Anemone coaster

6 inch (15 cm) hoop, 4.6 × 4.7 in (11.7 × 11.9 cm)



Colors by number: page 2.
Fabric: blush pink cotton or linen.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of blush pink cotton or linen.

Embroidery needles, size 9, and size 5 for 4 strands.

17 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

The back is seen: no knots. Start with tiny stitches; end around the backs of four or five stitches.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Straight stitch**, 2 strands
   Ferns



2. **Stem stitch**
   3 strands: tendril, fern stems, bud stems
   4 strands: stems

3. **Satin stitch**, 2 strands
   Ring, leaves (colors 2, 4 and 5)



4. **Fishbone stitch**, 2 strands
   Leaves (colors 2, 4 and 5)



5. **Long and short stitch**, 1 strand
   Buds, lilac petals, plum petals, violet petals, pale ring



6. **Split stitch**, 1 strand
   Petal veins

7. **Straight stitch**
   2 strands: ruffs
   1 strand: lines of the plum stamens, stamens



8. **Padded satin stitch**, 2 strands
   Heart



9. **French knot**
   2 strands, two wraps
   Knots of the plum stamens, stamen tips, knots of the heart



Take out lines that still show, press face down, finish the hoop.

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6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 939 Very Dark Navy Blue	7	DMC 32 Dark Blueberry	13	DMC 211 Light Lavender
2	DMC 520 Dark Fern Green	8	DMC 30 Medium Light Blueberry	14	DMC 154 Very Dark Grape
3	DMC 523 Light Fern Green	9	DMC 155 Medium Dark Blue Violet	15	DMC 3834 Dark Grape
4	DMC 522 Fern Green	10	DMC 210 Medium Lavender	16	DMC 3836 Light Grape
5	DMC 3362 Dark Pine Green	11	DMC 3835 Medium Grape	17	DMC 3865 Winter White
6	DMC 31 Blueberry	12	DMC 209 Dark Lavender		

