15th century couched pomegranate motif

Sized for a 6 inch hoop (15 cm). The stitched design is about 3.8 × 4.9 in (9.7 × 12.4 cm).



Which color goes where: by number on page 2.
Fabric: dark green cotton or linen.

Three ways onto dark fabric

1. **Light shines through it**
   Lay page 3 on a bright light box, tape the fabric over it and trace the lines with a white marking pencil or pen.
2. **No light shines through**
   Print page 3 on a sticky wash-away sheet, smooth it onto fabric that can be washed, stitch through both and rinse it away.
3. **White or yellow carbon paper**
   Lay it colored side down on the fabric with page 3 on top, tape the layers and trace firmly with a ballpoint pen. Go over a faint line with a white pencil.

Page 3 is the pattern at actual size (page 4 is its mirror, for an iron-on pen on a light fabric). Print it at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

Floss

- **1 DMC 3822 Light Straw**
  Petals, ring and fruit edge (light), fruit and leaf veins (lighter) and 5 more parts
- **2 DMC 782 Dark Topaz**
  Petals, fruit edge, stem and ring (dark), crown edge and 5 more parts
- **3 DMC 729 Medium Old Gold**
  Fruit (darker), petals, crown and stem (middle), leaf edge (lighter) and 4 more parts
- **4 DMC 932 Light Antique Blue**
  Leaves (lighter), petal hearts
- **5 DMC 815 Medium Garnet**
  Window
- **6 DMC 321 Red**
  Seeds and fallen seed
- **7 DMC 930 Dark Antique Blue**
  Leaves (darker)

Stitch in this order

Filled parts from the back of the picture forward, then lines.

1. **Satin stitch**, 2 strands
   Petal hearts, window, seeds, crown, fallen seed



2. **Trellis stitch**, 2 strands
   Fruit



3. **Fishbone stitch**, 2 strands
   Leaves



4. **Couching**
   strands by part on page 2
   Petals, ring, fruit edge, window edge, leaf edge, leaf veins, stem, tendrils



5. **Straight stitch**, 1 strand
   Seed lights



6. **Split stitch**, 1 strand
   Crown edge

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6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1 DMC 3822 Light Straw
2 DMC 782 Dark Topaz
3 DMC 729 Medium Old Gold
4 DMC 932 Light Antique Blue
5 DMC 815 Medium Garnet
6 DMC 321 Red
7 DMC 930 Dark Antique Blue

How many strands

Couching. 3 strands: petals, ring, fruit edge, window edge, stem; 2 strands: leaf edge, leaf veins, tendrils.

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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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