Plus size T-shirt dress

2X · US terms



Finished size
About 53 in (134.5 cm) at the bust and about 41 in (104 cm) long
To fit a bust of 49 in (124.5 cm)

Skill
Easy
Basic stitches, simple shaping and seams.

Yarn
Light (3), 3 colors

Hook
4.5 mm (US 7)

Gauge
16 stitches and 13½ rows to 4 in (10 cm)
In half double crochet.

You will need

Yarn A: teal, the main color	**about 2,350 yd (2,149 m), an estimate**
Yarn B: cream, the second color	**about 550 yd (503 m), an estimate**
Yarn C: mustard, the third color	**about 120 yd (110 m), an estimate**

Hook: 4.5 mm (US 7). Also: yarn needle, scissors, tape measure and stitch markers.

To find how many balls: divide by the length on your yarn's label and round up. The estimate is from the stitches of this size at this gauge.

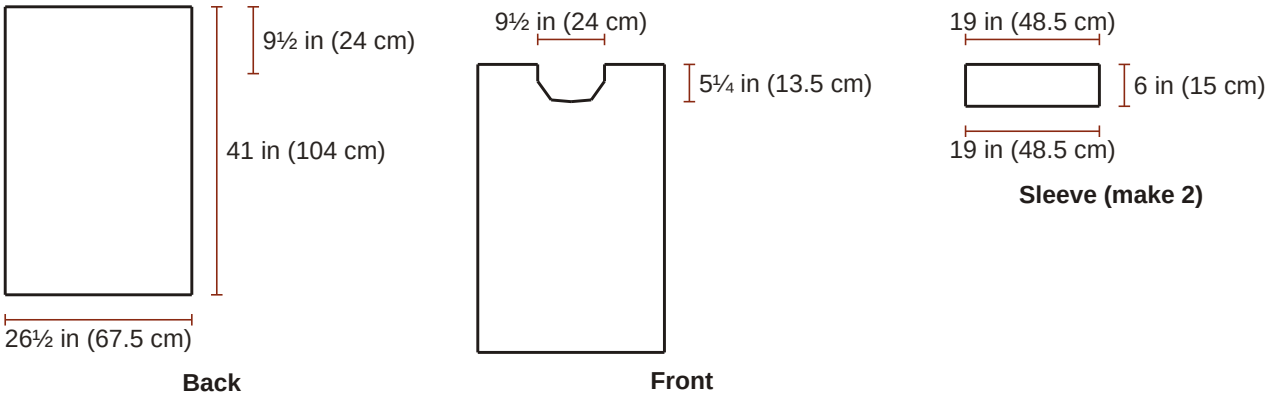
Sizes

Size	To fit bust	Bust	Length	Armhole depth	Sleeve	Upper sleeve	Back neck	Yarn, an estimate
XS	29 in (73.5 cm)	33 in (84 cm)	39¾ in (101 cm)	7 in (18 cm)	6 in (15 cm)	14 in (35.5 cm)	9 in (23 cm)	about 1,890 yd (1,728 m)
Size S	33 in (84 cm)	37 in (94 cm)	39¾ in (101 cm)	7½ in (19 cm)	6 in (15 cm)	15 in (38 cm)	9 in (23 cm)	about 2,095 yd (1,916 m)
Size M	37 in (94 cm)	41 in (104 cm)	40¼ in (102 cm)	8 in (20.5 cm)	6 in (15 cm)	16 in (40.5 cm)	9 in (23 cm)	about 2,325 yd (2,126 m)
Size L	41 in (104 cm)	45 in (114.5 cm)	40¼ in (102 cm)	8½ in (21.5 cm)	6 in (15 cm)	17 in (43 cm)	9 in (23 cm)	about 2,555 yd (2,336 m)
1X	45 in (114.5 cm)	49 in (124.5 cm)	40¼ in (102 cm)	9 in (23 cm)	6 in (15 cm)	18 in (45.5 cm)	9½ in (24 cm)	about 2,760 yd (2,524 m)

