Waffle lumbar pillow cover

Standard · US terms



Finished size
About 19¾ × 11¾ in (50 × 30 cm)

Skill
Intermediate
Post stitches

Yarn
Medium (4)

Hook
5 mm (US H-8)

Gauge
14 stitches and 9½ rows to 4 in (10 cm)
In waffle stitch.

You will need

Yarn: denim, medium (4) **about 380 yd (347 m), an estimate**

Hook: 5 mm (US H-8). Also: a yarn needle, scissors and a tape measure and a pillow insert of the measurements given for your size. It may be about ½ in (1.5 cm) larger than the cover.

To find how many balls: divide by the length on your yarn's label and round up. The estimate is from the stitches of this size at this gauge, with 15 percent added.

Sizes

Size	Fits	Finished size, about	Yarn, an estimate
Standard (this file)	**for a pillow insert of about 12 × 20 in (30 × 51 cm)**	**19¾ × 11¾ in (50 × 30 cm)**	**about 380 yd (347 m)**
Small	for a pillow insert of about 10 × 16 in (25 × 41 cm)	15½ × 10 in (39 × 25 cm)	about 260 yd (238 m)

Abbreviations

Written in US terms. Where the UK name differs it is given beside the US one.

ch chain stitch
dc double crochet (UK tr, treble)
FPdc front post double crochet: yo, insert hook from the front, behind the post of the st named and out to the front again, yo,
RS right side
st stitch

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Gauge

14 stitches and 9½ rows to 4 in (10 cm) in waffle stitch.

Work a piece a little more than 4 in (10 cm) square, lay it flat and count. If you count more stitches than this, use a larger hook; if fewer, a smaller one.

Before you start

- The ch 2 at the start of a row does not count as a stitch.
- The waffle forms on the side that faces you while you work the odd-numbered rows: that is the right side.
- Leave a tail of about 6 in (15 cm) when you begin and when you fasten off, unless another length is given. The ends that are not sewn with are woven in.
- Whip stitch: thread the yarn on a yarn needle, push it through both edges from the front to the back, bring the yarn over the edge and push it through again a little farther on. On the sides, where there are no loops, put the needle through the post of the end stitch of each row. At the open edge, pass it under both loops of a stitch of the last row and under the strands of the foundation chain that lie below row 1.
- The piece is worked to twice its height, 56 rows, and folded: 28 rows for each face.

Instructions

Chosen: Standard. Square brackets [ ] hold a repeat: work what is inside as many times as it says. The count in round brackets at the end of a line is what that line leaves. Tick the box when a row is done. In UK terms dc is treble and FPdc is front post treble, or raised treble front.

☐ **Foundation**	Ch 71.	
☐ **Row 1 (RS)**	Dc in 3rd ch from hook and in each ch across	**(69 dc)**
☐ **Row 2**	Ch 2, turn; dc in first st, **[**dc in next st, FPdc around next 2 sts**] 22 times**, dc in next st, dc in last st	**(25 dc, 44 FPdc)**
☐ **Row 3**	Ch 2, turn; dc in first st, FPdc around next st, **[**dc in next 2 sts, FPdc around next st**] 22 times**, dc in last st	**(46 dc, 23 FPdc)**
☐ **Rows 4 to 56**	Repeat rows 2 and 3 in turn: every even-numbered row is worked as row 2, every odd-numbered row as row 3.	

A box for each row, 4 to 56: tick them off as you go.

4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32
33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	56					

☐ **End**	Fasten off, leaving a tail of about 70 in (178 cm) to sew with.	

Assembly

1. Weave in the beginning tail on the wrong side now: it cannot be reached after the sewing.

2. Fold the piece in half across its rows with the wrong sides together, so that row 56 lies on the foundation chain and the fold lies between rows 28 and 29.

3. Cut two lengths of A, each about 50 in (127 cm) long, one for each side. Starting at the fold, sew the end of each row to the end of the row that lies against it, with 2 whip stitches to each pair of rows: rows 28 and 29 first, rows 1 and 56 last. Fasten the length at both ends. Sew the other side with the second length in the same way.

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4. Put the pillow insert in through the open edge.

5. With the long tail, whip stitch row 56 to the foundation chain, one stitch to each chain: 69 stitches. Fasten the end and draw it inside the cover.

Finishing

- Draw the ends of the sewing lengths inside the cover.

In all: 56 rows; 3,864 stitches; 2 ends to weave in.

Found a mistake in this pattern? Tell us at flossfield.com, under Make a request.

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