Women's sweatshirt with a split rib hem

M, to fit bust 37 in (94 cm) · US terms



Finished size
About 44 in (112 cm) at the bust and about 23½ in (59.5 cm) long
To fit a bust of 37 in (94 cm)

Skill
Easy
One stitch in rounds from the neck down, post stitch ribs, a small patch

Yarn
Light (3), 2 colors

Hook
4.5 mm (US 7)

Gauge
16 stitches and 15½ rows to 4 in (10 cm)
In extended single crochet.

What you need

Yarn A: heather blue **about 1,550 yd (1,417 m), an estimate**
Yarn B: cream **about 10 yd (9 m), an estimate**
By weight: about 620 g in all, an estimate, where 100 g is 250 yd (229 m).
Hook: 4.5 mm (US 7), or the size that gives you the gauge. Also: yarn needle, scissors, tape measure and pins.

Before you start

- The chain at the start of a round or a row (ch 1 for single and extended single crochet, ch 2 for double crochet and for the post stitches) never counts as a stitch. Work the first stitch into the stitch at its base. If the first stitch of a round is a post stitch, it goes around that same stitch.

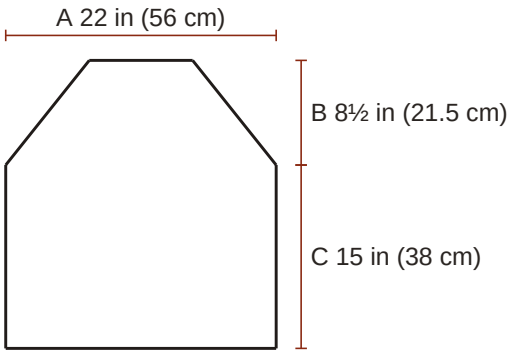
Sizes

Size	To fit bust	Yarn, an estimate	Bust	Length of the front	Length of the back	Yoke depth	Sleeve from the underarm	Upper sleeve	Cuff around, before the rib draws in	Neck around, where the neckband begins
XS	29 in (73.5 cm)	about 1,260 yd (1,152 m)	36 in (91.5 cm)	22¼ in (56.5 cm)	23¾ in (60.5 cm)	7½ in (19 cm)	17 in (43 cm)	12½ in (32 cm)	7 in (18 cm)	20 in (51 cm)
S	33 in (84 cm)	about 1,410 yd (1,289 m)	40 in (101.5 cm)	23 in (58.5 cm)	24½ in (62 cm)	8 in (20.5 cm)	17½ in (44.5 cm)	13 in (33 cm)	7 in (18 cm)	20 in (51 cm)

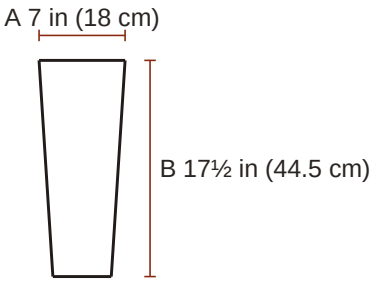
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M (this file)	37 in (94 cm)	about 1,560 yd (1,426 m)	44 in (112 cm)	23½ in (59.5 cm)	25 in (63.5 cm)	8½ in (21.5 cm)	17½ in (44.5 cm)	14 in (35.5 cm)	7½ in (19 cm)	21 in (53.5 cm)
L	41 in (104 cm)	about 1,710 yd (1,564 m)	48 in (122 cm)	24¼ in (61.5 cm)	26 in (66 cm)	9 in (23 cm)	18 in (45.5 cm)	15 in (38 cm)	8 in (20.5 cm)	21 in (53.5 cm)
1X	45 in (114.5 cm)	about 1,860 yd (1,701 m)	52 in (132 cm)	24¾ in (63 cm)	26½ in (67.5 cm)	9½ in (24 cm)	18 in (45.5 cm)	16½ in (42 cm)	8 in (20.5 cm)	21 in (53.5 cm)
2X	49 in (124.5 cm)	about 2,060 yd (1,884 m)	56 in (142 cm)	25½ in (65 cm)	27¼ in (69 cm)	10 in (25.5 cm)	18½ in (47 cm)	18½ in (47 cm)	8½ in (21.5 cm)	22 in (56 cm)
3X	53 in (134.5 cm)	about 2,210 yd (2,021 m)	60 in (152.5 cm)	25¾ in (65.5 cm)	27½ in (70 cm)	10¼ in (26 cm)	18½ in (47 cm)	20 in (51 cm)	8½ in (21.5 cm)	22 in (56 cm)
4X	57 in (145 cm)	about 2,385 yd (2,181 m)	64 in (162.5 cm)	26½ in (67.5 cm)	28¼ in (72 cm)	10¾ in (27.5 cm)	19¼ in (49 cm)	21½ in (54.5 cm)	9 in (23 cm)	22 in (56 cm)
5X	61 in (155 cm)	about 2,560 yd (2,341 m)	68 in (172.5 cm)	27¼ in (69 cm)	29 in (73.5 cm)	11¼ in (28.5 cm)	19¼ in (49 cm)	22½ in (57 cm)	9 in (23 cm)	22 in (56 cm)

