Preemie wrap jacket and cap

Preemie, 4 to 5 lb (1.8 to 2.3 kg), to fit chest 11½ in (29 cm) · US terms



Finished size
About 13¼ in (33.5 cm) at the chest and about 7½ in (19 cm) long
To fit a chest of 11½ in (29 cm) and head 11½ in (29 cm)

Skill
Easy
Basic stitches, simple increases and two seams

Yarn
Fine (2), 2 colors

Hook
4 mm (US G-6)

Gauge
18 stitches and 15 rows to 4 in (10 cm)
In half double crochet.

You will need

Yarn A: pale lavender, main — **about 225 yd (206 m), an estimate**
Yarn B: cream, contrast — **about 50 yd (46 m), an estimate**
Hook: 4 mm (US G-6), or the size that gives you the gauge. Also: yarn needle, scissors, tape measure and stitch markers.

To find how many balls: divide by the length on your yarn's label and round up. Buy them from one dye lot. The estimate is from the stitches of this size at this gauge.

Sizes

Size	To fit chest	Chest (wrapped)	Length from the shoulder	Armhole depth	Sleeve from the side of the body	Cuff around	Each front across at the hem	Cap around	Cap depth, crown to edge	Yarn, an estimate
Preemie, 2 to 3 lb (0.9 to 1.4 kg)	9½ in (24 cm)	11½ in (29 cm)	6½ in (16.5 cm)	2¼ in (5.5 cm)	2½ in (6.5 cm)	3¼ in (8.5 cm)	5 in (12.5 cm)	9 in (23 cm)	3¾ in (9.5 cm)	about 205 yd (187 m)
Preemie, 4 to 5 lb (1.8 to 2.3 kg) (this file)	**11½ in (29 cm)**	**13¼ in (33.5 cm)**	**7½ in (19 cm)**	**2¾ in (7 cm)**	**3¼ in (8.5 cm)**	**4 in (10 cm)**	**5½ in (14 cm)**	**10¾ in (27.5 cm)**	**4¼ in (11 cm)**	**about 275 yd (251 m)**
Newborn	14 in (35.5 cm)	16 in (40.5 cm)	8½ in (21.5 cm)	3¼ in (8.5 cm)	4 in (10 cm)	4½ in (11.5 cm)	7 in (18 cm)	12½ in (32 cm)	5 in (12.5 cm)	about 380 yd (347 m)

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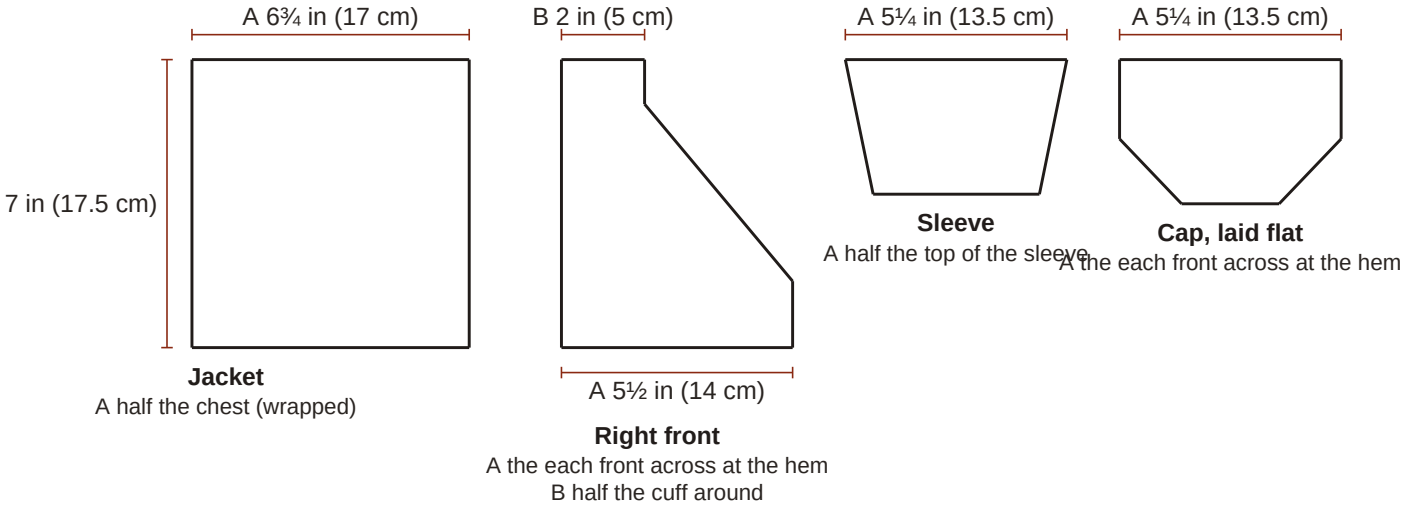
Schematic



