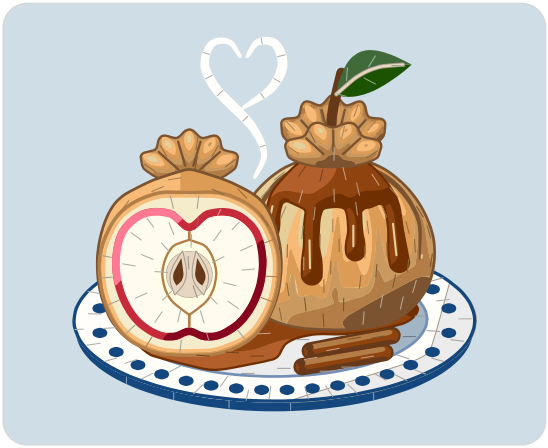
Apple dumpling on a plate

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.4 × 4.1 in (11.2 × 10.4 cm).



Which color goes where: by number on page 2.
Fabric: pale blue cotton or linen.

Stitch in this order

Filled parts from the back of the picture forward, then lines.

1. **Satin stitch**, 2 strands
   Plate shadow, plate border, pleats, apple stem, apple skin, seed pockets, seeds, cinnamon ends, steam
2. **Long and short stitch**, 1 strand
   Plate rim, plate well, caramel, pastry, gathered crown, cut crust, apple flesh, cinnamon sticks
3. **Fishbone stitch**, 2 strands
   Apple leaf
4. **Stem stitch**, strands by part on page 2
   Plate edge, pastry outline, apple leaf, core line
5. **Split stitch**, 1 strand
   Caramel edge, pastry outline, crown folds
6. **Straight stitch**, 3 strands
   Caramel light
7. **Back stitch**, strands by part on page 2
   Core line, cinnamon outline

Floss

- **1 DMC 797 Royal Blue**
  Plate shadow and plate border, plate edge (darker)
- **2 DMC BLANC White** Plate rim (lighter), plate well (light), steam
- **3 DMC 762 Very Light Pearl Gray**
  Plate well (middle), plate rim (darker)
- **4 DMC 932 Light Antique Blue** Plate well (dark)
- **5 DMC 799 Medium Delft Blue** Plate edge (lighter)
- **6 DMC 400 Dark Mahogany** Caramel and cinnamon sticks (middle)
- **7 DMC 300 Very Dark Mahogany** Caramel (dark), caramel edge
- **8 DMC 301 Medium Mahogany** Caramel (light)
- **9 DMC 676 Light Old Gold**
  Pastry and gathered crown (lightest), caramel light
- **10 DMC 433 Medium Brown**
  Pastry outline (darker), pastry and gathered crown (darkest), pleats and crown folds
- **11 DMC 435 Very Light Brown**
  Gathered crown and pastry (dark), pastry outline (lighter) and 2 more parts
- **12 DMC 436 Tan** Gathered crown and pastry (middle dark)
- **13 DMC 977 Light Golden Brown**
  Pastry and gathered crown (middle light), cut crust (dark)
- **14 DMC 3827 Pale Golden Brown**
  Pastry and gathered crown (light), cut crust (middle)
- **15 DMC 801 Dark Coffee Brown**
  Cinnamon outline, apple stem, seeds and cinnamon ends, cinnamon sticks (dark)
- **16 DMC 895 Very Dark Hunter Green** Apple leaf (dark)
- **17 DMC 3346 Hunter Green** Apple leaf (middle)
- **18 DMC 3047 Light Yellow Beige**
  Apple flesh (dark), seed pockets, apple leaf (light)
- **19 DMC 677 Very Light Old Gold** Cut crust (light)
- **20 DMC 321 Red** Apple skin (middle)
- **21 DMC 815 Medium Garnet** Apple skin (dark)
- **22 DMC 3705 Dark Melon** Apple skin (light)
- **23 DMC 712 Cream** Apple flesh (middle)
- **24 DMC 3823 Ultra Pale Yellow** Apple flesh (light)

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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Apple dumpling on a plate