Schematic



Body, laid flat
A half the bust
B the yoke depth
C below the yoke



Sleeve, laid flat
A half the top of the sleeve
B the sleeve

Gauge

16 stitches and 15½ rows to 4 in (10 cm) in extended single crochet.

> **The swatch.** A test piece to measure and pull out. It is not the start of the pattern. Ch 25; begin in the 2nd ch from the hook and work 23 rows of extended single crochet on 24 sts, about 6 in (15 cm) wide and 6 in (15 cm) high, and measure 4 in (10 cm) in the middle. Use a larger hook if your swatch is small, a smaller one if it is large. Ribs of the neckband, the hems and the cuffs: rounds of front and back post double crochet, 9.5 rounds to 4 in (10 cm). The rib draws in: it is a little narrower than the piece above it, and stretches. The first round or row of each rib, in double crochet, counts as one of these. Notch: single crochet (UK: double crochet), 16 sts and 18.5 rows to 4 in (10 cm).

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Instructions

M, to fit bust 37 in (94 cm). US terms.

ch chain, **sl st** slip stitch, **dc** double crochet (UK tr), **sc** single crochet (UK dc), **st** stitch.

ch-1 sp: the hole under the chain. The hook goes in the hole, never into a chain.

[ ] 4 times: 4 times in all. ( ) in one place: all of it there. (92 esc, 4 ch-1 sps): the round now has that many; a check, not a step.

Also: RS right side, sp space.

Every stitch, drawn: flossfield.com/crochet/stitches.

Special stitches

sc2tog (single crochet 2 stitches together (UK double crochet 2 together)): Insert the hook in the next stitch and pull up a loop, insert the hook in the following stitch and pull up a loop (3 loops on the hook); yarn over and pull through all 3 loops.

dc2tog (double crochet 2 stitches together (UK treble 2 together)): [yarn over, insert the hook in the next stitch and pull up a loop, yarn over and pull through 2 loops] twice (3 loops on the hook); yarn over and pull through all 3 loops.

fpdc (front post double crochet (UK front post treble)): Yarn over, insert the hook from the front to the back and to the front again around the post of the stitch named, pull up a loop, [yarn over and pull through 2 loops] twice. The front is the side that faces you. A post stitch takes the place of the stitch it is worked around: do not work into the top of that stitch as well.

bpdc (back post double crochet (UK back post treble)): As fpdc, but insert the hook from the back to the front and to the back again around the post.

esc (extended single crochet (UK extended double crochet)): Insert the hook in the stitch named and pull up a loop (2 loops on the hook); yarn over and pull through the first loop only; yarn over and pull through both loops.

esc2tog (extended single crochet 2 stitches together (UK extended double crochet 2 together)): Insert the hook in the next stitch and pull up a loop, insert the hook in the following stitch and pull up a loop (3 loops on the hook); yarn over and pull through the first loop only; yarn over and pull through all 3 loops.

Yoke

Yarn A, heather blue.

☐ **Start**	With yarn A, ch 84; join with sl st in first ch to form a ring, taking care not to twist the chain.
☐ **Round 1**	Ch 1; esc in next 15 chs, ch 1, esc in next 12 chs, ch 1, esc in next 30 chs, ch 1, esc in next 12 chs, ch 1, esc in next 15 chs; join with sl st in first esc (84 esc, 4 ch-1 sps)
☐ **Round 2**	Ch 1; **[**esc in each st to next ch-1 sp, (esc, ch 1, esc) in next ch-1 sp**] 4 times**, esc in each st around; join with sl st in first esc (92 esc, 4 ch-1 sps)
☐ **Round 3**	Ch 1; [esc in each st to next ch-1 sp, (esc, ch 1) in next ch-1 sp, esc in each st to next ch-1 sp, (ch 1, esc) in next ch-1 sp] twice, esc in each st around; join with sl st in first esc (96 esc, 4 ch-1 sps)
☐ **Round 4**	Ch 1; **[**esc in each st to next ch-1 sp, ch 1, skip next ch-1 sp**] 4 times**, esc in each st around; join with sl st in first esc (96 esc, 4 ch-1 sps)
☐ **Rounds 5 to 6**	Ch 1; **[**esc in each st to next ch-1 sp, (esc, ch 1, esc) in next ch-1 sp**] 4 times**, esc in each st around; join with sl st in first esc (112 esc; 4 ch-1 sps)