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2X (this file)	**49 in (124.5 cm)**	**53 in (134.5 cm)**	**41 in (104 cm)**	**9½ in (24 cm)**	**6 in (15 cm)**	**19 in (48.5 cm)**	**9½ in (24 cm)**	**about 3,020 yd (2,762 m)**
3X	53 in (134.5 cm)	57 in (145 cm)	41 in (104 cm)	10 in (25.5 cm)	6 in (15 cm)	20 in (51 cm)	9½ in (24 cm)	about 3,250 yd (2,972 m)
4X	57 in (145 cm)	61 in (155 cm)	41½ in (105.5 cm)	10½ in (26.5 cm)	6 in (15 cm)	21 in (53.5 cm)	9½ in (24 cm)	about 3,500 yd (3,200 m)
5X	61 in (155 cm)	65 in (165 cm)	41½ in (105.5 cm)	11 in (28 cm)	6 in (15 cm)	22 in (56 cm)	10 in (25.5 cm)	about 3,730 yd (3,411 m)

Schematic



Abbreviations

Written in US terms. Where the UK name differs it is given beside the US one.

ch	chain
sl st	slip stitch (UK ss, slip stitch)
sc	single crochet (UK dc, double crochet)
hdc	half double crochet (UK htr, half treble)
st	stitch
rnd	round
RS	right side

Special stitches

hdc2tog (half double crochet 2 stitches together (UK half treble 2 together)): [Yarn over, insert the hook in the next stitch and pull up a loop] twice (5 loops on the hook); yarn over and pull through all 5 loops. It leaves 1 hdc2tog for the next row.

Gauge

16 stitches and 13½ rows to 4 in (10 cm) in half double crochet.

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> **The swatch.** A test piece to measure and pull out. It is not the start of the pattern. Ch 25; begin in the 2nd ch from the hook and work 20 rows of half double crochet on 24 sts, about 6 in (15 cm) wide and 6 in (15 cm) high, and measure 4 in (10 cm) in the middle. Use a larger hook if your swatch is small, a smaller one if it is large.

Before you start

- Women's sizes.
- The finished bust is 4 in (10 cm) wider than the body measurement at each size. Choose by the finished measurement you like; no fit is promised beyond the measurements given.
- The turning chain (ch 1 for single and half double crochet) never counts as a stitch. Work the first stitch of every row into the first stitch, at the base of the turning chain.
- The chain at the start of a round never counts as a stitch. Work the first stitch of the round into the stitch at its base, where the round was joined.
- Odd-numbered rows are right side rows. Mark the right side of each piece with a stitch marker or a scrap of yarn.
- A decrease counts as one stitch.
- Stitches worked evenly along row ends: about 6 sc in every 5 rows.
- Sew every seam with the yarn needle and yarn A.
- Color changes in rows: work the last yarn over of the last stitch of the row before with the new yarn. Cut the old yarn, leaving an end of about 6 in (15 cm), or, if it is needed again at the same edge within 6 rows and that edge is straight, carry it loosely up the edge.

Instructions

Chosen: 2X. The count in round brackets at the end of a line is what that line leaves. Tick the box when a row is done. In UK terms sl st is slip stitch, sc is double crochet and hdc is half treble.

Back

Yarns in order of use: A, teal; B, cream.

Colors, counted from row 1: 8 rows yarn A, 2 rows yarn B; repeat these 10 rows to the end (the last repeat may stop part way).

☐ **Foundation**	With yarn A, ch 107.	
☐ **Row 1 (RS)**	Hdc in 2nd ch from hook and in each ch across	**(106 hdc)**
☐ **Rows 2 to 8**	Ch 1, turn; hdc in each st across	**(106 hdc)**

A box for each row, 2 to 8: tick them off as you go.

☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☐ 8

☐ **Rows 9 to 10**	**Yarn B.** Ch 1, turn; hdc in each st across	**(106 hdc)**

A box for each row, 9 to 10: tick them off as you go.

☐ 9 ☐ 10

☐ **Rows 11 to 18**	**Yarn A.** Ch 1, turn; hdc in each st across	**(106 hdc)**

A box for each row, 11 to 18: tick them off as you go.

☐ 11 ☐ 12 ☐ 13 ☐ 14 ☐ 15 ☐ 16 ☐ 17 ☐ 18

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☐ **Rows 19 to 20** **Yarn B.** Ch 1, turn; hdc in each st across **(106 hdc)**

A box for each row, 19 to 20: tick them off as you go.

19 20

☐ **Rows 21 to 28** **Yarn A.** Ch 1, turn; hdc in each st across **(106 hdc)**

A box for each row, 21 to 28: tick them off as you go.

21 22 23 24 25 26 27 28

☐ **Rows 29 to 30** **Yarn B.** Ch 1, turn; hdc in each st across **(106 hdc)**

A box for each row, 29 to 30: tick them off as you go.

