Round dress yoke for a fabric dress

M, to fit bust 37 in (94 cm) · US terms



Finished size

About 19¾ in (50 cm) at the neck and about 6¾ in (17 cm) at the yoke depth with the scallops

To fit a bust of 37 in (94 cm)

Skill

Intermediate

Lace in rows that widen by themselves, buttons, a dress of cloth cut from a plan and sewn on

Yarn

Super fine (1)

Hook

3.5 mm (US E-4)

Gauge

22 stitches and 12 rows to 4 in (10 cm)

In double crochet (UK treble).

What you need

Yarn: any one color (ecru in the picture), super fine (1) **about 275 yd (251 m), an estimate**

By weight: about 70 g, an estimate, where 100 g is 400 yd (366 m).

Hook: 3.5 mm (US E-4), or the size that gives you the gauge. Also: yarn needle, scissors, tape measure, 4 buttons 3/8 in (10 mm) across, woven cotton cloth (how much: in the line of your size under SIZES), a sewing machine, if you have one, cotton tape ¾ in (2 cm) wide (how much: in the line of your size under SIZES), elastic ½ in (1.2 cm) wide (how much: in the line of your size under SIZES), a safety pin, paper, a ruler and a pencil, pins, stitch markers and sewing thread and a sewing needle.

To find how many balls: divide by the length on your yarn's label and round up. Buy them from one dye lot. The estimate is from the stitches of this size at this gauge.

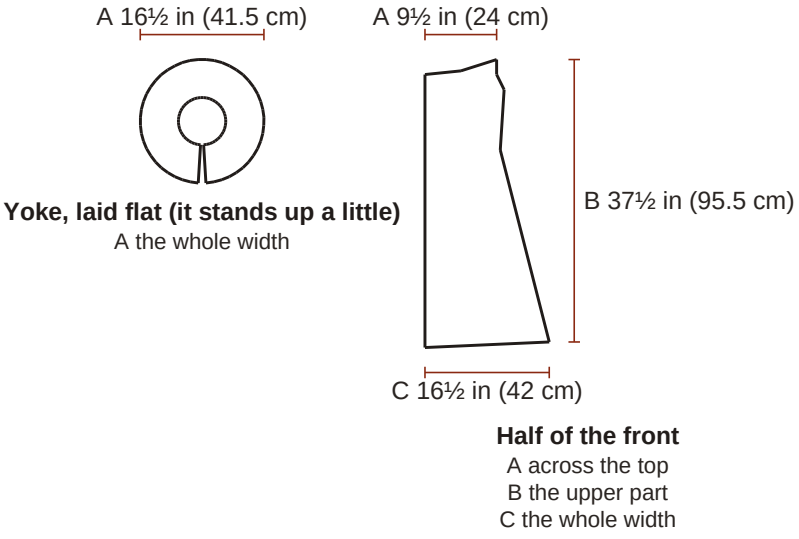
Sizes

Size	To fit bust	Yarn, an estimate	Neck around, buttoned	Yoke depth with the scallops	Lower edge around	Each shoulder cap along the edge	Front along the edge	Bust of the cloth dress	Waist of the cloth dress	Cloth from the yoke to the hem	Cloth to buy	Cotton tape to buy, in length	Elastic to buy, in length
XS	29 in (73.5 cm)	about 225 yd (206 m)	17½ in (44.5 cm)	6¼ in (16 cm)	45¾ in (116 cm)	8¾ in (22 cm)	13 in (33 cm)	34 in (86.5 cm)	32 in (81.5 cm)	33½ in (85 cm)	45 in (114 cm)	34 in (86.5 cm)	25½ in (65 cm)
S	33 in (84 cm)	about 225 yd (206 m)	18¾ in (47.5 cm)	6¼ in (16 cm)	48¾ in (124 cm)	10¼ in (26 cm)	13 in (33 cm)	38 in (96.5 cm)	36 in (91.5 cm)	34 in (86.5 cm)	45 in (114 cm)	38 in (96.5 cm)	27¾ in (70.5 cm)

