Tank dress in sport stripes

M, to fit bust 37 in (94 cm) · US terms



Finished size

About 38½ in (98 cm) at the bust and about 49½ in (125.5 cm) round at the hem

To fit a bust of 37 in (94 cm) and a hip of 39 in (99 cm)

Skill

Easy

Half double crochet in rows, simple shaping, edgings worked along row ends

Yarn

Light (3), 3 colors

Hook

4.5 mm (US 7)

Gauge

16 stitches and 13½ rows to 4 in (10 cm)

In half double crochet (UK half treble).

What you need

Yarn A: heather, main color	**about 1,975 yd (1,806 m), an estimate**
Yarn B: white, contrast	**about 70 yd (64 m), an estimate**
Yarn C: black, the hem binding, the neck binding and more	**about 65 yd (59 m), an estimate**

By weight: about 840 g in all, an estimate, where 100 g is 250 yd (229 m).

Hook: 4.5 mm (US 7), or the size that gives you the gauge. Also: yarn needle, scissors and tape measure.

To find how many balls: divide by the length on your yarn's label and round up. Buy them from one dye lot. The estimate is from the stitches of this size at this gauge.

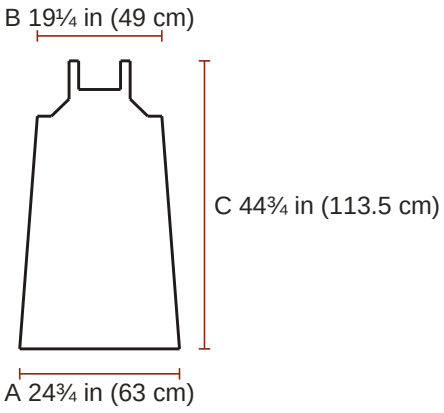
Sizes

Size	To fit bust	Yarn, an estimate	Bust	Around the hem	Armhole depth, without the binding	Width of each front strap	Slit, without the hem binding	Length from the shoulder
XS	29 in (73.5 cm)	about 1,830 yd (1,673 m)	30½ in (77.5 cm)	45½ in (115.5 cm)	8 in (20.5 cm)	2¼ in (5.5 cm)	13 in (33 cm)	44½ in (113 cm)
S	33 in (84 cm)	about 1,905 yd (1,742 m)	34½ in (87.5 cm)	45½ in (115.5 cm)	8½ in (21.5 cm)	2¼ in (5.5 cm)	13 in (33 cm)	44½ in (113 cm)
M (this file)	**37 in (94 cm)**	**about 2,110 yd (1,929 m)**	**38½ in (98 cm)**	**49½ in (125.5 cm)**	**8½ in (21.5 cm)**	**2¼ in (5.5 cm)**	**13 in (33 cm)**	**45¼ in (115 cm)**
L	41 in (104 cm)	about 2,290 yd (2,094 m)	42½ in (108 cm)	53½ in (136 cm)	9¼ in (23.5 cm)	2½ in (6.5 cm)	13 in (33 cm)	45¼ in (115 cm)

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1X	45 in (114.5 cm)	about 2,495 yd (2,281 m)	46½ in (118 cm)	57½ in (146 cm)	9¾ in (25 cm)	2½ in (6.5 cm)	13 in (33 cm)	45¾ in (116 cm)
2X	49 in (124.5 cm)	about 2,670 yd (2,441 m)	50½ in (128.5 cm)	62½ in (159 cm)	10¼ in (26 cm)	2½ in (6.5 cm)	13 in (33 cm)	45¾ in (116 cm)
3X	53 in (134.5 cm)	about 2,800 yd (2,560 m)	54½ in (138.5 cm)	64½ in (164 cm)	11 in (28 cm)	2¾ in (7 cm)	13 in (33 cm)	45¾ in (116 cm)
4X	57 in (145 cm)	about 2,930 yd (2,679 m)	58½ in (148.5 cm)	66½ in (169 cm)	11½ in (29 cm)	2¾ in (7 cm)	13 in (33 cm)	46¼ in (117.5 cm)

Schematic



Front, with the stripes
A the whole width
B half the bust
C how deep the neck is

Gauge

16 stitches and 13½ rows to 4 in (10 cm) in half double crochet.