29 30

☐ **Rows 31 to 38** **Yarn A.** Ch 1, turn; hdc in each st across **(106 hdc)**

A box for each row, 31 to 38: tick them off as you go.

31 32 33 34 35 36 37 38

☐ **Rows 39 to 40** **Yarn B.** Ch 1, turn; hdc in each st across **(106 hdc)**

A box for each row, 39 to 40: tick them off as you go.

39 40

☐ **Rows 41 to 48** **Yarn A.** Ch 1, turn; hdc in each st across **(106 hdc)**

A box for each row, 41 to 48: tick them off as you go.

41 42 43 44 45 46 47 48

☐ **Rows 49 to 50** **Yarn B.** Ch 1, turn; hdc in each st across **(106 hdc)**

A box for each row, 49 to 50: tick them off as you go.

49 50

☐ **Rows 51 to 58** **Yarn A.** Ch 1, turn; hdc in each st across **(106 hdc)**

A box for each row, 51 to 58: tick them off as you go.

51 52 53 54 55 56 57 58

☐ **Rows 59 to 60** **Yarn B.** Ch 1, turn; hdc in each st across **(106 hdc)**

A box for each row, 59 to 60: tick them off as you go.

59 60

☐ **Rows 61 to 68** **Yarn A.** Ch 1, turn; hdc in each st across **(106 hdc)**

A box for each row, 61 to 68: tick them off as you go.

61 62 63 64 65 66 67 68

☐ **Rows 69 to 70** **Yarn B.** Ch 1, turn; hdc in each st across **(106 hdc)**

A box for each row, 69 to 70: tick them off as you go.

69 70

☐ **Rows 71 to 78** **Yarn A.** Ch 1, turn; hdc in each st across **(106 hdc)**

A box for each row, 71 to 78: tick them off as you go.

71 72 73 74 75 76 77 78

☐ **Rows 79 to 80** **Yarn B.** Ch 1, turn; hdc in each st across **(106 hdc)**

A box for each row, 79 to 80: tick them off as you go.

79 80

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☐ **Rows 81 to 88** **Yarn A.** Ch 1, turn; hdc in each st across **(106 hdc)**

A box for each row, 81 to 88: tick them off as you go.

81 82 83 84 85 86 87 88

☐ **Rows 89 to 90** **Yarn B.** Ch 1, turn; hdc in each st across **(106 hdc)**

A box for each row, 89 to 90: tick them off as you go.

89 90

☐ **Rows 91 to 98** **Yarn A.** Ch 1, turn; hdc in each st across **(106 hdc)**

A box for each row, 91 to 98: tick them off as you go.

91 92 93 94 95 96 97 98

☐ **Rows 99 to 100** **Yarn B.** Ch 1, turn; hdc in each st across **(106 hdc)**

A box for each row, 99 to 100: tick them off as you go.

99 100

☐ **Rows 101 to 108** **Yarn A.** Ch 1, turn; hdc in each st across **(106 hdc)**

A box for each row, 101 to 108: tick them off as you go.

101 102 103 104 105 106 107 108

☐ **Rows 109 to 110** **Yarn B.** Ch 1, turn; hdc in each st across **(106 hdc)**

A box for each row, 109 to 110: tick them off as you go.

109 110

☐ **Rows 111 to 118** **Yarn A.** Ch 1, turn; hdc in each st across **(106 hdc)**

A box for each row, 111 to 118: tick them off as you go.

111 112 113 114 115 116 117 118

☐ **Rows 119 to 120** **Yarn B.** Ch 1, turn; hdc in each st across **(106 hdc)**

A box for each row, 119 to 120: tick them off as you go.

119 120

☐ **Rows 121 to 128** **Yarn A.** Ch 1, turn; hdc in each st across **(106 hdc)**

A box for each row, 121 to 128: tick them off as you go.

121 122 123 124 125 126 127 128

☐ **Rows 129 to 130** **Yarn B.** Ch 1, turn; hdc in each st across **(106 hdc)**

A box for each row, 129 to 130: tick them off as you go.

129 130

☐ **Rows 131 to 138** **Yarn A.** Ch 1, turn; hdc in each st across **(106 hdc)**

A box for each row, 131 to 138: tick them off as you go.

131 132 133 134 135 136 137 138

☐ **End** The back measures about 26½ in (67.5 cm) wide and 41 in (104 cm) long. Fasten off.