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M (this file)	**37 in (94 cm)**	**about 275 yd (251 m)**	**19¾ in (50 cm)**	**6¾ in (17 cm)**	**51½ in (131 cm)**	**10¼ in (26 cm)**	**16 in (40.5 cm)**	**42 in (106.5 cm)**	**40 in (101.5 cm)**	**34¼ in (87 cm)**	**45 in (114 cm)**	**42 in (106.5 cm)**	**31 in (78.5 cm)**
L	41 in (104 cm)	about 300 yd (274 m)	22 in (56 cm)	6¾ in (17 cm)	57½ in (146 cm)	11¾ in (30 cm)	16 in (40.5 cm)	46 in (117 cm)	44 in (112 cm)	34½ in (87.5 cm)	45 in (114 cm)	46 in (117 cm)	35 in (89 cm)
1X	45 in (114.5 cm)	about 350 yd (320 m)	23 in (58.5 cm)	7½ in (19 cm)	60¼ in (153 cm)	13 in (33 cm)	16 in (40.5 cm)	50 in (127 cm)	48 in (122 cm)	35 in (89 cm)	45 in (114 cm)	50 in (127 cm)	39 in (99 cm)
2X	49 in (124.5 cm)	about 350 yd (320 m)	24¼ in (61.5 cm)	7½ in (19 cm)	63¼ in (160.5 cm)	13 in (33 cm)	19 in (48.5 cm)	54 in (137 cm)	52 in (132 cm)	35¼ in (89.5 cm)	45 in (114 cm)	54 in (137 cm)	43 in (109 cm)
3X	53 in (134.5 cm)	about 400 yd (366 m)	25¼ in (64 cm)	8¼ in (21 cm)	66¼ in (168.5 cm)	14½ in (37 cm)	19 in (48.5 cm)	58 in (147.5 cm)	56 in (142 cm)	35¾ in (91 cm)	45 in (114 cm)	58 in (147.5 cm)	46½ in (118 cm)

Schematic



Yoke, laid flat (it stands up a little)
A the whole width

Half of the front
A across the top
B the upper part
C the whole width

Gauge

22 stitches and 12 rows to 4 in (10 cm) in double crochet.

> **The swatch.** A test piece to measure and pull out. It is not the start of the pattern. Ch 35; begin in the 3rd ch from the hook and work 18 rows of double crochet on 33 sts, about 6 in (15 cm) wide and 6 in (15 cm) high, and measure 4 in (10 cm) in the middle. Use a larger hook if your swatch is small, a smaller one if it is large. Lace: the group (dc, ch 1, dc) is worked over 3 sts and is about ½ in (1.3 cm) wide; the last group, (3 dc, ch 2, 3 dc), is about 1½ in (3.8 cm) wide. Rows of lace are as high as rows of double crochet (UK: treble). Single crochet (UK: double crochet) rows: 25 rows to 4 in (10 cm); the row of puffs is as high as a row of half double crochet (UK: half treble), 18.5 rows to 4 in (10 cm).

Notes

- Women's sizes, by the bust.

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- The cloth dress is 5 in (12.5 cm) wider than the bust, and elastic draws it in at the waist. The yoke has no ease of its own: its neck is wide and lies below the throat. No fit is promised beyond the measurements given.
- The turning chain (ch 1 for single and half double crochet, ch 2 for double crochet) never counts as a stitch. Work the first stitch of every row into the first stitch, at the base of the turning chain.
- The lace lies in two bands, one on each side of the row of puffs. The first lace row of each band is worked on a row of single crochet, and its groups go in sts, as that row says. In all the remaining lace rows each group goes in the ch sp in the middle of a group of the row below, and what is left of that group is passed over. The groups grow from row to row: that widens the yoke, so no other increase is needed. The first and the last st of a row are single sts at the two back edges.
- The yoke is a ring: worn, it lies around the shoulders like a collar, and its edge is free over the arms as a short cap.
- Wash the cloth before you cut it: new cotton shrinks. The length of cloth to buy has 5 in (12.5 cm) 100 more for that, and 2 in (5 cm) for cutting the ends straight.
- Cloth to buy, 45 in (114 cm) wide, in length 90 in (228.5 cm).
- Yoke depth with the scallops, without the neck edging 6¾ in (17 cm).

