Puff stitch mittens

Women's medium, palm 7½ in (19 cm) round · US terms



Finished size

About 7½ in (19 cm) round the palm and about 10 in (25.5 cm) long: a cuff of about 3 in (7.5 cm) and a hand of about 7 in (18 cm)

To fit a palm of 7½ in (19 cm)

Skill

Intermediate

Worked in rounds, with 4 pieces, color changes and 4 special stitches.

Yarn

Medium (4), 2 colors

Hook

4 mm (US G-6)

Gauge

16 stitches and 18 rounds to 4 in (10 cm)

In single crochet.

You will need

Yarn A: teal, the cuff, the hand and the thumb **about 175 yd (160 m), an estimate**

Yarn B: duck egg, the puff stitches **about 20 yd (18 m), an estimate**

Hook: 4 mm (US G-6). Also: a stitch marker, a yarn needle and scissors.

To find how many balls: divide by the length on your yarn's label and round up. The estimate is from the stitches of this size at this gauge.

Sizes

Size	Palm	Finished size, about	Yarn, an estimate
Women's small	7 in (18 cm)	7 in (18 cm) round, 9¼ in (23.5 cm) long	about 170 yd (155 m)
Women's medium (this file)	**7½ in (19 cm)**	**7½ in (19 cm) round, 10 in (25.5 cm) long**	**about 195 yd (178 m)**
Women's large	8 in (20.5 cm)	8 in (20.5 cm) round, 10¼ in (26 cm) long	about 215 yd (197 m)

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Abbreviations

Written in US terms. Where the UK name differs it is given beside the US one.

ch	chain
sl st	slip stitch (UK ss, slip stitch)
sc	single crochet (UK dc, double crochet)
dc	double crochet (UK tr, treble)
st	stitch
sk	skip
sp	space
rnd	round
RS	right side

Special stitches

sc2tog (single crochet 2 together): Insert the hook in the next st, yarn over and draw up a loop, insert the hook in the st after it, yarn over and draw up a loop, yarn over and draw through all 3 loops on the hook. It makes 1 st of 2. It leaves 1 sc for the next row.

FPdc (front post double crochet): Yarn over, insert the hook from the front to the back and to the front again round the post (the upright part) of the st, yarn over and draw up a loop, [yarn over, draw through 2 loops] 2 times. Leave the top of that st unworked. It leaves 1 FPdc for the next row.

BPdc (back post double crochet): Yarn over, insert the hook from the back to the front and to the back again round the post of the st, yarn over and draw up a loop, [yarn over, draw through 2 loops] 2 times. Leave the top of that st unworked. It leaves 1 BPdc for the next row.

puff (puff stitch): [Yarn over, insert the hook in the st, yarn over and draw up a loop about 3/8 in (1 cm) long] 4 times in the same st, yarn over and draw through all 9 loops on the hook. It counts as 1 st; the next round is worked into the top of the puff. It leaves 1 puff for the next row.

Gauge

16 stitches and 18 rounds to 4 in (10 cm) in single crochet.

Use any hook that gives you this. If you count more stitches than this in 4 in (10 cm), change to a larger hook; if you count fewer, to a smaller one. To check it as you go: after Rnd 12, when there are 30 stitches, the piece is about 7½ in (19 cm) round.

Before you start

- Measure round the palm just above the thumb, without the thumb, and choose the size nearest to it. Measure also from the wrist to the tip of the longest finger, to compare with the length of the hand given with the size.
- The pattern makes a pair. It is worked from the cuff up.
- In a joined round, the ch at the start does not count as a stitch: the first stitch goes into the stitch the ch stands on (a post stitch goes round its post), and the sl st that closes the round goes into the top of that first stitch.
- In a spiral the rounds are not joined: put a marker in the first stitch of each round and move it up every round.
- The right side faces you in every round.
- To change color, work the last stitch before the change until its last loops are on the hook, then draw the new color through them. A color that rests for 4 rounds or fewer can wait on the inside and be drawn up again; cut one that rests longer, leaving a tail of 6 in (15 cm). After a joined round, draw the new color through with the sl st that closes it.

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- The figures in brackets at the end of a line are the stitches it has.
- A ch sp (chain space) in the count of a round is the chains over the thumb opening, counted as one.

Instructions

Chosen: Women's medium, palm 7½ in (19 cm) round. Square brackets [ ] hold a repeat: work what is inside as many times as it says. The count in round brackets at the end of a line is what that line leaves. Tick the box when a round is done. In UK terms sl st is slip stitch, sc is double crochet and dc is treble.

Mitten: make 2

Yarns in order of use: A, teal; B, duck egg.

