Shell stitch leg warmers

Adult medium, calf 13½ in (34.5 cm) round · US terms



Finished size

About 12 in (30.5 cm) round and about 15 in (38 cm) long, unstretched

To fit a calf of 13½ in (34.5 cm)

Skill

Intermediate

Worked in rounds, with 2 pieces, color changes and 2 special stitches.

Yarn

Medium (4), 3 colors

Hook

5 mm (US H-8)

Gauge

14 stitches and 16 rounds to 4 in (10 cm)

In single crochet.

You will need

Yarn A: cream, the cream stripes — **about 120 yd (110 m), an estimate**

Yarn B: rust, the rust stripes — **about 120 yd (110 m), an estimate**

Yarn C: pine, the ribbing at both ends — **about 95 yd (87 m), an estimate**

Hook: 5 mm (US H-8). Also: a stitch marker, a yarn needle and scissors.

To find how many balls: divide by the length on your yarn's label and round up. The estimate is from the stitches of this size at this gauge.

Sizes

Size	Calf	Finished size, about	Yarn, an estimate
Adult small	12 in (30.5 cm)	10¼ in (26 cm) round, 14 in (35.5 cm) long	about 265 yd (242 m)
Adult medium (this file)	**13½ in (34.5 cm)**	**12 in (30.5 cm) round, 15 in (38 cm) long**	**about 335 yd (307 m)**
Adult large	15 in (38 cm)	13¾ in (35 cm) round, 16½ in (42 cm) long	about 410 yd (376 m)

For your own crochet, gifts and handmade pieces you sell. Do not resell or share this PDF.

Abbreviations

Written in US terms. Where the UK name differs it is given beside the US one.

ch	chain
sl st	slip stitch (UK ss, slip stitch)
sc	single crochet (UK dc, double crochet)
dc	double crochet (UK tr, treble)
st	stitch
sk	skip
rnd	round

Special stitches

FPdc (front post double crochet): Yarn over, insert the hook from the front to the back and to the front again round the post (the upright part) of the st, yarn over and draw up a loop, [yarn over, draw through 2 loops] 2 times. Leave the top of that st unworked. It leaves 1 FPdc for the next row.

BPdc (back post double crochet): Yarn over, insert the hook from the back to the front and to the back again round the post of the st, yarn over and draw up a loop, [yarn over, draw through 2 loops] 2 times. Leave the top of that st unworked. It leaves 1 BPdc for the next row.

Gauge

14 stitches and 16 rounds to 4 in (10 cm) in single crochet.

Use any hook that gives you this. If you count more stitches than this in 4 in (10 cm), change to a larger hook; if you count fewer, to a smaller one. To check it as you go: lay the tube flat after the first rounds of the leg: it is about 6 in (15 cm) across.

Before you start

- Measure round the widest part of the calf and choose the nearest size. The finished tube is a little smaller than the leg, and the fabric stretches to it.
- The pattern makes a pair.
- In a joined round, the ch at the start does not count as a stitch: the first stitch goes into the stitch the ch stands on (a post stitch goes round its post), and the sl st that closes the round goes into the top of that first stitch.
- In a spiral the rounds are not joined: put a marker in the first stitch of each round and move it up every round.
- The right side faces you in every round.
- To change color, work the last stitch before the change until its last loops are on the hook, then draw the new color through them. A color that rests for 4 rounds or fewer can wait on the inside and be drawn up again; cut one that rests longer, leaving a tail of 6 in (15 cm). After a joined round, draw the new color through with the sl st that closes it.
- The figures in brackets at the end of a line are the stitches it has.

For your own crochet, gifts and handmade pieces you sell. Do not resell or share this PDF.

Instructions

Chosen: Adult medium, calf 13½ in (34.5 cm) round. Square brackets [ ] hold a repeat: work what is inside as many times as it says. The count in round brackets at the end of a line is what that line leaves. Tick the box when a round is done. In UK terms sl st is slip stitch, sc is double crochet and dc is treble.

