows 2 to 28**	Ch 1, turn; sc in back loop only of each st across	(8 sc)
	2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	
☐ **End**	Fasten off.	

Sleeve: make 2

☐ **Foundation**	Hold a cuff rib with one long edge at the top. Join the yarn at the right-hand end of that edge; ch 1, sc in the end of each rib row across (28 sc). This is row 1, and a right side row.	
☐ **Row 2**	Ch 1, turn; **[**sc in next st, dc in next st**] 14 times**	(14 sc, 14 dc)

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☐ **Row 3**	Ch 1, turn; (sc, dc, sc) in first st, **[**dc in next st, sc in next st**] 13 times**, (dc, sc, dc) in last st	(16 sc, 16 dc)
☐ **Rows 4 to 6** 4 5 6	Ch 1, turn; **[**sc in next st, dc in next st**] 16 times**	(16 sc, 16 dc)
☐ **Row 7**	Ch 1, turn; (sc, dc, sc) in first st, **[**dc in next st, sc in next st**] 15 times**, (dc, sc, dc) in last st	(18 sc, 18 dc)
☐ **Rows 8 to 10** 8 9 10	Ch 1, turn; **[**sc in next st, dc in next st**] 18 times**	(18 sc, 18 dc)
☐ **Row 11**	Ch 1, turn; (sc, dc, sc) in first st, **[**dc in next st, sc in next st**] 17 times**, (dc, sc, dc) in last st	(20 sc, 20 dc)
☐ **Rows 12 to 14** 12 13 14	Ch 1, turn; **[**sc in next st, dc in next st**] 20 times**	(20 sc, 20 dc)
☐ **Row 15**	Ch 1, turn; (sc, dc, sc) in first st, **[**dc in next st, sc in next st**] 19 times**, (dc, sc, dc) in last st	(22 sc, 22 dc)
☐ **Rows 16 to 18** 16 17 18	Ch 1, turn; **[**sc in next st, dc in next st**] 22 times**	(22 sc, 22 dc)
☐ **Row 19**	Ch 1, turn; (sc, dc, sc) in first st, **[**dc in next st, sc in next st**] 21 times**, (dc, sc, dc) in last st	(24 sc, 24 dc)
☐ **Rows 20 to 22** 20 21 22	Ch 1, turn; **[**sc in next st, dc in next st**] 24 times**	(24 sc, 24 dc)
☐ **Row 23**	Ch 1, turn; (sc, dc, sc) in first st, **[**dc in next st, sc in next st**] 23 times**, (dc, sc, dc) in last st	(26 sc, 26 dc)
☐ **Rows 24 to 27** 24 25 26 27	Ch 1, turn; **[**sc in next st, dc in next st**] 26 times**	(26 sc, 26 dc)
☐ **End**	The sleeve measures about 20¾ in (52.5 cm) across the top and 16½ in (42 cm) long, with the cuff. Fasten off.	

Pocket: make 2

☐ **Foundation**	Ch 17.	
☐ **Row 1 (RS)**	Sc in 2nd ch from hook and in each ch across	(16 sc)
☐ **Rows 2 to 11** 2 3 4 5 6 7 8 9 10 11	Ch 1, turn; **[**sc in next st, dc in next st**] 8 times**	(8 sc, 8 dc)
☐ **Rows 12 to 15** 12 13 14 15	Ch 1, turn; sc in back loop only of each st across	(16 sc)
☐ **End**	The last 4 rows, worked in the back loop only, are the top of the pocket. The pocket measures about 6½ in (16.5 cm) wide and 6¾ in (17 cm) high. Fasten off. For sewing it on, cut a new piece of yarn, about 65 in (165 cm) long.	

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Shawl band

☐ **Foundation**	One long strip, worked sideways in rib: it goes from the lower corner of the left front up, round the back neck and down the right front. Place a marker in the end of rows 8, 82, 106 and 180, all four on the same long edge: the edge where the odd-numbered rows begin. That edge is sewn on. Ch 11.	
☐ **Row 1 (RS)**	Sc in 2nd ch from hook and in each ch across	(10 sc)
☐ **Rows 2 to 188**	Ch 1, turn; sc in back loop only of each st across	(10 sc)

2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29
30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	56	57
58	59	60	61	62	63	64	65	66	67	68	69	70	71	72	73	74	75	76	77	78	79	80	81	82	83	84	85
86	87	88	89	90	91	92	93	94	95	96	97	98	99	100	101	102	103	104	105	106	107	108	109	110	111	112	113
114	115	116	117	118	119	120	121	122	123	124	125	126	127	128	129	130	131	132	133	134	135	136	137	138	139	140	141
142	143	144	145	146	147	148	149	150	151	152	153	154	155	156	157	158	159	160	161	162	163	164	165	166	167	168	169
170	171	172	173	174	175	176	177	178	179	180	181	182	183	184	185	186	187	188									

☐ **End**	The band is about 4 in (10 cm) wide and 71½ in (181.5 cm) long, not stretched. Fasten off.	

Assembly

1. Pockets: lay one on the right side of each front, both right side up, its foundation chain along the top of row 2 of the front, counted from row 1 just above the rib. Leave 10 sts of the front free between its straight front edge and the pocket, all the way up. Pin it. With its piece of yarn sew down one side edge, along the 16 chs of the foundation chain and up the other side edge. The top stays open.

2. Shoulders: lay the fronts on the back with right sides together. Sew the 27 shoulder sts of each front to the 27 sts at that end of the back. The middle 22 sts of the back stay open for the neck.

3. Markers: at each side edge of the back and of the fronts, place a marker in the end of row 37. The 21 rows from the marker to the shoulder seam, about 10½ in (26.5 cm), are half of the armhole.

4. Sleeves: with right sides together, put the middle of the top edge of a sleeve at a shoulder seam and its two ends at the markers. Sew the top edge on: 26 sts of the sleeve to the 21 row ends of the front, and the other 26 sts to the 21 row ends of the back, about 5 sts to every 4 row ends.

5. Sides and sleeves: fold the cardigan at the shoulders, right sides together. Sew each sleeve seam from the cuff edge to the underarm, and each side seam from the underarm down to the lower edge. At the two ribs the edges are the foundation chain and the last row of a rib: sew them stitch to stitch, 8 at the cuff and 7 at the hem. Between the ribs sew row end to row end.

6. Shawl band: pin the marked edge of the strip to the front edges and the back neck, right sides up and edge to edge: row 1 at the lower corner of the left front, the marker of row 8 at the top of its hem rib, the marker of row 82 at the left shoulder seam, row 106 at the right shoulder seam, row 180 at the top of the hem rib of the right front, and row 188 at its lower corner. Sew it on: 8 rows of the strip to the 7 sts of the end of each front hem rib, 74 rows to the 57 row ends of each front, and 24 rows to the 22 sts of the back neck. Fold the band back to the outside round the neck, so that it lies like a shawl.

Finishing

- Weave in all the ends. Wash as the yarn label says and lay flat to the measurements to dry.

In all: 7 pieces; 13,438 stitches.

Found a mistake in this pattern? Tell us at flossfield.com, under Make a request.

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