15th century style smock neckline border

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.1 × 4 in (10.4 × 10.2 cm).



Which color goes where: by number on page 2.

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Satin stitch**, 2 strands
   Neck scallops, outer teeth, coils, vine, strawberries, blue petals, flower hearts, white petals, tails, bills, wing feathers, wings, boss
2. **Fishbone stitch**, 2 strands
   Leaves, strawberry caps, flower sepals
3. **Long and short stitch**, 1 strand
   Bird bodies, bird breasts, great strawberry
4. **Stem stitch**, 3 to 4 strands
   Leaf stalks
5. **Split stitch**, strands by part on page 2
   Strawberry edges, blue petal edges, white petal edges, feather edges, bird edges, boss edge
6. **Straight stitch**, strands by part on page 2
   Strawberry seeds, legs
7. **Back stitch**, 1 strand
   Wing bars
8. **Couching**, 6 strands
   Gold rules
9. **French knot**
   strands by part on page 2, two wraps
   Outer knots, heart knots, blossom hearts, eyes

In a 6 inch hoop the French knots are drawn smaller than about 2 mm (a little over 1/16 in). Use one strand of floss for them there, or choose a larger hoop.

Floss

- **1 DMC 321 Red**
  Strawberries (middle), neck scallops and outer knots and 2 more parts
- **2 DMC 796 Dark Royal Blue**
  Outer teeth, bird bodies, blue petals and wings (darker), tails (lighter)
- **3 DMC 3362 Dark Pine Green**
  Vine, coils and leaf stalks, leaves, strawberry caps and flower sepals (darker)
- **4 DMC 3363 Medium Pine Green**
  Leaves, strawberry caps and flower sepals (lighter), white petal edges
- **5 DMC 815 Medium Garnet**
  Strawberry edges, strawberries and great strawberry (dark)
- **6 DMC 3801 Very Dark Melon**
  Great strawberry and strawberries (light), bird breasts (lighter)
- **7 DMC 3822 Light Straw** Strawberry seeds
- **8 DMC 799 Medium Delft Blue**
  Blue petals, bird bodies, wings and feather edges (lighter)
- **9 DMC 823 Dark Navy Blue**
  Blue petal edges, bird edges and wing feathers, feather edges, tails and eyes (darker)
- **10 DMC 3865 Winter White**
  Flower hearts, white petals and wing bars, eyes (lighter)
- **11 DMC 783 Medium Topaz**
  Gold rules (lighter), heart knots, boss, bills and blossom hearts
- **12 DMC 780 Ultra Very Dark Topaz**
  Gold rules (darker), legs and boss edge

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Begin with no knot on the back where it is seen and washed, as on a towel, a napkin or clothes; for a piece in a hoop a small knot is fine. End each thread by whipping it around the backs of four or five stitches, with one small hitch.

Each small ring is one French knot. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 321 Red	**5**	DMC 815 Medium Garnet	**9**	DMC 823 Dark Navy Blue
2	DMC 796 Dark Royal Blue	**6**	DMC 3801 Very Dark Melon	**10**	DMC 3865 Winter White
3	DMC 3362 Dark Pine Green	**7**	DMC 3822 Light Straw	**11**	DMC 783 Medium Topaz
4	DMC 3363 Medium Pine Green	**8**	DMC 799 Medium Delft Blue	**12**	DMC 780 Ultra Very Dark Topaz

How many strands

Split stitch. 1 or 2 strands: strawberry edges; 1 strand: blue petal edges, white petal edges, feather edges, bird edges, boss edge.
Straight stitch. 3 strands: legs; 2 strands: strawberry seeds.
French knot. 2 strands: outer knots, heart knots, blossom hearts; 1 or 2 strands: eyes.