Instructions

M, to fit bust 37 in (94 cm). US terms.

ch chain, **sc** single crochet (UK double crochet), **hdc** half double crochet (UK half treble), **dc** double crochet (UK treble), **st** stitch, **sp** space.
RS right side, the one that shows.
ch-1 sp: the gap under the one chain; the hook goes in the gap.
[ ] 53 times: work what is inside 53 times in all. **( )**: all of it goes into the one place.
(107 sc): the stitches you have when the row is done. **How to read a pattern**.

Special stitches

puff (puff stitch): Yarn over, insert the hook in the stitch or space named, yarn over and pull up a tall loop; do this 3 times in the same place (7 loops on the hook); yarn over and pull through all 7 loops.

Yoke

☐ **Foundation**	The yoke is worked from the neck outward, back and forth, and is open at the middle of the back. Row 1 begins at the right back edge (as worn). Ch 108.	
☐ **Row 1 (RS)**	Sc in 2nd ch from hook and in each ch across	(107 sc)
☐ **Row 2**	Ch 2, turn; dc in first st, **[**ch 1, skip next st, dc in next st**] 53 times**	(54 dc, 53 ch-1 sps)
☐ **Row 3**	Ch 1, turn; sc in first st, **[**sc in next ch-1 sp, sc in next st**] 53 times**	(107 sc)
☐ **Row 4**	Ch 2, turn; dc in first st, **[**skip next st, (dc, ch 1, dc) in next st, skip next st**] 35 times**, dc in last st	(72 dc, 35 ch-1 sps)
☐ **Rows 5 to 6**	Ch 2, turn; dc in first st, **[**(dc, ch 1, dc) in next ch-1 sp**] 35 times**, dc in last st	(72 dc, 35 ch-1 sps)
5 6		
☐ **Row 7**	Ch 2, turn; dc in first st, **[**(dc, ch 2, dc) in next ch-1 sp**] 35 times**, dc in last st	(72 dc, 35 ch-2 sps)

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☐ **Rows 8 to 9** 8 9	Ch 2, turn; dc in first st, **[**(dc, ch 2, dc) in next ch-2 sp**] 35 times**, dc in last st (72 dc, 35 ch-2 sps)
☐ **Row 10**	Ch 2, turn; dc in first st, **[**(2 dc, ch 1, 2 dc) in next ch-2 sp**] 35 times**, dc in last st (142 dc, 35 ch-1 sps)
☐ **Row 11**	Ch 2, turn; dc in first st, **[**(2 dc, ch 1, 2 dc) in next ch-1 sp**] 35 times**, dc in last st (142 dc, 35 ch-1 sps)
☐ **Row 12**	Ch 1, turn; sc in next st, **[**sc in next 2 sts, sc in next ch-1 sp, sc in next 2 sts**] 35 times**, sc in next st (177 sc)
☐ **Row 13**	Ch 1, turn; hdc in first st, **[**ch 1, skip next st, puff in next st**] 87 times**, ch 1, skip next st, hdc in last st (2 hdc, 88 ch-1 sps, 87 puffs)
☐ **Row 14**	Ch 1, turn; sc in first st, **[**sc in next ch-1 sp, sc in next st**] 88 times** (177 sc)
☐ **Row 15**	Ch 2, turn; dc in first st, **[**skip next 2 sts, (2 dc, ch 2, 2 dc) in next st, skip next 2 sts**] 35 times**, dc in last st (142 dc, 35 ch-2 sps)
☐ **Rows 16 to 17** 16 17	Ch 2, turn; dc in first st, **[**(2 dc, ch 2, 2 dc) in next ch-2 sp**] 35 times**, dc in last st (142 dc, 35 ch-2 sps)
☐ **Row 18**	Ch 2, turn; dc in first st, **[**(3 dc, ch 1, 3 dc) in next ch-2 sp**] 35 times**, dc in last st (212 dc, 35 ch-1 sps)
☐ **Row 19**	Ch 2, turn; dc in first st, **[**(3 dc, ch 1, 3 dc) in next ch-1 sp**] 35 times**, dc in last st (212 dc, 35 ch-1 sps)
☐ **Row 20**	Ch 2, turn; dc in first st, **[**(3 dc, ch 2, 3 dc) in next ch-1 sp**] 35 times**, dc in last st (212 dc, 35 ch-2 sps)
☐ **Rows 21 to 22** 21 22	Ch 2, turn; dc in first st, **[**(3 dc, ch 2, 3 dc) in next ch-2 sp**] 35 times**, dc in last st (212 dc, 35 ch-2 sps)
☐ **Row 23**	Ch 1, turn; sc in first st, **[**sc in next st, skip next 2 sts, 9 dc in next ch-2 sp, skip next 2 sts, sc in next st**] 35 times**, sc in last st (72 sc, 315 dc)
☐ **End**	Fasten off. The yoke has 35 scallops. Row 23 is the row of scallops and row 22, the row below it, is where the cloth is sewn on.

