Anemone oval frame

6 inch (15 cm) hoop, 4.4 × 4.8 in (11.2 × 12.2 cm)



Colors by number: page 2.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of white or light cotton or linen.

Embroidery needles, size 9, and size 5 for 4 strands.

18 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Back stitch**, 2 strands
   Inner oval

2. **Stem stitch**
   3 strands: leaf stalks
   4 strands: stems

3. **Satin stitch**, 2 strands
   Oval, hearts



4. **Long and short stitch**, 1 strand
   Leaves, bud petals, cup petals, plum petals, white rings, anemone petals



5. **Fishbone stitch**, 2 strands
   Leaflets, bracts



6. **Split stitch**, 1 strand
   Leaves edges

7. **Stem stitch**
   1 strand: leaf veins, bud petals edges, cup petals edges, plum petals edges
   2 strands: anemone petals edges

8. **Straight stitch**, 1 strand
   Lines of the stamens



9. **French knot**, two wraps
   2 strands: crown knots, knots of the hearts
   1 strand: knots of the stamens



Take out lines that still show, press face down, finish the hoop or sew a pillow.

In a 6 inch hoop the French knots are drawn smaller than about 2 mm (a little over 1/16 in). Use one strand of floss for them there, or choose a larger hoop.

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6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 3820 Dark Straw	7	DMC 504 Very Light Blue Green	13	DMC 3607 Light Plum
2	DMC 831 Medium Golden Olive	8	DMC 32 Dark Blueberry	14	DMC 3608 Very Light Plum
3	DMC 501 Dark Blue Green	9	DMC 31 Blueberry	15	DMC 939 Very Dark Navy Blue
4	DMC 502 Blue Green	10	DMC 30 Medium Light Blueberry	16	DMC 915 Dark Plum
5	DMC 500 Very Dark Blue Green	11	DMC 340 Medium Blue Violet	17	DMC 3609 Ultra Light Plum
6	DMC 503 Medium Blue Green	12	DMC 718 Plum	18	DMC 3865 Winter White

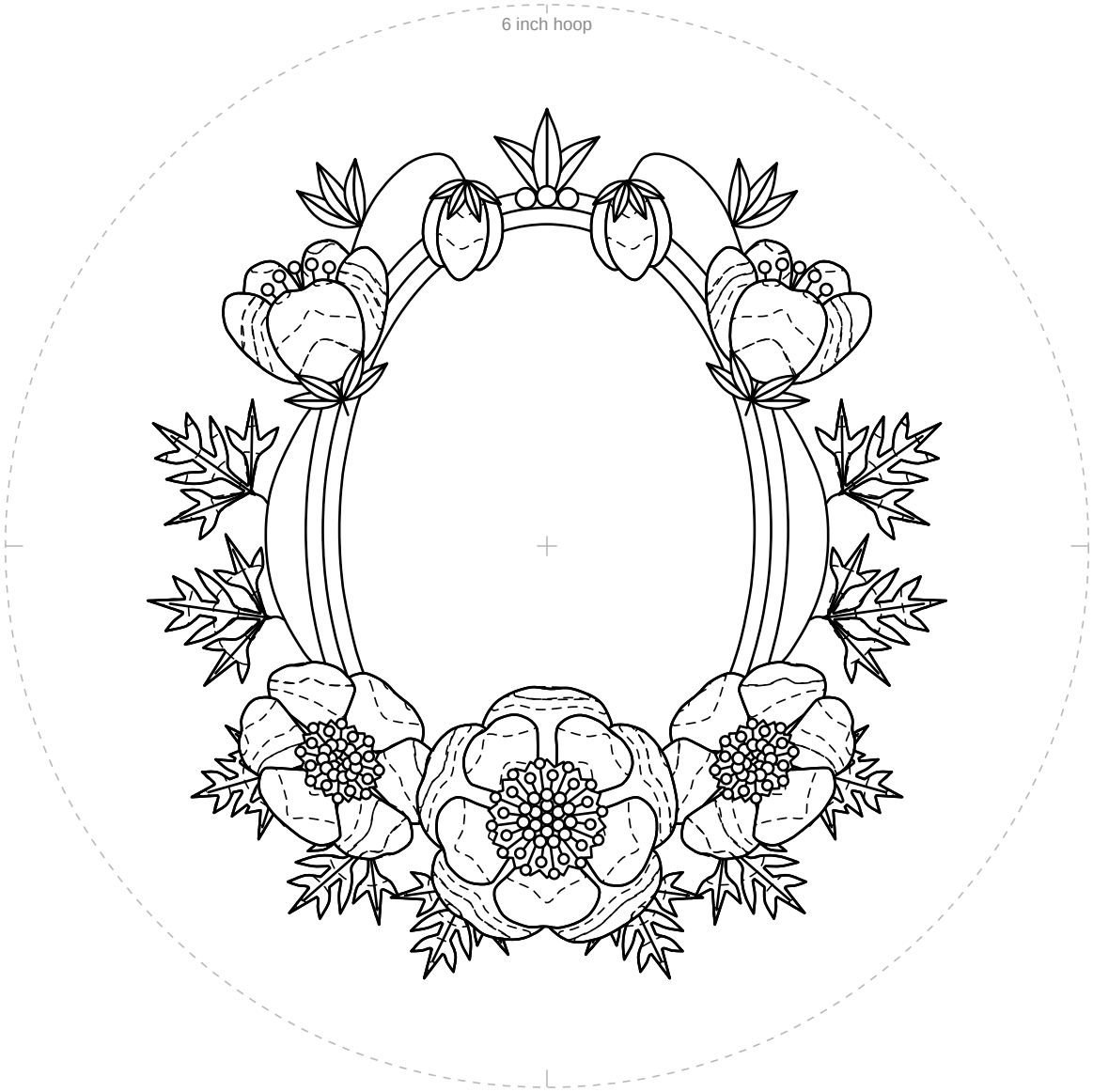
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6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

