Sweater dress with a cowl neck

M, to fit bust 37 in (94 cm) · US terms



Finished size
About 40½ in (103 cm) at the bust and about 38¼ in (97 cm) long
To fit a bust of 37 in (94 cm)

Skill
Easy
Basic stitches and simple shaping, in one piece from the neck down

Yarn
Medium (4)

Hook
5.5 mm (US I-9)

Gauge
13 stitches and 11 rows to 4 in (10 cm)
In half double crochet (UK half treble).

What you need

Yarn: any one color (damson in the picture), medium (4) **about 2,225 yd (2,035 m), an estimate**
By weight: about 1,100 g, an estimate, where 100 g is 200 yd (183 m).
Hook: 5.5 mm (US I-9), or the size that gives you the gauge. Also: yarn needle, scissors and tape measure.

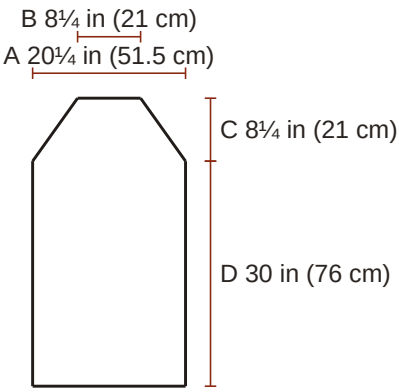
Sizes

Size	To fit bust	Yarn, an estimate	Bust	Length from the foot of	Yoke depth	Sleeve from the underarm	Upper sleeve	Neck around	Hem around	Cowl height, unfolded	Cowl around its edge
XS	29 in (73.5 cm)	about 1,875 yd (1,715 m)	33¼ in (84.5 cm)	37¼ in (94.5 cm)	7¼ in (18.5 cm)	16¾ in (42.5 cm)	12¼ in (31 cm)	19¾ in (50 cm)	44¼ in (112.5 cm)	9½ in (24 cm)	24 in (61 cm)
S	33 in (84 cm)	about 2,050 yd (1,875 m)	37 in (94 cm)	38 in (96.5 cm)	8 in (20.5 cm)	17½ in (44.5 cm)	12½ in (32 cm)	20¼ in (51.5 cm)	48 in (122 cm)	9½ in (24 cm)	24½ in (62 cm)
M (this file)	**37 in (94 cm)**	**about 2,225 yd (2,035 m)**	**40½ in (103 cm)**	**38¼ in (97 cm)**	**8¼ in (21 cm)**	**17½ in (44.5 cm)**	**13½ in (34.5 cm)**	**21 in (53.5 cm)**	**51¾ in (131.5 cm)**	**9½ in (24 cm)**	**25¼ in (64 cm)**
L	41 in (104 cm)	about 2,425 yd (2,217 m)	45½ in (115.5 cm)	38¾ in (98.5 cm)	8¾ in (22 cm)	18 in (45.5 cm)	14¼ in (36 cm)	21 in (53.5 cm)	56½ in (143.5 cm)	9½ in (24 cm)	25¼ in (64 cm)
1X	45 in (114.5 cm)	about 2,625 yd (2,400 m)	49¼ in (125 cm)	39½ in (100.5 cm)	9½ in (24 cm)	18 in (45.5 cm)	16¼ in (41.5 cm)	21½ in (54.5 cm)	60¼ in (153 cm)	9½ in (24 cm)	26½ in (67.5 cm)
2X	49 in (124.5 cm)	about 2,850 yd (2,606 m)	53 in (134.5 cm)	39¾ in (101 cm)	9¾ in (25 cm)	18¾ in (47.5 cm)	18¼ in (46.5 cm)	21½ in (54.5 cm)	64 in (162.5 cm)	9½ in (24 cm)	26½ in (67.5 cm)

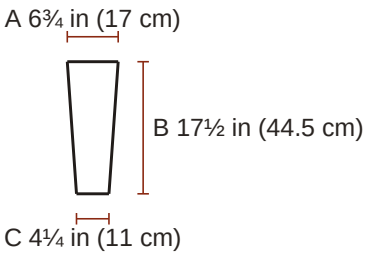
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3X	53 in (134.5 cm)	about 3,000 yd (2,743 m)	56½ in (143.5 cm)	40 in (101.5 cm)	10¼ in (26 cm)	18¾ in (47.5 cm)	19½ in (49.5 cm)	21½ in (54.5 cm)	67¾ in (172 cm)	9½ in (24 cm)	26½ in (67.5 cm)
4X	57 in (145 cm)	about 3,275 yd (2,995 m)	61½ in (156 cm)	40¾ in (103.5 cm)	11 in (28 cm)	19 in (48.5 cm)	21¼ in (54 cm)	21½ in (54.5 cm)	72½ in (184 cm)	9½ in (24 cm)	26½ in (67.5 cm)
5X	61 in (155 cm)	about 3,450 yd (3,155 m)	65¼ in (165.5 cm)	41¼ in (105 cm)	11¼ in (28.5 cm)	19 in (48.5 cm)	21¾ in (55 cm)	21½ in (54.5 cm)	76¼ in (193.5 cm)	9½ in (24 cm)	26½ in (67.5 cm)

