Easy shrug from one rectangle

M/L · US terms



Finished size
About 47½ in (120.5 cm) round the body and about 53¼ in (135.5 cm) from cuff to cuff

Skill
Easy
One rectangle in half double crochet, two seams and post stitch ribs

Yarn
Medium (4), 3 colors

Hook
5.5 mm (US I-9)

Gauge
13 stitches and 11 rows to 4 in (10 cm)
In half double crochet.

You will need

Yarn A: faded rose, main	**about 700 yd (640 m), an estimate**
Yarn B: cream, contrast	**about 250 yd (229 m), an estimate**
Yarn C: rosewood, color 3	**about 115 yd (105 m), an estimate**

Hook: 5.5 mm (US I-9), or the size that gives you the gauge. Also: yarn needle, scissors and tape measure.

To find how many balls: divide by the length on your yarn's label and round up. Buy them from one dye lot. The estimate is from the stitches of this size at this gauge.

Sizes

Size	Around the body, along the collar seam	Cuff to cuff, across the back	From the neck to the lower	Sleeve around, before it is gathered	Cuff	Collar depth	Yarn, an estimate
XS/S	41¾ in (106 cm)	48¼ in (122.5 cm)	24¼ in (61.5 cm)	18½ in (47 cm)	9¼ in (23.5 cm)	2¾ in (7 cm)	about 885 yd (809 m)
M/L (this file)	**47½ in (120.5 cm)**	**53¼ in (135.5 cm)**	**25½ in (65 cm)**	**19¾ in (50 cm)**	**9¾ in (25 cm)**	**2¾ in (7 cm)**	**about 1,065 yd (974 m)**
1X/2X	53½ in (136 cm)	53¼ in (135.5 cm)	27¾ in (70.5 cm)	22¼ in (56.5 cm)	11 in (28 cm)	2¾ in (7 cm)	about 1,205 yd (1,102 m)
3X/4X	59 in (150 cm)	58½ in (148.5 cm)	30¼ in (77 cm)	24½ in (62 cm)	12¼ in (31 cm)	2¾ in (7 cm)	about 1,435 yd (1,312 m)

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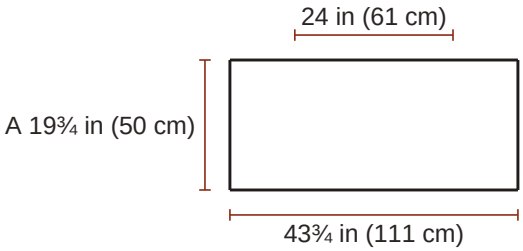
Schematic



The rectangle
A the sleeve around, before it is gathered

Abbreviations

Written in US terms. Where the UK name differs it is given beside the US one.

hdc	half double crochet (UK htr, half treble)
dc	double crochet (UK tr, treble)
sl st	slip stitch (UK ss, slip stitch)
ch	chain stitch
RS	right side
Rnd	round
st	stitch
sc	single crochet (UK dc, double crochet)

Special stitches

sc2tog (single crochet 2 stitches together (UK double crochet 2 together)): Insert the hook in the next stitch and pull up a loop, insert the hook in the following stitch and pull up a loop (3 loops on the hook); yarn over and pull through all 3 loops. It leaves 1 sc2tog for the next row or round.

fpdc (front post double crochet (UK front post treble)): Yarn over, insert the hook from the front to the back and to the front again around the post of the stitch named, pull up a loop, [yarn over and pull through 2 loops] twice. The front is the side that faces you. A post stitch takes the place of the stitch it is worked around: do not work into the top of that stitch as well. It leaves 1 fpdc for the next row or round.

bpdc (back post double crochet (UK back post treble)): As fpdc, but insert the hook from the back to the front and to the back again around the post. It leaves 1 bpdc for the next row or round.

Gauge

13 stitches and 11 rows to 4 in (10 cm) in half double crochet.

> **The swatch.** A test piece to measure and pull out. It is not the start of the pattern. Ch 21; begin in the 2nd ch from the hook and work 16 rows of half double crochet on 20 sts, about 6¼ in (16 cm) wide and 5¾ in (14.5 cm) high, and measure 4 in (10 cm) in the middle. Use a larger hook if your swatch is small, a smaller one if it is large. Collar and cuffs: 13 sts and about 7 rounds to 4 in (10 cm), in double crochet (UK: treble) and in the rib. Count the stitches of the rib while you hold it opened out flat. When you let it go, the rib closes up and is narrower; the measures around the body and around the cuff are those of the opened rib.