> **The swatch.** A test piece to measure and pull out. It is not the start of the pattern. Ch 25; begin in the 2nd ch from the hook and work 20 rows of half double crochet on 24 sts, about 6 in (15 cm) wide and 6 in (15 cm) high, and measure 4 in (10 cm) in the middle. Use a larger hook if your swatch is small, a smaller one if it is large. Single crochet (UK: double crochet) of the stripes and bindings: 16 sts and about 18.5 rows to 4 in (10 cm).

Notes

- Women's sizes. The dress widens toward the hem: choose by the bust.
- The finished bust is 1½ in (4 cm) wider than the body measurement at each size. Choose by the finished measurement you like; no fit is promised beyond the measurements given.
- The turning chain (ch 1 for single and half double crochet) never counts as a stitch. Work the first stitch of every row into the first stitch, at the base of the turning chain.
- The chain at the start of a round never counts as a stitch. Work the first stitch of the round into the stitch at its base, where the round was joined.
- A decrease counts as one stitch.

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- An edging is worked along row ends by putting the hook under two strands at the side of each row end named.
- Along the free side of a foundation chain, work into each ch that has a stitch of row 1 on its other side. The ch that was skipped at the start of row 1 is left out and not counted.
- The front and the back are the same up to the armholes. The front has a round neck between two straps; the back narrows to the middle and its two straps lean outward to the shoulders.
- The stitches left free at the armholes are worked into again by the armhole bindings.
- The dress goes on over the head.
- Color changes in rows: work the last yarn over of the last stitch of the row before with the new yarn. Cut the old yarn, leaving an end of about 6 in (15 cm), or, if it is needed again at the same edge within 6 rows and that edge is straight, carry it loosely up the edge.

Instructions

M, to fit bust 37 in (94 cm). US terms.

ch chain, **sl st** slip stitch, **sc** single crochet (UK double crochet), **hdc** half double crochet (UK half treble), **Rnd** round, **st** stitch.
RS right side, the one that shows.
(94 hdc): the stitches you have when the row is done. **How to read a pattern**.

Special stitches

hdc2tog (half double crochet 2 stitches together (UK half treble 2 together)): [yarn over, insert the hook in the next stitch and pull up a loop] twice (5 loops on the hook); yarn over and pull through all 5 loops.

Front

Yarn A, heather.

☐ **Foundation**	With yarn A, ch 95.	
☐ **Row 1 (RS)**	Hdc in 2nd ch from hook and in each ch across	(94 hdc)
☐ **Rows 2 to 7**	Ch 1, turn; hdc in each st across	(94 hdc)
	2 3 4 5 6 7	
☐ **Row 8**	Ch 1, turn; hdc2tog, hdc in each st across to last 2 sts, hdc2tog	(92 hdc)
☐ **Rows 9 to 16**	Ch 1, turn; hdc in each st across	(92 hdc)
	9 10 11 12 13 14 15 16	
☐ **Rows 17 to 106**	Repeat Rows 8 to 16, 10 more times (90, 88, 86, 84, 82, 80, 78, 76, 74, 72 hdc at the ends of the repeats)	(72 hdc)
	17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70 71 72 73 74 75 76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100 101 102 103 104 105 106	
☐ **Rows 107 to 122**	Ch 1, turn; hdc in each st across	(72 hdc)
	107 108 109 110 111 112 113 114 115 116 117 118 119 120 121 122	
☐ **Row 123**	Fasten off and turn. Skip the first 6 sts and join yarn A in the next st; ch 1, and beginning in that st, hdc in next 60 sts, leave the last 6 sts unworked	(60 hdc)

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☐ **Rows 124 to 125** 124 125	Ch 1, turn; hdc2tog twice, hdc in each st across to last 4 sts, hdc2tog twice	(52 hdc)
☐ **Rows 126 to 132** 126 127 128 129 130 131 132	Ch 1, turn; hdc2tog, hdc in each st across to last 2 sts, hdc2tog	(38 hdc)
☐ **End**	Do not fasten off.	

Front left side

Yarn A, heather.