Schematic



Body, laid flat
A half the bust
B across the neck opening
C the yoke
D below the yoke



Sleeve, laid flat
A half the top of the sleeve
B the sleeve
C half the cuff

Gauge

13 stitches and 11 rows to 4 in (10 cm) in half double crochet.

> **The swatch.** A test piece to measure and pull out. It is not the start of the pattern. Ch 21; begin in the 2nd ch from the hook and work 16 rows of half double crochet on 20 sts, about 6¼ in (16 cm) wide and 5¾ in (14.5 cm) high, and measure 4 in (10 cm) in the middle. Use a larger hook if your swatch is small, a smaller one if it is large. Post stitch rib of the hem, the cuffs and the cowl: 7 rounds to 4 in (10 cm).

Instructions

M, to fit bust 37 in (94 cm). US terms.

ch chain, **hdc** half double crochet (UK htr), **sl st** slip stitch, **dc** double crochet (UK tr), **sc** single crochet (UK dc), **st** stitch.

2 hdc in next st: **both in one stitch**. Hdc in next 21 sts: one in each. **ch-1 sp**: the hole under the chain. The hook goes in the hole, never into a chain.

Do not turn: the outside faces you all the time. The ch 1 is not a stitch. The first hdc goes **where the slip stitch went**.

Working in the round

[ ] 4 times: 4 times in all. ( ) in one place: all of it there. (76 hdc, 4 ch-1 sps): the round now has that many; a check, not a step.

Also: sp space.

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Every stitch, drawn: flossfield.com/crochet/stitches.

Special stitches

hdc2tog (half double crochet 2 stitches together (UK half treble 2 together)): [yarn over, insert the hook in the next stitch and pull up a loop] twice (5 loops on the hook); yarn over and pull through all 5 loops.

fpdc (front post double crochet (UK front post treble)): Yarn over, insert the hook from the front to the back and to the front again around the post of the stitch named, pull up a loop, [yarn over and pull through 2 loops] twice. The front is the side that faces you. A post stitch takes the place of the stitch it is worked around: do not work into the top of that stitch as well.

bpdc (back post double crochet (UK back post treble)): As fpdc, but insert the hook from the back to the front and to the back again around the post.

Yoke

☐ **Start**	Make a slip knot. Ch 68; join with sl st in first ch to form a ring, taking care not to twist the chain.
☐ **Round 1**	Ch 1; hdc in next 12 chs, ch 1, hdc in next 10 chs, ch 1, hdc in next 24 chs, ch 1, hdc in next 10 chs, ch 1, hdc in next 12 chs; join with sl st in first hdc (68 hdc, 4 ch-1 sps)
☐ **Round 2**	Ch 1; **[**hdc in each st to next ch-1 sp, (hdc, ch 1, hdc) in next ch-1 sp**] 4 times**, hdc in each st around; join with sl st in first hdc (76 hdc, 4 ch-1 sps)
☐ **Round 3**	Ch 1; [hdc in each st to next ch-1 sp, (hdc, ch 1) in next ch-1 sp, hdc in each st to next ch-1 sp, (ch 1, hdc) in next ch-1 sp] twice, hdc in each st around; join with sl st in first hdc (80 hdc, 4 ch-1 sps)
☐ **Round 4**	Ch 1; **[**hdc in each st to next ch-1 sp, ch 1, skip next ch-1 sp**] 4 times**, hdc in each st around; join with sl st in first hdc (80 hdc, 4 ch-1 sps)
☐ **Rounds 5 to 7** 5 6 7	Ch 1; **[**hdc in each st to next ch-1 sp, (hdc, ch 1, hdc) in next ch-1 sp**] 4 times**, hdc in each st around; join with sl st in first hdc (104 hdc; 4 ch-1 sps)
☐ **Round 8**	Ch 1; [hdc in each st to next ch-1 sp, (hdc, ch 1) in next ch-1 sp, hdc in each st to next ch-1 sp, (ch 1, hdc) in next ch-1 sp] twice, hdc in each st around; join with sl st in first hdc (108 hdc, 4 ch-1 sps)
☐ **Round 9**	Ch 1; **[**hdc in each st to next ch-1 sp, (hdc, ch 1, hdc) in next ch-1 sp**] 4 times**, hdc in each st around; join with sl st in first hdc (116 hdc, 4 ch-1 sps)
☐ **Round 10**	Ch 1; **[**hdc in each st to next ch-1 sp, ch 1, skip next ch-1 sp**] 4 times**, hdc in each st around; join with sl st in first hdc (116 hdc, 4 ch-1 sps)
☐ **Round 11**	Ch 1; **[**hdc in each st to next ch-1 sp, (hdc, ch 1, hdc) in next ch-1 sp**] 4 times**, hdc in each st around; join with sl st in first hdc (124 hdc, 4 ch-1 sps)
☐ **Round 12**	Ch 1; [hdc in each st to next ch-1 sp, (hdc, ch 1) in next ch-1 sp, hdc in each st to next ch-1 sp, (ch 1, hdc) in next ch-1 sp] twice, hdc in each st around; join with sl st in first hdc (128 hdc, 4 ch-1 sps)

