Spa slides

Women's medium, foot 9½ in (24 cm) · US terms



Finished size

About 10 in (25.5 cm) long and about 3½ in (9 cm) wide at the sole, with a band about 2½ in (6.5 cm) wide and about 6½ in (16.5 cm) over the foot

To fit a foot of 9½ in (24 cm)

Skill

Easy

Worked in rows and rounds, with 8 pieces and color changes.

Yarn

Medium (4), 2 colors

Hook

5 mm (US H-8)

Gauge

14 stitches and 16 rounds to 4 in (10 cm)

In single crochet.

You will need

Yarn A: white, the soles — **about 115 yd (105 m), an estimate**

Yarn B: seafoam, the joining and the band — **about 50 yd (46 m), an estimate**

Hook: 5 mm (US H-8). Also: a stitch marker, a yarn needle and scissors.

To find how many balls: divide by the length on your yarn's label and round up. The estimate is from the stitches of this size at this gauge.

Sizes

Size	Foot	Finished size, about	Yarn, an estimate
Women's small	9 in (23 cm)	9½ in (24 cm) long, 3½ in (9 cm) wide	about 160 yd (147 m)
Women's medium (this file)	**9½ in (24 cm)**	**10 in (25.5 cm) long, 3½ in (9 cm) wide**	**about 165 yd (151 m)**
Women's large	10 in (25.5 cm)	10½ in (26.5 cm) long, 4 in (10 cm) wide	about 195 yd (178 m)

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Abbreviations

Written in US terms. Where the UK name differs it is given beside the US one.

ch	chain
sl st	slip stitch (UK ss, slip stitch)
sc	single crochet (UK dc, double crochet)
st	stitch
rnd	round
RS	right side

Gauge

14 stitches and 16 rounds to 4 in (10 cm) in single crochet.

Use any hook that gives you this. If you count more stitches than this in 4 in (10 cm), change to a larger hook; if you count fewer, to a smaller one. To check it as you go: after Rnd 6, before the soles are joined, lay the sole flat and measure it: about 9½ in (24 cm) long.

Before you start

- Measure the foot from the back of the heel to the tip of the longest toe and choose the size with the nearest foot length.
- The pattern makes a pair. Left and right are alike.
- Each sole is worked in one spiral: the rounds are not joined. Put a marker in the first stitch of each round and move it up every round.
- The right side faces you in every round.
- The band is worked in rows. The ch 1 at the start of a row does not count as a stitch: the first sc goes into the first stitch.
- The figures in brackets at the end of a line are the stitches it has.

Instructions

Chosen: Women's medium, foot 9½ in (24 cm). Square brackets [ ] hold a repeat: work what is inside as many times as it says. The count in round brackets at the end of a line is what that line leaves. Tick the box when a round is done. In UK terms sl st is slip stitch and sc is double crochet.

Sole: make 4

Yarn A, white.

☐ **Foundation**	With A, ch 25.	
☐ **Rnd 1 (RS)**	Sc in 2nd ch from hook, sc in next 22 chs, 3 sc in last ch, working along the other side of the foundation ch, sc in next 22 chs, 2 sc in last ch	**(50 sc)**
☐ **Rnd 2**	2 sc in next st, sc in next 22 sts, 2 sc in each of next 3 sts, sc in next 22 sts, 2 sc in each of next 2 sts	**(56 sc)**
☐ **Rnd 3**	2 sc in next st, sc in next 23 sts, **[**2 sc in next st, sc in next st**] 2 times**, 2 sc in next st, sc in next 23 sts, **[**2 sc in next st, sc in next st**] 2 times**	**(62 sc)**

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☐ **Rnd 4**	2 sc in next st, sc in next 24 sts, **[**2 sc in next st, sc in next 2 sts**] 2 times**, 2 sc in next st, sc in next 24 sts, **[**2 sc in next st, sc in next 2 sts**] 2 times**	**(68 sc)**
☐ **Rnd 5**	2 sc in next st, sc in next 25 sts, **[**2 sc in next st, sc in next 3 sts**] 2 times**, 2 sc in next st, sc in next 25 sts, **[**2 sc in next st, sc in next 3 sts**] 2 times**	**(74 sc)**
☐ **Rnd 6**	2 sc in next st, sc in next 26 sts, **[**2 sc in next st, sc in next 4 sts**] 2 times**, 2 sc in next st, sc in next 26 sts, **[**2 sc in next st, sc in next 4 sts**] 2 times**	**(80 sc)**
☐ **End**	Sl st in the next st to level the edge. Fasten off.	

Joining: make 2

Yarn B, seafoam.

☐ **Foundation**	Weave in the tails of the soles on their wrong sides. Both ends of a sole are alike: the end where the rounds begin is the heel, and its middle lies between the last 2 stitches of Rnd 6. Lay two soles together with the wrong sides inside and heel to heel, so that the last stitch of each lies against the stitch before the last of the other. With the right side of one sole facing you, join B with a sl st in its last stitch. Every stitch of the joining goes through both loops of both soles. The sl st that leveled the edge is not a stitch: work through it and the stitch under it as one.	
☐ **Rnd 1 (RS)**	Sc in same st as the join, sc in next 79 sts	**(80 sc)**
☐ **End**	Sl st in the first st and fasten off.	

Band: make 2

Yarn B, seafoam.

☐ **Foundation**	With B, ch 24, leaving a tail of 12 in (30.5 cm) at the start to sew with.	
☐ **Row 1 (RS)**	Sc in 2nd ch from hook, sc in each ch across	**(23 sc)**
☐ **Row 2**	Ch 1, turn, sc in each st across	**(23 sc)**
☐ **Rows 3 to 10**	Repeat row 2.	

A box for each row, 3 to 10: tick them off as you go.

☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☐ 8 ☐ 9 ☐ 10

☐ **End**	Fasten off, leaving a tail of 12 in (30.5 cm). There is a tail at each short end to sew it with.	

Finishing

- Lay each double sole with the right side of the joining up. Lay a band across it, right side up, with one long edge about 2 in (5 cm) from the tip of the toe, the end away from the heel. Sew each short end, with its own tail, to the stitches of the joining at that side of the sole, so that the band arches over the foot. Weave in the two tails between the layers.
- Weave in the tails of the joining between the two layers.

In all: 8 pieces; 2,180 stitches (390 in each sole, 80 in each joining, 230 in each band); 16 ends to weave in.

Found a mistake in this pattern? Tell us at flossfield.com, under Make a request.

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