☐ **Foundation**	Go on from row 132 of the front. This is the left side as worn; the neck is at the end of the next row.	
☐ **Row 133 (RS)**	Ch 1, turn; hdc in next 8 sts, hdc2tog, leave the last 28 sts unworked	(9 hdc)
☐ **Row 134**	Ch 1, turn; hdc2tog, hdc in each st across	(8 hdc)
☐ **Row 135**	Ch 1, turn; hdc in each st across to last 2 sts, hdc2tog	(7 hdc)
☐ **Row 136**	Ch 1, turn; hdc2tog, hdc in each st across	(6 hdc)
☐ **Rows 137 to 151** 137 138 139 140 141 142 143 144 145 146 147 148 149 150 151	Ch 1, turn; hdc in each st across	(6 hdc)
☐ **End**	Fasten off, leaving an end of about 8 in (20 cm) for sewing.	

Front right side

Yarn A, heather.

☐ **Foundation**	Go back to row 132 of the front with the right side facing. Skip the next 18 unworked sts of row 132 for the neck and join yarn A in the next st. This side is worked in rows on that st and the next 9 sts, to the end of row 132 (10 sts). It is the right side as worn; the neck is at the beginning of the next row.	
☐ **Row 133 (RS)**	Ch 1; hdc2tog, hdc in each st across	(9 hdc)
☐ **Row 134**	Ch 1, turn; hdc in each st across to last 2 sts, hdc2tog	(8 hdc)
☐ **Row 135**	Ch 1, turn; hdc2tog, hdc in each st across	(7 hdc)
☐ **Row 136**	Ch 1, turn; hdc in each st across to last 2 sts, hdc2tog	(6 hdc)
☐ **Rows 137 to 151** 137 138 139 140 141 142 143 144 145 146 147 148 149 150 151	Ch 1, turn; hdc in each st across	(6 hdc)
☐ **End**	Fasten off, leaving an end of about 8 in (20 cm) for sewing.	

Back

Yarn A, heather.

☐ **Foundation**	With yarn A, ch 95.	
☐ **Row 1 (RS)**	Hdc in 2nd ch from hook and in each ch across	(94 hdc)
☐ **Rows 2 to 7** 2 3 4 5 6 7	Ch 1, turn; hdc in each st across	(94 hdc)
☐ **Row 8**	Ch 1, turn; hdc2tog, hdc in each st across to last 2 sts, hdc2tog	(92 hdc)

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☐ **Rows 9 to 16**	Ch 1, turn; hdc in each st across	(92 hdc)

9 10 11 12 13 14 15 16

☐ **Rows 17 to 106**	Repeat Rows 8 to 16, 10 more times (90, 88, 86, 84, 82, 80, 78, 76, 74, 72 hdc at the ends of the repeats)	(72 hdc)

17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44
45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70 71 72
73 74 75 76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100
101 102 103 104 105 106

☐ **Rows 107 to 122**	Ch 1, turn; hdc in each st across	(72 hdc)

107 108 109 110 111 112 113 114 115 116 117 118 119 120 121 122

☐ **Row 123**	Fasten off and turn. Skip the first 6 sts and join yarn A in the next st; ch 1, and beginning in that st, hdc in next 60 sts, leave the last 6 sts unworked	(60 hdc)
☐ **Rows 124 to 133**	Ch 1, turn; hdc2tog twice, hdc in each st across to last 4 sts, hdc2tog twice	(20 hdc)

124 125 126 127 128 129 130 131 132 133

☐ **Rows 134 to 136**	Ch 1, turn; hdc2tog, hdc in each st across to last 2 sts, hdc2tog	(14 hdc)

134 135 136

☐ **End**	Do not fasten off.	

Back right strap

Yarn A, heather.

☐ **Foundation**	Go on from row 136 of the back. This strap goes to the right shoulder (as worn).	
☐ **Row 137 (RS)**	Ch 1, turn; 2 hdc in first st, hdc in next 3 sts, hdc2tog, leave the last 8 sts unworked	(6 hdc)
☐ **Row 138**	Ch 1, turn; hdc2tog, hdc in next 3 sts, 2 hdc in last st	(6 hdc)
☐ **Row 139**	Ch 1, turn; 2 hdc in first st, hdc in next 3 sts, hdc2tog	(6 hdc)
☐ **Rows 140 to 147**	Repeat Rows 138 and 139, 4 more times	(6 hdc)

140 141 142 143 144 145 146 147

☐ **Row 148**	Ch 1, turn; hdc2tog, hdc in next 3 sts, 2 hdc in last st	(6 hdc)
☐ **Rows 149 to 151**	Ch 1, turn; hdc in each st across	(6 hdc)

149 150 151

☐ **End**	Fasten off.	