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☐ **Rounds 13 to 14**	Ch 1; **[**hdc in each st to next ch-1 sp, (hdc, ch 1, hdc) in next ch-1 sp**] 4 times**, hdc in each st around; join with sl st in first hdc	(144 hdc; 4 ch-1 sps)
	13 14	
☐ **Rounds 15 to 19**	Repeat Rounds 10 to 14, once more	(172 hdc, 4 ch-1 sps)
	15 16 17 18 19	
☐ **Round 20**	Ch 1; **[**hdc in each st to next ch-1 sp, (hdc, ch 1, hdc) in next ch-1 sp**] 4 times**, hdc in each st around; join with sl st in first hdc	(180 hdc, 4 ch-1 sps)
☐ **Round 21**	Ch 1; **[**hdc in each st to next ch-1 sp, ch 1, skip next ch-1 sp**] 4 times**, hdc in each st around; join with sl st in first hdc	(180 hdc, 4 ch-1 sps)
☐ **Round 22**	Ch 1; [hdc in each st to next ch-1 sp, (hdc, ch 1) in next ch-1 sp, hdc in each st to next ch-1 sp, (ch 1, hdc) in next ch-1 sp] twice, hdc in each st around; join with sl st in first hdc	(184 hdc, 4 ch-1 sps)
☐ **Round 23**	Ch 1; **[**hdc in each st to next ch-1 sp, (hdc, ch 1, hdc) in next ch-1 sp**] 4 times**, hdc in each st around; join with sl st in first hdc	(192 hdc, 4 ch-1 sps)
☐	Do not fasten off.	

Body

☐ **Start**	Go on from round 23 of the yoke.	
☐ **Round 24**	Ch 1; hdc in each st to next ch-1 sp, ch 6 for the underarm, skip next ch-1 sp, the 36 sleeve sts and next ch-1 sp, hdc in each st to next ch-1 sp, ch 6 for the underarm, skip next ch-1 sp, the 36 sleeve sts and next ch-1 sp, hdc in each st around; join with sl st in first hdc	(120 hdc, 12 ch)
☐ **Round 25**	Ch 1; hdc in each st around; join with sl st in first hdc	(132 hdc)
☐ **Round 26**	Ch 1; **[**hdc in next 21 sts, 2 hdc in next st**] 6 times**; join with sl st in first hdc	(138 hdc)
☐ **Rounds 27 to 37**	Ch 1; hdc in each st around; join with sl st in first hdc	(138 hdc)
	27 28 29 30 31 32 33 34 35 36 37	
☐ **Round 38**	Ch 1; **[**hdc in next 22 sts, 2 hdc in next st**] 6 times**; join with sl st in first hdc	(144 hdc)
☐ **Rounds 39 to 49**	Ch 1; hdc in each st around; join with sl st in first hdc	(144 hdc)
	39 40 41 42 43 44 45 46 47 48 49	
☐ **Round 50**	Ch 1; **[**hdc in next 23 sts, 2 hdc in next st**] 6 times**; join with sl st in first hdc	(150 hdc)
☐ **Rounds 51 to 61**	Ch 1; hdc in each st around; join with sl st in first hdc	(150 hdc)
	51 52 53 54 55 56 57 58 59 60 61	
☐ **Round 62**	Ch 1; **[**hdc in next 24 sts, 2 hdc in next st**] 6 times**; join with sl st in first hdc	(156 hdc)
☐ **Rounds 63 to 73**	Ch 1; hdc in each st around; join with sl st in first hdc	(156 hdc)
	63 64 65 66 67 68 69 70 71 72 73	