Abbreviations

Written in US terms. Where the UK name differs it is given beside the US one.

hdc	half double crochet (UK htr, half treble)
sc	single crochet (UK dc, double crochet)
sl st	slip stitch (UK ss, slip stitch)
dc	double crochet (UK tr, treble)
ch	chain stitch
RS	right side
Rnd	round
st	stitch

Special stitches

hdc2tog (half double crochet 2 stitches together (UK half treble 2 together)): [yarn over, insert the hook in the next stitch and pull up a loop] twice (5 loops on the hook); yarn over and pull through all 5 loops. It leaves 1 hdc2tog for the next row or round.

Gauge

18 stitches and 15 rows to 4 in (10 cm) in half double crochet.

> **The swatch.** A test piece to measure and pull out. It is not the start of the pattern. Ch 28; begin in the 2nd ch from the hook and work 22 rows of half double crochet on 27 sts, about 6 in (15 cm) wide and 5¾ in (14.5 cm) high, and measure 4 in (10 cm) in the middle. Use a larger hook if your swatch is small, a smaller one if it is large. Single crochet (UK: double crochet): about 21 rows to 4 in (10 cm). The rounds of the cap have the same gauge as the rows.

Before you start

- Three sizes, chosen by the chest and the head.
- No fit is promised beyond the measurements given. The jacket is about 2 in (5 cm) wider around than the chest it is for; the cap is about ¾ to 1 in (1.5 to 2.5 cm) smaller around than the head and stretches.

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- Row 1 of the back is a right side row. The jacket opens out flat, so nothing is pulled over the head.
- The chain at the start of a row or round (ch 1) never counts as a stitch. Work the first stitch into the stitch at its base.
- A decrease counts as one stitch.
- Row 1 of a sleeve and rnd 1 of the edging are the ones that are picked up.
- The stitches of the cap, and of the edging, are worked in rounds that are not turned; the right side always faces you.
- The ties are short and sewn down flat at one end. Use a soft yarn that can be washed often, and look at the ties and the ends before each wear. The cap is for dressing a baby who is awake and watched; take it off for sleep.
- Color changes in rows: work the last yarn over of the last stitch of the row before with the new yarn. Cut the old yarn, leaving an end of about 6 in (15 cm), or, if it is needed again at the same edge within 6 rows and that edge is straight, carry it loosely up the edge.
- Color changes in rounds: work the sl st that joins the round before with the new yarn. Cut the old yarn, leaving an end of about 6 in (15 cm), or, if it is needed again within 6 rnds, carry it loosely up the inside at the join.
- Each front across at the hem, without the edging 5½ in (14 cm).

Instructions

Chosen: Preemie, 4 to 5 lb (1.8 to 2.3 kg), to fit chest 11½ in (29 cm). Square brackets [ ] hold a repeat: work what is inside as many times as it says. The count in round brackets at the end of a line is what that line leaves. Tick the box when a row is done. In UK terms hdc is half treble, sc is double crochet, sl st is slip stitch and dc is treble.

Back

Yarn A, pale lavender.

☐ **Foundation**	With yarn A, ch 31.	
☐ **Row 1 (RS)**	Hdc in 2nd ch from hook and in each ch across	**(30 hdc)**
☐ **Rows 2 to 26**	Ch 1, turn; hdc in each st across	**(30 hdc)**

A box for each row, 2 to 26: tick them off as you go.

☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☐ 8 ☐ 9 ☐ 10 ☐ 11 ☐ 12 ☐ 13 ☐ 14 ☐ 15 ☐ 16 ☐ 17 ☐ 18 ☐ 19 ☐ 20 ☐ 21 ☐ 22 ☐ 23 ☐ 24 ☐ 25 ☐ 26

☐ **End**	Do not fasten off. The fronts go on from here, one after the other, over the shoulders and down; there is no shoulder seam.	

Right front

Yarn A, pale lavender.

☐ **Foundation**	Go on from row 26 of the back. This is the right front as worn; its neck edge is at the end of row 27.	
☐ **Row 27 (RS)**	Ch 1, turn; hdc in next 9 sts, leave the last 21 sts unworked	**(9 hdc)**
☐ **Rows 28 to 30**	Ch 1, turn; hdc in each st across	**(9 hdc)**

A box for each row, 28 to 30: tick them off as you go.

☐ 28 ☐ 29 ☐ 30

☐ **Row 31**	Ch 1, turn; hdc in next 8 sts, 2 hdc in last st	**(10 hdc)**
☐ **Row 32**	Ch 1, turn; 2 hdc in first st, hdc in next 9 sts	**(11 hdc)**
☐ **Row 33**	Ch 1, turn; hdc in next 10 sts, 2 hdc in last st	**(12 hdc)**

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☐ **Row 34**	Ch 1, turn; 2 hdc in first st, hdc in next 11 sts	**(13 hdc)**
☐ **Row 35**	Ch 1, turn; hdc in next 12 sts, 2 hdc in last st	**(14 hdc)**
☐ **Row 36**	Ch 1, turn; 2 hdc in first st, hdc in next 13 sts	**(15 hdc)**
☐ **Row 37**	Ch 1, turn; hdc in next 14 sts, 2 hdc in last st	**(16 hdc)**
☐ **Row 38**	Ch 1, turn; 2 hdc in first st, hdc in next 15 sts	**(17 hdc)**
☐ **Row 39**	Ch 1, turn; hdc in next 16 sts, 2 hdc in last st	**(18 hdc)**
☐ **Row 40**	Ch 1, turn; 2 hdc in first st, hdc in next 17 sts	**(19 hdc)**
☐ **Row 41**	Ch 1, turn; hdc in next 18 sts, 2 hdc in last st	**(20 hdc)**
☐ **Row 42**	Ch 1, turn; 2 hdc in first st, hdc in next 19 sts	**(21 hdc)**
☐ **Row 43**	Ch 1, turn; hdc in next 20 sts, 2 hdc in last st	**(22 hdc)**
☐ **Row 44**	Ch 1, turn; 2 hdc in first st, hdc in next 21 sts	**(23 hdc)**
☐ **Row 45**	Ch 1, turn; hdc in next 22 sts, 2 hdc in last st	**(24 hdc)**
☐ **Row 46**	Ch 1, turn; 2 hdc in first st, hdc in next 23 sts	**(25 hdc)**
☐ **Rows 47 to 52**	Ch 1, turn; hdc in each st across	**(25 hdc)**

A box for each row, 47 to 52: tick them off as you go.

47 48 49 50 51 52

☐ **End**	Fasten off.	

Left front

Yarn A, pale lavender.

☐ **Foundation**	With the right side facing, skip the next 12 unworked sts of row 26 of the back, for the back neck, and join yarn A in the next st. This is the left front as worn; its neck edge is at the beginning of row 27, and its first st is the st of the join.	
☐ **Row 27 (RS)**	Ch 1; hdc in each st across	**(9 hdc)**
☐ **Rows 28 to 30**	Ch 1, turn; hdc in each st across	**(9 hdc)**

A box for each row, 28 to 30: tick them off as you go.

28 29 30

☐ **Row 31**	Ch 1, turn; 2 hdc in first st, hdc in next 8 sts	**(10 hdc)**
☐ **Row 32**	Ch 1, turn; hdc in next 9 sts, 2 hdc in last st	**(11 hdc)**
☐ **Row 33**	Ch 1, turn; 2 hdc in first st, hdc in next 10 sts	**(12 hdc)**
☐ **Row 34**	Ch 1, turn; hdc in next 11 sts, 2 hdc in last st	**(13 hdc)**
☐ **Row 35**	Ch 1, turn; 2 hdc in first st, hdc in next 12 sts	**(14 hdc)**
☐ **Row 36**	Ch 1, turn; hdc in next 13 sts, 2 hdc in last st	**(15 hdc)**
☐ **Row 37**	Ch 1, turn; 2 hdc in first st, hdc in next 14 sts	**(16 hdc)**
☐ **Row 38**	Ch 1, turn; hdc in next 15 sts, 2 hdc in last st	**(17 hdc)**

