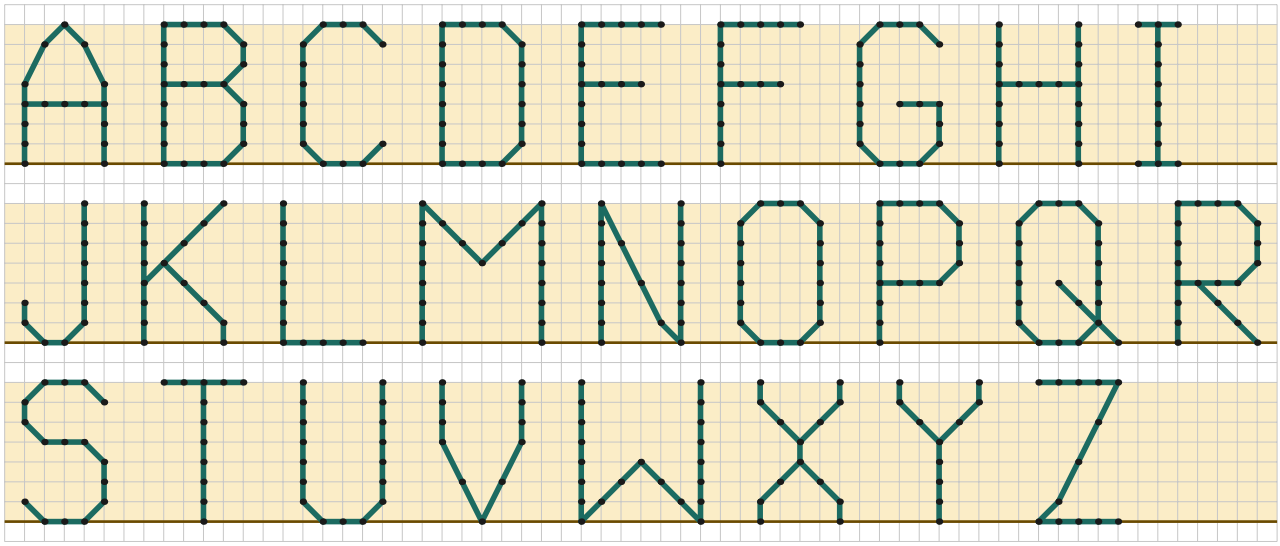
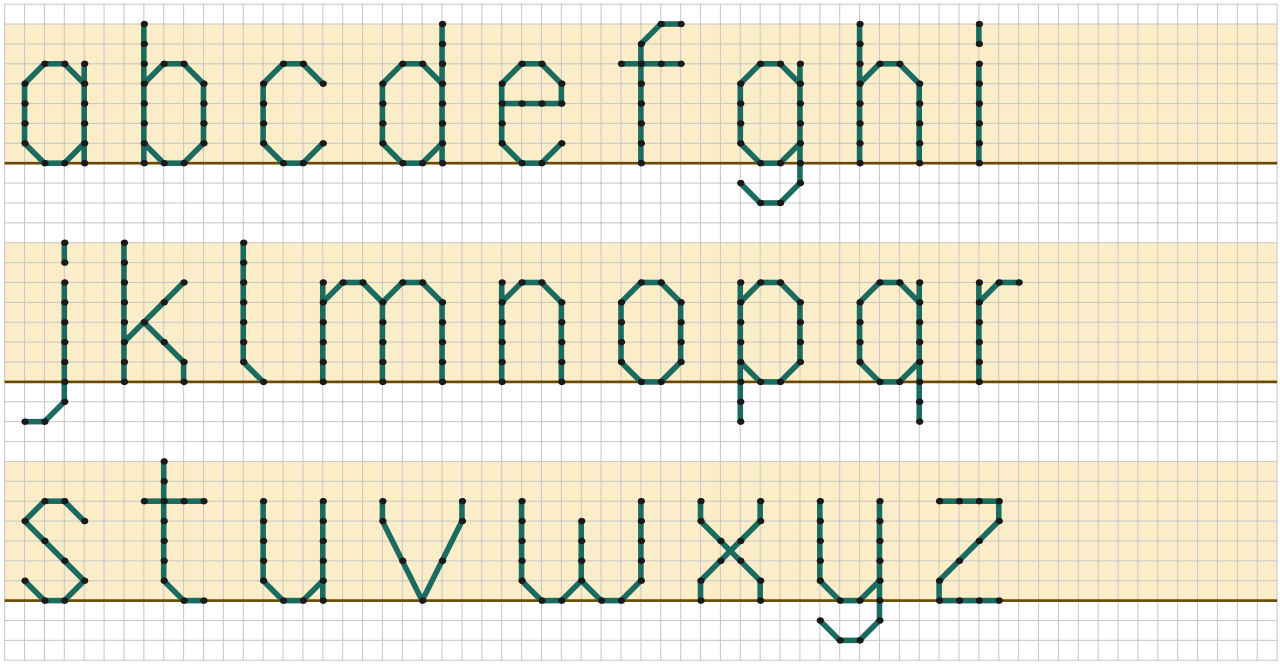
Backstitch alphabet: plain print, 7 squares high

The corners of the squares are the holes of the cloth. From one dot to the next is one backstitch.
The brown line is the base line, the tinted band the height of a capital. A chart to copy from, not the stitched size.

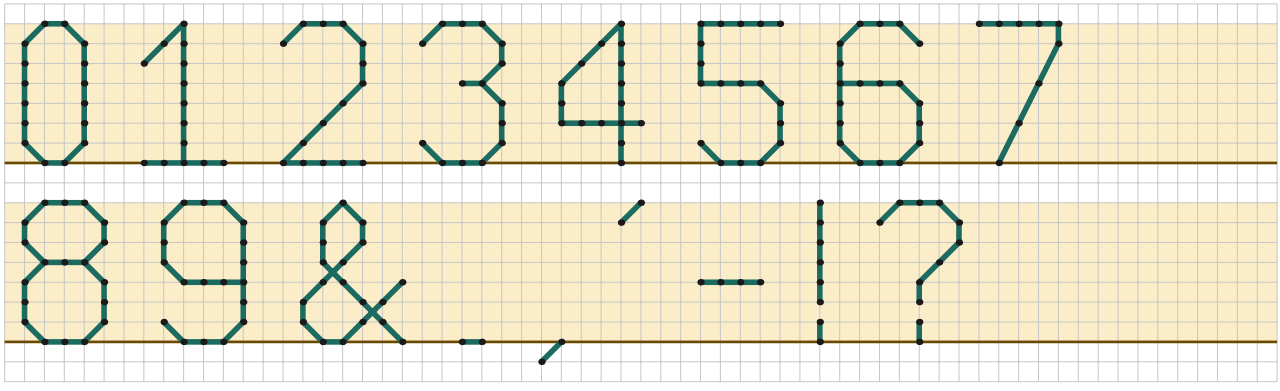
Capitals



Small letters



Numbers, and (&), period, comma, apostrophe, hyphen, exclamation mark, question mark



In a word leave 2 squares between letters, from the dot farthest right in one to the dot farthest left in the next. Between words leave 6.
How to chart, center and stitch your words: flossfield.com/cross-stitch/guides/backstitch-alphabets/