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☐ **Round 74**	Ch 1; **[**hdc in next 25 sts, 2 hdc in next st**] 6 times**; join with sl st in first hdc	(162 hdc)
☐ **Rounds 75 to 85**	Ch 1; hdc in each st around; join with sl st in first hdc	(162 hdc)

75 76 77 78 79 80 81 82 83 84 85

☐ **Round 86**	Ch 1; **[**hdc in next 26 sts, 2 hdc in next st**] 6 times**; join with sl st in first hdc	(168 hdc)
☐ **Rounds 87 to 99**	Ch 1; hdc in each st around; join with sl st in first hdc	(168 hdc)

87 88 89 90 91 92 93 94 95 96 97 98 99

☐ **Rounds 100 to 103**	Ch 2; **[**fpdc around next st, bpdc around next st**] 84 times**; join with sl st in first fpdc	(84 fpdcs, 84 bpdcs)

100 101 102 103

☐	Fasten off.	

Sleeve: make 2

☐ **Start**	Neck up, right side facing: join the yarn in the free side of the underarm chain just left of the middle, 8 in (20 cm) hanging; ch 1, hdc in that ch and in each of the next 2 underarm chs, hdc in the ch-1 sp just before the sleeve sts, hdc in each of the 36 sleeve sts, hdc in the ch-1 sp just after them and hdc in each of the 3 underarm chs left (44 hdc); join with sl st in first hdc. This is round 1.	
☐ **Round 2**	Ch 1; hdc in each st around; join with sl st in first hdc	(44 hdc)
☐ **Round 3**	Ch 1; hdc2tog, hdc in each st around to last 2 sts, hdc2tog; join with sl st in first hdc2tog	(42 hdc)
☐ **Rounds 4 to 7**	Ch 1; hdc in each st around; join with sl st in first hdc	(42 hdc)

4 5 6 7

☐ **Rounds 8 to 42**	Repeat Rounds 3 to 7, 7 more times (40, 38, 36, 34, 32, 30, 28 hdc at the ends of the repeats)	(28 hdc)

8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42

☐ **Rounds 43 to 46**	Ch 2; **[**fpdc around next st, bpdc around next st**] 14 times**; join with sl st in first fpdc	(14 fpdcs, 14 bpdcs)

43 44 45 46

☐	Fasten off.	

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Cowl

☐ **Start**	With the right side facing, join the yarn in the foundation chain at the middle of the back; ch 1, sc in each ch around (68 sc); join with sl st in first sc. This is round 1. Hold the dress with the foundation chain uppermost for it: the first sc goes in the first ch to the left of the beginning of the rounds, and all of them go in the free side of the chain.
☐ **Round 2**	Ch 2; [dc in next 3 sts, 2 dc in next st] twice, **[**dc in next 4 sts, 2 dc in next st**] 12 times**; join with sl st in first dc (82 dc)
☐ **Rounds 3 to 17**	Ch 2; **[**fpdc around next st, bpdc around next st**] 41 times**; join with sl st in first fpdc (41 fpdcs, 41 bpdcs)
☐	Fasten off.

3 4 5 6 7 8 9 10 11 12 13 14 15 16 17

Assembly

1. Close the underarm gaps with the yarn ends there: whip stitch across, drawn snug.

2. Fold the top half of the cowl down to the outside, so that it lies over the shoulders.

Finishing

- Weave in all the ends. Wash as the yarn label says and lay flat to the measurements to dry.

To find how many balls: divide by the length on your yarn's label and round up. Buy them from one dye lot. The estimate is from the stitches of this size at this gauge.

Notes

- The finished bust is from 3½ in (9 cm) to 4½ in (11.5 cm) wider than the body measurement, by the size. Choose by the finished measurement you like; no fit is promised beyond the measurements given.
- Worked from the neck down in one piece. The rounds are not turned; the right side always faces you.
- The rounds begin at the middle of the back, so the first and the last section of each round are the two halves of the back.
- Work the foundation chain and the first rounds of the cowl loosely: the neck has no opening and must go over the head.
- The chain at the start of a round or row (ch 1 for single and half double crochet, ch 2 for double crochet) never counts as a stitch. Work the first stitch into the stitch at its base.
- A ch-1 sp marks each of the four raglan lines. The ch-1 sps are counted apart from the stitches.
- A decrease counts as one stitch.
- At the underarms, work into each of the new chains as into a stitch on the next round. The sleeves are worked into the free side of these chains.
- For the rib, always work around the post (the upright part) of the stitch below, not into its top.

Found a mistake in this pattern? Tell us at flossfield.com, under Make a request.

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