Always in my heart with two doves

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.8 × 4.6 in (12.2 × 11.7 cm).



Which color goes where: by number on page 2.
Fabric: pale blue cotton or linen.

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Fishbone stitch**, 2 strands
   Laurel leaves, garland leaves
2. **Padded satin stitch**, 2 strands
   Berries, rose hearts, bow
3. **Long and short stitch**, 1 strand
   Tail, body, wing feathers, wing coverts, rose petals
4. **Satin stitch**, 2 strands
   Shoulder, bill, eye, ribbon, rose hearts, bow, words
5. **Stem stitch**, strands by part on page 2
   Laurel stems, berry stalks, garland, feet
6. **Split stitch**, 1 strand
   Berries, feather edges, body edges, ribbon edges, rose edges, bow edges, words
7. **Fly stitch**, 1 strand
   Breast feathers

Floss

- **1 DMC 930 Dark Antique Blue**
  Laurel leaves, laurel stems and garland leaves (darker), bow edges and 3 more parts
- **2 DMC 931 Medium Antique Blue**
  Feather edges, body edges and breast feathers, laurel stems (lighter), bow (darkest)
- **3 DMC BLANC White**
  Body (light), wing coverts, wing feathers and tail (lighter) and 5 more parts
- **4 DMC 3778 Light Terra Cotta**
  Berries (lighter), bill
- **5 DMC 3721 Dark Shell Pink**
  Berries (darker), feet and rose hearts, rose petals (darkest)
- **6 DMC 3752 Very Light Antique Blue**
  Body (middle), bow (light), shoulder, wing feathers (darker) and 3 more parts
- **7 DMC 932 Light Antique Blue**
  Garland leaves (lighter), body, bow and ribbon (dark)
- **8 DMC 3750 Very Dark Antique Blue**
  Words and eye
- **9 DMC 225 Ultra Very Light Shell Pink**
  Rose petals (lightest)
- **10 DMC 3722 Medium Shell Pink**
  Rose edges, rose petals (dark)
- **11 DMC 152 Medium Light Shell Pink**
  Rose petals (light)
- **12 DMC 738 Very Light Tan** Rose stamens

Stitches, continued

8. **Straight stitch**, strands by part on page 2
   Eye lights, feet
9. **French knot**, 1 strand, two wraps
   Shoulder knots, rose stamens

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 930 Dark Antique Blue	5	DMC 3721 Dark Shell Pink	9	DMC 225 Ultra Very Light Shell Pink
2	DMC 931 Medium Antique Blue	6	DMC 3752 Very Light Antique Blue	10	DMC 3722 Medium Shell Pink
3	DMC BLANC White	7	DMC 932 Light Antique Blue	11	DMC 152 Medium Light Shell Pink
4	DMC 3778 Light Terra Cotta	8	DMC 3750 Very Dark Antique Blue	12	DMC 738 Very Light Tan

How many strands

Stem stitch. 3 or 4 strands: laurel stems; 3 strands: garland, feet; 1 strand: berry stalks.
Straight stitch. 2 strands: feet; 1 strand: eye lights.

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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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