Ribbed twist headband

Adult · US terms



Finished size
About 19¼ in (49 cm) around by 3½ in (9 cm) wide
To fit a head of 21 to 22½ in (53 to 57 cm)

Skill
Beginner
One stitch, worked in the back loop

Yarn
Medium (4)

Hook
5 mm (US H-8)

Gauge
14 stitches and 12 rows to 4 in (10 cm)
In ribbed half double crochet.

What you need

Yarn: any one color (dusty rose in the picture), medium (4) **about 60 yd (55 m), an estimate**
By weight: about 30 g, an estimate, where 100 g is 200 yd (183 m).
Hook: 5 mm (US H-8), or the size that gives you the gauge. Also: a yarn needle, scissors and a tape measure.

Before you start

- On a baby: sew every part on firmly all round, and take the headband off for sleep.

Sizes

Size	Head	Finished size, about	Yarn, an estimate
Baby	a head of 16 to 17½ in (41 to 44 cm)	14¼ in (36 cm) around, 3½ in (9 cm) wide	about 50 yd (46 m)
Toddler	a head of 17¾ to 19¼ in (45 to 49 cm)	16 in (41 cm) around, 3½ in (9 cm) wide	about 55 yd (50 m)
Child	a head of 19 to 20½ in (48 to 52 cm)	17¼ in (44 cm) around, 3½ in (9 cm) wide	about 55 yd (50 m)
Adult (this file)	**a head of 21 to 22½ in (53 to 57 cm)**	**19¼ in (49 cm) around, 3½ in (9 cm) wide**	**about 60 yd (55 m)**
Adult large	a head of 22¼ to 23¾ in (57 to 60 cm)	20¾ in (53 cm) around, 3½ in (9 cm) wide	about 65 yd (59 m)

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Gauge

14 stitches and 12 rows to 4 in (10 cm) in ribbed half double crochet.

Check it on the headband itself, laid flat and not stretched, when 12 rows are done: the 12 stitches of a row are about 3½ in (9 cm) wide, and the 12 rows are about 4 in (10 cm) tall. If they measure more, start again with a smaller hook; if they measure less, with a larger one.

Instructions

Adult. US terms.

hdc half double crochet (UK htr), **ch** chain, **BLO** only the loop away from you, **st** stitch.
The ch 1 is not a stitch. Work in the **very first stitch**.
(12 hdc): the row now has 12; a check, not a step. Not 12? **Pull it back**.
Also: RS right side.
Every stitch, drawn: flossfield.com/crochet/stitches.

☐ **Start**	Make a slip knot. Ch 13.	
☐ **Row 1 (RS)**	Hdc in 2nd ch from hook and in each ch across	(12 hdc)
☐ **Rows 2 to 60**	Ch 1, turn; hdc in BLO of each st across	(12 hdc)

2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29
30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57
58 59 60

☐	Fasten off, leaving a tail of about 20 in (51 cm) to sew with.	

Assembly

1. Lay the strip flat, right side up, and fold it in half across its length, so that the last row lies on top of the foundation chain with the right sides together and the two ends level.

2. Slide the upper end (the last row) sideways by half its width, 6 stitches. Now half of it lies on half of the end below, and half of each end sticks out, one to each side.

3. Fold the half of the upper end that sticks out down and round behind the end below. Fold the half of the lower end that sticks out up and over the front of the upper end. The two folded ends hold each other: four layers, half as wide as the strip.

4. With the long tail, sew through all four layers from one side to the other, a row in from the edges: about 6 stitches, each down through the four layers and up again. Fasten off and weave in the ends.

5. Turn the ring right side out. The ends cross in a twist at the front, and the seam is inside it.

Finishing

- All the ends are woven in as you put it together.

In all: 60 rows; 720 stitches.

To find how many balls: divide by the length on your yarn's label and round up. Buy them from one dye lot. The estimate is from the stitches of this size at this gauge, with 15 percent added.

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Notes

- The ch 1 at the start of a row does not count as a stitch.
- Working in the back loop leaves a ridge on every second row, on both sides: the rows become ribs.
- Leave a tail of about 6 in (15 cm) when you begin and when you fasten off, unless another length is given. The ends that are not sewn with are woven in.
- Measure the head and choose the size whose range it falls in. If it falls between two sizes, or in two of them, make the larger. Each headband is smaller around than the heads it is for, because it stretches.
- Buy whole balls from one dye lot.
- One yarn is used throughout: a variegated, self-striping or cake yarn of the same weight and length can take its place, and its colors fall where the yarn has them.

Found a mistake in this pattern? Tell us at flossfield.com, under Make a request.

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