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Front

Yarns in order of use: A, teal; B, cream.

Colors, counted from row 1: 8 rows yarn A, 2 rows yarn B; repeat these 10 rows to the end (the last repeat may stop part way).

☐ **Foundation** With yarn A, ch 107.

☐ **Row 1 (RS)** Hdc in 2nd ch from hook and in each ch across **(106 hdc)**

☐ **Rows 2 to 8** Ch 1, turn; hdc in each st across **(106 hdc)**

A box for each row, 2 to 8: tick them off as you go.

2 3 4 5 6 7 8

☐ **Rows 9 to 10** **Yarn B.** Ch 1, turn; hdc in each st across **(106 hdc)**

A box for each row, 9 to 10: tick them off as you go.

9 10

☐ **Rows 11 to 18** **Yarn A.** Ch 1, turn; hdc in each st across **(106 hdc)**

A box for each row, 11 to 18: tick them off as you go.

11 12 13 14 15 16 17 18

☐ **Rows 19 to 20** **Yarn B.** Ch 1, turn; hdc in each st across **(106 hdc)**

A box for each row, 19 to 20: tick them off as you go.

19 20

☐ **Rows 21 to 28** **Yarn A.** Ch 1, turn; hdc in each st across **(106 hdc)**

A box for each row, 21 to 28: tick them off as you go.

21 22 23 24 25 26 27 28

☐ **Rows 29 to 30** **Yarn B.** Ch 1, turn; hdc in each st across **(106 hdc)**

A box for each row, 29 to 30: tick them off as you go.

29 30

☐ **Rows 31 to 38** **Yarn A.** Ch 1, turn; hdc in each st across **(106 hdc)**

A box for each row, 31 to 38: tick them off as you go.

31 32 33 34 35 36 37 38

☐ **Rows 39 to 40** **Yarn B.** Ch 1, turn; hdc in each st across **(106 hdc)**

A box for each row, 39 to 40: tick them off as you go.

39 40

☐ **Rows 41 to 48** **Yarn A.** Ch 1, turn; hdc in each st across **(106 hdc)**

A box for each row, 41 to 48: tick them off as you go.

41 42 43 44 45 46 47 48

☐ **Rows 49 to 50** **Yarn B.** Ch 1, turn; hdc in each st across **(106 hdc)**

A box for each row, 49 to 50: tick them off as you go.

49 50

☐ **Rows 51 to 58** **Yarn A.** Ch 1, turn; hdc in each st across **(106 hdc)**

A box for each row, 51 to 58: tick them off as you go.

51 52 53 54 55 56 57 58

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☐ **Rows 59 to 60** **Yarn B.** Ch 1, turn; hdc in each st across **(106 hdc)**

A box for each row, 59 to 60: tick them off as you go.

59 60

☐ **Rows 61 to 68** **Yarn A.** Ch 1, turn; hdc in each st across **(106 hdc)**

A box for each row, 61 to 68: tick them off as you go.

61 62 63 64 65 66 67 68

☐ **Rows 69 to 70** **Yarn B.** Ch 1, turn; hdc in each st across **(106 hdc)**

A box for each row, 69 to 70: tick them off as you go.

69 70

☐ **Rows 71 to 78** **Yarn A.** Ch 1, turn; hdc in each st across **(106 hdc)**

A box for each row, 71 to 78: tick them off as you go.

71 72 73 74 75 76 77 78

☐ **Rows 79 to 80** **Yarn B.** Ch 1, turn; hdc in each st across **(106 hdc)**

A box for each row, 79 to 80: tick them off as you go.

79 80

☐ **Rows 81 to 88** **Yarn A.** Ch 1, turn; hdc in each st across **(106 hdc)**

A box for each row, 81 to 88: tick them off as you go.

81 82 83 84 85 86 87 88

☐ **Rows 89 to 90** **Yarn B.** Ch 1, turn; hdc in each st across **(106 hdc)**

A box for each row, 89 to 90: tick them off as you go.

89 90

☐ **Rows 91 to 98** **Yarn A.** Ch 1, turn; hdc in each st across **(106 hdc)**

A box for each row, 91 to 98: tick them off as you go.

91 92 93 94 95 96 97 98

☐ **Rows 99 to 100** **Yarn B.** Ch 1, turn; hdc in each st across **(106 hdc)**

A box for each row, 99 to 100: tick them off as you go.

