Weighted blanket

Throw · US terms



Finished size
About 40 × 56 in (102 × 142 cm); 35 pockets of about 8 × 8 in (20 × 20 cm)

Skill
Easy
One stitch throughout, and long seams

Yarn
Bulky (5), 2 colors

Hook
6.5 mm (US K-10½)

Gauge
11 stitches and 12½ rows to 4 in (10 cm)
In single crochet (UK double crochet).

What you need

Yarn A: denim **about 1,670 yd (1,527 m), an estimate**
Yarn B: cream, the bottom layer **about 1,770 yd (1,618 m), an estimate**
By weight: about 2,650 g in all, an estimate, where 100 g is 130 yd (119 m).

Hook: 6.5 mm (US K-10½), or the size that gives you the gauge. Also: a yarn needle, scissors, a tape measure, pins and sealed flat packets of glass beads, sold as filling for weighted blankets, each no larger than 6 × 6 in (15 × 15 cm): 35 for Throw, 16 for Lap (the weights to choose from are given with each size).

Sizes

Size	Finished size, about	Yarn, an estimate
Lap	32 × 32 in (81 × 81 cm), 8 × 8 in (20 × 20 cm)	about 1,580 yd (1,445 m)
Throw (this file)	**40 × 56 in (102 × 142 cm), 8 × 8 in (20 × 20 cm)**	**about 3,440 yd (3,146 m)**

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Gauge

11 stitches and 12½ rows to 4 in (10 cm) in single crochet.

Work the test piece, lay it flat without stretching it, and measure in its middle. If it has more stitches and rows to 4 in (10 cm), use a larger hook; if it has fewer, a smaller one.

> **The swatch.** A test piece to measure and pull out. It is not the start of the pattern. The test piece takes about 25 yd (23 m) of B, which the amounts do not count. Undo it when you have measured it and use its yarn again, or buy that much more.
>
> | | | |
> |---|---|---|
> | **Swatch foundation** | With B, ch 16. | |
> | **Swatch row 1 (RS)** | Sc in 2nd ch from hook and in each ch across | (15 sc) |
> | **Swatch rows 2 to 16** | Ch 1, turn; sc in each st across | (15 sc) |

Instructions

Throw. US terms.

sc single crochet (UK dc), **ch** chain, **st** stitch.
The ch 1 is not a stitch. Work in the **very first stitch**.
(110 sc): the row now has 110; a check, not a step. Not 110? **Pull it back**.
Also: RS right side.
Every stitch, drawn: flossfield.com/crochet/stitches.

Top layer

Yarn A, denim.

☐ **Start**	With A, make a slip knot and ch 111.	
☐ **Row 1 (RS)**	Sc in 2nd ch from hook and in each ch across	(110 sc)
☐ **Rows 2 to 175**	Ch 1, turn; sc in each st across	(110 sc)

2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29
30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57
58 59 60 61 62 63 64 65 66 67 68 69 70 71 72 73 74 75 76 77 78 79 80 81 82 83 84 85
86 87 88 89 90 91 92 93 94 95 96 97 98 99 100 101 102 103 104 105 106 107 108 109 110 111 112 113
114 115 116 117 118 119 120 121 122 123 124 125 126 127 128 129 130 131 132 133 134 135 136 137 138 139 140 141
142 143 144 145 146 147 148 149 150 151 152 153 154 155 156 157 158 159 160 161 162 163 164 165 166 167 168 169
170 171 172 173 174 175

☐	Fasten off.	

Bottom layer

Yarn B, cream.

☐ **Start**	With B, ch 111.	
☐ **Row 1 (RS)**	Sc in 2nd ch from hook and in each ch across	(110 sc)
☐ **Rows 2 to 175**	Ch 1, turn; sc in each st across	(110 sc)

2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29
30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57

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58	59	60	61	62	63	64	65	66	67	68	69	70	71	72	73	74	75	76	77	78	79	80	81	82	83	84	85
86	87	88	89	90	91	92	93	94	95	96	97	98	99	100	101	102	103	104	105	106	107	108	109	110	111	112	113
114	115	116	117	118	119	120	121	122	123	124	125	126	127	128	129	130	131	132	133	134	135	136	137	138	139	140	141
142	143	144	145	146	147	148	149	150	151	152	153	154	155	156	157	158	159	160	161	162	163	164	165	166	167	168	169
170	171	172	173	174	175																						

☐ Fasten off.