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☐ **Row 39**	Ch 1, turn; 2 hdc in first st, hdc in next 16 sts	**(18 hdc)**
☐ **Row 40**	Ch 1, turn; hdc in next 17 sts, 2 hdc in last st	**(19 hdc)**
☐ **Row 41**	Ch 1, turn; 2 hdc in first st, hdc in next 18 sts	**(20 hdc)**
☐ **Row 42**	Ch 1, turn; hdc in next 19 sts, 2 hdc in last st	**(21 hdc)**
☐ **Row 43**	Ch 1, turn; 2 hdc in first st, hdc in next 20 sts	**(22 hdc)**
☐ **Row 44**	Ch 1, turn; hdc in next 21 sts, 2 hdc in last st	**(23 hdc)**
☐ **Row 45**	Ch 1, turn; 2 hdc in first st, hdc in next 22 sts	**(24 hdc)**
☐ **Row 46**	Ch 1, turn; hdc in next 23 sts, 2 hdc in last st	**(25 hdc)**
☐ **Rows 47 to 52**	Ch 1, turn; hdc in each st across	**(25 hdc)**

A box for each row, 47 to 52: tick them off as you go.

☐ 47 ☐ 48 ☐ 49 ☐ 50 ☐ 51 ☐ 52

☐ **End**	Fasten off.	

Sleeve: make 2

Yarn A, pale lavender.

☐ **Foundation**	Colors: rows 1 to 10 yarn A; rows 11 to 13 yarn B. Mark both armholes first: on each side put a marker in the side edge of row 17 of the back and one in the side edge of row 36 of the front. Each armhole is the 20 row ends from marker to marker (10 of the back, 10 of the front). Right sleeve: with the right side facing and the right side edge (as worn) uppermost, join yarn A at the marker on the back; left sleeve: with the right side facing and the left side edge uppermost, join yarn A at the marker on the front. Either way the armhole runs to the left from there. Ch 1; along the armhole to the other marker, [hdc in the end of each of the next 4 rows, 2 hdc in the end of the next row] 4 times (24 hdc). This is row 1. Take the markers out.	
☐ **Rows 2 to 3**	Ch 1, turn; hdc in each st across	**(24 hdc)**

A box for each row, 2 to 3: tick them off as you go.

☐ 2 ☐ 3

☐ **Row 4**	Ch 1, turn; hdc2tog, hdc in each st across to last 2 sts, hdc2tog	**(22 hdc)**
☐ **Rows 5 to 8**	Repeat Rows 3 and 4, 2 more times (20, 18 hdc at the ends of the repeats)	**(18 hdc)**

A box for each row, 5 to 8: tick them off as you go.

☐ 5 ☐ 6 ☐ 7 ☐ 8

☐ **Rows 9 to 10**	Ch 1, turn; hdc in each st across	**(18 hdc)**

A box for each row, 9 to 10: tick them off as you go.

☐ 9 ☐ 10

☐ **Rows 11 to 13**	Ch 1, turn; sc in each st across	**(18 sc)**

A box for each row, 11 to 13: tick them off as you go.

☐ 11 ☐ 12 ☐ 13

☐ **End**	Fasten off, leaving an end of about 10 in (25 cm) for sewing.	

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Edging

Yarn B, cream.