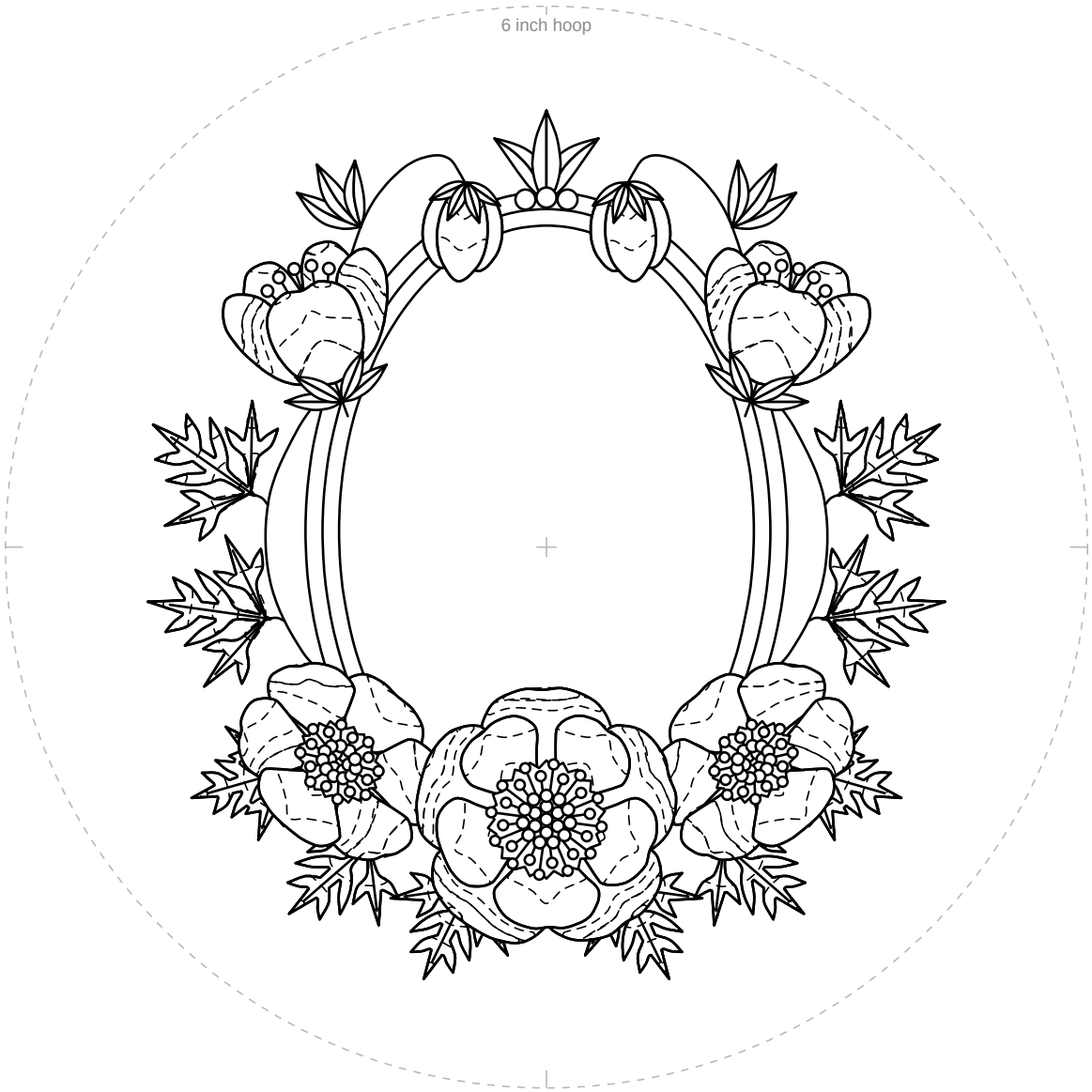
Not 1 inch (25.4 mm)? Print again at 100%.

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6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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