Afghan style panels with a white rose

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.3 × 4.6 in (10.9 × 11.7 cm).



Which color goes where: by number on page 2.
Fabric: teal cotton or linen.

Three ways onto dark fabric

1. **Light shines through it**
   Lay page 3 on a bright light box, tape the fabric over it and trace the lines with a white marking pencil or pen.
2. **No light shines through**
   Print page 3 on a sticky wash-away sheet, smooth it onto fabric that can be washed, stitch through both and rinse it away.
3. **White or yellow carbon paper**
   Lay it colored side down on the fabric with page 3 on top, tape the layers and trace firmly with a ballpoint pen. Go over a faint line with a white pencil.

Page 3 is the pattern at actual size (page 4 is its mirror, for an iron-on pen on a light fabric). Print it at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

Floss

- **1 DMC BLANC White**
  Rose petals (lightest), panel rails, eight-point stars (lighter) and 5 more parts
- **2 DMC 841 Light Beige Brown**
  Rail edges and rose stem
- **3 DMC 739 Ultra Very Light Tan**
  Trellis (lighter), eight-point stars (darker), rose petals (dark) and 5 more parts
- **4 DMC 842 Very Light Beige Brown**
  Petal edges, motif edges and star edges, rose petals (darkest) and 4 more parts
- **5 DMC ECRU Ecru**
  Rose petals and rose leaves (light), stepped diamonds (darker)

Stitch in this order

Filled parts from the back of the picture forward, then lines and raised parts.

1. **Satin stitch**, 2 strands
   Panel rails, finials, eight-point stars, stepped diamonds, diamond hearts, stepped borders, rose hearts, bud sepals
2. **Trellis stitch**, 1 strand
   Trellis
3. **Fishbone stitch**, 2 strands
   Rose leaves
4. **Long and short stitch**, 1 strand
   Rose petals
5. **Padded satin stitch**, 2 strands
   Rose buds
6. **Stem stitch**, strands by part on page 2
   Rail edges, star edges, rose stem
7. **Back stitch**, 1 strand
   Motif edges
8. **Split stitch**, 1 strand
   Petal edges
9. **Bullion knot**, 2 strands
   Rose hearts

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6 inch hoop

How to read it

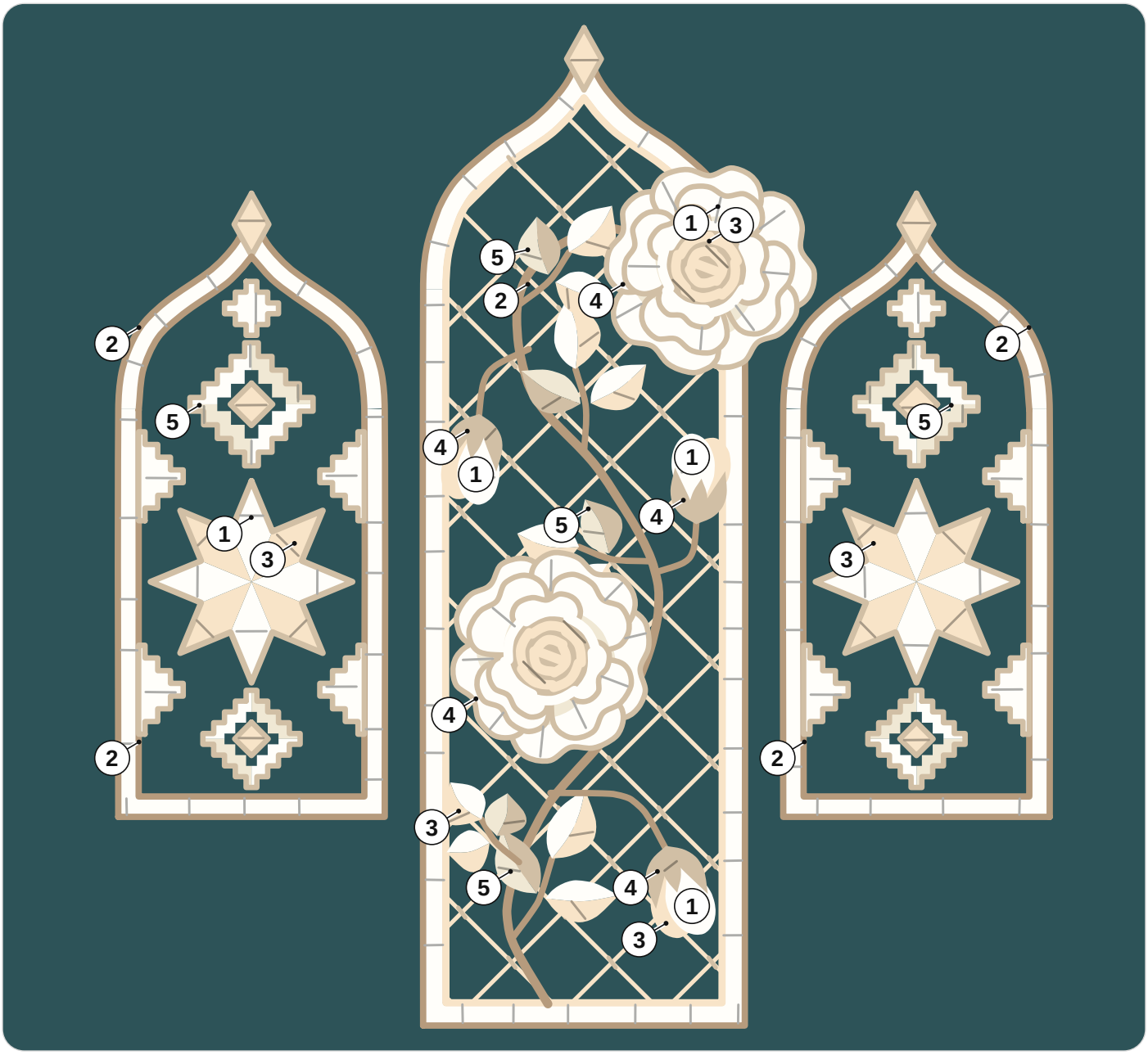
Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1 DMC BLANC White
2 DMC 841 Light Beige Brown
3 DMC 739 Ultra Very Light Tan
4 DMC 842 Very Light Beige Brown
5 DMC ECRU Ecru