Leg warmer: make 2

Yarns in order of use: C, pine; A, cream; B, rust.

☐ **Foundation**	With C, ch 42, taking care not to twist it, and sl st in the first ch to make a ring.	

Ribbing

☐ **Rnd 1**	Ch 2, dc in each ch around, sl st in first dc to join	**(42 dc)**
☐ **Rnd 2**	Ch 2, **[**FPdc around next st, BPdc around next st**] 21 times**, sl st in first FPdc to join	**(21 FPdc, 21 BPdc)**
☐ **Rnd 3**	Ch 2, **[**FPdc around next st, BPdc around next st**] 21 times**, sl st in first FPdc to join	**(21 FPdc, 21 BPdc)**
☐ **Rnd 4**	Ch 2, **[**FPdc around next st, BPdc around next st**] 21 times**, sl st in first FPdc to join	**(21 FPdc, 21 BPdc)**

Leg

From here the piece is worked in a spiral: the first stitch goes into the stitch that holds the sl st, and each later round begins in the first stitch of the round before. The sl sts at the start of some rounds bring the yarn to the middle of the first shell; they are not stitches of the round and are not worked into.

☐ **Rnd 5**	With A, **[**sc in next st, sk next 2 sts, 5 dc in next st, sk next 2 sts**] 7 times**	**(7 sc, 35 dc)**
☐ **Rnd 6**	**[**5 dc in next st, sk next 2 sts, sc in next st, sk next 2 sts**] 7 times**	**(35 dc, 7 sc)**
☐ **Rnd 7**	With B, sl st in each of next 2 sts, sc in next st, sk next 2 sts, 5 dc in next st, **[**sk next 2 sts, sc in next st, sk next 2 sts, 5 dc in next st**] 6 times**	**(7 sc, 35 dc)**
☐ **Rnd 8**	**[**5 dc in next st, sk next 2 sts, sc in next st, sk next 2 sts**] 7 times**	**(35 dc, 7 sc)**
☐ **Rnd 9**	With A, sl st in each of next 2 sts, sc in next st, sk next 2 sts, 5 dc in next st, **[**sk next 2 sts, sc in next st, sk next 2 sts, 5 dc in next st**] 6 times**	**(7 sc, 35 dc)**
☐ **Rnds 10 to 28**	Repeat rnds 6 to 9 in order, over and over. The last rnd, rnd 28, is worked as rnd 8.	

A box for each round, 10 to 28: tick them off as you go.

☐ 10 ☐ 11 ☐ 12 ☐ 13 ☐ 14 ☐ 15 ☐ 16 ☐ 17 ☐ 18 ☐ 19 ☐ 20 ☐ 21 ☐ 22 ☐ 23 ☐ 24 ☐ 25 ☐ 26 ☐ 27 ☐ 28

Top ribbing

Sl st in the next st to level the round, drawing C through the st and the loop on the hook; the rounds are joined again.

☐ **Rnd 29**	With C, ch 2, dc in each st around, sl st in first dc to join	**(42 dc)**
☐ **Rnd 30**	Ch 2, **[**FPdc around next st, BPdc around next st**] 21 times**, sl st in first FPdc to join	**(21 FPdc, 21 BPdc)**
☐ **Rnd 31**	Ch 2, **[**FPdc around next st, BPdc around next st**] 21 times**, sl st in first FPdc to join	**(21 FPdc, 21 BPdc)**

For your own crochet, gifts and handmade pieces you sell. Do not resell or share this PDF.

☐ **Rnd 32**	Ch 2, **[**FPdc around next st, BPdc around next st**] 21 times**, sl st in first FPdc to join **(21 FPdc, 21 BPdc)**
☐ **End**	Fasten off.

Finishing

- Make the second piece the same.
- Weave in every tail on the inside.

In all: 2 pieces; 16 ends to weave in.

Found a mistake in this pattern? Tell us at flossfield.com, under Make a request.

For your own crochet, gifts and handmade pieces you sell. Do not resell or share this PDF.