☐ **Foundation**	With A, ch 30, taking care not to twist it, and sl st in the first ch to make a ring.	

Cuff

☐ **Rnd 1**	Ch 2, dc in each ch around, sl st in first dc to join	**(30 dc)**
☐ **Rnd 2**	Ch 2, **[**FPdc around next st, BPdc around next st**] 15 times**, sl st in first FPdc to join	**(15 FPdc, 15 BPdc)**
☐ **Rnds 3 to 8**	Repeat rnd 2.	

A box for each round, 3 to 8: tick them off as you go.

☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☐ 8

From here the piece is worked in a spiral: the first stitch of the next round goes into the first stitch of the last one.

Hand

☐ **Rnd 9**	Sc in each st around	**(30 sc)**
☐ **Rnd 10**	Sc in each st around	**(30 sc)**
☐ **Rnd 11**	With B, **[**puff in next st, sc in next st**] 15 times**	**(15 puffs, 15 sc)**
☐ **Rnd 12**	With A, sc in each st around	**(30 sc)**
☐ **Rnd 13**	With B, **[**puff in next st, sc in next st**] 15 times**	**(15 puffs, 15 sc)**
☐ **Rnd 14**	With A, sc in each st around	**(30 sc)**

The next round leaves the thumb opening.

☐ **Rnd 15**	Ch 6, sk next 6 sts, sc in next 24 sts	**(24 sc, 1 ch-6 sp)**
☐ **Rnd 16**	Sc in next 6 chs, sc in next 24 sts	**(30 sc)**
☐ **Rnd 17**	Sc in each st around	**(30 sc)**
☐ **Rnds 18 to 31**	Repeat rnd 17.	

A box for each round, 18 to 31: tick them off as you go.

☐ 18 ☐ 19 ☐ 20 ☐ 21 ☐ 22 ☐ 23 ☐ 24 ☐ 25 ☐ 26 ☐ 27 ☐ 28 ☐ 29 ☐ 30 ☐ 31

Top

Sc in next 3 sts and move the marker there: from here the rounds begin at the side, above the middle of the thumb.

☐ **Rnd 32**	**[**Sc2tog, sc in next 11 sts, sc2tog**] 2 times**	**(26 sc)**

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☐ **Rnd 33**	Sc in each st around	**(26 sc)**
☐ **Rnd 34**	**[**Sc2tog, sc in next 9 sts, sc2tog**] 2 times**	**(22 sc)**
☐ **Rnd 35**	Sc in each st around	**(22 sc)**
☐ **Rnd 36**	**[**Sc2tog, sc in next 7 sts, sc2tog**] 2 times**	**(18 sc)**
☐ **Rnd 37**	**[**Sc2tog, sc in next 5 sts, sc2tog**] 2 times**	**(14 sc)**
☐ **Rnd 38**	**[**Sc2tog, sc in next 3 sts, sc2tog**] 2 times**	**(10 sc)**
☐ **End**	Fasten off, leaving a tail of 12 in (30.5 cm). Flatten the top with the decreases at the two sides and sew the 5 pairs of stitches of the last round together.	

Thumb: make 2

Yarn A, teal.

☐ **Foundation**	With the right side facing, join A with a sl st in the first of the 6 stitches left for the thumb, leaving a tail of 8 in (20.5 cm). The thumb is worked in a spiral.	

In the next round the last 6 stitches go into the free edge of the 6 chains over the opening.

☐ **Rnd 1 (RS)**	Sc in same st as the join, sc in next 5 sts, sc in next 6 chs	**(12 sc)**
☐ **Rnd 2**	Sc in each st around	**(12 sc)**
☐ **Rnd 3**	Sc in each st around	**(12 sc)**
☐ **Rnd 4**	Sc in each st around	**(12 sc)**
☐ **Rnd 5**	Sc in each st around	**(12 sc)**
☐ **Rnd 6**	Sc in each st around	**(12 sc)**
☐ **Rnd 7**	Sc in each st around	**(12 sc)**
☐ **Rnd 8**	Sc in each st around	**(12 sc)**
☐ **Rnd 9**	**[**Sc2tog, sc in next st**] 4 times**	**(8 sc)**
☐ **Rnd 10**	**[**Sc2tog**] 4 times**	**(4 sc)**
☐ **End**	Fasten off, leaving a tail of 6 in (15 cm). Thread it through the 4 stitches of the last round, pull them closed and fasten inside.	

Finishing

- Make the second piece the same; left and right are alike.
- If there is a small gap where the thumb joins the hand, close it with the tail left there.
- Weave in every tail on the inside.

In all: 4 pieces; 12 ends to weave in.

Found a mistake in this pattern? Tell us at flossfield.com, under Make a request.

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