How many strands

Stem stitch. 2 or 4 strands: rose stem; 2 strands: rail edges; 1 strand: star edges.

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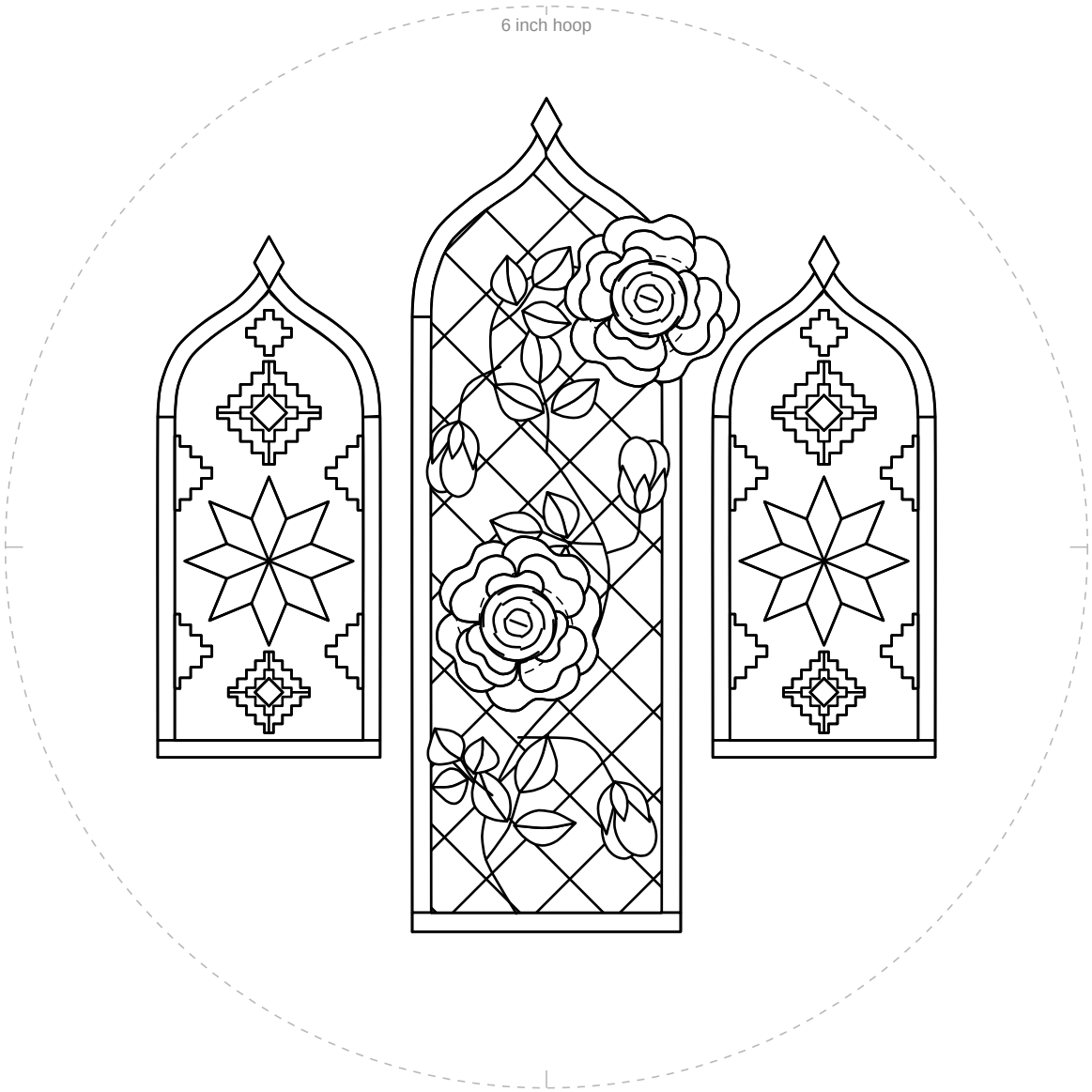
