Soft sleep cap

Woman, head 22 in (56 cm) · US terms



Finished size

About 25 in (64 cm) round and about 9¾ in (25 cm) deep, measured before the cord is drawn up and along the cloth from the center of the top to the edge of the frill; about 1½ in (4 cm) of that depth lies below the cord, and the edge of the frill is about 37¼ in (95 cm) round

To fit a head of 22 in (56 cm)

Skill

Easy

Half double crochet in joined rounds, a round of chain spaces, a threaded cord

Yarn

Fine (2), 3 colors

Hook

3.75 mm (US F-5)

Gauge

18 stitches and 15 rounds to 4 in (10 cm)

In half double crochet.

You will need

Yarn A: dusty blue, the cap	**about 275 yd (251 m), an estimate**
Yarn B: cream, the frill	**about 60 yd (55 m), an estimate**
Yarn C: blush, the cord	**about 15 yd (14 m), an estimate**

Hook: 3.75 mm (US F-5), or the size that gives you the gauge. Also: a soft tape measure, a yarn needle and scissors.

To find how many balls: divide by the length on your yarn's label and round up. Buy them from one dye lot. Yarns A and B: the estimate is from the stitches and chains of this size at this gauge, with 30 percent added. Yarn C: the estimate is from the stitches of this size at this gauge, with 30 percent added.

Sizes

Size	Head	Finished size, about	Yarn, an estimate
Teen	21 in (53 cm)	23 in (58 cm) round, 9¼ in (23 cm) deep	about 320 yd (293 m)
Woman (this file)	**22 in (56 cm)**	**25 in (64 cm) round, 9¾ in (25 cm) deep**	**about 350 yd (320 m)**
Large	23 in (58 cm)	26¾ in (68 cm) round, 10¼ in (26 cm) deep	about 405 yd (370 m)

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Abbreviations

Written in US terms. Where the UK name differs it is given beside the US one.

ch	chain
sl st	slip stitch (UK ss, slip stitch)
sc	single crochet (UK dc, double crochet)
hdc	half double crochet (UK htr, half treble)
st	stitch
sp	space
sk	skip (UK miss)
rnd	round
RS	right side
MR	magic ring

Gauge

18 stitches and 15 rounds to 4 in (10 cm) in half double crochet.

The gauge is measured on the cap itself, at the two places the rounds name: across the crown, which checks the height of the rounds, and round the outside of the cap with a soft tape, along the round just worked, which checks the stitches and so the size round. If the cap measures more round than its round says, begin again with a smaller hook; if less, with a larger one. If it is right round and the crown measures more than it says, your rounds are taller than the gauge and the cap will come out deeper than stated; if the crown measures less, it will come out shallower. The depths given are worked out from the rounds: to 4 in (10 cm) go 20 rounds of single crochet or 15 rounds of half double crochet.

Check your gauge on the piece. Begin the pattern and measure the piece itself as you go. After round 15, put a soft tape round the outside of the cap along that round, without pulling it in: the cap should measure about 25 in (64 cm) round.

The pattern also stops you to measure after round 14.

Before you start

- Measure the head if you can: put a soft tape round its widest part, across the middle of the forehead and just above the ears, and choose the size whose head measurement is nearest. The cap is made about 2 to 4 in (5 to 10 cm) larger round than the head, and the cord draws it in to the head that wears it.
- The pattern is written in United States terms; the United Kingdom term stands beside each stitch in the list of abbreviations.
- The cap begins with a magic ring: wrap the yarn once round two fingers, leaving a tail of 6 in (15 cm), and with the hook draw a loop of the working yarn up through the ring. Keep that loop on the hook and make the chain that round 1 begins with; where round 1 names no chain, make 1 chain to hold the loop, and do not count it. Work the stitches of round 1 into the ring, over the tail too, then pull the tail until the ring is closed.
- The right side of the cap faces you in every round; the rounds are never turned.
- A joined round begins with a chain that does not count as a stitch and ends with a slip stitch in its first stitch. Unless the line says otherwise, the first stitch of the next round goes into the same place as that slip stitch.
- To change yarn at the start of a round, finish the joining slip stitch of the round before with the new yarn. Where a yarn rests for 4 rounds or fewer before it is used again, carry it up the inside; where it rests for more, or is not used again, cut it, leaving a tail of 6 in (15 cm).

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- The number at the end of each line is the number of stitches it has when it is finished; chains and slip stitches that are not named there are not counted.
- Choose a soft yarn that can be washed and has no loose fibers; try it against the inside of the wrist. Weave the ends in flat, so that nothing hard lies against the head. The knots of the cord and its bow lie on the outside.

Instructions

Chosen: Woman, head 22 in (56 cm). Square brackets [ ] hold a repeat: work what is inside as many times as it says. The count in round brackets at the end of a line is what that line leaves. Tick the box when a round is done. In UK terms sl st is slip stitch, sc is double crochet and hdc is half treble.

Yarns in order of use: A, dusty blue; B, cream.

☐ **Foundation**	Make a magic ring.	