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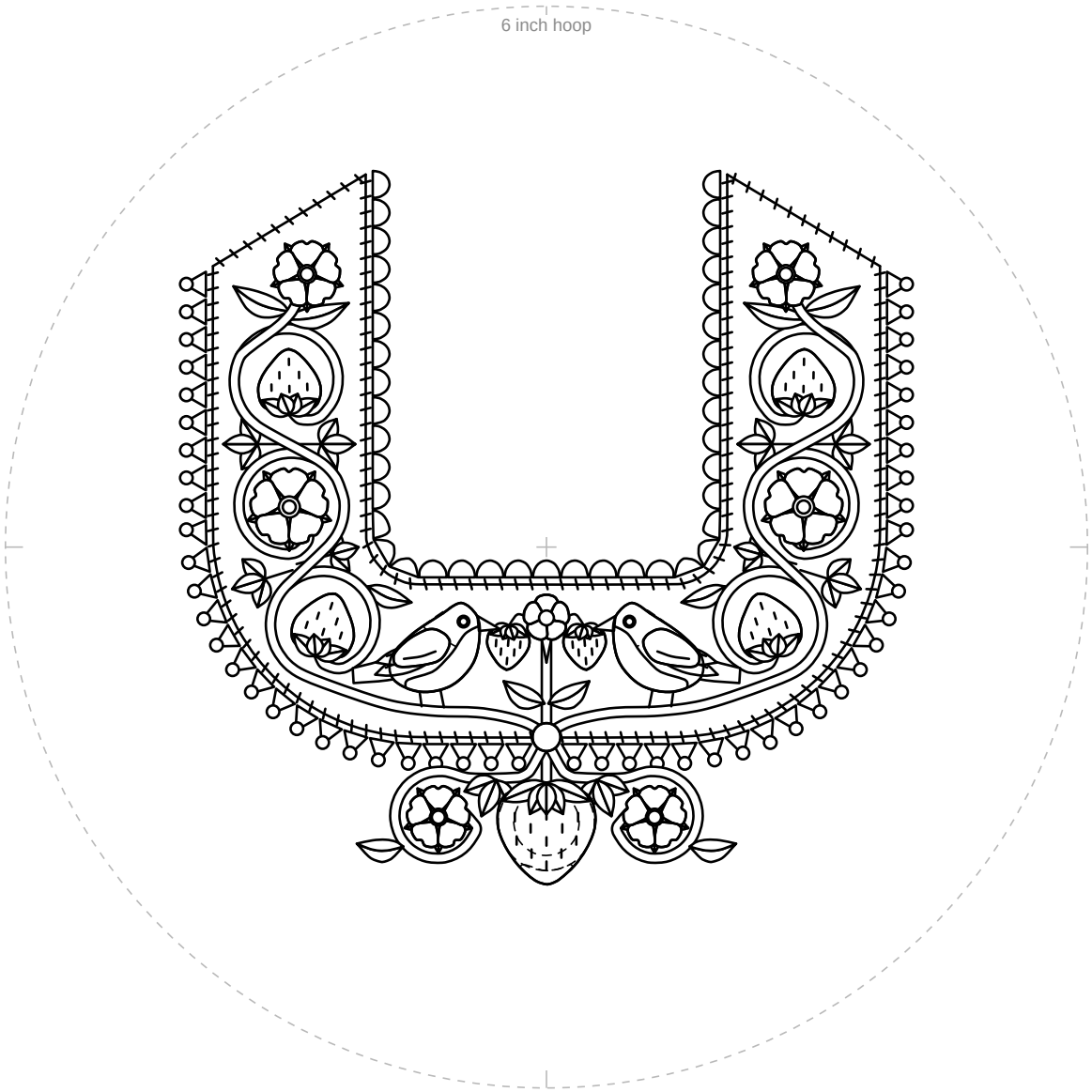
6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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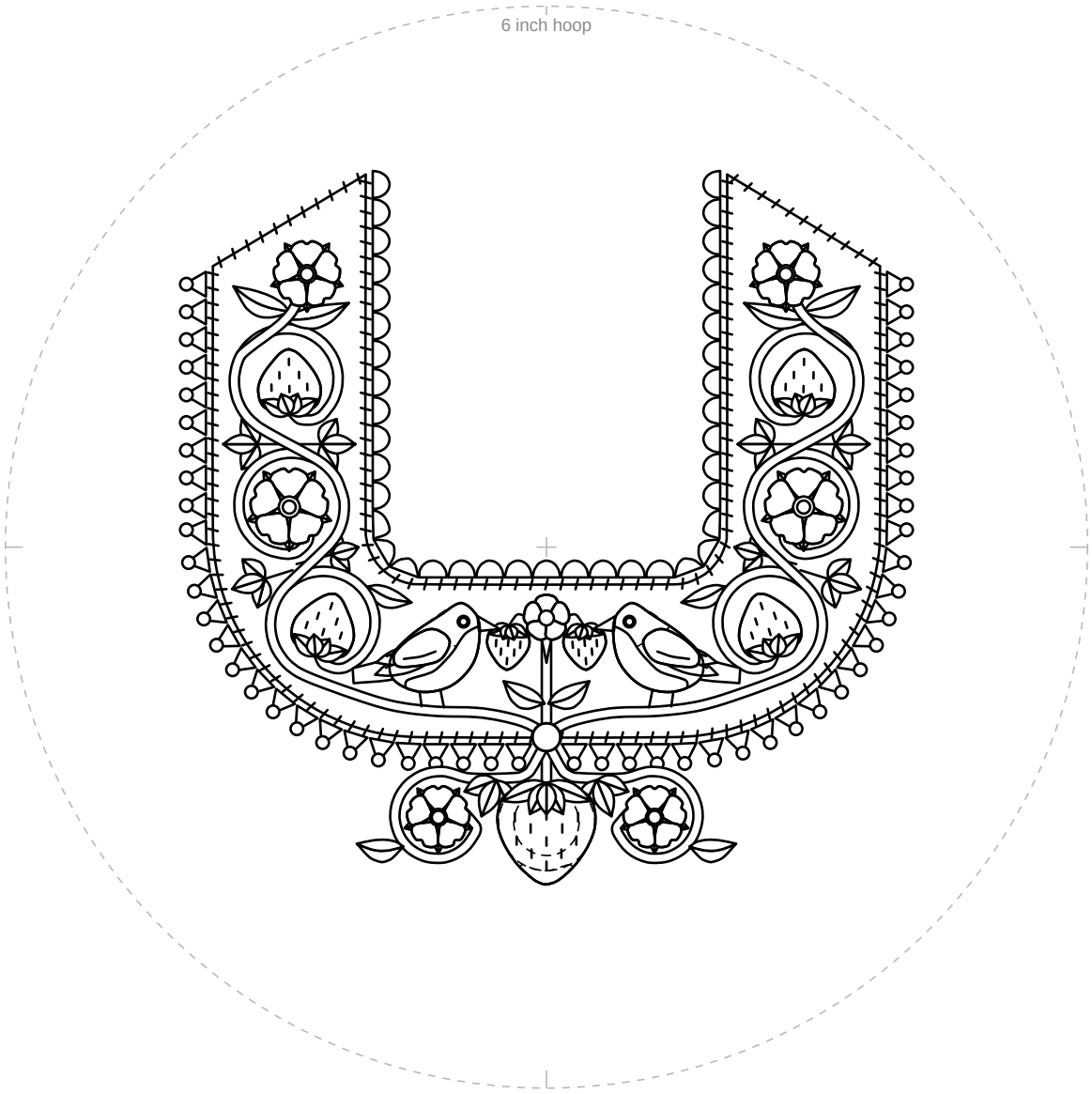
6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
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