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Before you start

- Four women's sizes, each for a range.
- A shrug is open at the front. Choose by the bust; no fit is promised beyond the measurements given.
- The turning chain of the rectangle (ch 1) never counts as a stitch. Work the first stitch of every row into the first stitch, at the base of the turning chain. Row 1 is a right side row, and so is every odd row.
- The collar and the cuffs are worked in rounds that are not turned; the right side always faces you. The chain at the start of a round (ch 1 or ch 2) does not count as a stitch. Work the first stitch into the place where the yarn is joined.
- To work into the end of a row, insert the hook under two threads at the side of its edge stitch.
- In the rib rounds work around the post (the upright part) of each stitch below, not into its top.
- A decrease counts as one stitch.
- Sew the seams with the yarn needle and yarn A.
- Color changes in rows: work the last yarn over of the last stitch of the row before with the new yarn. Cut the old yarn, leaving an end of about 6 in (15 cm), or, if it is needed again at the same edge after 6 rows or fewer and that edge is straight, carry it loosely up the edge.
- To fit bust 37 to 41 in (94 to 104 cm).

Instructions

Chosen: M/L. Square brackets [ ] hold a repeat: work what is inside as many times as it says. The count in round brackets at the end of a line is what that line leaves. Tick the box when a row is done. In UK terms hdc is half treble, dc is treble and sl st is slip stitch.

Rectangle

Yarn A, faded rose.

☐ **Foundation**	With yarn A, ch 65. Colors, counted from row 1: 8 rows yarn A, 2 rows yarn B, 2 rows yarn C, 2 rows yarn B; repeat these 14 rows to the end (the last repeat may stop part way).	
☐ **Row 1 (RS)**	Hdc in 2nd ch from hook and in each ch across	**(64 hdc)**
☐ **Rows 2 to 120**	Ch 1, turn; hdc in each st across	**(64 hdc)**

A box for each row, 2 to 120: tick them off as you go.

2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30
31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59
60 61 62 63 64 65 66 67 68 69 70 71 72 73 74 75 76 77 78 79 80 81 82 83 84 85 86 87 88
89 90 91 92 93 94 95 96 97 98 99 100 101 102 103 104 105 106 107 108 109 110 111 112 113 114 115 116 117
118 119 120

☐ **End**	The rectangle comes to about 19¾ in (50 cm) wide and 43¾ in (111 cm) long (64 sts, 120 rows). Its two long edges are the row ends. Fasten off.	

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Collar

Yarn A, faded rose.

☐ **Foundation**	Work this when the sleeve seams have been sewn (step 1 of the finishing). With the right side facing, hold the shrug with one open edge uppermost and join yarn A at the sleeve seam that lies at the right-hand end of that edge, in the end of the first open row. Rnd 1 goes along the 66 open row ends of one edge to the other sleeve seam and back along the 66 open row ends of the other edge.
☐ **Rnd 1**	Ch 2; **[**2 dc in the end of next row, dc in the end of each of next 5 rows**] 11 times**, now along the other edge, **[**2 dc in the end of next row, dc in the end of each of next 5 rows**] 11 times**; join with sl st in first dc **(154 dc)**
☐ **Rnds 2 to 5**	Ch 2; **[**fpdc around next st, bpdc around next st**] 77 times**; join with sl st in first fpdc **(77 fpdcs, 77 bpdcs)**

A box for each round, 2 to 5: tick them off as you go.

2 3 4 5

☐ **End**	Fasten off. Turn the collar back along the neck when you wear the shrug.

Cuff: make 2

Yarn A, faded rose.

☐ **Foundation**	Work this when the sleeve seams have been sewn (step 1 of the finishing). With the right side facing, hold one sleeve with its open end uppermost and join yarn A in the first place to the left of the seam. Rnd 1 begins there and goes all the way around to the seam. For the one cuff work into the 64 sts of row 120, for the other into the 64 chs of the foundation chain, along their free side.
☐ **Rnd 1**	Ch 1; sc2tog 32 times; join with sl st in first sc2tog **(32 sc)**
☐ **Rnd 2**	Ch 2; dc in each st around; join with sl st in first dc **(32 dc)**
☐ **Rnds 3 to 9**	Ch 2; **[**fpdc around next st, bpdc around next st**] 16 times**; join with sl st in first fpdc **(16 fpdcs, 16 bpdcs)**

A box for each round, 3 to 9: tick them off as you go.

3 4 5 6 7 8 9

☐ **End**	Fasten off.

Assembly

1. Sleeve seams: fold the rectangle in half with right sides together, so that its two long edges meet. From the foundation chain sew the ends of rows 1 to 27 of one long edge to the ends of rows 1 to 27 of the other, row to row. Sew the ends of rows 94 to 120 in the same way. The ends of rows 28 to 93 (66 rows, about 24 in (61 cm)) stay open at both edges. Turn the shrug right side out.

2. Collar: work it now, as written above.

3. Cuffs: work them now, as written above.

Finishing

- Weave in all the ends. Wash as the yarn label says and lay flat to the measurements to dry.

Found a mistake in this pattern? Tell us at flossfield.com, under Make a request.

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