Ampersand in a laurel wreath

6 inch (15 cm) hoop, 4.5 × 4.6 in (11.4 × 11.7 cm)



Colors by number: page 2.
Fabric: dark green cotton or linen.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of dark green cotton or linen.

An embroidery needle, size 9.

9 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A white pencil, and small scissors.

Onto the fabric

Fabric that lets light through: page 3 on a bright light, the fabric over it; trace with a white pencil.

Other fabric: print page 3 on a sticky wash-away sheet, stick it on, stitch through it and rinse it away.

Or white or yellow carbon paper, colored side down, page 3 on top; trace with a ballpoint and go over a faint line with a white pencil.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**, 3 strands
   Rosebud stalks

2. **Satin stitch**, 2 strands
   Leaves behind, stems, rosebud sepals, bow tails, bow loop insides, bow loops



3. **Trellis stitch**, 1 strand
   Lace leaves



4. **Stem stitch**, 3 strands
   Lace leaf edges

5. **Back stitch**, 1 strand
   Leaf veins

6. **Split stitch**, 1 strand
   Rosebud folds

7. **Padded satin stitch**, 2 strands
   Laurel leaves, rosebuds, rosebud sepals, bow knot, ampersand



Take out lines that still show, press face down, finish the hoop or sew a pillow.

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6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 927 Light Gray Green	**4**	DMC B5200 Snow White	**7**	DMC 224 Very Light Shell Pink
2	DMC 822 Light Beige Gray	**5**	DMC 415 Pearl Gray	**8**	DMC 223 Light Shell Pink
3	DMC 762 Very Light Pearl Gray	**6**	DMC 225 Ultra Very Light Shell Pink	**9**	DMC 712 Cream

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6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.
On the drawing a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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