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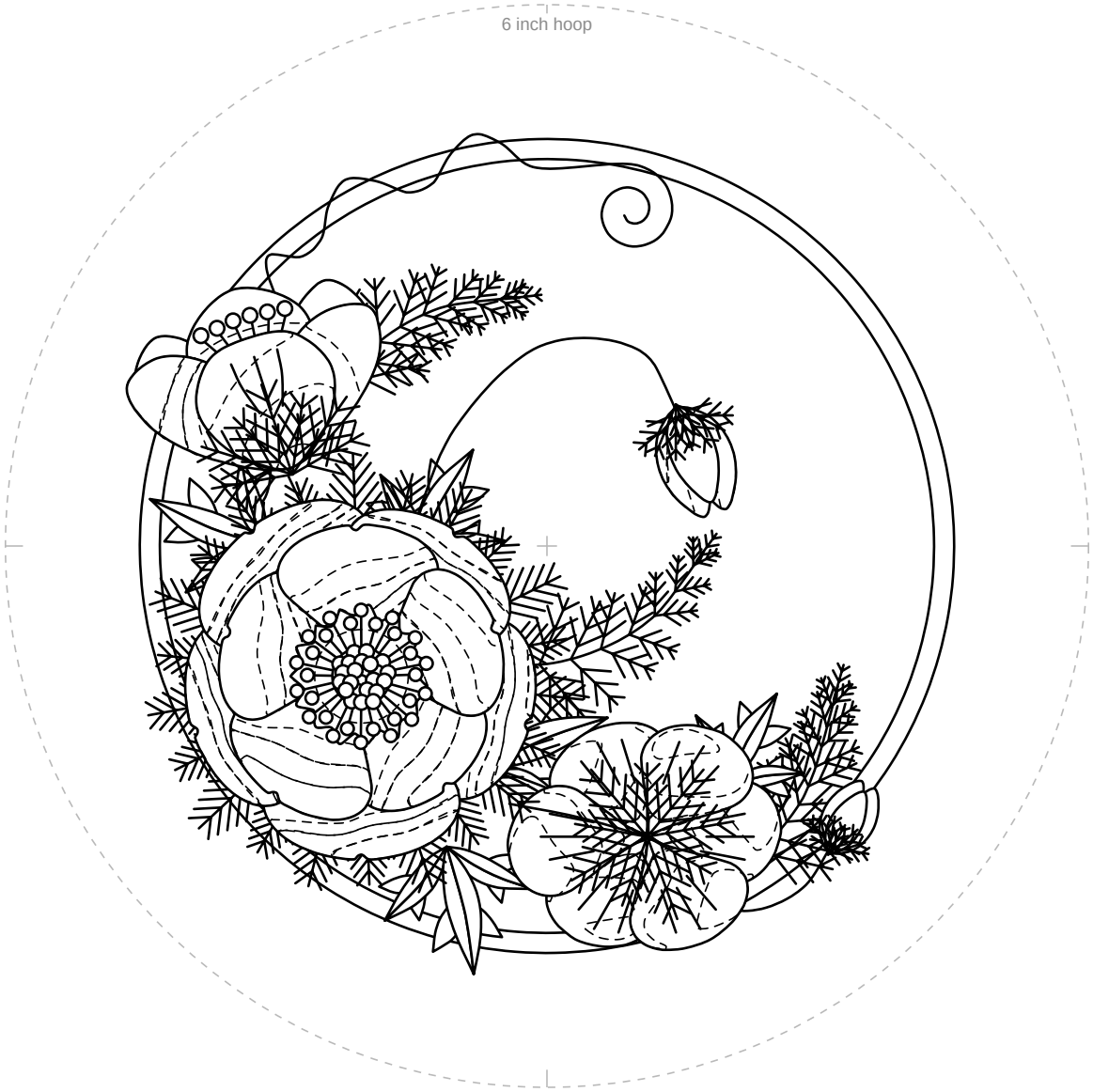
6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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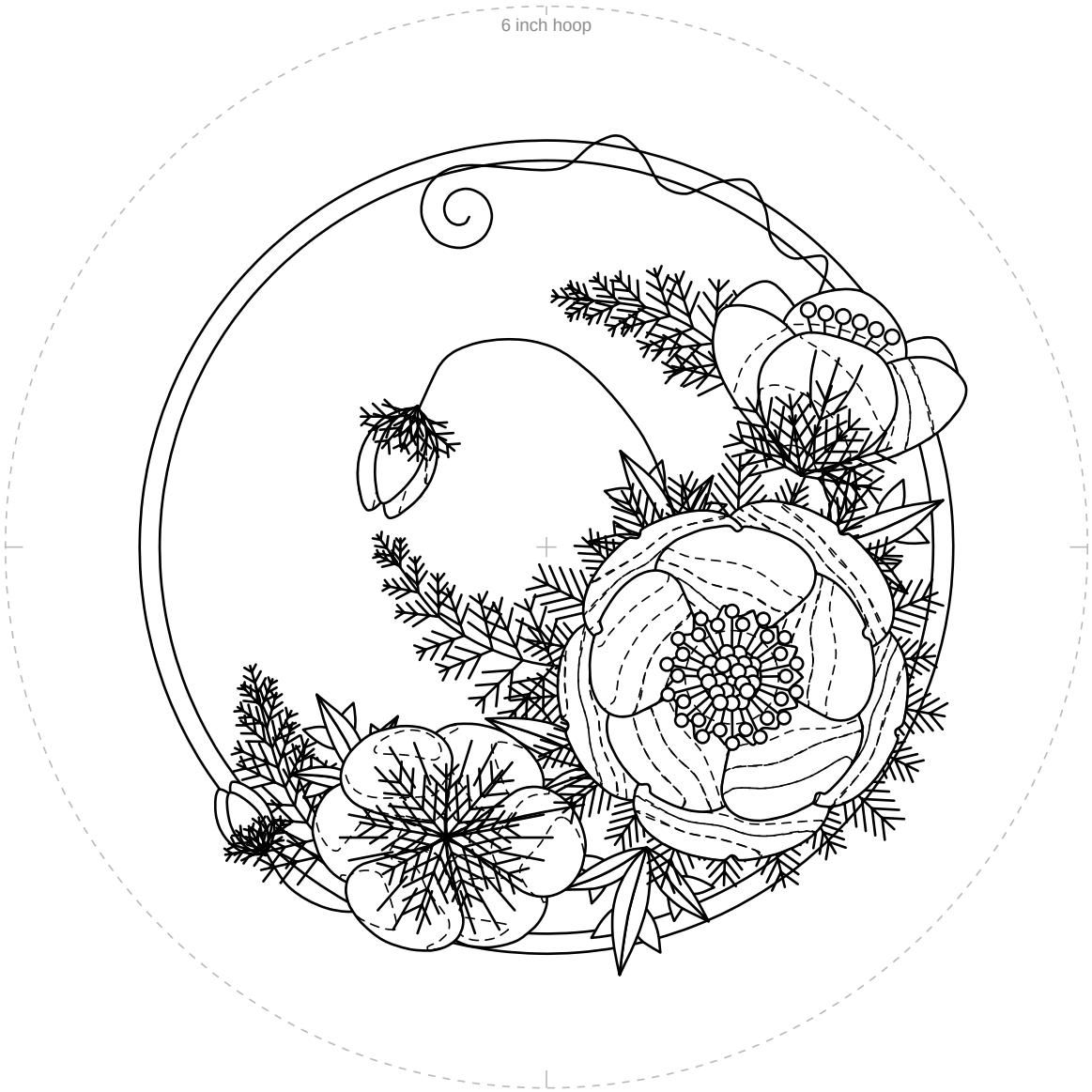
Anemone coaster

6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



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