6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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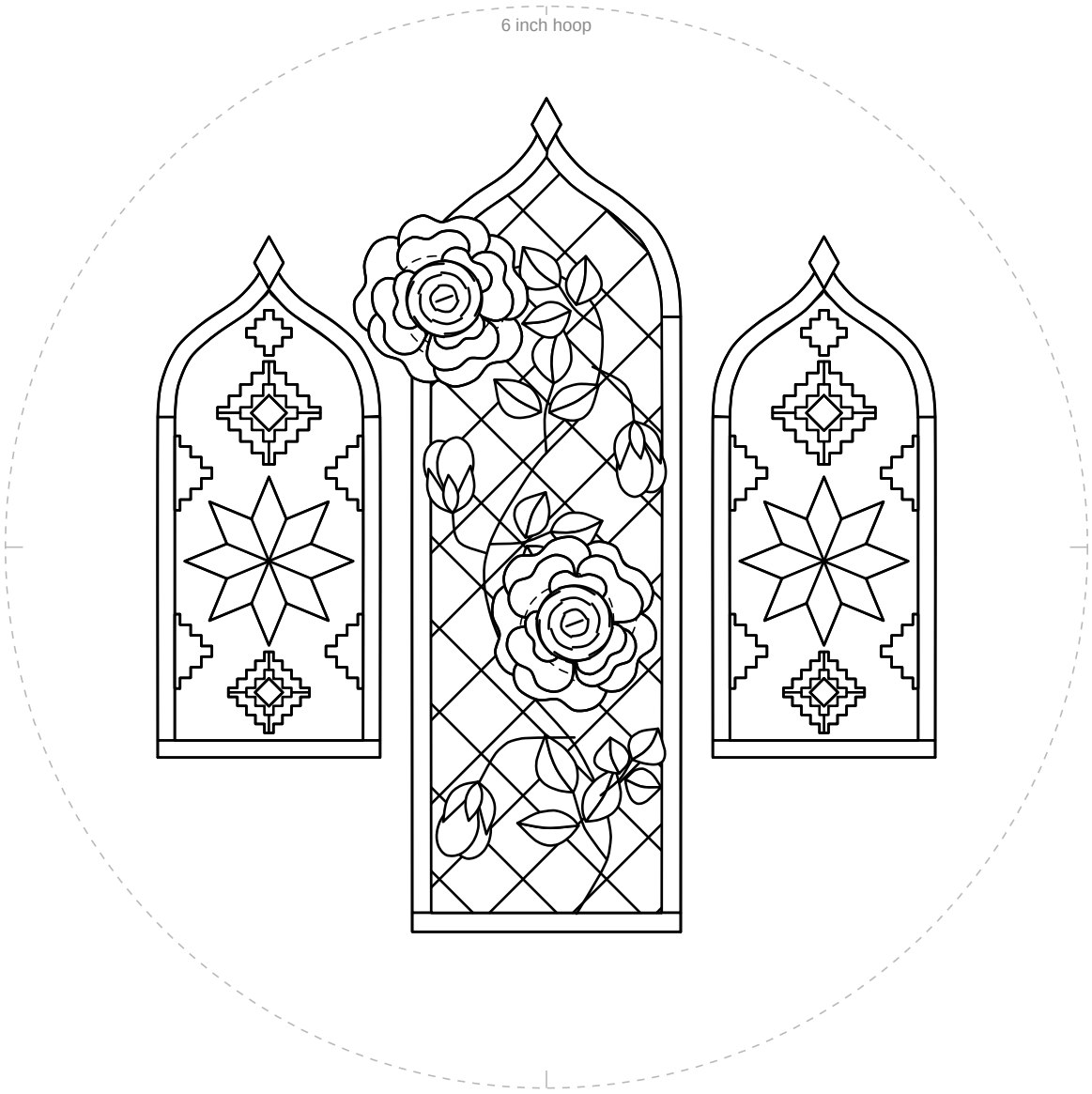
6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



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