Puff stitch headband

Adult · US terms



Finished size
About 20 in (51 cm) around by 3 in (7.5 cm) wide
To fit for a head of 21 to 22½ in (53 to 57 cm)

Skill
Easy
Puff stitches, in rounds

Yarn
Medium (4)

Hook
5 mm (US H-8)

Gauge
14 stitches and 12 rounds to 4 in (10 cm)
In puff stitch in rounds.

You will need

Yarn: lilac, medium (4) **about 60 yd (55 m), an estimate**

Hook: 5 mm (US H-8). Also: a yarn needle, scissors and a tape measure.

To find how many balls: divide by the length on your yarn's label and round up. The estimate is from the stitches of this size at this gauge, with 15 percent added.

Sizes

Size	Head	Finished size, about	Yarn, an estimate
Adult (this file)	**for a head of 21 to 22½ in (53 to 57 cm)**	**20 in (51 cm) around, 3 in (7.5 cm) wide**	**about 60 yd (55 m)**
Adult large	for a head of 22½ to 24 in (57 to 61 cm)	21¾ in (55 cm) around, 3 in (7.5 cm) wide	about 70 yd (64 m)
Child	for a head of 19½ to 21 in (50 to 53 cm)	18¼ in (46 cm) around, 3 in (7.5 cm) wide	about 55 yd (50 m)
Toddler	for a head of 18 to 19½ in (46 to 50 cm)	16½ in (42 cm) around, 3 in (7.5 cm) wide	about 50 yd (46 m)

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Abbreviations

Written in US terms. Where the UK name differs it is given beside the US one.

ch	chain stitch
sl st	slip stitch (UK ss, slip stitch)
sc	single crochet (UK dc, double crochet)
dc	double crochet (UK tr, treble)
Rnd	round
sk	skip (UK miss)
sp	space
st	stitch
yo	yarn over (UK yrh, yarn round hook)

Special stitches

puff (Puff stitch): [yo, insert hook in the st, yo, pull up a loop to the height of a dc] 4 times in the same st, yo, pull through all 9 loops on hook. In UK terms: a puff stitch to the height of a treble. It leaves 1 stitch for the next row.

Gauge

14 stitches and 12 rounds to 4 in (10 cm) in puff stitch in rounds.

Work a piece a little more than 4 in (10 cm) square, lay it flat and count. If you count more stitches than this, use a larger hook; if fewer, a smaller one.

Before you start

- The ch 1 or ch 2 at the start of a round does not count as a stitch.
- Leave a tail of about 6 in (15 cm) when you begin and when you fasten off, unless another length is given. The ends that are not sewn with are woven in.
- In joined rounds, the first stitch of a round goes into the same stitch as the joining sl st (in round 1, the same chain). The joining sl st itself is not a stitch and is not worked into.
- Measure the head and choose the size whose range it falls in. If it falls between two sizes, or in two of them, make the larger. Each headband is smaller around than the heads it is for, because it stretches.

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Instructions

Chosen: Adult. Square brackets [ ] hold a repeat: work what is inside as many times as it says. The count in round brackets at the end of a line is what that line leaves. Tick the box when a round is done. In UK terms sl st is slip stitch, sc is double crochet, dc is treble, sk is miss and yo is yarn round hook.

☐ **Foundation**	Ch 70, join with sl st in first ch to make a loop, without twisting the chain.	
☐ **Rnd 1**	Ch 1, sc in each ch around; join with sl st in first sc	**(70 sc)**
☐ **Rnd 2**	Ch 2, **[**puff in next st, ch 1, sk next st**] 35 times**; join with sl st in first puff	**(35 puffs, 35 ch-1 sps)**
☐ **Rnd 3**	Ch 1, **[**sc in next st, sc in next ch-1 sp**] 35 times**; join with sl st in first sc	**(70 sc)**
☐ **Rnds 4 to 9**	Repeat rnds 2 and 3 in turn: every even-numbered rnd is worked as rnd 2, every odd-numbered rnd as rnd 3.	

A box for each round, 4 to 9: tick them off as you go.

4 5 6 7 8 9

☐ **End** Fasten off.

Finishing

- Weave in the ends with the yarn needle, changing direction once or twice.

In all: 9 rounds; 2 ends to weave in.

Found a mistake in this pattern? Tell us at flossfield.com, under Make a request.

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