Crown

☐ **Rnd 1 (RS)**	Ch 2, 8 hdc in MR, sl st in first hdc to join	**(8 hdc)**
☐ **Rnd 2**	Ch 2, 2 hdc in each st around, sl st in first hdc to join	**(16 hdc)**
☐ **Rnd 3**	Ch 2, **[**2 hdc in next st, hdc in next st**] 8 times**, sl st in first hdc to join	**(24 hdc)**
☐ **Rnd 4**	Ch 2, **[**hdc in next 2 sts, 2 hdc in next st**] 8 times**, sl st in first hdc to join	**(32 hdc)**
☐ **Rnd 5**	Ch 2, **[**2 hdc in next st, hdc in next 3 sts**] 8 times**, sl st in first hdc to join	**(40 hdc)**
☐ **Rnd 6**	Ch 2, **[**hdc in next 4 sts, 2 hdc in next st**] 8 times**, sl st in first hdc to join	**(48 hdc)**
☐ **Rnd 7**	Ch 2, **[**2 hdc in next st, hdc in next 5 sts**] 8 times**, sl st in first hdc to join	**(56 hdc)**
☐ **Rnd 8**	Ch 2, **[**hdc in next 6 sts, 2 hdc in next st**] 8 times**, sl st in first hdc to join	**(64 hdc)**
☐ **Rnd 9**	Ch 2, **[**2 hdc in next st, hdc in next 7 sts**] 8 times**, sl st in first hdc to join	**(72 hdc)**
☐ **Rnd 10**	Ch 2, **[**hdc in next 8 sts, 2 hdc in next st**] 8 times**, sl st in first hdc to join	**(80 hdc)**
☐ **Rnd 11**	Ch 2, **[**2 hdc in next st, hdc in next 9 sts**] 8 times**, sl st in first hdc to join	**(88 hdc)**
☐ **Rnd 12**	Ch 2, **[**hdc in next 10 sts, 2 hdc in next st**] 8 times**, sl st in first hdc to join	**(96 hdc)**
☐ **Rnd 13**	Ch 2, **[**2 hdc in next st, hdc in next 11 sts**] 8 times**, sl st in first hdc to join	**(104 hdc)**
☐ **Rnd 14**	Ch 2, **[**hdc in next 12 sts, 2 hdc in next st**] 8 times**, sl st in first hdc to join	**(112 hdc)**

> **Stop and measure now, after round 14.** The crown, laid flat, should measure about 7½ in (19 cm) across.

Sides

☐ **Rnd 15**	Ch 2, hdc in each st around, sl st in first hdc to join	**(112 hdc)**

> **Stop and measure now, after round 15.** Put a soft tape round the outside of the cap along that round, without pulling it in: the cap should measure about 25 in (64 cm) round.

☐ **Rnds 16 to 31**	Ch 2, hdc in each st around, sl st in first hdc to join	**(112 hdc)**

A box for each round, 16 to 31: tick them off as you go.

☐ 16 ☐ 17 ☐ 18 ☐ 19 ☐ 20 ☐ 21 ☐ 22 ☐ 23 ☐ 24 ☐ 25 ☐ 26 ☐ 27 ☐ 28 ☐ 29 ☐ 30 ☐ 31

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Eyelets

☐ **Rnd 32**	Ch 2, **[**hdc in next 3 sts, ch 1, sk next st**] 28 times**, sl st in first hdc to join	**(84 hdc, 28 ch-1 sps)**
☐ **Rnd 33**	Ch 2, **[**hdc in next 3 sts, hdc in next ch-1 sp**] 28 times**, sl st in first hdc to join	**(112 hdc)**

Frill

☐ **Rnd 34**	With B, ch 2, **[**hdc in next st, 2 hdc in next st**] 56 times**, sl st in first hdc to join	**(168 hdc)**
☐ **Rnds 35 to 36**	Ch 2, hdc in each st around, sl st in first hdc to join	**(168 hdc)**

A box for each round, 35 to 36: tick them off as you go.

☐ 35 ☐ 36

☐ **Rnd 37**	Ch 1, sc in each st around, sl st in first sc to join	**(168 sc)**
☐ **End**	Fasten off, leaving a tail of 6 in (15 cm).	

Assembly

1. Pull the ring at the start of the cap closed once more and weave its tail through the stitches of round 1 on the inside.

2. Cord: hold 2 strands of yarn C together, leave tails of 6 in (15 cm), make a slip knot and chain until the chain, laid straight and not stretched, is about 46 in (117 cm) long. Fasten off, leaving tails of 6 in (15 cm). Do not knot or trim the tails yet: they lead the cord through the cap.

3. Threading: the 28 chain-1 spaces of round 32 are the eyelets; 3 stitches of round 32 lie between one eyelet and the next. The middle of the front is opposite the line where the rounds of the cap are joined; fold the cap in half there to find it. Choose the group of 3 stitches of round 32 that lies nearest that middle; the bow will lie on it. Thread the two tails of one end of the cord through the eye of the needle together and draw them through until the needle is close to the last link of the chain. From the outside go in through the eyelet at the left of that group, and go on round the cap to the left, away from the group: behind the next 3 stitches, out through the next eyelet, in front of the next 3 stitches, in through the next eyelet, and so on round, until you have passed through all 28 eyelets. The last one is the eyelet at the right of the group, and there the cord comes out. Take the needle off and pull the cord until as much of it hangs from the one eyelet as from the other. Then tie a knot in the two tails at each end of the cord, close to its last link, and trim these tails to about ½ in (1 cm).

4. Put the cap on, draw the cord up until the cap holds without pressing, and tie a bow over the group of 3 stitches at the front. The gathers spread round the whole cap by themselves; the frill stays below the cord.

Finishing

- Weave in every end on the inside of the cap.

In all: 37 rounds; 3,612 stitches.

Found a mistake in this pattern? Tell us at flossfield.com, under Make a request.

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