Star stitch headband

Adult · US terms



Finished size
About 20 in (51 cm) around by 3½ in (9 cm) wide
To fit a head of 20½ to 22¼ in (52 to 57 cm)

Skill
Intermediate
Star stitch, which draws five loops together

Yarn
Medium (4)

Hook
5 mm (US H-8)

Gauge
14 stitches and 14 rows to 4 in (10 cm)
In star stitch.

What you need

Yarn: any one color (plum in the picture), medium (4) **about 70 yd (64 m), an estimate**

By weight: about 35 g, an estimate, where 100 g is 200 yd (183 m).

Hook: 5 mm (US H-8), or the size that gives you the gauge. Also: a yarn needle, scissors and a tape measure.

To find how many balls: divide by the length on your yarn's label and round up. Buy them from one dye lot. The estimate is from the stitches of this size at this gauge, with 15 percent added.

Sizes

Size	Head	Finished size, about	Yarn, an estimate
Baby	a head of 15¼ to 17 in (39 to 43 cm)	14¾ in (37 cm) around, 3½ in (9 cm) wide	about 55 yd (50 m)
Toddler	a head of 17 to 18¾ in (43 to 48 cm)	16½ in (42 cm) around, 3½ in (9 cm) wide	about 60 yd (55 m)
Child	a head of 18¾ to 20½ in (48 to 52 cm)	18¼ in (46 cm) around, 3½ in (9 cm) wide	about 65 yd (59 m)
Adult (this file)	**a head of 20½ to 22¼ in (52 to 57 cm)**	**20 in (51 cm) around, 3½ in (9 cm) wide**	**about 70 yd (64 m)**
Adult large	a head of 22¼ to 24 in (57 to 61 cm)	21¾ in (55 cm) around, 3½ in (9 cm) wide	about 75 yd (69 m)

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Gauge

14 stitches and 14 rows to 4 in (10 cm) in star stitch. Along a row, count every stitch and every chain between stitches as one.

Check it on the band itself, laid flat and not stretched, when 4 rows are done: 10 stars in the middle of row 3, each with its eye, are about 5¾ in (15 cm) long. Rows 1 and 2, the single crochet, are about ½ in (1.3 cm) tall, and rows 3 and 4, the stars and the half double crochet, about 5/8 in (1.6 cm) tall: together about 1 1/8 in (2.9 cm). If they measure more, start again with a smaller hook; if they measure less, with a larger one.

Notes

- The ch 1 at the start of a row does not count as a stitch. The ch 3 at the start of a star row counts as a hdc.
- The band is worked the long way: each row runs all along it. The stars are worked on right-side rows, and each wrong-side row between them has 2 hdc in the eye of every star.
- Draw all the loops of a star up to the same height and do not pull them tight: the star lies flat and its eye stays open.
- Leave a tail of about 6 in (15 cm) when you begin and when you fasten off, unless another length is given. The ends that are not sewn with are woven in.
- Whip stitch: with the yarn on a yarn needle, pass the needle under both loops of a stitch on one edge and under both loops of the stitch that lies against it on the other edge, and pull the yarn through. Do the same in the next stitch of each edge. On a foundation chain edge, pass the needle under the lower strands of each chain that holds a stitch of row 1. On a side edge there are no loops: pass the needle through the end stitch of the row on one side and the end stitch of the row that lies against it on the other.
- A band is smaller around than the head it is for, because it stretches a little. Measure the head round over the ears and the forehead, where the band will sit; a head that is right between two sizes takes the larger.
- In the rows of 2 hdc, "sk next st" passes over the top of the star itself: nothing is worked into it. The last hdc of these rows goes into the top one of the 3 chains that began the star row.
- Buy whole balls from one dye lot.

Instructions

Adult. US terms.

ch chain, **sc** single crochet (UK double crochet), **hdc** half double crochet (UK half treble), **sp** space, **st** stitch.
sk skip, **yo** yarn over the hook, **RS** right side, the one that shows.
ch-1 sp: the gap under the one chain; the hook goes in the gap.
[ ] 34 times: work what is inside 34 times in all.
(70 sc): the stitches you have when the row is done. **How to read a pattern**.

Special stitches

star (Star stitch): Worked over the next 2 sts. Pull up a loop in each of five places, one after the other: insert hook, yo, pull the loop through and draw it up to about 3/8 in (1 cm). With the loop you began with there are 6 loops on the hook: yo and pull through all 6. The ch 1 that is written after the star closes it, and the small hole under that ch is the eye of the star. The five places of the first star of a row: the 2nd ch from hook, the 3rd ch from hook, the st at the foot of the turning ch (the first st of the row), and each of the next 2 sts. The five places of every later star: the eye of the star before; the side of that star, that is under the front strand of the last loop drawn up in it, just below the eye; the st that this last loop was drawn up in, which is used a second time; and each of the next 2 sts. The star stitch has the same name in UK terms.

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☐ **Foundation**	Ch 71.	
☐ **Row 1 (RS)**	Sc in 2nd ch from hook and in each ch across	(70 sc)
☐ **Row 2**	Ch 1, turn; sc in each st across	(70 sc)
☐ **Row 3**	Ch 3 (counts as hdc), turn; **[**star over next 2 sts, ch 1**] 34 times**, hdc in last st	(2 hdc, 34 stars, 34 ch-1 sps)
☐ **Row 4**	Ch 1, turn; hdc in first st, **[**2 hdc in next ch-1 sp, sk next st**] 34 times**, hdc in top of turning ch	(70 hdc)
☐ **Row 5**	Ch 3 (counts as hdc), turn; **[**star over next 2 sts, ch 1**] 34 times**, hdc in last st	(2 hdc, 34 stars, 34 ch-1 sps)
☐ **Row 6**	Ch 1, turn; hdc in first st, **[**2 hdc in next ch-1 sp, sk next st**] 34 times**, hdc in top of turning ch	(70 hdc)
☐ **Row 7**	Ch 3 (counts as hdc), turn; **[**star over next 2 sts, ch 1**] 34 times**, hdc in last st	(2 hdc, 34 stars, 34 ch-1 sps)
☐ **Row 8**	Ch 1, turn; hdc in first st, **[**2 hdc in next ch-1 sp, sk next st**] 34 times**, hdc in top of turning ch	(70 hdc)
☐ **Row 9**	Ch 3 (counts as hdc), turn; **[**star over next 2 sts, ch 1**] 34 times**, hdc in last st	(2 hdc, 34 stars, 34 ch-1 sps)
☐ **Row 10**	Ch 1, turn; hdc in first st, **[**2 hdc in next ch-1 sp, sk next st**] 34 times**, hdc in top of turning ch	(70 hdc)
☐ **Rows 11 to 12** 11 12	Ch 1, turn; sc in each st across	(70 sc)
☐ **End**	Fasten off, leaving a tail of about 18 in (46 cm) to sew with.	

Assembly

1. Weave in the end that hangs at the foundation chain.

2. Lay the band flat with its right side up. Fold the two short ends over the top until they meet, without twisting the band, foundation chain to foundation chain and last row to last row: the right side is now inside the ring and the wrong side outside. With the long tail, whip stitch the 12 row ends of one end to the 12 row ends of the other, row to row: 12 stitches. Fasten off, weave in this end, and turn the ring inside out, so that the right side is on the outside.

Finishing

- Weave in all the ends that are left with the yarn needle, changing direction once or twice.

In all: 12 rows.

Found a mistake in this pattern? Tell us at flossfield.com, under Make a request.

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