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☐ **Rounds 7 to 10** 7 8 9 10	Repeat Rounds 3 to 6, once more	(132 esc, 4 ch-1 sps)
☐ **Round 11**	Ch 1; [esc in each st to next ch-1 sp, (esc, ch 1) in next ch-1 sp, esc in each st to next ch-1 sp, (ch 1, esc) in next ch-1 sp] twice, esc in each st around; join with sl st in first esc	(136 esc, 4 ch-1 sps)
☐ **Round 12**	Ch 1; **[**esc in each st to next ch-1 sp, (esc, ch 1, esc) in next ch-1 sp**] 4 times**, esc in each st around; join with sl st in first esc	(144 esc, 4 ch-1 sps)
☐ **Round 13**	Ch 1; **[**esc in each st to next ch-1 sp, ch 1, skip next ch-1 sp**] 4 times**, esc in each st around; join with sl st in first esc	(144 esc, 4 ch-1 sps)
☐ **Round 14**	Ch 1; **[**esc in each st to next ch-1 sp, (esc, ch 1, esc) in next ch-1 sp**] 4 times**, esc in each st around; join with sl st in first esc	(152 esc, 4 ch-1 sps)
☐ **Rounds 15 to 18** 15 16 17 18	Repeat Rounds 11 to 14, once more	(172 esc, 4 ch-1 sps)
☐ **Round 19**	Ch 1; **[**esc in each st to next ch-1 sp, (esc, ch 1, esc) in next ch-1 sp**] 4 times**, esc in each st around; join with sl st in first esc	(180 esc, 4 ch-1 sps)
☐ **Round 20**	Ch 1; [esc in each st to next ch-1 sp, (esc, ch 1) in next ch-1 sp, esc in each st to next ch-1 sp, (ch 1, esc) in next ch-1 sp] twice, esc in each st around; join with sl st in first esc	(184 esc, 4 ch-1 sps)
☐ **Round 21**	Ch 1; **[**esc in each st to next ch-1 sp, (esc, ch 1, esc) in next ch-1 sp**] 4 times**, esc in each st around; join with sl st in first esc	(192 esc, 4 ch-1 sps)
☐ **Round 22**	Ch 1; **[**esc in each st to next ch-1 sp, ch 1, skip next ch-1 sp**] 4 times**, esc in each st around; join with sl st in first esc	(192 esc, 4 ch-1 sps)
☐ **Round 23**	Ch 1; **[**esc in each st to next ch-1 sp, (esc, ch 1, esc) in next ch-1 sp**] 4 times**, esc in each st around; join with sl st in first esc	(200 esc, 4 ch-1 sps)
☐ **Round 24**	Ch 1; [esc in each st to next ch-1 sp, (esc, ch 1) in next ch-1 sp, esc in each st to next ch-1 sp, (ch 1, esc) in next ch-1 sp] twice, esc in each st around; join with sl st in first esc	(204 esc, 4 ch-1 sps)
☐ **Rounds 25 to 26** 25 26	Ch 1; **[**esc in each st to next ch-1 sp, (esc, ch 1, esc) in next ch-1 sp**] 4 times**, esc in each st around; join with sl st in first esc	(220 esc; 4 ch-1 sps)
☐ **Round 27**	Ch 1; **[**esc in each st to next ch-1 sp, ch 1, skip next ch-1 sp**] 4 times**, esc in each st around; join with sl st in first esc	(220 esc, 4 ch-1 sps)
☐ **Rounds 28 to 31** 28 29 30 31	Repeat Rounds 24 to 27, once more	(240 esc, 4 ch-1 sps)

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☐ **Round 32**	Ch 1; [esc in each st to next ch-1 sp, (esc, ch 1) in next ch-1 sp, esc in each st to next ch-1 sp, (ch 1, esc) in next ch-1 sp] twice, esc in each st around; join with sl st in first esc (244 esc, 4 ch-1 sps)
☐ **Round 33**	Ch 1; **[**esc in each st to next ch-1 sp, (esc, ch 1, esc) in next ch-1 sp**] 4 times**, esc in each st around; join with sl st in first esc (252 esc, 4 ch-1 sps)
☐	Round 33 has 40 sts for half of the back, 46 for a sleeve, 80 for the front, 46 for the other sleeve and 40 for the other half of the back, with a ch-1 sp between two parts. Do not fasten off.