Back left strap

Yarn A, heather.

☐ **Foundation**	Go back to row 136 of the back with the right side facing. Skip the next 2 unworked sts of row 136 for the neck and join yarn A in the next st. This strap is worked in rows on that st and the next 5 sts, to the end of row 136 (6 sts). This strap goes to the left shoulder (as worn).	
☐ **Row 137 (RS)**	Ch 1; hdc2tog, hdc in next 3 sts, 2 hdc in last st	(6 hdc)
☐ **Row 138**	Ch 1, turn; 2 hdc in first st, hdc in next 3 sts, hdc2tog	(6 hdc)

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☐ **Row 139**	Ch 1, turn; hdc2tog, hdc in next 3 sts, 2 hdc in last st	(6 hdc)
☐ **Rows 140 to 147** 140 141 142 143 144 145 146 147	Repeat Rows 138 and 139, 4 more times	(6 hdc)
☐ **Row 148**	Ch 1, turn; 2 hdc in first st, hdc in next 3 sts, hdc2tog	(6 hdc)
☐ **Rows 149 to 151** 149 150 151	Ch 1, turn; hdc in each st across	(6 hdc)
☐ **End**	Fasten off.	

Stripes on the right-hand edge: make 2, one on the front and one on the back

Yarn B, white.

☐ **Foundation**	It is written for the front. The one on the back is worked in the same way on the right-hand edge of the back, whose rows 1 to 122 are those of the front. Colors: rows 1 and 2 yarn B; row 3 yarn A. Hold the front with the right side facing and its right-hand edge, from the hem to the underarm, uppermost, so that the foundation chain is at your right. Join yarn B in the end of row 1 of the front; ch 1, up the edge along rows 1 to 122 of the front, [sc in the end of each of the next 4 rows, 2 sc in the end of the next row] 24 times, sc in the end of each of the next 2 rows (146 sc). There are 146 sc in all. This is row 1, a right side row.	
☐ **Rows 2 to 3** 2 3	Ch 1, turn; sc in each st across	(146 sc)
☐ **End**	Fasten off.	

Stripes on the left-hand edge: make 2, one on the front and one on the back

Yarn B, white.

☐ **Foundation**	It is written for the front. The one on the back is worked in the same way on the left-hand edge of the back, whose rows 1 to 122 are those of the front. Colors: rows 1 and 2 yarn B; row 3 yarn A. Hold the front with the right side facing and its left-hand edge, from the hem to the underarm, uppermost, so that the foundation chain is at your left. Join yarn B in the end of row 122 of the front; ch 1, down the edge along rows 1 to 122 of the front, met from the last of them, sc in the end of each of the next 2 rows, [2 sc in the end of the next row, sc in the end of each of the next 4 rows] 24 times (146 sc). There are 146 sc in all. This is row 1, a right side row.	
☐ **Rows 2 to 3** 2 3	Ch 1, turn; sc in each st across	(146 sc)
☐ **End**	Fasten off.	

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Hem binding: make 2, one on the front and one on the back

Yarn C, black.

☐ **Foundation**	It is written for the front. The one on the back is worked in the same way on the back. Hold the front with the right side facing and its foundation chain uppermost. Join yarn C in the end of row 3 of the stripes at the right-hand corner; ch 1, sc in the end of each of the 3 rows of the stripes there (3 sc); sc in each of the 94 chs of the foundation chain, along their free side (94 sc); sc in the end of each of the 3 rows of the other stripes (3 sc). There are 100 sc in all. This is row 1, a right side row.	
☐ **Row 2**	Ch 1, turn; sc in each st across	(100 sc)
☐ **End**	Fasten off.	

Neck binding

Yarn C, black.