☐ **Foundation**	With the right side facing and the hem uppermost, join yarn B in the first ch made for the back, at the left side seam (as worn). Ch 1; along the hem of the back, sc in the free side of each of the 30 chs under row 1 (30 sc; the ch skipped at the start of row 1 is left out); along the hem of the right front, sc in each of the first 24 sts of its last row, 3 sc in the last st, at the corner (27 sc); up the front edge to the shoulder, sc in the end of each of the first 6 rows, [sc in the end of the next row, 2 sc in the end of the next row] 8 times, sc in the end of each of the last 4 rows (34 sc); along the back neck, sc in each of the 12 unworked sts of row 26 of the back (12 sc); down the edge of the left front, sc in the end of each of the first 4 rows, [2 sc in the end of the next row, sc in the end of the next row] 8 times, sc in the end of each of the last 6 rows (34 sc); along the hem of the left front, 3 sc in the first st of its last row, at the corner, sc in each of the next 24 sts (27 sc; 164 sc in all); join with sl st in first sc. This is rnd 1.	
☐ **Rnd 2**	Ch 1; **[**sc in next st, skip next st, 3 dc in next st, skip next st**] 41 times**; join with sl st in first sc	**(41 sc, 123 dc)**
☐ **End**	Fasten off.	

Tie: make 4

Yarn B, cream.

☐ **Foundation**	With yarn B, ch 37.	
☐ **Row 1**	Sl st in 2nd ch from hook and in each ch across	**(36 sl sts)**
☐ **End**	Each tie is about 7 in (18 cm) long (the slip stitches draw the chain in). Fasten off, leaving an end of about 8 in (20 cm) for sewing.	

Cap

Yarn A, pale lavender.

☐ **Foundation**	With yarn A, ch 3; join with sl st in first ch to form a ring. Colors: rnds 1 to 13 yarn A; rnds 14 to 16 yarn B.	
☐ **Rnd 1**	Ch 1; 8 hdc in ring; join with sl st in first hdc	**(8 hdc)**
☐ **Rnd 2**	Ch 1; 2 hdc in each of next 8 sts; join with sl st in first hdc	**(16 hdc)**
☐ **Rnd 3**	Ch 1; **[**hdc in next st, 2 hdc in next st**] 8 times**; join with sl st in first hdc	**(24 hdc)**
☐ **Rnd 4**	Ch 1; **[**hdc in next 2 sts, 2 hdc in next st**] 8 times**; join with sl st in first hdc	**(32 hdc)**
☐ **Rnd 5**	Ch 1; **[**hdc in next 3 sts, 2 hdc in next st**] 8 times**; join with sl st in first hdc	**(40 hdc)**
☐ **Rnd 6**	Ch 1; **[**hdc in next 4 sts, 2 hdc in next st**] 8 times**; join with sl st in first hdc	**(48 hdc)**
☐ **Rnds 7 to 13**	Ch 1; hdc in each st around; join with sl st in first hdc	**(48 hdc)**

A box for each round, 7 to 13: tick them off as you go.

7 8 9 10 11 12 13

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☐ **Rnds 14 to 15**	Ch 1; sc in each st around; join with sl st in first sc	**(48 sc)**

A box for each round, 14 to 15: tick them off as you go.

14 15

☐ **Rnd 16**	Ch 1; **[**sc in next st, skip next st, 3 dc in next st, skip next st**] 12 times**; join with sl st in first sc	**(12 sc, 36 dc)**
☐ **End**	Fasten off.	

Assembly

1. Fold the fronts down over the back at the shoulders, right sides together. On each side sew the sleeve seam, row end to row end, from the cuff to the armhole, with the end at the cuff; then, with a piece of yarn A about 12 in (30 cm) long, sew the side seam from the armhole to the hem: the ends of rows 16 to 1 of the back to the ends of rows 37 to 52 of the front. Turn the jacket right side out.

2. Work the edging as written above. Then lay the jacket down with the back underneath and the fronts up, as it is worn, and fold the left front over first and the right front over it.

3. Outside ties: sew one tie to the edging of the right front, at the top of its straight lower part (against row 47, the first row after the increases), and one tie on the outside of the left side seam, at the same height. Sew the first ½ in (1.3 cm) of each tie flat to the fabric with its own end, with many small stitches.

4. Inside ties: in the same way sew one tie to the edging of the left front, against row 47, and one tie to the inside of the right side seam, at the same height. Tie the inside pair in a small bow first, then the outside pair.

Finishing

- Weave in all the other ends. Wash as the yarn label says and lay flat to the measurements to dry.

In all: 6 pieces; 3,132 stitches (780 in the back, 466 in the right front, 466 in the left front, 232 in each sleeve, 164 in the edging, 36 in each tie, 648 in the cap).

Found a mistake in this pattern? Tell us at flossfield.com, under Make a request.

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