Always be yourself

6 inch (15 cm) hoop, 4.6 × 4.6 in (11.7 × 11.7 cm)



Colors by number: page 2.
Fabric: navy cotton or linen.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of navy cotton or linen.

An embroidery needle, size 9.

24 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A white pencil, and small scissors.

Onto the fabric

Fabric that lets light through: page 3 on a bright light, the fabric over it; trace with a white pencil.

Other fabric: print page 3 on a sticky wash-away sheet, stick it on, stitch through it and rinse it away.

Or white or yellow carbon paper, colored side down, page 3 on top; trace with a ballpoint and go over a faint line with a white pencil.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**, 3 strands
   Flower stems

2. **Fishbone stitch**, 2 strands
   Leaves



3. **Long and short stitch**, 1 strand
   Mane, far ear, neck, head, near ear, forelock, petals



4. **Satin stitch**, 2 strands
   Inner ear, eye, nostril, inner petals, buds, stars, letters



5. **Stem stitch**
   1 strand: horn grooves
   2 strands: eyelid, mouth

6. **Straight stitch**
   1 strand: lashes
   2 strands: eye highlight, sepals



7. **Padded satin stitch**, 2 strands
   Horn



8. **French knot**
   2 strands, two wraps
   Flower centers



Take out lines that still show, press face down, finish the hoop or sew a pillow.

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6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 3760 Medium Wedgwood	9	DMC 352 Light Coral	17	DMC 353 Peach
2	DMC 3766 Light Peacock Blue	10	DMC 3350 Ultra Dark Dusty Rose	18	DMC 3833 Light Raspberry
3	DMC 3848 Medium Teal Green	11	DMC 3832 Medium Raspberry	19	DMC 3747 Very Light Blue Violet
4	DMC 3849 Light Teal Green	12	DMC 341 Light Blue Violet	20	DMC BLANC White
5	DMC 3822 Light Straw	13	DMC 3746 Dark Blue Violet	21	DMC 778 Very Light Antique Mauve
6	DMC 782 Dark Topaz	14	DMC 340 Medium Blue Violet	22	DMC 939 Very Dark Navy Blue
7	DMC 3823 Ultra Pale Yellow	15	DMC 3756 Ultra Very Light Baby Blue	23	DMC 3726 Dark Antique Mauve
8	DMC 351 Coral	16	DMC 964 Light Seagreen	24	DMC 501 Dark Blue Green

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6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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