6 inch hoop

How to read it

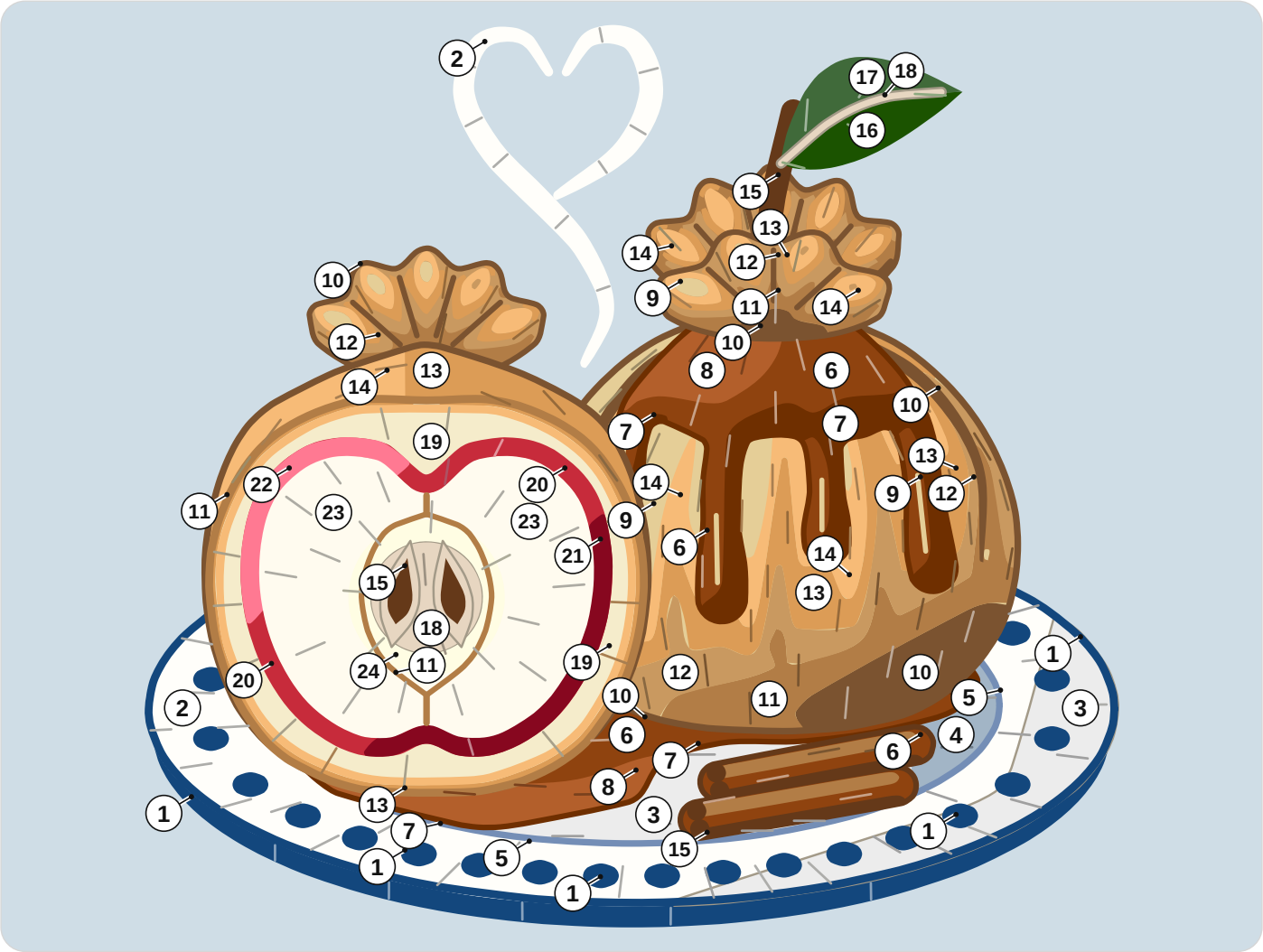
Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 797 Royal Blue	9	DMC 676 Light Old Gold	17	DMC 3346 Hunter Green
2	DMC BLANC White	10	DMC 433 Medium Brown	18	DMC 3047 Light Yellow Beige
3	DMC 762 Very Light Pearl Gray	11	DMC 435 Very Light Brown	19	DMC 677 Very Light Old Gold
4	DMC 932 Light Antique Blue	12	DMC 436 Tan	20	DMC 321 Red
5	DMC 799 Medium Delft Blue	13	DMC 977 Light Golden Brown	21	DMC 815 Medium Garnet
6	DMC 400 Dark Mahogany	14	DMC 3827 Pale Golden Brown	22	DMC 3705 Dark Melon
7	DMC 300 Very Dark Mahogany	15	DMC 801 Dark Coffee Brown	23	DMC 712 Cream
8	DMC 301 Medium Mahogany	16	DMC 895 Very Dark Hunter Green	24	DMC 3823 Ultra Pale Yellow

How many strands

Stem stitch. 2 or 3 strands: plate edge, pastry outline; 2 strands: core line; 1 strand: apple leaf.
Back stitch. 2 strands: core line; 1 strand: cinnamon outline.

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Apple dumpling on a plate

6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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Apple dumpling on a plate

6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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