☐ **Foundation**	Work this at step 3 of Assembly. With the right side facing and the neck uppermost, join yarn C at the left shoulder seam (as worn); ch 1, down the front along rows 133 to 151 of the front left side, met from the last of them, sc in the end of each of the next 3 rows, [2 sc in the end of the next row, sc in the end of each of the next 3 rows] 4 times (23 sc); sc in each of the 18 free sts of row 132 of the front (18 sc); up the front along rows 133 to 151 of the front right side, [sc in the end of each of the next 3 rows, 2 sc in the end of the next row] 4 times, sc in the end of each of the next 3 rows (23 sc); down the back along rows 137 to 151 of the back right strap, met from the last of them, sc in the end of each of the next 3 rows, [2 sc in the end of the next row, sc in the end of the next row] 6 times (21 sc); sc in each of the 2 free sts of row 136 of the back (2 sc); up the back along rows 137 to 151 of the back left strap, [sc in the end of the next row, 2 sc in the end of the next row] 6 times, sc in the end of each of the next 3 rows (21 sc). There are 108 sc in all; join with sl st in first sc. This is rnd 1.	
☐ **Rnd 2**	Ch 1; sc in each st around; join with sl st in first sc	(108 sc)
☐ **End**	Fasten off.	

Right armhole binding, as worn

Yarn C, black.

☐ **Foundation**	Work this at step 3 of Assembly. With the right side facing and the right armhole (as worn) uppermost, join yarn C at the top of the right side seam; ch 1, sc in the end of each of the 3 rows of the stripes of the back (3 sc); sc in each of the 6 free sts of row 122 of the back (6 sc); up the back along rows 123 to 136 of the back, 2 sc in the end of each of the next 14 rows (28 sc); on to the shoulder seam along rows 137 to 151 of the back right strap, [sc in the end of the next row, 2 sc in the end of the next row] 6 times, sc in the end of each of the next 3 rows (21 sc); down from the shoulder seam along rows 133 to 151 of the front right side, met from the last of them, sc in the end of the next row, [2 sc in the end of the next row, sc in the end of each of the next 5 rows] 3 times (22 sc); down the front along rows 123 to 132 of the front, met from the last of them, [2 sc in the end of the next row, sc in the end of the next row] 5 times (15 sc); sc in each of the 6 free sts of row 122 of the front (6 sc); sc in the end of each of the 3 rows of the stripes of the front (3 sc). There are 104 sc in all; join with sl st in first sc. This is rnd 1.	
☐ **Rnd 2**	Ch 1; sc in each st around; join with sl st in first sc	(104 sc)
☐ **End**	Fasten off.	

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Left armhole binding, as worn

Yarn C, black.

☐ **Foundation**	Work this at step 3 of Assembly. With the right side facing and the left armhole (as worn) uppermost, join yarn C at the top of the left side seam; ch 1, sc in the end of each of the 3 rows of the stripes of the front (3 sc); sc in each of the 6 free sts of row 122 of the front (6 sc); up the front along rows 123 to 132 of the front, [sc in the end of the next row, 2 sc in the end of the next row] 5 times (15 sc); on to the shoulder seam along rows 133 to 151 of the front left side, [sc in the end of each of the next 5 rows, 2 sc in the end of the next row] 3 times, sc in the end of the next row (22 sc); down from the shoulder seam along rows 137 to 151 of the back left strap, met from the last of them, sc in the end of each of the next 3 rows, [2 sc in the end of the next row, sc in the end of the next row] 6 times (21 sc); down the back along rows 123 to 136 of the back, met from the last of them, 2 sc in the end of each of the next 14 rows (28 sc); sc in each of the 6 free sts of row 122 of the back (6 sc); sc in the end of each of the 3 rows of the stripes of the back (3 sc). There are 104 sc in all; join with sl st in first sc. This is rnd 1.	
☐ **Rnd 2**	Ch 1; sc in each st around; join with sl st in first sc	(104 sc)
☐ **End**	Fasten off.	

Assembly

1. Shoulders: lay the front on the back with right sides together. Sew the 6 sts of the last row of the front left side to the 6 sts of the last row of the back left strap, stitch to stitch, with the end of the front left side. Join the front right side and the back right strap in the same manner, with the end of the front right side.

2. Sides: with right sides together, sew row 3 of the stripes of the front to row 3 of the stripes of the back at each side, stitch to stitch, from the underarm down, over the 94 sts nearest the underarm, with a new length of yarn A of about 62 in (155 cm) for each side. The 52 sts nearest the hem stay open at both sides: they are the slits, 13 in (33 cm) long without the hem binding.

3. Neck binding; right armhole binding, as worn; left armhole binding, as worn: work them now, as written above.

Finishing

- Weave in all the ends. Wash as the yarn label says and lay flat to the measurements to dry.

In all: 2 pieces; 21,072 stitches.

Found a mistake in this pattern? Tell us at flossfield.com, under Make a request.

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