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Button edging

☐ **Foundation**	Hold the yoke with the right side facing and the left back edge (as worn) uppermost. Join the yarn in the end of row 23, at the scallops; ch 1, 2 sc in the end of each of rows 23 to 15, sc in the end of each of rows 14 to 12, 2 sc in the end of each of rows 11 to 4, sc in the end of row 3, 2 sc in the end of row 2, sc in the end of row 1 (41 sc). This is row 1, a right side row.	
☐ **Row 2**	Ch 1, turn; sc in each st across	(41 sc)
☐ **End**	Fasten off.	

Loop edging

☐ **Foundation**	Hold the yoke with the right side facing and the right back edge (as worn) uppermost. Join the yarn in the end of row 1, at the neck; ch 1, sc in the end of row 1, 2 sc in the end of row 2, sc in the end of row 3, 2 sc in the end of each of rows 4 to 11, sc in the end of each of rows 12 to 14, 2 sc in the end of each of rows 15 to 23 (41 sc). This is row 1, a right side row.	
☐ **Row 2**	Ch 1, turn; sc in next 10 sts, **[**ch 3, skip next st, sc in next 8 sts**] 3 times**, ch 3, skip next st, sc in next 3 sts	(37 sc, 4 ch-3 sps)
☐ **End**	The 4 ch-3 sps are the button loops; the last of them is at the neck. No row is worked into them. Fasten off.	

Neck edging

☐ **Foundation**	Hold the yoke with the right side facing and the foundation chain uppermost. Join the yarn in the end of row 2 of the button edging, at the right-hand end; ch 1, sc in the end of each of the 2 rows of the button edging, sc in each of the 107 chs of the foundation chain along their free side, sc in the end of each of the 2 rows of the loop edging (111 sc). The 1 ch that was skipped at the start of row 1 of the yoke is passed over. This is row 1, a right side row.	
☐ **Row 2**	Ch 1, turn; sc in each st across	(111 sc)
☐ **Row 3**	Ch 1, turn; sc in first st, **[**ch 3, skip next st, sc in next st**] 55 times**	(56 sc, 55 ch-3 sps)
☐ **End**	Fasten off.	

Assembly

1. Buttons: lay the loop edging over the button edging, so that the yoke closes to a ring with the right back uppermost. Mark the place under each of the 4 loops on the button edging and sew a button there with sewing thread.

2. Markers: count the scallops of row 23 from one back edge: 5 for that half of the back, 7 for the shoulder cap, 11 for the front, 7 for the other cap and 5 for the other half of the back (35 in all). Place a marker in row 22 between scallops 5 and 6, 12 and 13, 23 and 24, 30 and 31. The four markers are the corners of the armholes. The front between its two markers is 16 in (40.5 cm) long, each half of the back 7¾ in (19.5 cm) with its edging.