Body

Yarn A, heather blue.

☐ **Start**	Go on from round 33 of the yoke.
☐ **Round 34**	Ch 1; esc in each st to next ch-1 sp, ch 8 for the underarm, skip next ch-1 sp, the 46 sleeve sts and next ch-1 sp, esc in each st to next ch-1 sp, ch 8 for the underarm, skip next ch-1 sp, the 46 sleeve sts and next ch-1 sp, esc in each st around; join with sl st in first esc (160 esc, 16 ch)
☐ **Rounds 35 to 81**	Ch 1; esc in each st around; join with sl st in first esc (176 esc)

35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62
63 64 65 66 67 68 69 70 71 72 73 74 75 76 77 78 79 80 81

☐	Fasten off. Count the 176 sts of round 81 from its join, at the middle of the back, in the order in which they were worked: sts 1 to 44 and sts 133 to 176 are the back, and sts 45 to 132 are the front. The lines between the two are the sides.

Front hem

Yarn A, heather blue.

☐ **Start**	Hold the sweater upside down, with the right side (the outside) of the front facing and round 81 uppermost. Join yarn A in st 45 of round 81; ch 2, dc in that st and in each of the next 87 sts, to st 132 (88 dc). This is row 1, a right side row.
☐ **Rows 2 to 6**	Ch 2, turn; dc in first st, **[**fpdc around next st, bpdc around next st**] 43 times**, dc in last st (2 dc, 43 fpdcs, 43 bpdcs)

2 3 4 5 6

☐	The hem is about 2½ in (6.5 cm) deep. Fasten off.

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Back hem

Yarn A, heather blue.

☐ **Start**	Hold the sweater upside down, with the right side (the outside) of the back facing and round 81 uppermost. Join yarn A in st 133 of round 81, beside the front hem; ch 2, dc in that st and in each of the next 43 sts, to the end of the round, then dc in each of sts 1 to 44 of the round (88 dc). This is row 1, a right side row.	
☐ **Rows 2 to 10**	Ch 2, turn; dc in first st, **[**fpdc around next st, bpdc around next st**] 43 times**, dc in last st	(2 dc, 43 fpdcs, 43 bpdcs)
	2 3 4 5 6 7 8 9 10	
☐	The hem is about 4¼ in (11 cm) deep. Fasten off.	

Sleeve: make 2

Yarn A, heather blue.

☐ **Start**	In the next line the edge that you work into is held uppermost, and the underarm chs are met along their free side. The rounds begin at the middle of the underarm. Neck up, right side facing: join yarn A in the free side of the underarm chain just left of the middle, 8 in (20 cm) hanging; ch 1, esc in that ch and in each of the next 3 underarm chs, esc in the ch-1 sp, esc in each of the 46 sleeve sts, esc in the next ch-1 sp and esc in each of the 4 underarm chs left (56 esc); join with sl st in first esc. This is round 1.	
☐ **Rounds 2 to 4**	Ch 1; esc in each st around; join with sl st in first esc	(56 esc)
	2 3 4	
☐ **Round 5**	Ch 1; esc2tog, esc in each st around to last 2 sts, esc2tog; join with sl st in first esc2tog	(54 esc)
☐ **Rounds 6 to 10**	Ch 1; esc in each st around; join with sl st in first esc	(54 esc)
	6 7 8 9 10	
☐ **Rounds 11 to 58**	Repeat Rounds 5 to 10, 8 more times (52, 50, 48, 46, 44, 42, 40, 38 esc at the ends of the repeats)	(38 esc)
	11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58	
☐ **Rounds 59 to 60**	Ch 1; esc in each st around; join with sl st in first esc	(38 esc)
	59 60	
☐ **Round 61**	Ch 2; [dc in next 2 sts, dc2tog] twice, **[**dc in next 3 sts, dc2tog**] 6 times**; join with sl st in first dc	(30 dc)
☐ **Rounds 62 to 65**	Ch 2; **[**fpdc around next st, bpdc around next st**] 15 times**; join with sl st in first fpdc	(15 fpdcs, 15 bpdcs)
	62 63 64 65	
☐	The sleeve is about 17½ in (44.5 cm) long from the underarm; its rib, rounds 61 to 65, is about 2 in (5 cm) of it. Fasten off.	