99 100

☐ **Rows 101 to 108** **Yarn A.** Ch 1, turn; hdc in each st across **(106 hdc)**

A box for each row, 101 to 108: tick them off as you go.

101 102 103 104 105 106 107 108

☐ **Rows 109 to 110** **Yarn B.** Ch 1, turn; hdc in each st across **(106 hdc)**

A box for each row, 109 to 110: tick them off as you go.

109 110

☐ **Rows 111 to 118** **Yarn A.** Ch 1, turn; hdc in each st across **(106 hdc)**

A box for each row, 111 to 118: tick them off as you go.

111 112 113 114 115 116 117 118

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☐ **Rows 119 to 120**	**Yarn B.** Ch 1, turn; hdc in each st across	**(106 hdc)**

A box for each row, 119 to 120: tick them off as you go.

119 120

☐ **End**	Do not fasten off.	

Front, first side of the neck

Yarns in order of use: A, teal; B, cream.

Colors: rows 121 to 128 yarn A; rows 129 and 130 yarn B; rows 131 to 138 yarn A.

☐ **Foundation**	Go on from row 120 of the front. This is the left side as worn. The neck edge is at the end of the next row.	
☐ **Row 121**	Ch 1, turn; hdc in next 44 sts, leave the last 62 sts unworked	**(44 hdc)**
☐ **Row 122**	Ch 1, turn; hdc2tog, hdc in each st across	**(43 hdc)**
☐ **Row 123**	Ch 1, turn; hdc in each st across to last 2 sts, hdc2tog	**(42 hdc)**
☐ **Row 124**	Ch 1, turn; hdc2tog, hdc in each st across	**(41 hdc)**
☐ **Row 125**	Ch 1, turn; hdc in each st across to last 2 sts, hdc2tog	**(40 hdc)**
☐ **Row 126**	Ch 1, turn; hdc2tog, hdc in each st across	**(39 hdc)**
☐ **Row 127**	Ch 1, turn; hdc in each st across to last 2 sts, hdc2tog	**(38 hdc)**
☐ **Row 128**	Ch 1, turn; hdc2tog, hdc in each st across	**(37 hdc)**
☐ **Row 129**	**Yarn B.** Ch 1, turn; hdc in each st across to last 2 sts, hdc2tog	**(36 hdc)**
☐ **Row 130**	Ch 1, turn; hdc2tog, hdc in each st across	**(35 hdc)**
☐ **Row 131**	**Yarn A.** Ch 1, turn; hdc in each st across to last 2 sts, hdc2tog	**(34 hdc)**
☐ **Rows 132 to 138**	Ch 1, turn; hdc in each st across	**(34 hdc)**

A box for each row, 132 to 138: tick them off as you go.

132 133 134 135 136 137 138

☐ **End**	The 34 sts left are the shoulder. Fasten off.	

Front, second side of the neck

Yarns in order of use: A, teal; B, cream.

Colors: rows 121 to 128 yarn A; rows 129 and 130 yarn B; rows 131 to 138 yarn A.

☐ **Foundation**	Go back to row 120 of the front, with the same side facing you as for row 121 of the first side. Skip the next 18 unworked sts of row 120 for the neck and join yarn A in the next st. This is the right side as worn. The first st of row 121 goes in the joining st. The neck edge is at the beginning of that row.	
☐ **Row 121**	Ch 1; hdc in each st across	**(44 hdc)**
☐ **Row 122**	Ch 1, turn; hdc in each st across to last 2 sts, hdc2tog	**(43 hdc)**
☐ **Row 123**	Ch 1, turn; hdc2tog, hdc in each st across	**(42 hdc)**
☐ **Row 124**	Ch 1, turn; hdc in each st across to last 2 sts, hdc2tog	**(41 hdc)**

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☐ **Row 125**	Ch 1, turn; hdc2tog, hdc in each st across	**(40 hdc)**
☐ **Row 126**	Ch 1, turn; hdc in each st across to last 2 sts, hdc2tog	**(39 hdc)**
☐ **Row 127**	Ch 1, turn; hdc2tog, hdc in each st across	**(38 hdc)**
☐ **Row 128**	Ch 1, turn; hdc in each st across to last 2 sts, hdc2tog	**(37 hdc)**
☐ **Row 129**	**Yarn B.** Ch 1, turn; hdc2tog, hdc in each st across	**(36 hdc)**
☐ **Row 130**	Ch 1, turn; hdc in each st across to last 2 sts, hdc2tog	**(35 hdc)**
☐ **Row 131**	**Yarn A.** Ch 1, turn; hdc2tog, hdc in each st across	**(34 hdc)**
☐ **Rows 132 to 138**	Ch 1, turn; hdc in each st across	**(34 hdc)**

A box for each row, 132 to 138: tick them off as you go.