Assembly

1. Weave in all the ends. Lay the bottom layer flat with its wrong side up and the top layer on it with its right side up, both foundation chains at the bottom, edge to edge. Pin them together.

2. Side edges: for each side cut a length of B about 180 in (457 cm) long. Whip stitch the two layers together along each side, from the foundation chain to the last row, 1 stitch to each pair of row ends: 175 stitches a side.

3. Bottom edge: cut a length of B about 140 in (356 cm) long. Whip stitch the two foundation chains together, chain to chain: 110 stitches. The top edge stays open.

4. Upright lines: the first line runs from bottom to top between st 22 and st 23 of every row, counted from the right-hand edge; the others run after st 44, 66 and 88. For each of the 4 lines cut two lengths of B, each about 142 in (361 cm) long, and backstitch through both layers, 1 stitch to each row: 175 stitches. The first length sews 88 stitches, the second goes on in the last place of the first and sews 87. You have 5 long channels.

5. First row of packets: drop one packet into each of the 5 channels and shake it down to the bottom edge. Push the beads well below row 25 and pin the two layers together above them.

6. Line across: cut two lengths of B, each about 102 in (259 cm) long, and backstitch through both layers between row 25 and row 26, 1 stitch to each st, 110 stitches, from one side edge to the other. The first length sews 55 stitches, the second goes on in the last place of the first and sews 55. The first 5 pockets are closed.

7. Go on in this way, one row of packets and one line across at a time, each line sewn with yarn cut as for the first. The lines lie above rows 25, 50, 75, 100, 125 and 150: 6 lines in all.

8. Top edge: put in the last 5 packets. Cut a length of B about 140 in (356 cm) long and whip stitch the two last rows together, stitch to stitch: 110 stitches.

Finishing

- Weave in the ends that are left with the yarn needle, changing direction once or twice.

In all: 2 pieces; 38,500 stitches (19,250 in the top layer, 19,250 in the bottom layer); 4 ends to weave in.

To find how many balls: divide by the length on your yarn's label and round up. Buy them from one dye lot. The estimate is from the stitches of this size at this gauge, with 15 percent added.

Notes

- The ch 1 at the start of a row does not count as a stitch.
- The first stitch after the ch 1 goes into the first st, the one right below the hook.
- The right side is the side that faces you in the odd-numbered rows.
- Leave a tail of about 6 in (15 cm) when you begin and when you fasten off, unless another length is given. The ends that are not sewn with are woven in.
- When a ball runs out, join the next at the end of a row: work the last yarn over of the last stitch with the new yarn, and leave a tail of about 6 in (15 cm) on both.

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- Whip stitch: hold the two edges side by side. With the yarn on a yarn needle, pass the needle under both loops of a stitch on one edge and under both loops of the stitch that lies against it on the other edge, and pull the yarn through. Do the same in the next stitch of each edge. On a foundation chain, go under the two free strands of each chain, whether or not a stitch was worked into it. The chain skipped at the start of row 1 is not sewn. On the ends of rows, go under two strands at the very edge of each row. Fasten each sewing length where the sewing begins and where it ends: sew 3 times into the same place.
- Backstitch: bring the needle up through both layers one stitch ahead, go down where the last stitch ended, and come up again one stitch farther on. Pull it snug and not tight. Begin and end each length with 3 stitches in the same place, and if a length runs out sooner, fasten it so and go on with a new one in the same place.
- Buy the beads in closed packets and never open one: loose beads come through the stitches.
- For teens and adults who can lift it off by themselves. Many people choose about a tenth of their own weight or less; ask a doctor first if there is a trouble of breathing, heart or sleep. Not for babies or children, and not for pets.
- Wash it by hand or wipe it clean, and dry it flat. To wash it in a machine, take out the top edge and the lines across first, and the packets with them.
- 35 packets are needed. Choose the weight: packets of about 2¼ oz (65 g) each weigh about 5 lb (2.3 kg) in all; packets of about 4½ oz (130 g) each weigh about 10 lb (4.5 kg) in all; packets of about 6¾ oz (194 g) each weigh about 15 lb (6.8 kg) in all. The yarn adds its own weight, which is several pounds (a few kilograms) in two layers: add up the weights on the ball bands and count them in.

Found a mistake in this pattern? Tell us at flossfield.com, under Make a request.

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