3. Cutting plan: wash and press the cloth first, and draw this half pattern on paper. Every point is given by its distance from a straight line down the left of the paper, the middle line, and by its distance below the top of the paper. A: on the middle line, 2 in (5 cm) below the top. B: 9½ in (24 cm) from the middle line, at the top. C: 10½ in (26.5 cm) from the middle line, 4 in (10 cm) below the top. D: 10 in (25.5 cm) from the middle line, 12 in (30.5 cm) below the top. E: 16½ in (42 cm) from the middle line, 37½ in (95 cm) below the top. F: on the middle line, 38¼ in (97 cm) below the top. Draw a shallow hollow curve from A to B, the top edge; a hollow curve from B to C that goes straight down at first and bends outward to C in its lower half, the armhole; straight lines from C to D and from D to E, the side; and a line from E to F that is slightly curved, so that it leaves the middle line at a right angle, the hem. Draw the waist line

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straight across from D to the middle line. The pattern has ½ in (1.5 cm) for the seams at the top and at the side, ½ in (1.5 cm) to turn in at the armhole and 1½ in (4 cm) for the hem.

4. Cutting: for the front, fold a piece of cloth in half lengthwise, right sides together, lay the middle line of the paper on the fold and cut 1. For the back, cut 2 from the cloth below it, with the cloth double, right sides together, and leave 1½ in (4 cm) more outside the middle line: 1 in (2.5 cm) for the gathers and ½ in (1.5 cm) for the seam. So the back is 2 in (5 cm) wider than the front all the way down. Mark the waist line on all three pieces.

5. Sewing the dress: sew the back pieces together along their middle edges from 6 in (15 cm) below their top edge down to the hem, ½ in (1.5 cm) from the edge; turn the two edges of the open part ¼ in (6 mm) and again ¼ in (6 mm) to the wrong side and sew them down. Sew the front to the back along both sides, C to C, D to D and E to E, ½ in (1.5 cm) from the edge. Sewn together the dress is 42 in (106.5 cm) around at C, the front 20 in (51 cm) and the back 22 in (56 cm). Finish with zigzag or overcast stitch the raw edges of the middle seam and of the two side seams, and the raw top edges from A to B, that of the front and those of the two halves of the back. Snip into the armhole edges ¼ in (6 mm) deep where they bend, turn them ¼ in (6 mm) and again ¼ in (6 mm) to the wrong side and sew them down.

6. Waist: the dress is 40 in (101.5 cm) around at the waist line. Cut the cotton tape 41 in (104 cm) long and turn ½ in (1.5 cm) at each of its ends to the wrong side. Sew it to the wrong side of the dress along the waist line, along both of its long edges, with its two ends meeting at the left side seam. Cut the elastic 29½ in (75 cm) long, draw it through the tape with a safety pin, try the dress on, lap the ends of the elastic 1 in (2.5 cm) and sew them together firmly; then close the gap between the ends of the tape. Below the waist the skirt flares.

7. Gathering: along the top edge of the front and of each half of the back sew two lines of long stitches, one ¼ in (6 mm) and one ½ in (1.5 cm) from the edge, and draw them up until the front is 16 in (40.5 cm) long and each half of the back 7¾ in (19.5 cm). Spread the gathers evenly and knot the threads.

8. Joining: unbutton the yoke and lay it, right side up, over the right side of the cloth, so that row 22 lies on the gathering line that is ½ in (1.5 cm) from the edge of the cloth and the scallops hang free over it. Pin the front between the second and the third marker, with the middle of the cloth under scallop 18, and the halves of the back between the first and the fourth marker and the back edges, so that the edges of the back opening are level with the edges of the yoke. Sew with small backstitches in sewing thread along row 22, through the tops of its stitches, at the foot of the scallops. At each back edge the cloth lies under the 2 rows of the edging too: there the line of stitches goes straight on across the 2 rows, as far as the outer edge of the edging, between the 2nd and the 3rd st of each row, counted from the scallops (in row 1 of the edging, between the 2 sc that stand in the end of row 23 and the 2 sc that stand in the end of row 22). The 7 scallops of each cap stay free: they lie over the shoulder.

9. Hem: turn ½ in (1.5 cm) and then 1 in (2.5 cm) to the wrong side and sew it down.

Finishing

- Weave in all the ends. Wash as the yarn label says and lay flat to the measurements to dry.

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