Super bulky ear warmer with a twist

Woman, head 22 in (56 cm) · US terms



Finished size

About 21 in (53 cm) round and about 4 in (10 cm) wide, and half as wide, about 2 in (5 cm), where it twists at the front; "round" is the length of the strip, and the seam takes about 1 in (2.5 cm) of it, so that the headband is about 20 in (51 cm) round when it is sewn

To fit a head of 22 in (56 cm)

Skill

Beginner

One stitch in rows, one seam

Yarn

Super bulky (6)

Hook

10 mm (US N/P-15)

Gauge

8 stitches and 6 rows to 4 in (10 cm)

In half double crochet in back loops, worked in rows.

What you need

Yarn: any one color (dusty blue in the picture), super bulky (6) **about 60 yd (55 m), an estimate**
By weight: about 65 g, an estimate, where 100 g is 90 yd (82 m).

Hook: 10 mm (US N/P-15). Also: a soft tape measure, a yarn needle, scissors and pins.

Sizes

Size	Head	Finished size, about	Yarn, an estimate
Child	19½ in (50 cm)	18½ in (47 cm) round, 4 in (10 cm) wide	about 55 yd (50 m)
Teen	21 in (53 cm)	20 in (51 cm) round, 4 in (10 cm) wide	about 60 yd (55 m)
Woman (this file)	**22 in (56 cm)**	**21 in (53 cm) round, 4 in (10 cm) wide**	**about 60 yd (55 m)**
Man	23 in (58 cm)	22 in (56 cm) round, 4 in (10 cm) wide	about 65 yd (59 m)

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Gauge

8 stitches and 6 rows to 4 in (10 cm) in half double crochet in back loops, worked in rows.

Check your gauge on the piece. Begin the pattern and measure the piece itself as you go. After row 1, lay the strip flat without stretching it and measure it along the row: it should be about 21 in (53 cm) long.

The gauge is measured on the headband itself, laid flat and not stretched, at the two rows named: along a row after row 1, which sets the size round, and across the rows after the last row. If row 1 is longer than it should be, begin again with a smaller hook; if shorter, with a larger one. If the rows measure more or less across than they should, the headband only comes out that much wider or narrower. The rows run round the head, so "round" below is the length of a row.

Instructions

Woman, head 22 in (56 cm). US terms.

hdc half double crochet (UK htr), **ch** chain, **BLO** only the loop away from you, **st** stitch.
The ch 2 is not a stitch. Work in the **very first stitch**.
(42 hdc): the row now has 42; a check, not a step. Not 42? **Pull it back**.
Also: RS right side.
Every stitch, drawn: flossfield.com/crochet/stitches.

☐ **Start**	Make a slip knot. Ch 44, leaving a tail of 6 in (15 cm) before the first chain.	
☐ **Row 1 (RS)**	Hdc in 3rd ch from hook and in each ch across	(42 hdc)

> **Stop and measure now, after row 1.** Lay the strip flat without stretching it and measure it along the row: it should be about 21 in (53 cm) long. Larger? Begin again with a smaller hook. Smaller? A larger hook.

☐ **Rows 2 to 6**	Ch 2, turn; hdc in BLO of each st across	(42 hdc)

The heavy box is where you stop and measure.

2	3	4	5	**6**

> **Stop and measure now, after row 6.** The strip should measure about 4 in (10 cm) across, from the beginning chain to the edge of row 6.

☐ Fasten off, leaving a tail of 30 in (76 cm) for the seam.

Assembly

1. The right side of the strip is the side that faced you in row 1.

2. Folding: fold the strip in half with the right side inside, so that its two short ends lie on each other at the bottom, level, and the fold is at the top; its long edges run up and down. The end nearer to you is end 1, the end behind it is end 2. Each end is 6 rows wide. Slide end 1 to the left by 3 rows, half its width. Now 3 rows of end 1 stand free at the left, 3 rows of end 2 stand free at the right, and in the middle the other 3 rows of both lie on each other.

3. Clasp the ends like two hands: fold the 3 free rows of end 1 at the left to the back, round the long edge of end 2, so that they lie behind it; fold the 3 free rows of end 2 at the right to the front, round the long edge of end 1, so that they lie on top of it. At the bottom there are now four layers, each 3 rows wide: from the front end 2, end 1, end 2, end 1. Make all four ends level and pin them.

4. Seam: thread the long tail, which hangs at a corner of one of the ends, in the yarn needle and lead it between the layers to the fold at the right. Beginning there, sew through all four layers at once, about ½ in (1 cm) above the ends, in running stitch from that fold to the fold at the left, 2 stitches to a row, 6 stitches; then sew back to the right, each stitch over a gap between two of the first ones. Pull each stitch snug, fasten off and cut the tail.

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5. Turn the headband right side out: the seam goes to the inside, and on the outside the two halves cross each other in a twist. The twist is the middle of the front. Spread the folds on both sides of it with your fingers.

Finishing

- Weave in every end on the inside of the headband.

In all: 6 rows; 252 stitches.

To find how many balls: divide by the length on your yarn's label and round up. Buy them from one dye lot. The estimate is from the stitches and chains of this size at this gauge, with 30 percent added.

Notes

- Measure the head if you can: put a soft tape round its widest part, across the middle of the forehead and just above the ears, and choose the size whose head measurement is nearest. The rows stretch, so each size, when it is sewn, is about 2 in (5 cm) smaller round than the head it is for, measured flat and not stretched. The table of sizes gives both measures of each.
- The chain at the start of a row does not count as a stitch. After the turn the first stitch of the row goes into the stitch nearest the hook, which is the last stitch of the row before, and the last goes into the first stitch of the row before, so that every row has the same number of stitches; the chains skipped at the start of row 1 do not count either.
- Back loop only: of the two loops at the top of a stitch work under the one that lies farther from you as you work, on the right side and on the wrong side alike.
- The number at the end of each line is the number of stitches it has when it is finished; the chain at the start of a row is not in it.
- One yarn is used throughout: a variegated, self-striping or cake yarn of the same weight and length can take its place, and its colors fall where the yarn has them.

Found a mistake in this pattern? Tell us at flossfield.com, under Make a request.

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