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Neckband

Yarn A, heather blue.

☐ **Start**	With the right side facing and the foundation chain uppermost, join yarn A in the ch under the last esc of round 1, beside the middle of the back; ch 2, dc in that ch and in each ch around, the last dc in the ch under the first esc of round 1 (84 dc); join with sl st in first dc. This is round 1. The round meets the parts of the yoke in the opposite order: half of the back, a sleeve, the front, a sleeve and the other half of the back.	
☐ **Rounds 2 to 4** 2 3 4	Ch 2; **[**fpdc around next st, bpdc around next st**] 42 times**; join with sl st in first fpdc	(42 fpdcs, 42 bpdcs)
☐	The neckband is about 1¾ in (4.5 cm) deep. Fasten off loosely.	

Notch

Yarn B, cream.

☐ **Start**	With yarn B, ch 13.	
☐ **Row 1 (RS)**	Sc in 2nd ch from hook and in each ch across	(12 sc)
☐ **Row 2**	Ch 1, turn; sc in each st across	(12 sc)
☐ **Row 3**	Ch 1, turn; sc2tog, sc in each st across to last 2 sts, sc2tog	(10 sc)
☐ **Rows 4 to 9** 4 5 6 7 8 9	Repeat Rows 2 and 3, 3 more times (8, 6, 4 sc at the ends of the repeats)	(4 sc)
☐ **Row 10**	Ch 1, turn; sc in each st across	(4 sc)
☐ **Row 11**	Ch 1, turn; sc2tog twice	(2 sc)
☐	The foundation chain is the upper edge of the notch and row 11, the last, is its tip. It is about 3 in (7.5 cm) wide and 2½ in (6.5 cm) high. Fasten off, leaving an end of about 24 in (60 cm) for sewing.	

Assembly

1. Underarms: close any small gap at the two ends of each underarm, where it meets the front and the back. The yarn end of the sleeve hangs at the middle of the underarm: use a new length of yarn A of about 12 in (30 cm) for each underarm, close the gap at one end, run the yarn through the wrong side of the underarm sts to the other end and close the gap there.

2. Notch: lay the sweater flat with the front up. Count the dc of round 1 of the neckband from its join, at the middle of the back, in the order in which they were worked: dc 37 to 48 are the 12 at the middle of the front, with 9 dc of the front at each side of them, up to the raglan lines. Lay the notch on the front, right side up and tip down, with its 12 foundation chs side by side below these 12 dc, along the line where the neckband begins. Pin it. With its own end, which hangs at the tip, whip stitch it down up one slanted edge, along the foundation chain and down the other slanted edge to the tip, with stitches that go through the sweater but do not show on the notch.

3. Slits: each side is open from the lower edge of the front hem up to the last round of the body. At the top of each slit hangs an end of yarn A, where one of the two hems was begun: work two small stitches with it through the first row ends of the two hems, so that the slit does not tear.

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Finishing

- Weave in all the ends. Wash as the yarn label says and lay flat to the measurements to dry.

In all: 2 pieces.

To find how many balls: divide by the length on your yarn's label and round up. Buy them from one dye lot. The estimate is from the stitches of this size at this gauge.

Notes

- The finished bust is 7 in (18 cm) wider than the body measurement at each size. Choose by the finished measurement you like; no fit is promised beyond the measurements given.
- Worked from the neck down in one piece. The yoke, the body, the sleeves and the neckband are worked in rounds that are not turned; the right side always faces you. The two hems and the notch are worked in rows.
- The rounds of the yoke and the body begin at the middle of the back, so the first and the last part of each round are the two halves of the back.
- Work the foundation chain loosely: the neck has no opening and must go over the head.
- A ch-1 sp marks each of the four raglan lines. The ch-1 sps are counted apart from the stitches. To work into a chain space, insert the hook under the whole chain.
- At the underarms, work into each of the new chains as into a stitch on the next round.
- For the ribs, always work around the post (the upright part) of the stitch below, not into its top. In the rows of the hems the ribs come out one above the other although every row is worded alike: a stitch that stands out on one side lies back on the other.
- A decrease counts as one stitch.
- Whip stitch: put the needle in through both edges from the back to the front, take the yarn over the edge, and do the same again a short step farther on.
- To work a post stitch around a dc2tog, take the hook around both of its legs together.

Found a mistake in this pattern? Tell us at flossfield.com, under Make a request.

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