Athena and her little owl

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.3 × 4.8 in (10.9 × 12.2 cm).



Which color goes where: by number on page 2.
Fabric: navy cotton or linen.

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Satin stitch**, 2 strands
   Moon, stars, aegis scales, aegis collar, lips, eye, ear, earring, helmet rims, palmette, crest holder, ribbon, shield rim, shield star, and 3 more
2. **Long and short stitch**
   strands by part on page 2
   Crest, gown, hair, skin, helmet, frontlet, shield field, owl wing, owl body, owl head
3. **Fishbone stitch**, 2 strands
   Olive leaves
4. **Split stitch**, strands by part on page 2
   Crest lines, gown folds, hair lines, skin edge, scale edges, nostril, eye lines, ribbon edges, owl edges, wing bars
5. **Stem stitch**, strands by part on page 2
   Crest edge, eye lines, brow, helmet edge, helmet lines, crest holder edge, olive stems, shield edge, owl brow, owl feet
6. **Straight stitch**, strands by part on page 2
   Mouth line, eye, breast marks, owl eyes
7. **French knot**, 2 strands, two wraps
   Collar beads, frontlet beads, shield star

In a 6 inch hoop the French knots are drawn smaller than about 2 mm (a little over 1/16 in). Use one strand of floss for them there, or choose a larger hoop.

Floss

1 **DMC 3822 Light Straw**
Helmet (lightest), shield rim and frontlet (light), moon and 4 more parts

2 **DMC 3865 Winter White**
Gown, owl body and crest holder (lighter), owl face and 5 more parts

3 **DMC 321 Red**
Crest (middle), shield field and ribbon (lighter), aegis collar and 2 more parts

4 **DMC 815 Medium Garnet**
Shield field and ribbon (darker), crest (dark), crest lines, ribbon edges and lips

5 **DMC 3705 Dark Melon** Crest (light)

6 **DMC 3820 Dark Straw**
Helmet and aegis scales (light), crest holder edge and crest edge and 4 more parts

7 **DMC 822 Light Beige Gray** Gown and owl body (darker)

8 **DMC 647 Medium Beaver Gray** Gown folds

9 **DMC 435 Very Light Brown** Hair (light)

10 **DMC 801 Dark Coffee Brown** Hair (dark)

11 **DMC 433 Medium Brown** Hair (middle)

12 **DMC 3371 Black Brown**
Hair lines, owl edges, owl brow and brow, eye lines (darker), owl eyes (dark)

13 **DMC 3856 Ultra Very Light Mahogany** Skin and ear (lighter)

14 **DMC 758 Very Light Terra Cotta** Skin and ear (darker)

15 **DMC 3777 Very Dark Terra Cotta**
Skin edge (darker), eye lines (lighter), mouth line and nostril

16 **DMC 3778 Light Terra Cotta** Skin edge (lighter)

17 **DMC 782 Dark Topaz**
Helmet, shield rim and frontlet (dark), aegis scales (middle), owl beak

18 **DMC 939 Very Dark Navy Blue**
Scale edges, crest holder and palmette (darker), eye (dark)

19 **DMC 3809 Very Dark Turquoise**
Aegis scales and shield star (dark), eye (middle)

20 **DMC 780 Ultra Very Dark Topaz**
Helmet (darkest), helmet edge, shield edge and helmet lines

21 **DMC 3363 Medium Pine Green** Olive leaves (darker), olive stems

22 **DMC 3348 Light Yellow Green** Olive leaves (lighter)

23 **DMC 839 Dark Beige Brown**
Owl wing and owl head (darker), breast marks

24 **DMC 841 Light Beige Brown** Owl head and owl wing (lighter)

Three ways onto dark fabric

1. **Light shines through it**
   Lay page 3 on a bright light box, tape the fabric over it and trace the lines with a white marking pencil or pen.
2. **No light shines through**
   Print page 3 on a sticky wash-away sheet, smooth it onto fabric that can be washed, stitch through both and rinse it away.
3. **White or yellow carbon paper**
   Lay it colored side down on the fabric with page 3 on top, tape the layers and trace firmly with a ballpoint pen. Go over a faint line with a white pencil.

Page 3 is the pattern at actual size (page 4 is its mirror, for an iron-on pen on a light fabric). Print it at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Athena and her little owl

6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 3822 Light Straw	**9**	DMC 435 Very Light Brown	**17**	DMC 782 Dark Topaz
2	DMC 3865 Winter White	**10**	DMC 801 Dark Coffee Brown	**18**	DMC 939 Very Dark Navy Blue
3	DMC 321 Red	**11**	DMC 433 Medium Brown	**19**	DMC 3809 Very Dark Turquoise
4	DMC 815 Medium Garnet	**12**	DMC 3371 Black Brown	**20**	DMC 780 Ultra Very Dark Topaz
5	DMC 3705 Dark Melon	**13**	DMC 3856 Ultra Very Light Mahogany	**21**	DMC 3363 Medium Pine Green
6	DMC 3820 Dark Straw	**14**	DMC 758 Very Light Terra Cotta	**22**	DMC 3348 Light Yellow Green
7	DMC 822 Light Beige Gray	**15**	DMC 3777 Very Dark Terra Cotta	**23**	DMC 839 Dark Beige Brown
8	DMC 647 Medium Beaver Gray	**16**	DMC 3778 Light Terra Cotta	**24**	DMC 841 Light Beige Brown

How many strands

Long and short stitch. 2 strands: skin; 1 strand: crest, gown, hair, helmet, frontlet, shield field, owl wing, owl body, owl head.
Split stitch. 2 strands: gown folds; 1 or 2 strands: skin edge; 1 strand: crest lines, hair lines, scale edges, nostril, eye lines, ribbon edges, owl edges, wing bars.
Stem stitch. 3 strands: crest edge, olive stems, owl feet; 2 strands: eye lines, brow, helmet lines, crest holder edge, shield edge, owl brow; 1 or 2 strands: helmet edge.
Straight stitch. 2 strands: eye, breast marks; 1 strand: mouth line, owl eyes.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Athena and her little owl

6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Athena and her little owl

6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.