☐ 132 ☐ 133 ☐ 134 ☐ 135 ☐ 136 ☐ 137 ☐ 138

☐ **End**	The 34 sts left are the shoulder. Fasten off.

Sleeve: make 2

Yarns in order of use: A, teal; B, cream.

Colors, counted from row 1: 8 rows yarn A, 2 rows yarn B; repeat these 10 rows to the end (the last repeat may stop part way).

☐ **Foundation**	With yarn A, ch 77.	
☐ **Row 1 (RS)**	Hdc in 2nd ch from hook and in each ch across	**(76 hdc)**
☐ **Rows 2 to 8**	Ch 1, turn; hdc in each st across	**(76 hdc)**

A box for each row, 2 to 8: tick them off as you go.

☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☐ 8

☐ **Rows 9 to 10**	**Yarn B.** Ch 1, turn; hdc in each st across	**(76 hdc)**

A box for each row, 9 to 10: tick them off as you go.

☐ 9 ☐ 10

☐ **Rows 11 to 18**	**Yarn A.** Ch 1, turn; hdc in each st across	**(76 hdc)**

A box for each row, 11 to 18: tick them off as you go.

☐ 11 ☐ 12 ☐ 13 ☐ 14 ☐ 15 ☐ 16 ☐ 17 ☐ 18

☐ **Rows 19 to 20**	**Yarn B.** Ch 1, turn; hdc in each st across	**(76 hdc)**

A box for each row, 19 to 20: tick them off as you go.

☐ 19 ☐ 20

☐ **End**	The sleeve measures about 19 in (48.5 cm) across the top and 6 in (15 cm) long. The foundation chain is the lower edge of the sleeve and the last row is its top edge. Fasten off.

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Neckband

Yarn A, teal.

Work this at step 2 under Assembly.

☐ **Foundation**	With the right side facing, join yarn A at the right shoulder seam (as worn).	
☐ **Rnd 1**	Ch 1, sc in each of the 38 open sts of the back neck, 21 sc evenly along the 18 row ends down the left side of the neck, sc in each of the 18 sts left at the front, 21 sc evenly along the 18 row ends up the right side; join with sl st in first sc	**(98 sc)**
☐ **Rnds 2 to 3**	Ch 1; sc in each st around; join with sl st in first sc	**(98 sc)**

A box for each round, 2 to 3: tick them off as you go.

2 3

☐ **End**	Fasten off.	

Belt

Yarn C, mustard.

☐ **Foundation**	With yarn C, ch 301.	
☐ **Row 1 (RS)**	Hdc in 2nd ch from hook and in each ch across	**(300 hdc)**
☐ **Rows 2 to 4**	Ch 1, turn; hdc in each st across	**(300 hdc)**

A box for each row, 2 to 4: tick them off as you go.

2 3 4

☐ **End**	The belt is about 75 in (190.5 cm) long. Fasten off.	

Assembly

1. Shoulders: lay the front on the back with right sides together. Sew the 34 sts at each end of the top edge together, and leave the middle 38 sts of the back open for the neck.

2. Neckband: work it now, as written above.

3. Sleeves: place a marker on each side edge of the body 9½ in (24 cm) below the shoulder seam (about 32 rows), front and back; this is half the top edge of the sleeve. With right sides together, put the middle of the top edge of a sleeve at each shoulder seam and sew the top edge to the body between the markers.

4. Sides and sleeves: sew each side seam from the marker down to the hem, stopping 6 in (15 cm) above the hem to leave a slit, and each sleeve seam from the underarm to the lower edge.

5. Belt: tie it around the waist over the dress when it is worn. It is not sewn on.

Finishing

- Weave in all the ends. Wash as the yarn label says and lay flat to the measurements to dry.

In all: 8 pieces; 33,216 stitches (14,628 in the back, 12,720 in the front, 667 in the front, first side of the neck, 667 in the front, second side of the neck, 1,520 in each sleeve, 294 in the neckband, 1,200 in the belt); 76 ends to weave in.

Found a mistake in this pattern? Tell us at flossfield.com, under Make a request.

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